



FOR DANCING DATES

Carol Ann Hogan's gown is made for music, moonlight and lovely youth. It comes in rose geranium in the popular chiffon material.

Canadian Club Speaker Has Outstanding Record

Canadian-born Alan Jarvis, who is the next speaker at the Canadian Club of Prince Edward Island, won distinction in his early career in England. He was appointed director of the National Gallery of Canada, to succeed H. O. McCurry in May, 1955. Charles P. Fell, chairman of the board of trustees of the National Gallery, when he announced the appointment, expressed the satisfaction of the trustees that a Canadian should have the opportunity to assume these important duties at a time when the National Gallery affairs are expanding so rapidly. With a growing collection, an enlarged extension program and a National Gallery building in Ottawa in prospect, the Canadian Government's substantial and increasing support of this national institution is a source of pride and satisfaction to all Canadians, Mr. Fell stated. Mr. Jarvis is a graduate of the University of Toronto and a former Rhodes scholar at Oxford, where he specialized in philosophy with emphasis on aesthetics. He later held a fellowship in the graduate school of fine arts of New York University, where his special fields were museology, early Christian art and the English 18th century. His wide cultural interests include the drama, and he was chairman of the board of governors of the Group Theatre in London. He is a sculptor with works in several collections. In 1941, Mr. Jarvis went to England to work for the Ministry of Aircraft Production, later be-

coming special assistant and then private secretary to Sir Stafford Cripps. He edited the collected speeches of Sir Stafford, published as Democracy Alive. He was one of the first to join the staff of the Council of Industrial Design, engaged in educational programs for the council and was one of the principal organizers of the great post-war exhibition, Britain Can Make It. He has continued to write and lecture widely on design topics and edited the Penguin series, The Things We See. He has been associated with the production and public policy of films. In 1950, Mr. Jarvis accepted the headship of Oxford House in London, to widen his experience of popular education and recreation and to conduct a sociological research project for the Carnegie United Kingdom Trust. During this period he was actively connected with the Festival of Britain, arranging the participation of the national voluntary youth movements. Mr. Jarvis returned to Canada with 14 years' experience in the arts, education and social administration. Since taking over the Directorship of the National Gallery he has travelled from coast-to-coast in Canada, making numerous lectures and speeches, and has visited almost every centre where there is an art gallery, art association or group of interested people. In addition to National Gallery work he is active as a member of the Canadian Housing Design Council. Grove and it was decided to buy ice cream and have the members donate cakes and also have an hours entertainment, Dorothy MacRae and Velma Buell to look after same. Next meeting to be held at the home of Mrs. Wilbur Trainor on May 9th with Mrs. Robert Hurry Mrs. Charles Hurry and Mrs. Willard Lank on lunch and a special birthday cake to be brought decorated with the Institute colors Mrs. Floyd Buell and Mrs. Robert Hurry on entertainment. A delicious lunch was served by hostess and committee in charge after which Mrs. Willard Lank conducted a very successful auction and a nice sum realized. Meeting closed with "The Queen"

Women

Lena Caroline McLure, Women's Editor, Phone 8308

Page 8 The Guardian Thursday, April 18, 1957

HAPPENINGS

Mr. Alan Jarvis will address the Canadian Club of Prince Edward Island at the meeting next Tuesday evening at the Charlottetown. Mrs. Lyman Davison left today for Philadelphia where she will spend Easter. Good Friday at 3.30 p.m. over C.F.C.Y. the "Gospel in Song" is presented for your Easter enjoyment. The soloists will be Fernie Herman, Maida Rogerson, Renie Cotton and Joyce MacCallum. Narrators are Carol Thompson, Connie Davies and Jean MacPherson. This presentation was originally scheduled for 2 p.m. but has been changed to 3.30. Mrs. Gunther Buchta from the Maritime Conservatory and Mrs. Don MacNeil from Antigonish University will arrive in the city on Tuesday to begin adjudicating Wednesday the dancing classes in the Prince Edward Island Musical Festival. Miss Diane Lancaster leaves Thursday by air for Montreal, where she will spend the Easter holiday. Whilst there she will be the guest of Dr. and Mrs. Smit and daughters.

