



SAID TO BE ENGAGED

Philippe Langlois, Quebec radio technician, is said to be engaged to Cecile Dionne, one of the famous Dionne quintuplets. The story was reported by a Toronto paper. Philippe is shown with Marie Dionne, Cecile's sister, at the opening last May of the Montreal flower shop opened for a time by Marie (CP Wirephoto).

ELLEN'S DIARY

Mother-To-Us Tells Tales Of Her Girlhood

"Do you hear, that owl, Ellen," James queried when, to catch the sparkling moon, and starlight, we came to a verandah this evening. With grandfatherly care, he was standing a small toboggan and sled upright against a wall at the time, lest they should be lost for a while to the children in any sudden night-snowfall. "Listen!" he said, ears keenly attuned. "There — did you catch it?" he asked with a smile. It sounded like a human's forlorn call in the distance. And always somewhat eerie as such comes along the silent corridors of a rural night. "Where is he, do you suppose — in upland or low?" we chuckled, thoughts now on the weather. "I don't know," James replied. "But I have a notion that with all the white frosts we've been having of nights lately, we are likely to get falling weather again. Not that we haven't had plenty of it as it is." "Heard tell today," we commented. "That a farmer over on the mainland expects to plant his cobbles along about the first of April." "He may," James said, looking out along the near fields and orchards, the high drifts hugging the buildings. "But by the look of things will be a day or two before there'll be any potato-planting done on the Island, I'm thinking. Nor," he added, "do we want too early a spring on the land." "It's nice tonight — not cold," we offered. "No, not cold — but there is white frost again," he replied. "It will soon be maple-sugar time — nights frosty, days sunny and warm."

But James has no memories of the Spring-sugar other than that it was among the preferred sweets to be had at the corner-store in the years of his youth. As children we often sampled the flavor of the sap which seeped from the odd tapped maple in the homestead. Our own recollections remain too, the sight and taste of pieces of the sweet finished product.

BEDTIME STORY



By VERA WINSTON

No more a fad, but now accepted as a constant fashion, the waist-length nightgown is available at every price level and in many fabrics. Blush pink nylon tricot for this one, ever so pretty with its lace dyed to match. The lace is nicely used on the bodice and geometric banding. The skirt is gathered on elastic at the sides and back with a stab in back only.

HAPPENINGS

Princess Helen of Greece, mother of the Duchess of Kent, died of a heart attack March 14. She was 75. The duchess and her sister, Princess Olga of Yugoslavia, arrived in Athens for their mother's funeral. The duchess and her sister were with her when she died. Princess Helen was the daughter of Grand Duke Vladimir of Russia. In 1902 she married Prince Nicholas, third son of King George I of Greece. The Prince died in 1938.

Miss Helen Yeo left Thursday for New York City. Miss Yeo will attend the Status of Women Commission at the United Nations.

Mrs. Robert McGirr arrived from Leamington, Ontario, Thursday and Lieutenant Walter Conrad from Camp Borden, owing to the illness of their father Lieutenant Colonel F. B. Conrad.

Dr. and Mrs. R. G. Lea entertained at bridge Monday evening at their residence, 1500 Queen Street. Three tables were in play.

Mr. and Mrs. Ben Beck, Beaver Street East, had as their guests over the weekend, Mrs. Beck's mother, Mrs. P. Jenkins, and her sister and brother-in-law, Mr. and Mrs. A. Waddell of Halifax.

Miss Elizabeth Dalton was hostess to her bridge club on Wednesday evening.

Group Captain W. H. Sweetman and Mrs. Sweetman motored to Toronto recently. They were accompanied by Mrs. Sweetman's parents, who have been visiting them for the past three months.

Mr. and Mrs. W. E. Jenkins, Noonan Street, are spending a two-week holiday in Boston, Mass.

Wing Commander Leonard Lenpert, Mrs. Lenpert and family have taken up residence at Slemmon Park.

Mrs. James T. Hogan is visiting in Shearwater, the guest of Mrs. A. J. McDonnell.

Mr. and Mrs. Ralph Degrasse and son David left Friday for Florida. They expect to remain for a month.

Mrs. Bob Schurman entertained friends at an auction party on Wednesday evening.

