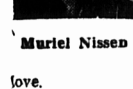


Unsympathetic Adults

Girl, 20, Loves Boy, Same Age, But Parents Of Both Scowl

DEAR MISS DIX: I have spent many sleepless nights trying to find a solution to this problem; perhaps you can help. It may be I am making too much of the first problem I have had to meet. I am 20, am considered attractive, have many friends, and a good education. My parents never disapproved of my friends—until I brought Martin home. I met him two years ago, and he is the first and only person for whom my parents showed bitter dislike. There seems to be no good reason for it, except that he doesn't show much consideration for people except me, and drinks occasionally. He is 20, and still in college. His parents also have strong objections to him spending so much time with me. Now, though we love each other, I cannot stand sneaking out to meet him, or having him go to the corner drugstore to telephone me. I feel we would be better off apart, but he doesn't agree with me.



Muriel Nissen

ANSWER: Both sets of parents seem firmly set against the idea of their children becoming seriously involved with a sweetheart. You will both buck the same opposition with anyone else you happen to love.

PARENTS' DISLIKE OF BOY UNWARRANTED

Your parents' dislike of Martin is unwarranted, if his shortcomings are not greater than you indicate. His people seem to object to you solely on the ground that the boy is too young to have a permanent heart interest. If you are sure you love the boy, you should continue as friends, using any inducements at hand to win your families over to this phase of your relationship, promising to postpone definite involvements to a more auspicious time, and hoping that by then the folks will be completely won over. Your mistrust of your own love, however, puts a slightly different aspect on the matter. It's scarcely worth making the effort to appease both families, if the ultimate result is to be negative.

Why not try seeing each other less often for a time, and perhaps your own doubts will resolve themselves. Keep an eye on Martin's conduct, too. Decide whether his inconsiderateness is due to thoughtlessness, or inherent selfishness, and whether or not his drinking has become habitual. These may be deciding factors in your personal verdict.

DEAR MISS DIX: I'm very much in love with a girl of 17, who lives quite a distance from me. Consequently, I only see her week ends. Lately she's been having dates with other boys on Saturday nights and I'm afraid she's losing interest in me. I know she likes me and I don't want to lose this friendship altogether.

RICKY

ANSWER: A girl of 17 invariably participates in many school activities, some of them including boys. It would be very difficult for her to restrict her hometown dating to school days, leaving the week ends clear for you. Furthermore, it's not easy for an active, personable young lady to cut herself off socially from her home-town friends. It isn't necessary for her to do so, if she dates only you. Of course, it isn't easy for you to love a girl who is unavailable most of the time, so I earnestly urge you to extend your own dating. Be friendly with girls nearer you, even though you continue to see the distant one occasionally.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Alice Brooks Designs



BAZAAR BEAUTIES!
Patches are gay applique — details are jiffy embroidery — the effect is a delight to the eye, a treat for a kitchen! Every design is different — all cheery, charming.
Beautiful towels, linens! Pattern 7269; four embroidery and applique motifs about 5 1/2 x 7 inches.
Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

PORT REVIVAL
TRONDHEIM, Norway, (CP)—In an effort to recapture Trondheim's position as a major seaport, modern facilities have been provided to reduce loading times to one-half. The cold storage capacity for frozen fish is being doubled.

PRODUCTION INCREASE
KARACHI, (CP)—Coal production in Pakistan has increased from 40,000 to 60,000 tons monthly through amalgamation of collieries in Baluchistan. However, domestic consumption has declined by one-third in the last two years, partly because of railway dieselization.

Anne Adams Patterns



MOTHER-TO-BE! Look pretty! Be well-dressed! Here's the maternity ensemble you need for day-to-evening. Jacket is so smart with fashion's best touches, slimming lines. SKIRT cut out to insure even-hemline, a good fit, comfort! Sew it in several fabrics.
Pattern 4880: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 4 1/2 yards 39-inch; 1/2 yard contrast.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly: Size, Name, Address, Style Number.
Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

ROAD HOG
CORNER BROOK, Nfld.—(CP)—Two motorists crawled along in low gear for more than half an hour on the Stephenville highway when a young bull moose strolled leisurely ahead of their cars. The moose clung steadfastly to his half of the road—right in the middle.

BEXLEY HEATH, England, (CP)
Fred Paris, 75, a florist in this Kent town, had forgotten all about the money he lost long ago when he received a letter from Newcastle. "Enclosed please find a \$1 note which you lost a few days from your shop in 1917"

Women's realm

That Body Of Yours

By James W. Barton, M.D.

