

Household Scrapbook

By Roberta Lee

Celery Flavor
After washing and drying celery tops, place them in the oven until thoroughly dried. Store the leaves in air-tight glasses and use them for flavoring. Some persons prefer them to celery seed.

Prevent Creeping
You can keep a rocking chair from creeping across a room while rocking in it, by gluing the wrong side of strips of velvet, or strips of felt, on the bottoms of the chair rockers.

Care of Telephone
The mouthpiece of the telephone should be washed and boiled at least once a month.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

WHILE there is incentive for extreme action, with mental faculties and energies straining at maximum speed, there is also the danger of being carried away by quixotic desires or eccentric urges. This is not the time to rely on intuition, for emotions are at cross-purposes, and rash entanglements might result — especially in the personal or romantic phases of life.

For the Birthday

Those whose birthday it is may find unusual situations confronting them from day to day, with subtle factors to be analyzed and overcome. Logic and reason, not emotions or rash judgment, should be the basis of all decisions to be made.

A child born on this day will have many unusual and dramatic experiences. Originality of mind may make it a leader in any walk of life that it should choose.

Better English

By S. C. Williams

1. What is wrong with this sentence? "It is absolutely correct that we saw two twins."
2. What is the correct pronunciation of "lava"?
3. Which one of these words is misspelled? Pessimism, pertinacious, petrefy, pendulum.
4. What does the word "diminutive" mean?
5. What is a word beginning with tu that means "violently agitated"?

ANSWERS

1. (Omit absolutely and two.) Pronounce first a as in ah (not as in ad), accent first syllable.
2. Petrefy.
3. Below the average size; very small. "He was a man of diminutive stature."
4. Turbulent.

Morning Smile

Sarcasm

A restaurant keeper noticed that some of his customers annexed the current day's paper for an irritatingly long time. He hit on this little piece of sarcasm.
Prominently displayed on the walls was the announcement: "Those learning to read are requested to use yesterday's papers."

Corrections

In a fit of condescension an experienced golfer invited a novice to take part in a game. The novice, to the golfer's dismay and disgust, ploughed up the ground at every stroke.

After one particularly vicious dig, the golfer remarked, "You've revoked."

"We're playing golf not whist," said the novice.

"Yes," replied the golfer, "but you've just played a spade when you should have played a club."

Alice Brooks Designs

OLD-TIME BEAUTY

An old-fashioned Quilting Party quilt! With four pattern pieces, all straight edges, you can plan a 3-color scheme or use scraps. And after it's pieced, you have the Quilting Party!

Pattern C7075; pattern pieces, block charts and quilting pattern. Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

How Can I!!!

By Anna Ashley

- Q. How can I take better care of rugs?
- A. Sweep the rugs periodically with a broom dipped in water to which a little turpentine has been added. This will keep the rugs bright and clean, and is also an excellent moth preventive.
- Q. How can I make windows shiny when using water to clean them?
- A. An extra sparkle will be added to the windows if a small quantity of bluing is poured into the water when washing them.

Married In Toronto



Mr. and Mrs. Walter Ross are shown above with their attendants. Standing, left to right, are Mr. Gerald McCallum, usher; Mr. Dan Walters, groomsmen; the groom and bride; Mrs. Howard Groom, matron of honour; and Messrs. George Ferguson and Vincent Mahar, ushers. Seated are the flower girl, Miss Irene Tihan and Miss Florence Coide, bridesmaids.

Modern Etiquette

By Roberta Lee

Q. When someone to whom you have been introduced takes leave of you by saying, "I am very glad to have met you," what is an appropriate reply?

A. "Thank you," or "Thank you very much," or, "I've enjoyed meeting YOU," or, "I'm so glad to have met YOU."

Q. At a formal dinner, may a woman leave her long gloves on her arms, turning back just the hands?

A. No; she should remove the gloves entirely.

Q. Is it correct that the position of "companion" in a family is always one of social equality with the employer?

A. This is correct.

Cook's Corner

Baked Salmon With Stuffing

One half pound can salmon, 1/2 cup cracker crumbs, 1 egg, 4 bacon slices, 2 tablespoons corn meal, 2 tablespoons onion, 1 cup boiling water, 1/2 teaspoon salt, 1/2 teaspoon paprika, 2 slices stale bread.

Strain salmon, flake it, and mix with cracker crumbs. Add the egg, broken and stirred with a fork, but not well beaten.

Stuffing: Cook finely chopped onion in the boiling water 15 minutes. Add salt, celery salt, paprika, also liquor drained from salmon. Pour this over stale white

bread and corn meal. Cool, then beat well.

