THE DAILY EXAMINER.

TERMS:—FIVE DOLLARS A YEAR. "This is true Liberty, when Free Born Men, having to advise the Public, may speak free."—EURIPIDES. SINGLE COPIES TWO CENTS

NEW SERIES. CHARLOTTETOWN, P. E. ISLAND, WEDNESDAY, OCTOBER 28, 1891. VOL. 28.—NO. 130

CALENDAR FOR OCTOBER, 1891.

MOON'S CHANGES.

New Moon, 2nd day, 8h., 48 4m. p. m., NW, below horizon.
First Quarter, 10th day, 6h., 44.3m, p m, S.
Full Moon, 17th day, 9h, 32.8m., a. m., W below horizon.
Third Quarter, 26th day, 9h., 44.7m, a.m , SW

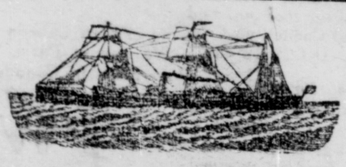
D	DAY OF WEEK	Sun rises	Sun sets	Moon rises	High wat'r	Day: lenh
		h m	h m	morn	after	h m
1	Thursday	6 3	5 38	4 17	10 31	11 33
2	Friday	4	34	5 20	11 1	30
3	Saturday	6	33	6 23	11 30	27
4	Sunday	7	31	7 26	morn	24
5	Monday	8	29	8 31	0 1	20
6	Tuesday	10	27	9 38	0 34	17
7	Wednesday	11	25	10 46	1 11	14
8	Thursday	12	23	11 54	1 55	11
9	Friday	14	21	aft 57	2 46	7
10	Saturday	15	19	1 55	3 57	4
11	Sunday	16	17	2 43	5 24	1
12	Monday	18	15	3 23	6 52	10 58
13	Tuesday	19	14	3 54	8 2	54
14	Wednesday	20	12	4 20	8 55	51
15	Thursday	22	10	4 43	9 40	48
16	Friday	23	8	5 4	10 23	45
17	Saturday	25	6	5 26	11 2	42
18	Sunday	26	4	5 52	11 41	38
19	Monday	27	3	6 21	aft 23	35
20	Tuesday	29	1	6 58	1 6	32
21	Wednesday	30	4 59	7 45	1 55	29
22	Thursday	32	57	8 41	2 50	26
23	Friday	33	56	9 44	3 55	23
24	Saturday	34	54	10 50	5 10	20
25	Sunday	36	52	11 57	6 21	17
26	Monday	37	51	morn	7 24	13
27	Tuesday	39	49	1 3	8 13	10
28	Wednesday	40	48	2 7	8 52	7
29	Thursday	42	46	3 10	9 27	4
30	Friday	43	44	4 24	10 0	10 1
31	Saturday	6 45	4 43	5 17	10 32	9 58

JAMES A. MORRISON,
HALIFAX.
AGENT FOR
WARREN, CAKEBREAD & CO.,
TEA MERCHANTS,
London, - - England,
—AND ALSO—
Several First-Class West India Firms, etc.
SPECIALTIES:
Tea, Sugar and Molasses.
Careful attention given to consignments of Prince Edward Island Produce.
REFERENCE—Bank of Nova Scotia.
OFFICE—Pickford & Black's Wharf.
Halifax, August 13, 1891—dy & wy

NASAL BALM
SOOTHING, CLEANSING, HEALING.
Instant Relief, Permanent Cure, Failure Impossible.
Many so-called diseases are simply symptoms of Catarrh, such as headache, losing sense of smell, foul breath, hawking and spitting, general feeling of debility, etc. If you are troubled with any of these or kindred symptoms, you have Catarrh, and should lose no time procuring a bottle of NASAL BALM. Be warned in time, neglected cold in head results in Catarrh, followed by consumption and death. Sold by all druggists, or sent, post paid, on receipt of price (50 cents and $1) by addressing FULFORD & CO. Brockville, Ont.
NEVER FAILS TO CURE COLD IN HEAD AND CATARRH