A NEUROSIS IS FEELING YOU HAVE AN AILMENT THAT IS NOT REALLY PRESENT

Many of us are apt to blame nervous or neurotic tendencies in ourselves or others upon the upset state of the world and the occurrence of two world wars within a generation. It is only too true that there are more cases of neurosis (thinking you have an ailment when no ailment is present) now than at any previous time in his- tory. This means that we have more psychologists and psychiatrists than ever before.

In "Postgraduate Medicine," Dr. John R. Peters, Associate Professor of Psychiatry, College of Medical Evangelists School of Medicine, Los Angeles, California, states that a student once said that "A psychologist is an individual who tells you something you already know in terms you don't understand."
"All physicians see psychoneurotic patients and for the most part the family physician should be able to handle them. The psychoneuroses are a benign (not malignant) group of personality disorders, or disturbances representing a physiological reaction to personal situation problems. These reactions are under our voluntary control. The symptoms represent ways of meeting specific stresses in life."

It is in the treating of a neurosis (symptoms present but no disease present) that a full history of the case is more important than what the physician finds by physical examination — pulse, blood pressure, temperature. Thus a multiplicity of body symptoms not substantiated by physical findings is a neurosis. "A person who has had four or five major operations is suspect." A person who is tired all the time, particularly if he doesn't really have thin blood or fever or some constitutional disease or who hasn't overworked himself by work or exercise is most certainly neurotic.
Dr. Peters gives a list of neurotic traits, that is symptoms of which the patient complains but for which no physical cause can be found. "Headache, excessive perspiration, heart conscious, tremors, backache, twitchings, head noises, tenseness, apprehension, shortness of breath, loss of appetite, muscle ache, sleeplessness, anxiety, palpitation, numbness, fatigue."

In order to treat neurosis, the physician can get a good idea of the likelihood of a developing neurosis by getting a history of the patient's life. This history must be taken at birth and include findings of his parents and grandparents. Then a search must be made for events which affected his nervous system. Did he have a shock, or scare, or other occurrence in childhood or during adolescence which affected him so that he has been looking inward instead of outward as he grew into manhood? Did he play group games? Were his parents overprotective?
When the family physician has made a thorough examination and finds no cause for symptoms, and then gets the story of his life, he is able to give the necessary assurance that will, in most cases, prevent real or organic mental illness developing.

Modern Etiquette

By Roberta Lee

Q. Should all the women be served first at the dining table where men and women are seated alternately?
A. This would be a foolish waste of time. The guests should be served in regular sequence, whether man or woman.
Q. If a wedding is to be so small that engraved invitations don't seem necessary, how should the

ELLEN'S DIARY

By An Island Farmer's Wife

Today in an engaging incident, Gage who manages to keep his eyes all about the place found interesting treasure. Sheltered by over-hanging pieces of hay, there in a neat nest at the edge of the mow we must come to see, was a number of eggs. "I can understand why she would like to lay there," he nodded, "but how could a hen manage to steal past the carpenter? That's what I should like to know. Anyway," he smiled proudly, "I found the first nest — the very first one that was made in this barn!"

In an old barn not far away a pigeon is hatching. It was fortunate for that bird's peace of mind today that a parcel of bees on a window by the ladder barred a small boy's way to her nest... The swallows are still with us making the yards gay with the bright lift of their wings. And hailing the lift of this morning, crowing birds of the chick flock sent out sharp funny calls to greet the approach of day.

And later when first shades of the sunrise were building colorful bars on our bedroom wall — and James offered: "Let's not lie here wasting the best of the day, Ellen; let's be up to our work!" — a bluejay called from the bit of orchard which lies against a hill. It forecast, despite the promised sunshine, the electrical storm of mid-morning. Dark then the clouds massed; the day how ominously still! Like the passing of a great train, the thunder rolled while the lightning criss-crossed the sky.

We closed doors and shut windows — and felt some concern for the children in school. We recalled the profound hush which always descended on such occasions in classrooms of old and saw again the look of dread and fear in small ones' eyes. While these lads are much relieved to see a storm pass they manage to endure one fairly well.

"And how about you? Do you mind it?" we asked of a carpenter-helper of these days, a capable and quietly alert fellow. He chuckled at the thought.

"When a fellow has come through what the first Great War gave him overseas," he said, "he's not going to get excited over a bit of a thunderstorm! Mind, I'm not saying it may not harm one, but..."

