



INDIAN REFUGEES FLEE REDS

Refugees from northern India border areas jam gangplank to a ferry as they flee south to safety ahead of advancing Red Chinese troops. The ferry took them across the Brahmaputra River at Tezpur. Many carry rolls of their belongings while others gambkano still support the gangplank on both sides.

Social Worker Discusses Woman Drinker Problem

By PATRICIA BUSAK
TORONTO (CP) — At the mere mention of a woman alcoholic, the image of a grubby, immoral and irresponsible woman springs to the mind of many people. This is unfortunate because this stereotype of the woman alcoholic prevents many women and their families from seeking help for their drinking problem, and often even admitting that there is a problem, says Margaret Cork, chief social worker at the Alcoholism and Drug Addiction Research Foundation in Toronto.

The woman alcoholic comes from every social, economic and cultural background. She may be the company president's wife, the middle class suburban housewife, the un-married career girl or a criminal, but this is what so many people fail to understand.

"I often hear people say 'my wife can't be an alcoholic because she brought up our children well and the grandchildren adore her,'" says Miss Cork.

EMOTIONAL CAUSES
Today the finger is often pointed at the suburban housewife but "women in suburbia are really no different than women in other social environments who drink, such as the woman who drinks after her husband dies or the woman who drinks after her children leave home." They are all sublimating their isolation, loneliness or other emotional problems by turning to alcohol.

Miss Cork describes the alcoholic as a person who uses alcohol consistently to the point where it begins to interfere with their marriage, their home and their work.

There are very few cases of alcoholism that do not have underlying emotional factors such as anxiety and discontent. It is an "instinctive thing which creeps up on the normal healthy person," she said, because only between five and 10 per cent of alcoholics were habitually ill when they began to use alcohol.

One of the first danger signs of alcoholism is a change in her ways of thinking. She begins to think she needs a drink before she goes out, and decides whether or not she will attend to a certain function on the basis of whether or not alcoholic beverages will be served.

CHANGES HABITS
Her social habits may also begin to change. She may wish to associate only with those who drink, look down on those who do not drink and begin to withdraw from the usual things of her life. Rationalization of drinking is another danger sign. Because the woman alcoholic tries to hide her drinking from a scornful society, her alcoholism is quite advanced when she seeks help and added to her initial emotional upset are the feelings of shame, remorse, guilt and fear resulting from social rejection. Often her illness will have progressed as long as 20 years before she will seek help, says Miss Cork.

There are many kinds of help

LIVESTOCK

MONTREAL (CP) — Hogs and sows were \$1 higher on the east end livestock market Wednesday. Cattle prices were steady to 50 cents lower in moderate trading and under a fair demand.

Receipts were: 192 cattle, 71 calves, 17 hogs and 17 sheep and lambs. Tuesday's receipts were: 591 cattle, 211 calves, 228 hogs and six sheep and lambs.

A few common steers sold at 17.20. Medium hifers were 17 and common 14.50.

A few good cows brought 16, common 12.90-14.50 and canners and cutters 11.

Good bulls were 18.50 and common and medium 15-17.


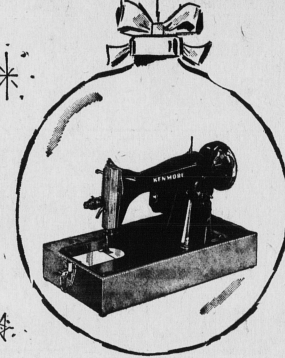

Good weaners sold at 29 - 32, medium 25-28 and common 17-23.

Grade A hogs were 31.50 and sows 21-22.

TO RECEIVE DEGREE
KINGSTON, Ont. (CP)—Miss Jan Anderson, world famous United States contralto will receive an honorary Doctor of Laws degree from Queens University here at a special convocation Dec. 10, President Dr. J. A. Corry announced Wednesday. The degree will be the first given Miss Anderson by a Canadian university.

				
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