THE BEST
IS THE CHEAPEST,
—AND—
LYMAN'S
GOLD MEDAL
ESSENCES and SPICES
—ARE—
THE BEST.
oct19—t t s tf

GRATEFUL—COMFORTING
EPPS'S COCOA
BREAKFAST.
"By a thorough knowledge of the natural laws which govern the operations of digestion and nutrition, and by a careful application of the fine properties of well-selected Cocoa, Mr. Epps has provided our breakfast tables with a delicately flavored beverage which may save us many heavy doctors' bills. It is by the judicious use of such articles of diet that a constitution may be gradually built up until strong enough to resist every tendency to disease. Hundreds of subtle maladies are floating around us ready to attack wherever there is a weak point. We may escape many a fatal shaft by keeping our selves well fortified with pure blood and a properly nourished frame."—Civil Service Gazette.
Made simply with boiling water or milk. Sold only in packets, by Grocers, labelled thus:
JAMES EPPS & CO., Homœopathic Chemists, London, England.
oct12—1 yr dy & wky



W. W. Clarke's Steamship Agencies.

—(o)—

S. S. FASTNET,
E N. Crewes, Commander.
WILL sail for Halifax every THURSDAY AFTERNOON, at 4 o'clock calling at the following ports:—
Souris, Port Hastings, Port Hawkesbury, Arichat & Canso.
Returning, will leave Halifax every MONDAY EVENING, at 6 o'clock, making the same calls.

FURNESS LINE,
—BETWEEN—
London and Halifax
FROM LONDON.
S. S. HISTORIAN .....September 16th
" DAMARA.....October 1st
" OTTAWA ..... " 15th
FOR LONDON.
S. S. OTTAWA .....September 19th
" HISTORIAN.....October 10th
" DAMARA..... " 10th
" OTTAWA.....November 7th
The above steamers have first-class accommodation for pasengers, with saloon amidships, carry a stewardess and do not carry cattle.
London Agents:—
THOS. RONALDSON & SON,
34 Leadenhall Street, London, E. C.

HALIFAX TO DEMERARA
—VIA—
Intermediate Ports.
IT is intended to sail the S. S. TAYMOUTH CASTLE for the above ports on THURSDAY, September 24, calling at Bermuda, St. Thomas, St. Kitt's, Antigua, Guadaloupe, Dominica, Martinique, St. Lucia, Barbadoes and Trinidad. Returning via same ports.

S. S. ALPHA,
NEIL HALL, COMMANDER,
WILL SAIL FOR
Bermuda, Turk's Island and Jamaica
The 15th of Every Month.

S. S. BETA,
A. N SMITH, COMMANDER,
Will Sail for Havana the 1st of Every Month.

Charlottetown to Pugwash.
THE S. S. MAYFLOWER is intended to make trips between above ports every other day.
Freight solicited and carried at lowest rates

PICKFORD & BLACK, Agents at Halifax.
W. W. CLARKE, Agent at Ch'town, P. E. I.
September 9, 1891—1w dy then eod

DO YOU KEEP IT IN THE HOUSE?
ALLEN'S LUNG BALSAM.
NO BETTER REMEDY FOR
COUGHS, COLDS, CROUP, CONSUMPTION, &c.

GOOD ADVICE.
—(x)—
GET A NICE PARLOR SUITE and fix up the best room. The long evenings are here. Your friends and neighbors will be dropping in to spend the evening. Young folks like to get together. Your WIFE will be pleased to have everything smart and new. Our Bedroom Suites are good and cheap—three chairs and table with every Suite. Nice HARDWOOD SUITES at $16.00 and upwards, home-made and reliable. When ready to buy get our prices. To select, SEND YOUR WIFE AND FAMILY
TO MARK WRIGHT & CO., LTD.
Charlottetown, Oct. 13, 1891—2aw & wky

BE THE
EXAMINER YOURSELF!
—AND TEST THE QUALITIES OF—
Ale and Beef Peptonized.
—(x)—
IT WILL ONLY COST YOU A QUARTER, AND MAY
SAVE A LIFE.
—(x)—
COMMON SENSE TELLS YOU IT MUST BE A GOOD THING, FOR
BEEF makes Blood and Muscle,
PEPSIN cures Indigestion,
ALE Invigorates and Strengthens.
—(x)—
IT IS THE NURSING MOTHER'S ONLY HOPE.
For sale in Pint Bottles, 25 cents each, at all the Drug Stores.
July 17, 1891—dy m w f & wky 1 yr

TEACHERS IN COUNCIL.

