

The Guardian
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A Wonderful Festival

The fine performances on Tuesday and Wednesday by the stars of the Music Festival were enjoyed by very large audiences and served as a fitting climax to the Festival proceedings.

Emergency Threatens

The prospect of another railway strike, such as paralyzed transportation in this country in 1950, certainly falls into the category of national emergencies and should be dealt with as such.

EDITORIAL NOTES

The American Dental Association says that there is no truth in the old superstition that wisdom teeth are related to intelligence.

OUR YESTERDAYS

Thousands of citizens of every creed were present as Right Rev. J.A. O'Sullivan was consecrated as Bishop of Charlottetown in St. Mary's Roman Catholic Cathedral, Hamilton, Ontario.

THE FLUORIDATION QUESTION

Brantford, Ontario, began mechanical water fluoridation in 1945 and the results cited are from studies closely supervised by the Dental Division, Ontario Department of Health, and by the Research Division and the Dental Health Division of the Department of National Welfare.

What of our car ferry service, which was tied up in the 1950 strike? Immediate assurance should be obtained by the Provincial Government from Ottawa that this service—owned by the Government and merely operated by the Canadian National Railway—will remain unaffected in accordance with our Confederation terms for continuous communication with the mainland.

EDITORIAL NOTES

Now is the time to make sure that this issue is definitely settled and that there will be no repetition of the illegal actions of six years ago.

EDITORIAL NOTES

Soon, former President Truman will receive an honorary doctorate from Oxford University, despite the protest of a female member of the faculty who called Mr. Truman a "tyrant in the class of Hitler, Mussolini, and Stalin".

EDITORIAL NOTES

A pungent thought on education comes from Dr. J. P. Mather, president of the University of Massachusetts. Addressing the Ontario Education Association recently, he said: "Good teachers cost more, poor teachers cost most."

EDITORIAL NOTES

It seems that there are still new worlds to conquer. Down in Columbia, a mountain range called La Macarena, whose peaks rise to 10,000 feet, is being explored for the first time.

EDITORIAL NOTES

New support for fluoridation has come from the Federal Minister of Health, Hon. Paul Martin. In a letter written to the mayor of the town of Renfrew, Ontario, where a keen controversy on the subject is raging, Mr. Martin assured him that the Canadian and United States medical and dental professions had carefully appraised the evidence and "had found fluoridation is a safe, effective and judicious health procedure for partial prevention of tooth decay."



HMM?

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ANTI-FLUORIDATIONISTS

Who are the people currently in opposition to fluoridation? A sizeable group is made up of those who are uninformed or misinformed on the subject. These are the people who are interested but do not have the time or the opportunity to study the evidence.

THE FLUORIDATION QUESTION

From 1948-54, dental caries among Brantford children has been reduced by approximately 69 per cent in the 6-8 year age group, by 44 per cent in the 9-11, and by 36 per cent in the 12-14. During the same period, the caries incidence in the two control cities has remained at the same level or increased slightly.

Pseudo Mau Maus

One dark night in this terror-ridden colony, a white man with a blackened face and seven African followers melted into a marauding Mau Mau band. The band scurried through the bush, intent on its goal, with eight British agents undetected in its midst.

Medically Speaking

By Herman N. Bundesen, M. D.

SEASONINGS CAN IMPROVE TASTE OF LOW SALT DIET. Cooking for a person on a low salt diet can be a big problem for homemakers.

Actually, it's not as difficult as it might seem. I'm not a fancy cook, but let me tell you about some seasonings you can use instead of salt.

As a group, seasonings are remarkably low in sodium content. Vinegar and vanilla extract, for example, contain only about 1 mg. of sodium per 100 grams.

So are most of the other seasonings with the exception of celery salt, prepared mustard, Worcestershire sauce and tomato catsup.

Parsley flakes and cloves contain moderate amounts of sodium but you can use these as well as thyme, marjoram, rosemary, savory, basil, tarragon and lemon.

A pinch of marjoram and another of thyme, cooks tell me, do as well as salt for a p-salt hamburger. Chicken is perfumed on a low sodium diet with lemon, a touch of rosemary and sweet butter to baste it's delicious.

Lemon juice also helps flavor asparagus and broccoli. Use vinegar to pep up other vegetables.

You'll probably find that white wine vinegar goes best with mild flavoured vegetables. Red vinegar is better for the tastier vegetables.

Basil is good with tomatoes, tarragon with carrot and savory with lima beans. And onions bloomed with thyme and whole clove are a real treat.

VARIOUS SEASONINGS

These are just a few suggestions. Once you become accustomed to using these various seasonings, you'll be able to whip up something a lot tastier than I can tell you about.

QUESTION AND ANSWER

R.L.: Can repeated blows to the head, such as occur in boxing, cause permanent injury? Answer: It has been revealed that repeated head blows can cause small hemorrhages in the brain which may result in permanent injury.

SAFETY BELT

The Panama Canal zone administered by the United States extends five miles on each side of the vital waterway.

