

Cook's Corner

CHOCOLATE BATTER PUDDING

Yield—6 to 8 servings. 1 1/2 cups once-sifted cake flour 2 1/2 teaspoons baking powder 1/4 teaspoon salt 5 tablespoons cocoa 5 tablespoons shortening 2/3 cup fine granulated sugar 1 egg, well beaten 2/3 cup milk 1/2 teaspoon vanilla Measure and sift together three times the flour, baking powder, salt and cocoa. Cream the shortening and gradually blend in the sugar; cream well. Add the well-beaten egg, a little at a time, beating well after each addition. Combine the milk and vanilla. Add the dry ingredients to the creamed mixture alternately with the flavored milk combining lightly after each addition. Turn the batter into a loaf pan (4 1/2 by 8 1/2 inches, top inside measure) that has been greased and lined in the bottom with greased paper. Bake in a slow oven, 325 degrees, about 50 minutes. Remove from oven; let stand on rack 5 minutes. Turn out; cut in slices and serve hot with sauce, a sweet cream sauce, flavoured with vanilla or almond, foaming sauce or one with coffee or orange flavour.

Household Scrapbook

By Roberta Lee

Corduroy

Mild soap should be used for laundering corduroy garments. Rinse in warm clear water and hand up to dry. When the article is almost dry, place on a flat surface and brush along the ribs with a soft brush. This is more effective than pressing corduroy.

The Canary

Do not be discouraged if the canary does not sing for the first few weeks in its new surroundings. This is often the case until he becomes accustomed to his new home.

Door Locks

If the door lock is still stiff and is difficult to operate, dip a feather in machine oil, insert it through the keyhole and twist from side to side. This oils the inside parts of the lock.

Morning Smile

True

Court—How old are you? Accused—Eight and four-score. Court—You mean four-score and eight. Accused—No, I don't. I was eight before I was four-score.

Fair Play

When the coast of Florida was sparsely populated and hurricanes wrecked sailing vessels on its shores, the people of the towns would hurry out and "salvage" all they could from damaged vessels. One Sunday, a small boy dashed into the church service to announce that another ship had just been beached. The congregation dashed to the beach to see the ship. When the preacher intoned pontifically, "Wait! I have but eight more words to say to you." The impatient people shuffled

That Body Of Yours

By James W. Barton, M.D.

ACTH RAISES THE MORALE IN DIGESTIVE DISEASES

I have written before of the comedian who was asked by his stooge why he used cocaine, as he might become a drug addict. His reply was, "I give myself a jab in the arm and I think I've paid my rent."

It would seem that while my patients waited so long before they were able to obtain ACTH that when they were treated with it, they said they felt better immediately, notwithstanding the fact that the physician could see no difference in the physical findings.

In the Medical Clinics of North America, Los Angeles Number, Dr. James A. Halstead, Chief of the Gastroenterological (stomach and intestines) Section, Wadsworth General Hospital, after using ACTH in the treatment of various diseases of the digestive system, states that, aside from the fact that many of these diseases are caused or aggravated by emotional disturbances, ACTH seems to lift their morale.

"The improved sense of well-being and cheerful mental outlook which develop in most patients receiving ACTH for 'any' condition and the enormously increased appetite with resultant improvement in nutrition, are beneficial results which are particularly desirable in ulcerative colitis (the severe type of diarrhoea with pus and blood in the stools). Our patients gained an average of 8 pounds which was not due to excess water or salt in the tissues, shortly after the course in ACTH. The improved emotional state, even though it be temporary, may be helpful in these patients who are often depressed. One of our patients (whose diarrhoea did not decrease at all) stated three days after treatment began that he suddenly felt 'all well.' Another said his problems, which had seemed overwhelming, no longer existed."

Dr. Halstead further says that, when ACTH is to be used it had been their experience that to obtain favorable results a course of treatment lasting four to six weeks is usually necessary. Tapering the dose very gradually over a period of two to three weeks makes it less likely that an immediate relapse will occur. Just as insulin must be given continuously to prevent symptoms and save life in diabetes, and liver extract and liver to save life in pernicious anemia, so ACTH may need to be given always. When we remember that before the coming of ACTH, these cases of severe colitis, ulcerative colitis, was by surgery (removal of a portion of the colon), the use of ACTH is certainly a distinct advance in the treatment of this painful disease with its great depression of spirits.

restlessly, while the preacher walked to the door. Placing his hand on the door-knob, he said: "Now, let us all get a fair start."