PHYSICAL EDUCATION

A PAPER ON CALISTHENICS

By Mr. J. D. Seaman, Principal of Upper Prince Street School,

(MR. OXENHAM'S REPORT CONTINUED.)

Mr. J. D. Seaman, Principal of Prince Street School, delivered, before the Teachers' Association, an extemporary address on the above subject, of which the following is a summary:

The question of Physical Education has for a long time been growing in the minds of educators and all thinking people. History has never forgotten the beauty, the grace and the health of the old Greeks; and so when at last it began to seem necessary that something be done to improve the health of the people, attention naturally turned to this ideal nation—the Greeks.

But, first, there was prejudice to be overcome. Gymnastics had, unfortunately, come to be associated in the public mind with prize fighters and ruffian boxers. Many people could think of the gymnasium only as preparation for the circus and the fighting arena.

But there seems always to be a help on hand for every need. Just here, Dr. Sargent, a regular physician, an intelligent observer, a thoughtful student, came forward and showed the thinking public that in the much-despised gymnasium were possibilities not yet dreamed of. He showed that it is in symmetry, not in immensity of strength, that health lies.

By the "Sargent System" the anatomical arrangement of the muscles, the conditions and laws for their growth and development, were taught, and the application of gymnastic exercises came to be a science.

No longer under any genuine teacher of this system was the lad who could pull ten pounds with his left arm and fifteen pounds with his right arm urged on to pull twenty, thirty, forty with that right arm and so fit himself for enrolment among the champion wight-lifters.

Such ambition, such teaching were at once discouraged. No longer were the children with spinal curvatures to the right and children with spinal curvatures to the left, children with drooping shoulders and hollow chests, and children with square shoulders and full chests,—all set uniformly at work with the same exercises. Efforts were made to remedy every phase of deformity—and any lack of symmetry is deformity—caused by lack of physical education; accident or chance of birth.

Public opinion began to change; gymnasiums were no longer looked upon as monstrosity producers. "Physical culture," a much more comprehensive term, began to be heard and people began to understand the breadth and meaning of the new name.

There are many aphorisms which we have heard over and over, until they mean simply nothing to us. They come to our ears like the tones of the teacher who "always scolds" to the ears of the children who never mind them.

One of these aphorisms, I would suggest, might be "The face is the index of the mind." If we half appreciated what that means, or half believed it, we should, I think, give far more attention to Peter's gait and John's slouching, and Mary's awkwardness, than we do now.

Then there is another old saw, "We should be what we seem to be." True enough, but why has it taken so long to learn that, to so great an extent, we ARE what we seem to be. If we seem to shuffle along as we walk, or slouch along in our bodily gait, is it anything but the visible expression of the mental and moral state within? We all, even little children, instinctively judge the character of those we meet by their bodily carriage.

Then, if it is true that this body is but a physical expression of the mind within, is it not possible that intelligent training of the body might send a reflex back to the mind. The most successful actor—the one we laud the highest—is not ACTING when we admire him most; when he holds us spell-bound, or carries us with him forgetful of everything but the character he shows us, he is not acting the character then; he is the character. His position, his face, his words, have made him in very truth, for the time being, the man he would "seem to be."

Then what should be the effect of elevating, intellectual, spiritual expressions and attitudes? Get your slouching John and your shuffling Peter into an erect, manly carriage, if you can, and see what the moral effect will be. Get that sneaking, long-necked boy to stand erect, throw up his head and say:

I am no lying knave; I am the king! He will be the king while he says it, at least; and you—perhaps he—will have learned a lesson.

Shall we not, then, in teaching physical culture, try to keep in mind both for ourselves and the children, this wonderful relation between the mind and the body? Educate the body for strength and health, if need be; but do not forget the broader, better work we may do if we regard also the mental, the aesthetic, the moral possibilities of our work.