Car Radios

We carry a good selection of sets to suit your car. All Types Installed and Repaired.

THE AGE OLD STORY

Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

THE PANAMA CANAL ZONE

The Panama Canal zone administered by the United States extends five miles on each side of the vital waterway.

THE FARMERS ARE ANXIOUSLY AWAITING

The farmers are anxiously awaiting the arrival of a steamer in Victoria so that they may dispose of their surplus potatoes before planting commences.

THE AIR TRANSPORT SERVICE

An air transport service that will enable live lobsters from fishing grounds in Eastern Canada to reach New York dinner tables within six hours is scheduled to start next week, officials of Air Line Inc., said today.

THE SPARROW FROM THE GARDEN

The sparrow, from the garden. Flies into silence now: Only this rain is falling Where his song was on the bough.

BEAUTY WILL WORK IN SILENCE

Beauty will work in silence. Although the bird take wing. Concealing the inaudible Canticles of spring.

ENOUGH TO DISCLOSE

Enough to disclose that European and African intelligence agents—operating as pseudo Mau Maus at great risks—have played a major role in the fight against the anti-white bands.

NOTES BY THE WAY

Whatever happened to that faithful beast of other days, the watchdog of the treasury?—Edmonton Journal

Israel will deliver two blots for each one received from Egypt. "My father can lick your father!"—Windsor Star

It would be ironic if, when the times comes for the first drawings of Britain's new lottery bonds, the Government has to borrow the revolving drums from the Irish, whose sweepstake is illegal in Britain.—Brantford Expositor

The London Board of Education is planning secondary school courses to meet every need. Let's hope there is one to cover such subjects as writing, grammar and spelling. Or, in this age of progressive education, do these come under the heading of "unnecessary frills"?—Brantford Expositor

Pig iron is the metal that runs out from a smelting furnace. In the early method of smelting this iron was run into a row of small troughs, reminding the workers of little pigs lined up along side a ma pig waiting for lunch. Hence the troughs were called pigs and the fresh molten iron that went into them was called pig iron.—Kitchener-Waterloo Record

Teachers in the Timmins schools say discipline has deteriorated since the straps were taken from them. It is getting back to the old principle of "No lickin' no learnin'". And there are quite a number of adults who having gone through the schools in their own time will agree that a strap has its use and value.—Port Arthur News-Chronicle

A habsyiter in Los Angeles is suing a three-year-old and his parents for \$15,000 because the child whacked her with a brass curtain rod while she was attempting to disarm him. Her claim is that the constituted negligence to leave the basic parents would have to strip the house of everything a three-year-old can lift or throw. A three-year-old is not selective when he chooses a weapon. It may be anything from his baby brother's bottle to a bowie knife.—Detroit Free Press

Since the Bridey Murphy affair some Irish claim that in another life Stalin was one of the snakes. Patrick drove out of Ireland.—Brantford Expositor

The Society for the Apprehension of Horse Thieves in Troy, N.Y. has had no horse thieves to contend with in the past half century but instead of disbanding the 4 members decided to add chickens thieves to the society's list of culprits. That's the spirit, boys. New or give it up.—Sydney PostRecorder

During the latter part of the nineteenth century, it was the thing in snobbish circles to regard money-making as something undignified and unbecoming. An one who was "in trade" could never really arrive in society. Today there is a new, but equally snobbish approach to money-making and profit in certain circles. The suggestion in these circles is that there is something unbecoming in that not downright snob about profits.—Winnipeg Tribune

Annual reports once so forbidding to the casual reader, are gradually shedding their bleak aspect. Even the Bank of Canada has managed in recent years to achieve a certain sprightliness in its pictorial treatment of statistics. The latest example to come to notice is the annual report of the Ontario Department of Lands and Forest a bright little booklet in which illustrations outrun the text. It may cost a little more to produce, but it seems likely to be read—with profit—by far more people, and this is clear gain.—Ottawa Citizen

According to the story told in a Montreal court a man ordered in a grocery the ingredients of a Chinese food dish and when it was told the price was \$4.50 he exclaimed "This is a real hold-up." The woman in the store began to scream at this point, the police arrived, and the shopper found himself charged with robbery. A court he told his story, the judge accepted it, and he was acquitted. But we have an idea that hence forth when he wants to protest against the price of something he will not use the word "hold-up".—Ottawa Journal

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INAUDIBLE The sparrow, from the garden. Flies into silence now: Only this rain is falling Where his song was on the bough.

Invading field and orchard. Without a single sound, The pallid grass and crocus Lift from the waking ground.

Beauty will work in silence. Although the bird take wing. Concealing the inaudible Canticles of spring.

Enough to disclose that European and African intelligence agents—operating as pseudo Mau Maus at great risks—have played a major role in the fight against the anti-white bands.

When the full story of the pseudo Mau Maus emerges, it undoubtedly will rank with the best British records of courage in the face of terrible dangers.