The curling hostesses for the Summerside curling club this Saturday evening will be Mrs. Frank Cameron (Convener), Mrs. Lou Sutherland, Mrs. Bert Hunter, Mrs. Reg. Elis, Mrs. Ted Ahern.

Mrs. Jerry Sheen entertained the members of the Otis club on Tuesday. During the meeting it was announced that tickets are now on sale by members for the Fashion Show on April 1.

Miss Georgie Kennedy, R.N., has returned home after a month's visit in Florida. She visited her sister and brother-in-law, Mr. and Mrs. C. L. Rodd in Hamilton, and travelled by car with them to Florida.

Mrs. A. A. Lockhart and Mrs. E. H. Stronze, Summerside, have returned from a few days' visit to Halifax, where they were guests at the Lord Nelson Hotel. While there they attended a performance of Gilbert and Sullivan's "The Pirates of Penzance," performed by the students of Dalhousie University, where Mrs. Strong's daughter, Miss Elizabeth, is a law student.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8506

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THE EXPERTS SAY

Standard Sizes Of Utility Clothing Are On The Way

By CAROLYN WILLET Canadian Press Staff Writer OTTAWA (CP)—Standard sizes for utility clothing are gradually coming closer to reality. Experts faced with the problems of developing standard sizes based on body measurements say children's clothing — particularly boys' wear — is nearing the long-sought goal. Such garment sizes now are based on age, weight or height, which for years has promoted a budget-upsetting problem for shoppers finding it difficult to buy either children's or adult garments under such labels with assurance it will fit. But answers and solutions to standard sizes are still somewhere in the future. WOMEN SPURRED MOVE "We hope everyone eventually will think in terms of sizes," says M. L. Staples of the committee on standard garment sizes and a member of the Ontario Research Foundation. The working committee, which includes housewives, science and research experts, garment manufacturers, and government officials, was established in 1952 by the Canadian government specifications board of the National Research Council. Formation of the committee was diplomatically, hence gets along with you in spite of yourself. Whereas Clare was at once more sensitive and direct in responding to the shafts of your customary attitudes.

Possibly Clare misunderstands and mistakes the motives of your tactless candor, and feels obliged to react strongly, lest she be walked over. Her brand of fighting may consist in rousing her husband to get him "on your side." Perhaps you are a sort of family politician, who keeps in touch with everybody's business (and complaints and feuds); and maybe she is proud and shrewd and determined never to play into your hands.

PRIMA DONNAS I suspect you two are much alike in prima donna tendencies — with you as keen to push Clare around (figuratively) as she is keen to show you can't. Probably you could have made Clare's role easier, and kept down family squabbling (since peace, like quarrelling, is contagious) — if you'd tried. Perhaps that's what Charlie means in saying you are to blame for your mother's attack.

But I don't think you are all to blame. Evidently your mother felt guilty, implicated you (against Clare in her secret heart) or she wouldn't have been so upset by Charlie's rage. Maybe your crucial explosion was sparked by intuitive awareness that Mom shared your annoyance, but wouldn't speak of it.

As to why we don't all grow up — it's because we have so few persons to show us how. As the twig is bent, so the tree inclines; and it is almost impossible to take the kinks out of stunted character in adult years.

How bear with difficult people? Don't operate on their level. Be detached, and on good terms with you own emotions. M. H.

Mary Haworth counsels through her columns, not by mail or personal interview. Write to her in care of this newspaper.

That enduring classic the shirt-waist is the success of the season, mostly, we think, because it is one fashion that manages to be casual and easy yet elegant and distinguished all at the same time. Herbert Sondheim does an attractive afternoon dress in silk surah, which is the fabric favorite of the season. It is a beautiful floral print in desert tan and white wrap-style. Unpressed pleats form a full, easy skirt belted in brown cord. The three-quarter sleeves are full and cuffed.



IMPRESSIVE

This striking outfit consists of a skirt of navy wool combined with striped silk surah and is a very eye-catching costume for the spring fashion parade. Its skirt gives an effect of slimness but is full enough for walking comfort. Atop is a hip length jacket of the surah in tones of blue, brown and navy with a matching fringed hip bow.

