

That Body Of Yours

TREATING THE MIND MOST IMPORTANT IN TREATING ALCOHOLISM

All over the world today alcoholics and their families are fighting the disease alcoholism, which not only destroyed the patient but makes life a terrible nightmare for the family.

We all have some defects, some constitutional lack or inadequacy which we greatly dislike to face and even fail to face but alcohol is no temptation to us. We can be called lucky, that's all.

Morning Smile

A slightly hilarious guest at a party embraced a strange woman by mistake. He apologized. "Excuse me, madame," he said, "but I thought you were my wife."

Fretty Feverish Baby Gets Needed Rest

There is no need to spend worried days and sleepless nights when baby is fretful, restless or feverish due to teething, constipation, stomach upsets or some similar minor ailment.

Better English

1. What is wrong with this sentence? "While stopping with some friends overnight, I subscribed to that periodical."

ANSWERS 1. Say, "While staying with some friends overnight, I subscribed for that periodical."

Modern Etiquette

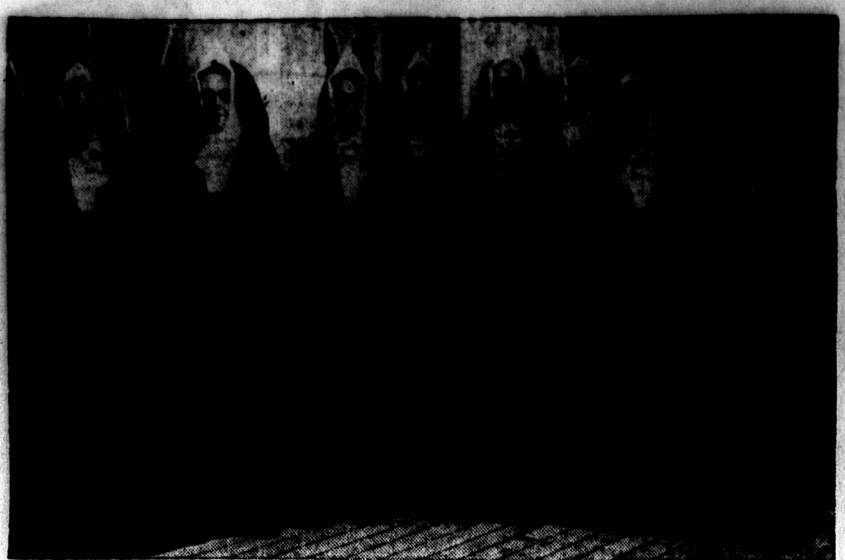
Q. When entering a night club with her escort, should a girl go first to the table with him and then excuse herself while she goes to the powder room?

The Stars Say

WHILE uncertainty and complications seem imminent, with the mind uncertain and the course of action dubious, with the financial outlook precarious, at the same time the situation is not so difficult but that earnest, shrewd and unflinching tactics sound ideas and well-thought out techniques of determination, may not mend.

Those whose birthday it is, may have power to convert present difficulties and obscure situations into lasting and far-reaching eliminations, by the sturdy comprehension of uncertainties, doubts and complexities.

To Attend Beatification Of Margaret Bourgeoys



General Council of the Congregation of Notre Dame of which Margaret Bourgeoys was a member.

Strange But True

TRUE or false - Did John the Baptist eat locusts and honey? True. John ate locust-dust mixed with honey, a common food for people who lived at some distance from towns.

Milk-beer

Milk-beer is made by the Natives of Tartar by fermenting the milk of mares. No wonder the Natives say it has a terrific kick.

DOROTHY DIX SAYS—

Shirking Fathers

Too Many Men Leave Child Raising To Their Wives

DEAR DOROTHY DIX: I am tired of hearing the mothers blamed for the way their children turn out. What about the fathers' responsibility in rearing their children and fitting them to meet the bumps and hard knocks in life?

MIGHT AS WELL BE FATHERLESS

It is hardly too much to say that except for purpose of legitimacy the average American child might as well be fatherless as to have the kind of father he possesses.

DEAR MISS DIX:

I am going with a girl who has an apron-string complex. When I ask for a date she goes into a consultation with the family to see if they are going any place that night.

DEAR DOROTHY DIX:

About a year ago I met a man who is now 38 years old and divorced. He never mentioned my age to me, but at times would remark about girls of 35 being older than he liked.

DEAR DOROTHY DIX:

Keep your mouth shut. Never tell him. For two reasons. One is because if you only look 28 that is all you really are.

How Can I!!!

Q. How can I remove the brown stain which so often appears at the bases of crystal vases or flower holders? A. Moisten some tea leaves with vinegar, placing them in the vase and scrub the inside by means of a bottle brush.

ELLEN'S DIARY

Was this as some said "a dreary Friday" this October one of mixed sun and shower? A bit cheerless, perhaps we agree, but certainly not dreary with some of Autumn's nice little breezes yet about upland and lowland.



Wins Baking Honors at Hants County Fair

A big hug for Mom! Her cooking not only keeps a fellow running for his high chair—but it wins prizes at the fair as well! This winsome young winner at America's oldest agricultural fair is Mrs. Harold Curry, of Curry's Corner, N.S.

APPLE CHEESECAKES

Boil 4 large apples, take off the skin and pulp them, 3 eggs, 3 ounces butter, 2 ounces sugar. Beat well together with a little grated lemon peel and the juice of 1/2 a lemon. Bake inside puff paste.

Just scrambled eggs?

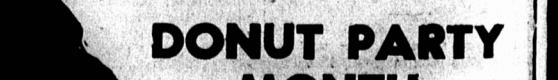


...a feast

Here's Speedy Relief for Tender, Aching Burning Feet

Your feet may be so swollen and inflamed that you think you can't go another step. Your shoes may feel as if they are cutting right into the flesh. You feel sick all over with the pain and torture; you'd give anything to get relief.

AYLMER PURE Catsup



October... DONUT PARTY MONTH

Enjoy... BUTTER-FLAKE

Plain, Sugared or Crunch Donuts

- 1—delicious and digestible 2—puts punch in any lunch 3—a success at any meal or party 4—we make them good 5—you made them famous

NOW—Something New— OLD FASHIONED DONUTS

Try one! You'll think you had just robbed Grandmother's jar again! Same delicious smoothness and flavor.

Eastern Bakeries

-Needlecraft-

FOR THE HOME



FALL'S COAT DRESS

The coat dress continues as a style leader... one good reason being the easy-to-get-into lines that take well to so many of the new fabrics! Here, with diagonal closing, pocket detail.

Form for requesting a pattern, including fields for Name, Address, City, and Province.

Feeling Low?

Then try Wincarnal, a Medicated Tonic. Wincarnal is just what you may need when you feel low, run down.

Household Scrapbook

By Roberta Lee Gravy If the gravy is lumpy, beat it with an eggbeater until the lumps disappear.

How Can I!!!

By Anne Ashley Q. How can I remove the brown stain which so often appears at the bases of crystal vases or flower holders?