

IT'S A
GOOD
SLOGAN
—
SHOP
CO-OP
AND
SAVE!
—
OPEN
FRI. & SAT.
NIGHTS
UNTIL
9.30



SAFE TOO!

ALL OUR MEAT IS GOVT. INSPECTED

Better buy enough of this week's meat specials. They're so good—so tasty and tender—they'll have your family asking for more. Our meats please because they're top-grade meats . . . aged-right . . . cut-right . . . trimmed right to give you the biggest and best value for the money. For sure satisfaction—for sure savings—come to the CO-OP SUPER MARKET for palate-pleasing meats at purse-pleasing low prices.

RIB ROAST STANDING CUT YOUNG BEEF **49c**



P. E. I. SPRING LAMB
LEGS OF LAMB lb. **49c**
Fronts Of LAMB lb. **37c**
LAMB CHOPS lb. **59c**
STEWING LAMB lb. **23c**

YOUNG STEER BEEF
ROUND STEAK SIRLOIN OR T-BONE lb. **59c**
HAMBURG LEAN FRESH CHOICE BEEF 2 lbs **59c**
ROASTING PORK FRESH AND TASTY lb. **39c**
BRISKET YOUNG STEER LEAN TENDER lb. **23c**

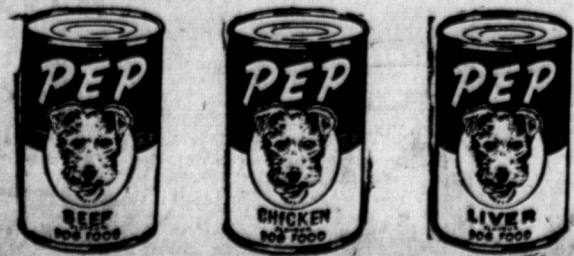
BARGAINS GALORE
BEEF LIVER FRESH TASTY lb. **29c**
PICNIC HAMS MAPLE LEAF 5-7 LB. **49c**
COD FILLETS FRESH CHILLED lb. **19c**
Haddock FILLETS lb. **29c**

NEW CROP PITTED **DATES** 2 LBS. FOR **29c**
SEEDLESS **RAISINS** 2 LBS. FOR **43c**
SILVER SEAL **VANILLA** 2 OZ. BOTTLE **23c**
FINE QUALITY



SPECIAL, POUND **29c**

SUGAR ICING SELECT 2 1 LB. PKGS. **25c**
MAGIC — FOR FINE BAKING **BAKING POWDER** LB. TIN **37c**
FREE RUNNING — 2 1/2 LB. BOX **SIFTO SALT** 2 BOXES FOR **29c**
BAKE SOME COOKIES **MOLASSES** SILVER SEAL QT. **37c**
THREE DIFFERENT FLAVOURS



SPECIAL PRICE **5** 15 oz. TINS **49c** ALL DOGS LOVE IT

FOR THE BUY OF THE WEEK
SAVE 20c PKG.
33c **ANGEL FOOD CAKE MIX**



McCREADY'S NEW PACK **CHOW CHOW** PICKLES LARGE 24 OZ. JAR **39c**

RED ROSE — SAVE 10c A JAR **INSTANT COFFEE** 2 OZ. JAR **43c**

BUTTER GARDEN CITY QUALITY 2 LBS. **1.35**

NEW GREEN — ONCE OVER **SPIC & SPAN** SAVE 5c 1 LARGE SIZE PKG. **37c**

D'VERDUN — MADE WITH APPLE **RASPBERRY JAM** 4 LB. PAIL **59c**

PUFFED WHEAT WITH A FREE GLASS — GIANT SIZE **35c**
IN EVERY PKG. — 8 QT. BAG

Listen to News and Views on Groceries — C F C Y TODAY AT 11.00 A. M.

THE FINEST MEATS IN TOWN **CO-OP** SUPER MARKET **WE SPECIALIZE IN FRESH MEATS AND VEGETABLES**
AN ISLAND STORE OWNED BY ISLAND CO-OP
BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU
FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

FIRST- for FRESHNESS! FLAVOR ECONOMY



For freshness that tempts all tastes . . . for flavor your family will favor . . . for economy that cheers your budget—choose your fruits and vegetables at our Produce Department. It's filled with an appetizing variety . . . rushed to our market every morning with the dew of nearby farms still on it. You'll see the difference . . . taste the difference . . . enjoy the difference!

EATING and COOKING APPLES 5 lb. **59c**

LARGE, SWEET (FLORIDA) **GRAPEFRUIT** 6 for **49c**

COLD CURE **LEMONS** 6 for **29c**

DRY COOKING **SQUASH** lb. **8c**

LOCAL **CRANBERRIES** lb. **29c**

SUMMER SAVORY bch. **15c**

SWEET JUICY RIGHT SIZE FOR CHILDREN **2 doz. 69c**