Irland's Top Designers Lead In Flattering Style

The lines revealed by Ireland's top designers this year are the most feminine and flattering in years. That applies to Irene Gilbert's "convex curve" and a Raymond Kenna's graceful coat.

Most every sheath dress is zipped up the centre back, and the convex curve is achieved by clever tucking and slanting seams, radiating outwards above and below the tightly belted natural waistline. To some extent the coat and dress or jacket-worms theme predominated the Irene Gilbert collection, with Irish linen dresses and matching lining used to accompany tweed coats, and floral chiffons teamed with linen or heavy silk dusters.

"Jasmine" a string-straight mandarin coat in yellow and green tweed with small stand-up collar and low set sleeves was lined with leaf green linen and partnered a battle-busse topped dress of the same fabric. "Wisteria" a seven-eighths length, short sleeved, pinkie-embroidered silk also echoed this Eastern theme.

Two new Irish materials were included in this collection. One is a heavy white silk, with the sheen of damask and depth of double-pleated and the short sleeves le-satin. Made from the thread from silk worms of Galway and Leblin, it was woven by one of Ireland's oldest poplin weavers, Patrick Walsh, who has worked his trade for 56 years. It was made into a white satin gown cut on simple flowing lines, with moulted waist and empire-style bodice.

Specifications for the underwear now must receive formal ballot approval from the 22-member committee and then be reviewed by the trade department's standards branch.

If the size specification are approved, garment manufacturers wishing to comply with the standards branch regulations can use a Canada Standard label on their garments.

So far the committee has been concentrating on boys' clothing, but work will begin soon on girls' women's wear, Mr. Staples said.

Garment trials for girls' clothing were recently held in Toronto, with some 10 girls between eight and 14 modelling garments — based on age sizes.

FIRM FAVORITE



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MORNING SMILE

Mrs. Jones—Bothered with time-wasting callers, are you? Why don't you try my plan?

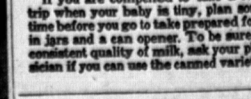
Neighbour—What is your plan, Mrs. Jones?

Mrs. Jones—Why, when the bell rings I put on my hat and gloves before I open the door. If it proves to be someone I can't want to see, I simply say, "So sorry but I'm just going out."

Neighbour—But suppose it's someone you want to see?

Mrs. Jones—Oh, then I say, "So fortunate I've just come in."

WIFE PRESERVERS



PLAN TREASURE HUNT LONDON (Reuters)—A team of water divers and cave explorers Wednesday announced plans to dig for treasure believed buried at the Tower of London 900 years ago. The £40,000 treasure belonged to Sir John Barksted, governor of the Tower during the rule of Oliver Cromwell. He is supposed to have hidden the fortune under the bell tower of the ancient fort before he was executed in 1651.

KEEP IN TRIM

Simple Back Exercises Relieve Annoying Pains

As life gets physically easier, back troubles plague us poor mortals. It is well known that muscular deficiency can cause back aches. But often backache can be the result of habitually working in faulty posture or working at wrong surface levels.

In my own experience, I found my upper back definitely aching by mid-afternoon. Naturally I consulted a doctor. He suggested a simple test which revealed that I did not measure up to my big executive desk. An inch and three-quarters off the feet of the desk eliminated the cause of the desk aches and some simple back strengthening exercises completed the cure. The test for the right desk height is to stand sideways to the desk, arm down at side—the desk level should be at knuckles of the hand.

All working surfaces should be at the heights which permit work without strain. For homemakers, the surfaces to be checked are the ironing board, work tables and the sink. Ironing boards are now adjustable, and work table levels can often be changed. If the sink is too low, a wooden rack under the dishpan helps to eliminate the need for bending.

When it's the lower back that causes trouble, overweight can be a factor. Dorothy Nye in her excellent book "Your Aches" in the

chapter of Back Talk, asks, "By the way, have you weighed yourself recently? You'd be surprised how ten extra pounds and three inches around the abdominal region will drag at your lower back muscles."

STRENGTHEN BACK Here are simple back strengthening exercises. Take them regularly. Lie face downward on floor, head pillowed on folded arms, legs straight. The exercise is simply to squeeze the muscles of the buttocks together strongly and h-o-d for a slow count of 10. Relax and repeat five times, later ten times. Do not roll sideways.