Put half the salmon mixture into greased pan, shaping like four little fish. Pile stuffing on this, (thicker in the center), shape the other half of the salmon mixture and place on top of stuffing. Put 1 strip of bacon on each little fish-shape, and cook in moderate oven until browned. Garnish on hot platter, serve with tomato sauce. Serves 4.

PAMPER HIM A LITTLE

So, if the head of the house comes home cranky, don't meet him at the door with a list of the children's misdoings, or the neighbor's failings. Humor him! Even though you'd like a little pampering yourself. Whatever you do, don't begin a cross-examination on his activities of the day. Let the good dinner do its persuasive job, then settle down to a mutual exchange of the day's happenings—good and bad.

DEAR MISS DIX: For eight months I went with Larry, then we broke up and I began to go with his best friend, Bud, chiefly to make Larry jealous. However, I still like Larry. I am sure he likes me, but Bud likes me also. I hate to hurt Bud's feelings but I am not happy in his company.

ANSWER: To go with a boy simply to make another boy jealous is always bad policy. Someone's feelings are bound to be hurt in the deal, and it's rather unfair to the third party who had nothing to do with the original argument. However, since you have got yourself into this triangle, you must get out of it as gracefully as possible. Bud must be told that your interest in him was purely superficial, and that Larry is your real heart interest. When you get straightened out, stay that way. Avoid arguments that will lead to such complications.

DEAR MISS DIX: We are a group of girls between the ages of 13 and 15. We go with a group of boys our own age, who use bad and unclear language. We have tried to reform them but our efforts have been in vain.

ANSWER: If your boy friends don't think enough of you to reform their language, they are most certainly not worthy of your company. I'm sure a group of nice girls can find better associates.

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

The Neighbors

By George Clark



"I'd settle for either marriage or a career—or both!"

That Body Of Yours

By James W. Barton, M.D.

REHABILITATION—THE THIRD PHASE IN MEDICINE

Until recently, when a patient had recovered from an illness or operation, he returned to his home and almost immediately returned to his regular work. While this meant an available bed for a new patient, it often meant that this patient returned to his work perhaps several days or even weeks before he was actually fit for work and often had to lay off for several days at a time to regain his strength.

Fortunately, workmen's compensation boards put it up to the physician or surgeon in charge of the case as to when he considers the patient will be fit to return to his work. This matter of being able to return to his usual work or to some other form of occupation is now receiving serious consideration on all sides.

In Archives of Industry, Hygiene and Occupational Medicine, Dr. H. A. Rusk states that the responsibility of the compensation physician relative to his patient's case is not ended when the acute illness is ended or the surgical correction completed. His responsibility ends only when the doctor has seen that the patient has been properly referred to those agencies and institutions which are equipped to rehabilitate and retrain the person suffering with a residual or permanent disability. To this end, rehabilitation must be considered an integral part of medical science.

One of the good things started after World War I and further developed during World War II was rehabilitation. Our military medical officers have shown by their successful programs of military and veterans' hospitals that the illness or operation and complete rehabilitation of the veteran are all part of the government's duty and the veterans' rights.

Results in these institutions have been most encouraging, and the increase in ability to perform both old and new tasks is important from the economic standpoint.

From the above encouraging information, Dr. Rusk states that it now seems logical to conclude that a program for the civilian chronically ill, similar to that in the military hospitals, would bring the same or similar results. This would mean that our chronically ill individuals or those handicapped can be made an asset to the community instead of, as at present, a liability to community and family.

"After medical care is completed, most physically handicapped persons must be retrained in skills necessary for carrying on activities needed in daily living."

After snowdrops come the scillas and chionodoxas. Scillas drop seed and spread, often covering considerable areas with their numerous blue flowers long before violets appear. Chionodoxas are almost as prolific, with flowers of brighter blue, some with white centers.

Crocuses, which come next, are not so easy to keep with us. They have white, blue, yellow and striped flowers, larger than the earlier bulbs; but never plant them in the lawn, as some books advise, unless you are willing to let it grow uncut until the crocus leaves turn yellow and drop off.

If their green leaves are cut off the bulbs die. Better plant them with later perennials whose leaves will hide the yellowing crocus foliage and allow the bulbs to mature normally. Even so, be prepared to replace half your crocus bulbs each year.

These early bulbs are usually called the "minor bulbs." Their flowers are so small that in June they would hardly be noticed; but in their own season they have no rivals for the spotlight, and gardens in which they grow, give two or three weeks more of

Tiny Spring Flowers Give Big Thrill To Gardeners



In selecting spring flowering bulbs for next spring's garden, the date of their flowering is as of much importance as the beauty of their flowers.

The tiny white snowdrops which in most gardens will be the very first flowers of spring, give as great a thrill as the magnificent peonies, three months later.

This pleasure may be obtained by planting a small group of bulbs where they can be seen from a window. From such small beginnings, in a well planned garden, floral beauty will unfold as the season advances, the blossoms increasing in size, number and variety of color.