Stumped

The reveller rang the doorbell at 3 A. M. A sleepy-eyed man came to the door. "What do you want?" he mumbled. "Are you Mr. Jones?" asked the reveller. "No," returned the tenant, sleepily, "my name is Greenwood." "Sure you're not Mr. Jones?" insisted the other. "Of course not, you dope!" howled the irate tenant. "Didn't I just tell you my name is Greenwood?" The other grew peeved. "Oh, yeah?" he shouted. "Then why did you answer the doorbell?"

Queen Is Hostess To Commonwealth Ministers



Queen Elizabeth II was hostess recently to the Commonwealth's top ministers at a banquet for the chiefs attending the Commonwealth economic conference. It was the largest dinner

in Buckingham palace since she became the monarch in February, Australia; Robert G. Menzies, Prime Minister; Louis St. Laurent, Canada; D. S. Senanayake, Ceylon; A. D. N. C. Havenga, South Africa; Khwaja Nazimuddin, Pakistan; and Sir Chintaman Sidney G. Holland, New Zealand; Deshmukh of India.

The Stars Say

By Genevieve Kemble

For Tomorrow

A VERY spectacular, if not sensational, crisis may find reaction on private interests or on individuals who may be conspicuous in the limelight in a public or institutional capacity. Higher-ups may interfere, possibly those in government or civic circles, and be bold in coercive tactics. This could bring surprise and loss of standing, prestige and also finances. Keep alert to a strange concatenation of forces, eventful, sordid. An ounce of prevention is well worth a pound of cure.

For the Birthday

Those whose birthday it may be prepared for a year of strange forebodings and spectacular crises, with the probable interference of high authorities in government, politics, secret or fraternal organizations. Their aim is likely to be vengeful, sinister and evil, with undercurrents of malice and mischief. Loss of prestige, health and funds seems probable, although staunch friends or established institutions may be depended upon to stand by and lend a welcome and helping hand in such dilemma. A child born on this day may have a life of spectacular adventures, with secret enemies or sinister persecutions, although always having staunch friends to rely upon in times of worry or serious crisis.

DOROTHY DIX'S COLUMN

Married To Tightwad

Husband's Purse Resists Assault

DEAR MISS DIX: I have been married for ten years to a man 16 years older than I. We get along fairly well—except for money. I have never gotten an allowance or any extra money, and barely enough to run the table. We have a son, and for eight years I've been busy making over discarded clothes for him. I make all my own things, but when I ask for money for material there's a big argument.

My husband makes a good salary and sees to it that he has plenty of clothes—and good ones. His excuse is that he has to go to work and must look right. I wanted to get a part-time job, but when he found out about it he was very angry. He doesn't want people to think his wife has to work. I have no close relatives and friends to turn to, so would greatly appreciate any advice you can give.

DORIS D.



Muriel Nissen

ANSWER: Yours is one of the meekest, and most prevalent, problems of marriage. Some men just seem to be on the lookout for a bargain in matrimony. They acquire a wife to be housekeeper, nurse, secretary, cook, seamstress, hostess and a dozen other things, then decide she's not worth the price of a pair of stockings. Money keeps coming in, but heaven help the woman who suggests that a little of it should also go out! Only Father can spend, and how he can take care of himself!

Women come in for their share of blame, too. If they make no demands, or only weak ones, friend husband will naturally get away with everything possible. Far be it from him to be Santa Claus; if the little woman will be satisfied with Scrooge. Letting a situation like this grow for ten years is overdoing meekness.

SETTLE FINANCES FIRST

While this suggestion will not help Doris, it should be brought home to every prospective bride that the time to settle the financial angle of marriage is before the wedding. No girl should marry a man unless he is willing to share with her all knowledge of his financial standing—how much he earns, what his prospects are, how much money he has in the bank (if any), how much and what kind of insurance he carries, etc. There also should be a definite understanding as to the handling of his income after the wedding bells have been rung. Of course, there's no guarantee that all premarital promises will be kept, but at least it's a step in the right direction. When it does become evident that hubby's pockets are lined with fishhooks, the bride should stand firmly on her two feet and demand an equitable arrangement. This should be done, not ten years, but ten weeks later.