On hands and knees, "arch" your back like an angry cat, pulling up-and-in firmly with abdominal muscles. Hold for slow count of 5, relax and repeat five times. Again, from the position of lying face downward, clasp hands behind back, elbows straight. Raise head and shoulders from floor as you pull up strongly with clasp hands. Hold for a count of 10, repeat five times, later ten times.

Followed regularly, this routine will strengthen weak back muscles. Ask your doctor.

LET'S EAT

Two Cinnamon Sauces For Hot Apple Pie

By IDA BAILEY ALLEN Along the Columbia River Highway, the Chef and I drove through the apple country in Washington. Our first stop was the Chinook Hotel in Yakima.

"What a fine-looking hotel!" exclaimed the Chef. "It is owned and was built by the residents of Yakima," explained our host, John Bloxom. BIG AND BRIGHT It was evening when I went to my suite, pulled open the drapes and covering the picture window and found that it extended the full length of the room. I gazed out at the clear sky, with the full moon flooding the town, the valley and the rugged mountains beyond. Everything looks big and bright out there in the Northwest.

Next morning, we drove past miles of apple orchards where the last fruit of the season was being harvested.

"The warm apple pie with hot cinnamon sauce served in the Hotel Chinook is terrific!" exclaimed the Chef. "The idea was originated by my colleague, Ed, who is now executive chef of this hotel. A choice of two kinds of cinnamon sauce may be used, a hot liquid sauce or a cinnamon hard sauce."

Cinnamon Liquid Sauce: Heat 1 1/2 c. apple juice to boiling point. Blend 1 tsp. cornstarch, 1-3 c. sugar, 1/2 tsp. salt, 1/4 tsp. ground cinnamon and 1/4 c. apple juice. Stir-boll 3 min. Beat in 1 tsp butter and 1/2 tsp. lemon juice.

Cinnamon Hard Sauce: Soften 1/2 stick butter or margarine at 1 room temperature. Cream in 1 egg yolk, 1/4 to 2 c. sifted confectioner's sugar, 1 tsp. lemon juice.

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Combine 1 well-beaten egg 1 c. cold mashed potatoes Blend well with 2 forks, then blend in 1/2 c. milk. Make a well in dry ingredients and add potato mixture. Mix lightly with fork, adding milk if necessary to make a soft dough. Knead for 10 seconds on a lightly-floured board.

Sift together into bowl 1 1/2 c. once-sifted pastry flour or 1 1/2 c. once-sifted all-purpose flour 5 tps. Magic Baking Powder 1/2 tsp. salt Cut in finely 1/2 c. chilled shortening

Divide dough into 3 parts and pat each part into 1/4-inch thick round. Mark each circle into quarters with the back of a knife. Place on greased cookie sheet. If desired, brush scones with milk and sprinkle with sugar. Bake in hot oven, 425°, 18 to 20 minutes. Yield, 12 scones (8 rounds).

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green beans; coupe chinkok or frozen apple sauce cream; coffee, tea or milk.

All measurements are level; recipes proportioned to serve 4 to 6. Fruit-Salad Pomegranate: Combine 1 1/2 c. diced, cored (not peeled) delicious apples, 1 1/2 c. whole cooked or canned cranberries, 1/2 c. seeded grapes (optional), 1 tsp. salt and 1/2 c. mustard-cream mayonnaise.

Arrange on lettuce. Top each with a spoonful of whipped cream, seasoned to taste with mustard sauce. Chill 10-15 min.

Coupe Chinkok: Top halved, cored, peeled ripe pears with vanilla ice cream. Spoon over chocolate sauce. Finish each with a osette of whipped cream.

Mustard-Cream Mayonnaise From the Chef Whip 1-3 c. heavy cream until stiff. Beat in 1-3 c. mayonnaise and 1 tps. mustard sauce.

PARCEL POST TO ROMANIA

OTTAWA (CP)—Romania has removed restrictions on gift parcels mailed to persons living within that country, the post office said Wednesday, resulting in the availability of parcel-post service from Canada for gifts up to 20-pounds weight. Basic postage would be 80 cents for the first pound, rising to \$2.90 for 10 pounds and \$4 for 15 pounds and \$5 for 20 pounds.

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