What did we today? Made bread, setting it early to have it baked before the heat of the day — and loved the sight of the sunny fresh-washed fields and the smoky haze which lies nowadays toward the summit of our rim of hills, veiling softly the outlines of woodlands. Liked too to see, when the work delayed by the sun was presently resumed, the walls of the barn being clad in a pretty shade of gray as new boards are covered by a "siding."

"Doesn't seem like finishing a building at all — not to cover it with mill-shingles," James offered, surveying the expanse so treated when twilight shades brought him back to our side. "I don't know, Ellen," he commented, "but I like to cling to the old ways."

An old way took him to town today, whither of late to bring back "store-feed," for the maturing hogs, the little truck piles with more frequency... And it is an old way — and the moon preparing to rise! — which will take us presently hand in hand along our aisle of dreams.

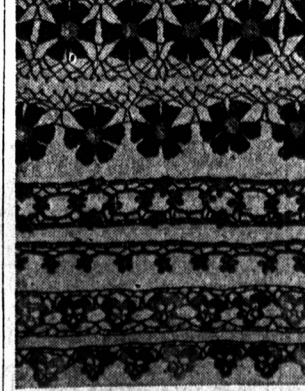
Until tomorrow... Diary... Good-night...

bride and bridegroom invite their guests?
A. The bride should write each invitation personally.

Needlecraft News

by Pauline Roy

THERE ARE SO MANY lovely household and fashion designs that you can crochet. Crochet owes its widespread appeal to the fact that it is easy to do and lends itself to so many delightful interpretations. The simplicity and adaptability of the basic stitches tempt the novice to try her hand and challenge the expert to outdo herself.



Popular New Designs In Crochet

It's fun to work on dainty crochet projects. Edgings of lace are always a popular pastime as you can make delicate lace trims for handkerchiefs, bed linens, washcloths, bath towels, dresser sets, etc. in new attractive colours. New crochet designs are a combination of old favourite patterns with the modern touch, so that your new crocheted pieces fit right into your own decorating plans. Floral designs are attractive in summer for making dollies, luncheon sets or dresser sets entirely in crochet or, as edgings or insertions. There is such a wide range of colour in crochet cottons that these designs can be worked in their own natural shades which makes them even more effective. Butterflies are another popular summer pattern.

This delicate design, worked in colour, makes a wonderful trimming for many household articles. Ruffled dollies or runners are lovely too, when used to cover and protect your table tops. They can be made to match or harmonize with your colour theme or, in frosty, always fresh-looking white.

Flowerly Edgings And Insertions

Right out of the flower garden come these gay little edgings and insertions worked in natural hues. At the top, splashy dark red cosmos make a bright border in a lattice of green. Beneath are dainty sky-blue forget-me-nots and shaded yellows, fuchsias and lavenders. At the bottom, a row of pansies in shades of yellow, orange and red. All these floral motifs are designed in an insertion and edging pattern. Use them for your towels, bed linens, place mats or handkerchiefs. Directions for making these FLORAL EDGINGS AND INSERTIONS are available if you send a stamped, self-addressed envelope to the Needlework Department of this paper and ask for Leaflet No. EI-291.

Vows Exchanged In Corran Ban



A recent wedding in St. Michael's Church, Corran Ban, united in marriage Gertrude Anita, daughter of Mr. and Mrs. J. W. McCabe of Stanhope, and Frederick, son of Mr. Whelan of Ottawa and the late Mrs. Whelan. They are photographed above with (left to right) Right Rev. O. P. Wood who performed the ceremony; Mr. Al MacLellan, usher; Mr. Reg. MacLellan, groomsman; Mr. and Mrs. Whelan; Miss Agatha McCabe, maid of honor; Miss Clare McCabe, bridesmaid; and Joseph McCabe, usher. Mr. and Mrs. Whelan will reside in Saint John, N. B.—(Photo by Meyers).

Better English

By D. G. Williams

1. What is wrong with this sentence? "She saw me previous to me going."
2. What is the correct pronunciation of "impotent"?
3. Which one of these words is misspelled? Barrack, hammock, haddock, panicky.
4. What does the word "alternative" mean?
5. What is a word beginning with po that means "existing in possibility only"?