ELLEN'S DIARY

The Gypsy Life Is The Life For Me - In Spring!

By today the weather has improved. The sunny spring-blue was back again in the sky. Wild ducks winged against it down to the river, the wind at their backs. At breakfast by the kitchen-window which overlooks the mill and pond, we looked for our friend of the springtime—the leggy heron to come in above the evergreens which mark the river's windings, to the fish. We mentioned this to James. "There'll be gulls first, Ellen—remember?" he said. It is pleasant to have one's meals by a window—in summery days where an open door reveals vistas of countryside. There are such entrancing scenes without: of field and tree, of road and river, of bay and harbour, of farmstead and village and space of valley and hill. Yes, the River "gulls" James said. "But we shan't see them until the ice is all gone from the stream and pond. Then they'll be around." Today with its snow-spread fields was a day to look ahead to that time—and beyond it to the seedtime—to a day bathed in sunlight, caressed by a breath of light wind and all new and fresh and clean with every loveliness of season. We could fancy it as we mixed a pan of rolls after a recipe of Jeanie's to be a change of bread for us. That would be a day, we thought, to coax "the past that is Gypsy" in us, to forsake every confining wall and follow some open road. We should carry James' supper to him in some far field where he sowed. The children would come with us, delighted with the prospect of the trip. Along spring-paths we should go, up the rise of farm-lane and back along the fields; up the woods' road, decorated beautifully with gold-green ferns and shy woods' flowerings, gay too with birdsong. Back we should go to catch sight of James and the old mare intent on the seeding. And James would wave and stop at a headland as we drew near. And say, "Now, Ellen you shouldn't have... though I was going to try to finish this piece before I came home to supper! And I am beginning to feel a little hungry as it is." And his pleased smile would be our reward for any toil. Not that we should expect or need it—not really, with rewards at every step of the way. And then reins dropped as we have seen them so often before, he would come to join us in some sweet nook of place where we spread the meal—the refreshing tea and viands, humble fare perhaps but, seasoned by the out of doors, tasteful and good... And robins should be our company and flecked field-sparrows busy with items of their building. Yes, today with its snow-covered fields was a day to look ahead to every delight of the seedtime. A moon now? Yes, preselected in proof to humans as such tokens have been a million times over, that after every storm follows the calm of the clearing. Until Saturday... — Diary — Goodnight,

KEEP IN TRIM

Elderly People Can Diet As Well As The Younger

By IDA JEAN KAIN Enthusiasm is an essential part of successful reducing. To sustain enthusiasm, it is important to know you are on the right track and that your goal is attainable. So here are the answers to frequently asked questions: "Would like to know if a woman of 45 who has reached the menopause can reduce as easily as a young woman on the same number of calories, say 1200 daily?" There is nothing physiological in the change of life that makes reducing more difficult. When weight is gained at this time the cause is likely to be boredom. However, with each passing decade, nature uses 5 per cent fewer calories. Therefore it is not as easy to reduce in middle age as it is in the younger years. Solution: re-educate food habits, shifting to less fattening fare and be content to lose at the modest rate of one pound a week on 1200 calories daily. THE ONLY WAY "I am normal weight but have bulging inches. Can I take inches off certain spots with exercise alone?" Yes, exercise is the only way to improve your figure. Calorie curbing reduces weight, exercise tones muscles and slims measurements. The exercise must be regular. "Is exercise done on a slant board more efficient than exercise on the floor? Do machines which stimulate circulation so that per-



MARJORIE RUTH SCOTT HAROLD GRAHAM WILSON ENGAGEMENT ANNOUNCED

Mr. and Mrs. Alexander T. Scott, Marshfield, have announced the engagement of their daughter, Marjorie Ruth to Harold Graham Wilson, son of Mrs. Wilson and the late G. W. Wilson, formerly of Dartmouth, Nova Scotia. The marriage will take place Saturday, May 4, at three o'clock, in Marshfield, Prince Edward Island.