It is well and good to strengthen the body, but we must not forget that, after all, the body is but an instrument, and while we are training it, train it to become the plastic medium of the soul.

The best service we can do our pupils is to teach them to look upon their bodies as mere servants for the *ego* within; to know that these bodies may be trained to be attentive, obedient, quick to respond to the slightest call of the soul.

The study of no book, I am sure, can give our pupils more really useful knowledge, more helpful hints, more trustworthy guidance in life, than the right study of that flesh-bound volume—self.

A number of girls from Mr. Seaman's schoolroom were then brought into the Hall, and went through dumbbell and wand exercises in such a manner as to elicit the applause of all the teachers present. The whole was performed with musical accompaniment on the piano by one of the pupils.

A Query.

SIR,—Has the Grit machinery for the manufacture of J. Ps. broken down? Since that big day's work, when seventeen were appointed for Belfast, no further output has been announced. Was the market glutted, or has "Justice Pettifog" C. P. W, wisely decided—in view of his having to practice his trade again at an early day—to limit the supply? An explanation is in order.

CATO.

October 23rd, 1891.

New Perth News.

Our farmers have about finished the potato harvest. The crop is the lightest known for many years, averaging only about 100 bushels to the acre; and even these are largely affected by rot. The other crops, however, are above the average, so that the failure of this particular crop will not be so severely felt.

Our enterprising and obliging tradesman, Caleb H. McNeill, continues to do a rushing business in all kinds of country produce, while he deals out his merchandize, you might say, at cost and charges.

Notwithstanding all that is said to the contrary, the condition of our people must be improving. Mr. Shaw has recently erected a windmill which he has trained to do his threshing, sawing and pumping at the least possible cost; while Mr. Smith O'Brien has just completed a first-class blacksmith forge midway on Union Road and near ahe ruins of the house recently occupied by Mr. James McKenna.

It is with great pleasure we report the religious services neld in our large and comfortable schoolroom on the evenings of the 13th and 15th inst., respectively, by Revs. Opie, of Margate, and Gunn, of Cardigan. We hope to have another visit from the rev. gentlemen.

By far the oldest man in the district is Daniel Minchin, Esq., who not only towers above his fellows in age but also in position, as his residence is situated on the highest ground in the neighborhood and very often affords a fine view of the Stanley breaking ice in Georgetown Harbor, a distance of ten miles. Born in Ireland in 1798, Mr. Minchin is now in his 94th year and still continues to carry his years with that buoyancy of spirit for which he was always remarkable.

Can You Dress a Doll?

The Queen wishes a large number of dolls dressed for its Poor Children's Christmas Tree for 1891, and in order to interest girls and young ladies to assist in this work, they offer a Prize Doll Competition to those who dress a doll for the purpose. This competition is open to girls under sixteen years of age, residing in Canada or the United States, duplicate prizes being given for each country. The Queen furnishes the dolls, charges prepaid. They are to be dressed and returned before December 1st, 1891.

The cash prizes of each $50, $25 and $15 and many other prizes of value will be given for the best dressed dolls, according to merit. Send ten three-cent stamps, and receive, charges prepaid, one full-bodied imported Doll, a lithograph plate illustrating ten dressed dolls in colors, and three months' trial subscription to the Queen.

The Queen is Canada's popular family magazine. It is a large 48-page monthly publication, devoted to ladies and the family circle. It has more than double the circulation of any other publication in Canada. Subscription price, only $1.00 a year. Address THE CANADIAN QUEEN, 58 Bay Street, Toronto, Canada.

sept22—t t s tf

Hot and cold springs have started in many parts of California, the result of the recent earthquake.

The gabblesome goose by the fruit-field fence;
The guinea-fowl back of the barn;
The kitten that plays with a glee intense
While grandmother winds the yarn.
Don't be a goose. Use Campbell's Quinine Wine. oct20tf

Mr. Leland, a millionaire banker of Liverpool, has purchased at a high price 10 prairie buffalo in Chicago for his private park. The animals are on the way to New York for shipment.