ANSWERS

1. Say, "She saw me previously to my going." 2. Accent first syllable, not the second. 3. Panicky. 4. An offer of two things. "If this demand is refused, the alternative is war." 5. Potential.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

WITH the Moon in Leo this beneficent day, the aspects are excellent for all sorts of social affairs. Dining out, attending the theatre, arranging picnics or surprise parties and participating in cultural activities should prove not only pleasurable but a means of mental and physical relaxation. Encourage new friendships, too, because a spirit of harmony prevails. Where business matters are concerned, it would be best to maintain conservative policies and to clear up outstanding details. New ventures can wait until the more propitious period which begins in a few days. Romance and travel are favored.

For the Birthday

If tomorrow is your birthday, the prospects for the year ahead are excellent. Constructive and imaginative ideas should win support and

Cook's Corner



FOOD FOR THE GODS

2 squares of unsweetened chocolate
small tin of condensed milk
1 cup of white sugar
1 pinch of salt
Put in saucepan. Cook until thick, cool slightly, add 30 marshmallows, 3 cups crushed graham wafers crumbs, add 1 teaspoon of vanilla.
Method to put in pan:—Put a layer of crumbs on bottom of pan (about 1/2 of mixture) then spread cooked mixture on crumbs and put remaining crumbs mixture on top

—Mrs. Harlan Inman, North St. Eleanor's W. I.

encouragement from superiors and, while you may have to wait a few months for the financial rewards therefrom, you should find prestige enhanced and a more solid foundation laid for your security in the future.

You may have experienced some stress during the past few months but do not allow circumstances to embitter you. Realize that every experience contributes to growth and that each is a lesson from which you can profit. Domestic affairs should be exceptionally harmonious in the months ahead and both social and romantic matters may be unusually stimulating.

A child born on this day will be self-confident, talented and endowed with exceptionally fine technical skills.

Pledged to please

by Jonathan Logan



As seen in SEVENTEEN

The man in your life will be enchanted with the clever button closing on the bodice of this wrinkle-resistant rayon flannel by JONATHAN LOGAN. Doubled collar, one of white linen is removable — the shirred skirt is flattering — the jet black patent belt affords color contrast.

This is only one of many styles for fall shown by— 17.95

The FASHION SHOPPE

141 GT. GEORGE ST. DIAL 3555

Morning Smile

A New York couple, motoring through the South, ran into a new wrinkle in hitch-hiking. Near Horn Lake, Miss., they passed a boy with a sign reading, "Stop at Bill's fifty Yards Ahead." Up the road was another boy with a sign saying "I'm Bill!" They were hitch-hiking back to college.

Household Scrapbook

By Roberta Lee

Mildewed Linen
For badly mildewed linens, use a solution of four tablespoons of peroxide to one quart of water. Use enough of the water to cover the garment, and boil gently for an hour, or until the stains are gone.

Coffee Pot

The coffee pot should be thoroughly boiled out, with a solution of baking soda added to the water, at least once a week.

Furniture Cracks

Apply melted beeswax to repair the cracks that appear in table tops and chairs. Apply on the end of a knife and press snugly and smoothly into the cracks.

DELICIOUS



Now at Your Grocers

What could be fresher?



Nothing but

FRESH
from Kellogg's
THE CRISP, CRISP FLAKES WITH THE DEEP, DEEP FLAVOR
Slow baked to a rich, golden toast in our radiant ovens... Kellogg's Corn Flakes come to you so fresh you can almost catch the piping hot aroma drifting from the oven doors.
They're the number one flakes all over Canada—and in the whole, wide world. They're the original corn flakes developed by W. K. Kellogg and flavored to its still secret recipe—a flavor that has never been duplicated. As Mr. Kellogg said, "They won their favor through their flavor."

FRESH FROM LONDON

See under your Kellogg's Corn Flakes each year table in display and crisp. They're baked fresh daily in our plant in London, Ontario—right here in Canada.

Cookies—extra tasty when they're MAGIC baked!
OAT CRUNCHIES
Measure into bowl 3/4 c. rolled oats and sprinkle with 4 1/2 tps. Magic Baking Powder, 1/4 tsp. salt, 1/4 tsp. grated nutmeg; mix thoroughly. Combine 3 well-beaten eggs, 2 tps. grated orange rind, 1/4 tsp. vanilla; gradually beat in 1 1/2 c. fine granulated sugar and add 1 1/2 lbs. butter or margarine, melted. Add egg mixture to dry ingredients and mix thoroughly. Drop by small spoonfuls, well apart, on greased baking sheets and centre each with a piece of nutmeat. Bake in moderate oven, 350°, about 15 mins. Remove baked cookies from pans immediately they come from the oven. Yield: 8 dozen cookies.