Since you neglected these preliminaries, Doris, you are stuck with a first-class miser. What to do? Go ahead and take the part-time job! If he worries about his friends' opinions, fine! After all, you've worried ten years about the price of shoes; let him get a few gray hairs now! When you do earn money, see that it is spent on yourself, not on him. There are a few good arguments in store, but determination works wonders—it's even been known to convert a miser!

DEAR MISS DIX: My wife is 23, I am 33 and, though I don't think I love her, I think enough of her to be glad to come home and find her there. We have a nice home and now I am trying to get into business building cabins for summer homes. My wife refuses to get out and work to help me. She thinks her housework is enough. Should I leave her and find a wife who would be more helpful? J. C.

ANSWER: From the meager information you give, I can't tell whether your wife is really shirking her duty or whether you are expecting too much of her. You don't mention children so, if your wife is childless, keeping house, unless the conditions are extraordinary, should not be such a big job that she can't help out on the

Continued on page 11

Alice Brooks Designs

THRIFTY! SEW-EASY!

THEY GROW to fit a child's growing feet! Snaps do the trick. Sizes 4, 7 and 10. Each adjusts to the next two larger sizes. Easy to sew! They'll wear these all year! Pattern 7366: transfer pattern, sizes small 4, 5, 6; Medium 7, 8, 9; large 10, 11, 12, in one pattern. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

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7366



by Alice Brooks

ELLEN'S DIARY

By An Island Farmer's Wife

Like many others, Island-over, despite our bereavement we as a family are bound to continue with more or less resolve the usual round of our days. This is our occupation, our way of life, our livelihood—this farming, which must continue despite losses and crosses through all the seasons, even in this one which has brought our fields to their period of rest.

It is true that as farm-folk we have our leisurely days; it is also true that the seasons pressing onward in their turn, hurry us. They offer us a time to sow, to reap and to gather into barns, golden opportunities which must be faithfully grasped before the hours of their extent slip with finality away.

And now that winter is here, though at the moment it be only in name, we must gather the fragrant harvest of woodland. In spells, sometimes only brief, our farmers and help come to it at the end of their choring; and as an incidental to this they give some attention to tidying up... piece of woodland close by... James is the best one to find any unkindness of fields about: here an aged and ragged line of spruces in a hedgerow must be removed; there a younger march of the same must be trimmed of their lower branches. And always along the woodlots there is some corner or another to clear.

In a move to protect better the property and give more peace of mind to the family, our farmers today bought added insurance on the buildings about. Now that the livestock, crop and implements, altogether representing our livelihood, are housed, this stands to give a comforting measure of protection and some capital in the event of loss of any or all of these by fire.

The acquiring of present-day helps and conveniences, indoors and out, naturally brings additional fire-hazards as well. Likewise the amount of insurance once considered adequate for the like is woefully inadequate now. "Yes, we carry some insurance on our buildings," a visiting farmer said one day last spring when we chanced to speak of the sorry toll of fires at that season. "But no more than when we took the first policy. I've been intending to increase the amount, put on a few more hundred here and there but you know how it is!" he offered, "a fellow usually gets around to the like of that when it's too late. You know," he continued, "one time, if a farmer lost a barn, even if it was a serious loss, it didn't seem to represent so much as it does nowadays. These times," he smiled, "we just have to buy a few boards and a square or two of shingles to learn the difference."

"Oh we have all the old potential fire hazards still—and some new ones," the younger farmer commented this afternoon. "but to my mind the gravest one of all—the one most to be feared about barns and stables is the smoker."

"And there's something else we must do," James said, mentioning this and that insistent chore of season, "we must give those stovepipes a cleaning one of these mornings!"

And what other incidents of moment, we ask, were there today at this place "in the road?" The receipt of a handful of pullets' eggs? The muskrat, furry, and furtive of feature the children trapped? No indeed! It is the fact that a wee lad went to bed more soberly than usual with a hint of swelling in a jaw. We suspect that Gage has the mumps! Until tomorrow—Diary—Good-night...

