

These Prince Edward Island Pharmacists ask you to



Make Your Family Vacation A SAFE VACATION

Vacations are fun . . . The routine is substituted for the unusual . . . Crowded cities are substituted for open spaces . . . Dark, stuffy offices and shops are substituted for sunlight and fresh air. These changes all add up to a healthier, and happier you. These very changes, however, also create new hazards. Your health demands adequate precautions.

PLAY IT SAFE! Have An Adequate FIRST AID KIT

A first aid kit is a personal thing and requires careful analysis of each family's, of each person's particular needs in regard to allergies and susceptibility to injury. It requires thought into hazards that might be encountered by each individual. Following is a suggested list of basic contents for all first aid kits.

- 1-inch compresses on adhesive in individual packages (Band-Aids)
- Sterile gauze square, about 3" x 3", in individual packages
- Triangular bandages
- Sterile gauze in individual packages of about 1 square yard
- Roll of 1/2-inch adhesive
- Burn Ointment
- Aromatic spirits of ammonia
- Scissors
- 3-inch splinter forceps
- Paper cups.
- 1-inch and 2-inch roll bandages
- Wire or thin board splints
- Castor oil or mineral oil for use in eyes—this should be sterile; may be obtained in small tubes.
- Dettol

REMEMBER: First Aid is Only "First Aid." Call a doctor in all cases of emergency.

Special Note To High School Graduates: DON'T OVERLOOK THE POSSIBILITIES OF A CAREER IN PHARMACY!

Pharmacists are now in great demand in all the various branches such as . . .

- HOSPITAL PHARMACY
- MANUFACTURING PHARMACY
- PHARMACEUTICAL REPRESENTATIVES for the various Drug Houses
- RETAIL PHARMACY with the opportunity of owning your own store.

Contact one of these Prince Edward Island Pharmacists and you will find him more than willing to give you any particulars you may require.



DRIVE SAFELY

Speed can kill, so take plenty of time to cover the distance you wish to travel on your vacation. Be sure your car is in good condition before starting out. Have a properly equipped first aid kit for emergencies on the road.



CAMP SAFELY

Fire destroys! Use care with campfires. Always have burn ointment handy. Be sure of your water supply. Carry boiled water if necessary. Protect yourself from bites and noxious weeds.



PLAY SAFELY

Protect yourself against sunburns and wind-burn. Know your own limitations. Don't over-exert yourself. Equip yourself properly to eliminate possible danger.



SWIM SAFELY

Know the water . . . remember your own swimming abilities and don't go beyond them. Don't swim right after eating. Know how to give artificial respiration.

These Prince Edward Island Drug Stores Are Highly Qualified to Fill Your Doctor's Prescription Efficiently, Economically

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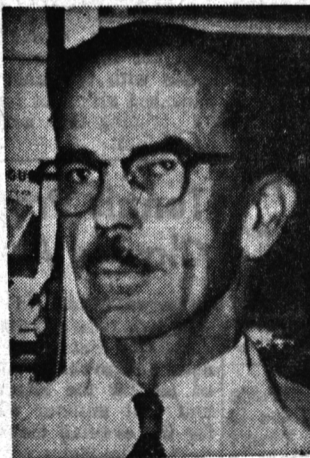
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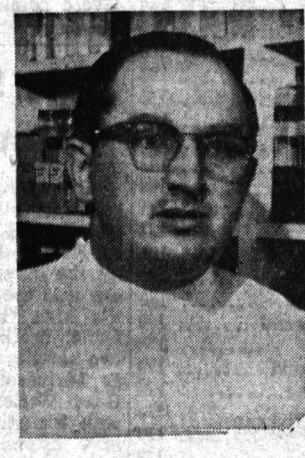
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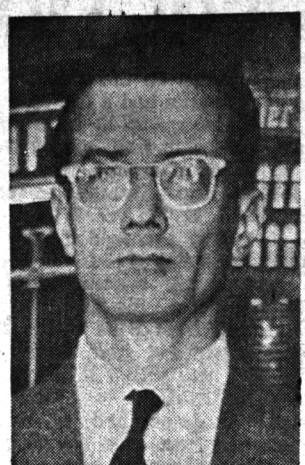
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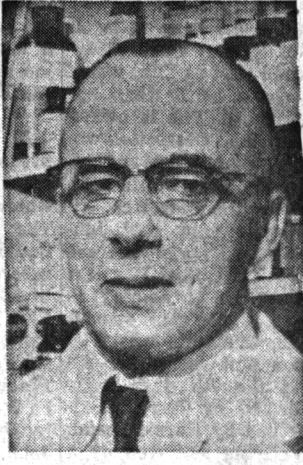
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