The plump pussy cat by the backyard pump
Sits languidly, lazily purring,
And Clarissa Jane, by the old pine stump,
The apple-butter is stirring.
Clarissa Jane feels like working after using Campbell's Quinine Wine. oct20tf

Fine weather is estimated to be worth $100,000 a day to the farmers of the Red River Valley in Minnesota.

"MARY, before you put baby in the bath, use the thermometer to get the temperature of the water." "It's no use," says Mary, "for sure if the water's too hot the baby will all be red; and if the water's too cold the baby will all be blue—and that's all that's about it." If Mary used Campbell's Quinine Wine she wouldnot be so cranky. oct 20tf

Influenza in a virulent form has broken out at Angoulime and other places in the department of Charente, France.

TO CORRESPONDENTS.—Write on one side of the paper only. Send your name, not necessarily for publication, with your communication. We do not undertake to return rejected manuscript. All unsigned communications are promptly consigned to the waste basket. The editor is cross; he should use Campbell's Quinine Wine. oct20tf

MUCH BETTER,
Thank You!
THIS IS THE UNIVERSAL TESTIMONY of those who have suffered from CHRONIC BRONCHITIS, COUGHS, COLDS, OR ANY FORM OF WASTING DISEASES, after they have tried
SCOTT'S EMULSION
Of Pure Cod Liver Oil and HYPOPHOSPHITES —Of Lime and Soda.—
IT IS ALMOST AS PALATABLE AS MILK. IT IS A WONDERFUL FLESH PRODUCER. It is used and endorsed by Physicians. Avoid all imitations or substitutions. Sold by all Druggists at 50c. and $1.00.
SCOTT & BOWNE, Belleville.

HARTSHORN'S
SELF-ACTING
SHADE ROLLERS
Beware of Imitations.
NOTICE AUTOGRAPH OF Stewart Hartshorn ON LABEL AND GET THE GENUINE HARTSHORN
Insist upon having the HARTSHORN.
SOLD BY ALL DEALERS.
Factory, Toronto, Ont.

OLD LONDON
Billiard Hall & Oyster House
IS STILL TO THE FRONT!
EVERYTHING of the best. Call and be convinced. FRESH OYSTERS received every day.
JOHN JOY.
oct20—tf

Eastern Steamship Co. (Ltd).
THE STEAMER
PREMIER
WILL sail weekly between HALIFAX and CHARLOTTETOWN, calling at SHEET HARBOR, ISAAC'S HARBOR, CANSO, ARICHAT, PORT HAWKESBURY and SUMMERSIDE; LEAVING HALIFAX every WEDNESDAY at NOON, and CHARLOTTETOWN every SATURDAY EVENING.
FARE to any port of call.....$3 00
RETURN..... 5 00
FENTON T. NEWBERY, Agent, Charlottetown.
JOSEPH WOOD, Agent, Halifax.
oct23

Davies' New Drug Store.
WE are now fully opened for business, and invite the public to come and inspect our new Store.
Our stock of Drugs, Chemicals, Patent Medicines, Fancy, Toilet and miscellaneous articles has been doubled, and the public will not find a more complete stock in any Drug Store on the Island.
We are carrying a very choice line of French, English and German Perfumes, also in Fancy Soaps.
We have also added to the attraction of our new Store an elaborate Soda Fountain, the finest ever imported to Charlottetown, where the popular beverages of the season are dispensed. An important point with our beverages is that the Syrups run through the Fountain are made with genuine Fruit Juices, not artificial flavors.
The choicest brands of Havana Cigars in the city, Tobacco, Cigarettes, Pipes, Tobacco Pouches, etc. Give us a call.
aug22

W. C. TURNER,
Queen Street, Charlottetown.
TRYON CLOTH DEPOT.
CALL and see our new patterns in Cloth Positively the best that have ever been turned out in Domestic Tweeds.
WOOL taken in exchange for Cloth.
CARDING done on short notice.
W. C. TURNER,
jan6 Agent Tryon Woolen Mills.

To Produce Shippers!
FULL and reliable information as to the state of our Cape Breton Produce Market, and as to size and assortment of cargoes, is obtainable by application to
D. A. SMITH, Commission Merchant.
North Sydney, C. B., Oct. 16, 1891—gusy