DEFENCE PROGRAM

OSLO, Norway—(CP)—The Ministry of Defence has started a new three-year defence construction program. Work now is proceeding on six airfields, four bomb-proof mountain shelters and 10 barracks to provide 248 apartments for officers.



TURKEY A LA MISSISSIPPI? IT COULD ONLY BE RIGHT WITH... YORK GOLDEN-CREAM CORN THE PUREST, SWEETEST CORN THERE IS!



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Engagement Announced



Miss Alice Blanche Campbell, daughter of Mr. and Mrs. Elmer J. Campbell, Belvedere Ave., Charlottetown, and Mr. William Joseph MacKenzie, son of Mr. and Mrs. Alex S. MacKenzie, Sydney, N. S., whose engagement has been announced, are shown above. The wedding will take place in the spring.

Better English

By V. C. Williams

1. What is wrong with this sentence? "My guess is that he will arrive at about four o'clock." 2. What is the correct pronunciation of "comatose"? 3. Which one of these words is misspelled? Elude, alude, aluminum, alument. 4. What does the word "antipathy" mean? 5. What is a word beginning with cons that means "blood relationship"?

ANSWERS

1. Use either "at" or "about," but not both. Say, "He will arrive at four o'clock," or, "He will arrive about four o'clock." 2. Pronounce kom-a-toes, first o as in on, an unstressed, second o as in no, accent first syllable. 3. Alude. 4. Settled aversion or dislike. "I have an antipathy to snakes." 5. Consanguinity.

Modern Etiquette

By Roberta Lee

Q. Should a guest smoke at the dinner table in a home, if the hostess has not provided ash trays?

A. It is better to refrain from any smoking until ash trays are put on the table. It may be that the hostess objects to smoking at her table—and most certainly you must never be guilty of flicking any ashes on her dinnerware.

Q. Is it good form to address a wedding invitation to "Mr. and Mrs. John J. Smith and Daughter?" A. Never. If the daughter is old enough to be invited to the wedding, she is old enough to receive a separate invitation.

Q. Should the dessert spoon or fork be placed on the table with the rest of the implements that are necessary for a meal? A. No; they are brought in on the dessert plate after the other dishes have been removed from the table.

Anne Adams Patterns

HERE'S THE NEWEST!

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4708 WAIST 24"-32"

by Anne Adams

LOGY, LISTLESS, OUT OF LOVE WITH LIFE?

Then wake up your liver bile... jump out of bed razin' to go Life not worth living? It may be the liver! It's a fact! If your liver bile is not flowing freely your food may not digest... gas bloats up your stomach... you feel constipated and all the fun and sparkle go out of life. That's when you need mild, gentle Carter's Little Liver Pills. You see, Carter's help stimulate your liver bile till once again it is pouring out at a rate of up to two pints a day into your digestive tract. This should fix you right up, make you feel that happy days are here again. So don't stay sunk; get Carter's Little Liver Pills. Always have them on hand. Only 36c from any druggist.

A DOROTHY GRAY EVENT

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Guard against chapping roughness and flaky dryness. Smooth on before going out in cold weather. Buy yours today and save half on every bottle!

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Mrs. Roy Snell, Bear River, N.S., wins prize with baking raised by Fleischmann's Yeast.

HER BAKING WINS AGAIN AT '52 BEAR RIVER FAIR

The menfolk will testify that Mrs. Roy Snell is a whiz at the oven, whether it's bread, rolls, or cakes. The judges at Digby County Fair like her baking, too, for she's awarded prizes most every year. That makes Mrs. Snell a pretty good authority on the subject of baking ingredients. "The choice of ingredients is so

important," says Mrs. Snell. "I'm extra careful about the yeast I use. For years I've used Fleischmann's Yeast—it's good and lively and I know I can depend on it." The choice of Fleischmann's Yeast by prize-winning bakers all over the Maritimes is based on prize-winning results.

Pretty as a Picture



Block velvetreen is pretty against the rosy glow of a winter complexion. This snug-fitting, ear protecting bonnet ties under the chin and is lined with taffeta. Completing the set, for extra warmth, is a roomy, matching muff. A direction leaflet containing cutting diagrams and sewing instructions can be obtained by sending a stamped, self-addressed envelope to the Needlework Department of this paper requesting VELVETEEN BONNET AND MUFF, Leaflet No. S-E-257.