To provide this succession the first three months of spring the hardy bulbs offer the easiest means, since they require no special soil treatment or protection, and are dependable in all types of soil so long as it is well drained.

For beginners they are probably the easiest of garden subjects to grow well.

After snowdrops come the scillas and chionodoxas. Scillas drop seed and spread, often covering considerable areas with their numerous blue flowers long before violets appear. Chionodoxas are almost as prolific, with flowers of brighter blue, some with white centers.

Crocuses, which come next, are not so easy to keep with us. They have white, blue, yellow and striped flowers, larger than the earlier bulbs; but never plant them in the lawn, as some books advise, unless you are willing to let it grow uncut until the crocus leaves turn yellow and drop off.

If their green leaves are cut off the bulbs die. Better plant them with later perennials whose leaves will hide the yellowing crocus foliage and allow the bulbs to mature normally. Even so, be prepared to replace half your crocus bulbs each year.

These early bulbs are usually called the "minor bulbs." Their flowers are so small that in June they would hardly be noticed; but in their own season they have no rivals for the spotlight, and gardens in which they grow, give two or three weeks more of

garden beauty to their owners. The first major flowers of spring are the daffodils, or narcissi, which blossom after the crocuses.

Tulips begin to flower before the daffodils are through. First there are species tulips, such as grow wild in Europe; then the highly bred early tulips, most popular type abroad, where their uniform height, and brilliant colors, make possible the planting of "carpet beds."

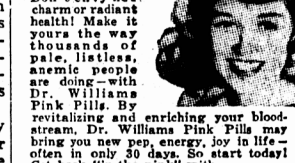
The climax of the bulbs season come with the tall, late, giant flowered tulips of the Darwin, Cottage and Breeder types, which bring to the garden a greater variety of colors including all the rainbow hues, than any other flower family can contribute.

Plant food should be spaced into the ground where bulbs are to be grown. Good feeding will produce larger flowers, and stronger stems. After flowering in the spring, an additional application of plant food will assist in the production of new bulbs.

Spring flowering bulbs blossom before weeds develop, or insects appear, and they have few diseases to plague them. On the whole they are the easiest of all plants for beginners to grow.

NOW—She's Got Exciting ZIP and GLOW

...and Plenty of Beauz



DR. WILLIAMS' PINK PILLS

Don't envy her charm or radiant health! Make it yours the way thousands of other women are doing—with Dr. Williams' Pink Pills. By revitalizing and enriching your bloodstream, Dr. Williams' Pink Pills may bring you new pep, energy, joy in life—often in only 30 days. So start today! Get back "in the pink" with

Tasty? Sure, they're MAGIC baked!

GINGER CUP PUDDINGS

Mix and sift twice, then sift into a bowl, 1 1/4 c. once-sifted cake flour, 2 1/4 tsp. Magic Baking Powder, 1/4 tsp. salt, 1/4 tsp. ground ginger, 1/4 tsp. ground cinnamon, 1/4 tsp. each of ground cloves and ground nutmeg. Cut in finely 5 lbs. chilled shortening and mix in 1/2 c. lightly-packed brown sugar. Combine 1 well-beaten egg, 1/4 c. corn syrup and 1/2 c. milk. Make a well in dry ingredients and add liquids; mix lightly with a fork. Two-thirds fill greased cup-cake dishes with batter. Bake in moderate oven, 350°, about 25 minutes, or cover each pudding with wet cookery parchment paper, tie down and steam for 25 minutes. Serve hot with vanilla sauce. Yield—5 servings.



Anne Adams Patterns

CHRISTMAS FOR DOLLY

ONE PATTERN PART for each item. Dress, cape, hat, overall, blouse, petticoat, panties and robe are so easy to sew for your daughter's dolly! Mother, this is the best Christmas idea for busy Mrs. Santa — and your little girl will spend many happy days playing with these clothes. For dolls 14, 16, 18, 20 inches. Send for Pattern 4600 today!

This pattern easy to use, simple to do, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS care of The Guardian, 60 Front St. West, Toronto, Ontario.

4600 SIZES 14-20"



Dolly Clothes Each from One piece

Anne Adams

I smelled my wash and I'm sold on Surf!



Surf gets washes **TWICE AS SWEET** far, far cleaner than any other washday suds!

Ordinary Suds

Ordinary suds leave traces of soap scum, SMELLY GREASE and dirt deep in fibers. Clothes CANT SMELL SWEET because they aren't really clean! Try Surf next washday.

Surf Suds

Surf suds leave no smelly grease and dirt in fibers... NO "DIRTY CLOTHES" ODOR. Surf-washed clothes smell TWICE AS SWEET because they're deep down, through and through clean!