COVEHEAD ROAD W.L.

The March meeting was held at the home of Mrs. Seymour Birt on Tuesday evening April 2 Mrs. Reardon called the meeting to order and opening was "It's a good Time to Get Acquainted". Roll call—Grab Bag was answered by nine members and two visitors. Correspondence was read by Mrs. Harry Birt and discussion followed. A thank you note was received from Mrs. Wm. Birt It was moved by Mrs. Phillip McMillan and seconded by Mrs. S.J. Birt that \$11.00 be donated to the Easter Seal Campaign. Sick committee reported two visits with treats a member and ex-member. Bill passed in by Mrs. S. Woolbridge was paid. Some Red Cross work was handed in Programme consisted of a reading by Mrs. Harry Birt and a guessing contest by Mrs. S.J. Birt, won by Mrs. Ernest MacMillan. Mrs. Ernest MacMillan put on a contest resulting in a tie by Mrs. Harold MacDonald and Mrs. Harry Birt. Next place of meeting Mrs. Ernest MacMillan—Meeting closed by the Queen. A delicious lunch was served by the hostess. RELATIVE SIZE Quebec, Canada's largest province, covers 594,860 square miles, compared to Ontario's 412,582.

ELEANOR ROSS

Curtains And Draperies Due For Spring Cleaning

Isn't it wonderful to find spring sunshine streaming through the windows again? But doesn't it show up curtains and draperies and make them early prospects for a trip to the washing machine? Curtains are so easy to do today. Practically all are washable and many weaves require no ironing. Many of the new fabrics which don't hold or absorb soil, can be washed by machine or by hand in and out of warm soap or detergent suds. Shake out the dust and if they are badly soiled, pre-soak them in cool sudsy water.

PROTECT SHEERS

Before washing sheers by machine, put them in a mesh laundry bag to prevent snags. After rinsing, let them drip-dry without wringing. Since they don't really require ironing, rehang curtains of the dry-dry variety while slightly damp, pulling them even at side and bottom hems. Fiberglass should be gently washed by hand in lukewarm sudsy water, rinsed and blotted dry in a towel and rehung while still damp. Smooth out hems and ruffles with fingers. Cottons may be washed by hand or machine, in hot suds and rinses if they are preshrunk and colorfast. Otherwise, use warm water and do not twist or wring. If panels are especially dirty along the bottom hems, rub them lightly between a your hands, working up a good lather with soap or detergent.

WHITE CURTAINS

For white curtains, you may want to use bluing. For extra crispness, use starch according to directions on the package. Press with a fairly hot iron while damp. If a curtain stretcher is used, set it slightly shorter and narrower than the original measurements to allow for normal shrinkage. Cotton curtains need no ironing after stretching, except for ruffles. Wash rayons like nylon, but iron on the wrong side and with a cool iron. Since draperies are usually made of heavy colored fabrics and often lined, they must be done carefully. It's wise to test them for washability. If you don't have an extra piece, carefully dunk a corner or inside hem in suds to see how it will react before washing the entire piece.

LINED DRAPERIES

Be especially careful with lined draperies because the lining may shrink more or less than the outer side. It may be desirable to loosen the seams and then restitch them after ironing. Place a towel between lining and fabric to speed drying and reduce the chance of color spreading. Iron the lining first with a cool iron and then the outside, using a press cloth. Before laundering any draperies, shake out dust or vacuum both sides.

HEAVIER GRAIN

A bushel of wheat in Canada weighs 60 pounds, compared to 54 pounds for a bushel of oats.

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From nursery school on every girl likes to look her best in pretty new dresses and here are a few of the fashion details to look for. The garden-party look with the full full skirts and big back sashes. The sissy look, made with ruffled lace on the bodice and the Empire line in all sizes. These dresses are made in nylon and crease-resistant shiny glazed cottons and blends, which are so easy to care for, in dreamy pastel shades of blue, pink, mint, buttercup and white. In a size range from 2 to 14x.

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