

MARY HAWORTH

To Walk In Way Of Faith Seek Those Who Believe

Dear Mary Haworth: Would it be possible for you to elaborate on the very wonderful counsel you gave a lonely woman, in the last paragraph of a recent column, as follows:

"Don't emphasize finding a good man. Aim rather at growing to be a poised, mature, unafraid woman whose life is happily sustained by love of God and sensible devotion to the opportunities and associations that are His special gift to you."

How does one come by such faith and live it, in the lonely rounds of responsibility that surrounds the widow or divorcee? I know there must be a way, for many fine people have done it; but I feel very frightened. I too am alone, with a young child; but because of death, not divorce.

There must be ways of sticking to the steadfast knowledge that we shall face without fear whatever confronts us; and that there will be help from some higher power to guide us. But how? K.J.

STEADFAST WALK

Dear K.J.: To walk steadfastly in the way of faith, you have to locate the company of those who believe, and join in their fellowship. You can't go it alone. Our Lord has made clear that He exists and is to be found in society. But in a special kind of society, namely, the society of those who seek Him wholeheartedly.

"Where two or more are gathered together in My name, there am I in the midst of them," He promised us.

Thus, the first step in the walk of faith—so beautifully described in Cardinal Newman's famous hymn: "Lead, Kindly Light"—is to become an attentive member of a church and/or prayer group.

The next step is to invest time, systematically, in reading and thinking about the word of God, which is a very direct and strengthening form of "mental prayer." It seems to connect one's spirit with wellsprings of grace.

The third step is to become a channel of God's love, appropriately, in situations where His help is needed here and now. A widow or a divorcee must exercise due discretion, of course, in giving friendship, affection, good

will, etc.; but as you enter more deeply into the life of faith, you will learn how to reach your neighbor, as God's delegate in the circumstances.

HEALING POWER

Agnes Sanford's book *The Healing Light* (Macalaster publishers) testifies to the mighty power of the sacraments—penance and communion—in quickening the spirit, and flooding the sad or defeated soul with joyous new hope. Hannah Whittall Smith's book *The Christian's Secret of a Happy Life* (Revel publishers) is likewise a vital help to the person who wants to experience faith and build on it.

In addition, read the New Testament, and the Psalms; and Brother Lawrence's classic: "The Practice of the Presence of God"—available in booklet form at almost any church pamphlet rack.

If you are the egghead type, if you long to believe in God, but cannot reconcile so-called faith with logic (as you know logic) you might look into Frank J. Sheed's masterpiece: *Theology and Sanity* (Sheed and Ward publishers); also its companion volume *Society and Sanity*. M.H.

CRITIC DISTRUSTS

Dear Mary Haworth: I have found that very few laymen can accurately interpret *Body, Mind and Soul* (Norton), the book by Drs. E. M. Abrahamson and A.W. Pezet that you refer to time and again.

I might say also that the medical profession is increasingly alarmed by the number of persons who look to newspaper columns, magazines, beauticians, TV and radio—oh yes, and the neighbors—for medical guidance. Most of which is either all wrong, or at best, inadequate. . . Sincerely, R.N.

Dear R.N.: Reading material suggested here is never proposed as a substitute for sound medical practice. Always the emphasis is on specialist help—where to seek it and why. M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

IDA BAILEY ALLEN
Gifts Of Fruit To Greet
Guests At Christmas Feast



OPEN THE holly-wreathed door, step into the hall and there, on a table, is a Christmas-card tree, guarding a hospitable basket of the season's choice fruits for all guests.

Within the living room there's a table with coffee and tea service and a big pitcher of ice-cold sweet cider. Plates of interesting not-too-sweet cookies complete refreshments for Christmas callers.

MEASUREMENTS ARE LEVEL
Christmas Crumbles: Sift together 2 c. pre-sifted cake flour, ½ c. powdered sugar and 1-3 tsp. salt. Make hollow in center.

Into this put 1 tsp. grated lemon rind, 2 egg yolks and ½ c. shortening; chop with pastry-blender until flaky. Gradually add 6 tbs. cold water, lightly stirring with fork.

Roll thin on floured surface. Shape with biscuit cutter. Brush with slightly beaten egg. Dust with chopped blanched filberts.

Bake 8 min. or until lightly browned, in mod. oven, 350-375 degrees F.

About 5 doz.
Coconut Crisps: In bowl, beat 2 eggs light.

Add ½ c. granulated sugar; stir in 2 tbs. melted butter or margarine, ½ tsp. salt, 1 tsp. vanilla, 2 c. dry puffed oats, 1 c. cornflakes and ¼ c. shredded coconut.

Drop by small teaspoonfuls on oiled cookie sheet; keep 2-inches apart.

Bake 12 min. in mod. oven, 325-350 degrees F.

About 6 doz.
CHRISTMAS DAY SUPPER
Raspberry Fruit Goblet

Open Turkey or Crab or Tuna Salad Toast Sandwiches
Lighted Christmas Cake
Fruit and Nut Bowl
Coffee
Tea
Milk

Raspberry Fruit Goblet: In big cocktail shaker or glass jar combine 1 pt. chilled sweetened raspberry juice, juice of 3 limes, 1 pt. soda water and 1 pt. raspberry sherbert.

Serve in small goblets. For 6.
Lighted Christmas Cake: Place round fruit cake or decorated white-iced angel cake on large tray.

Wreath with ferns. Center large candle in cake.
Light as centerpiece for Christmas supper table.

Open Turkey or Crab or Tuna Salad Toast Sandwiches: Use yeast cheese bread if possible. Toast two slices for each person.

On one slice generously spread chopped turkey, crab meat or

DEVELOPING
Your Film For 20 Years
In Today — Out Tomorrow
GARNHUM PHOTO
STUDIO
133 Kent St. Ch'town

Favorite
PIES - CAKES
make ideal
Christmas Gifts
They're good to eat
Easy to mail
So Are
Christmas Puddings
(Home Style)
ORDER TODAY!
Stewart Bakeries
Ltd.
161 Kent St. Dial 5591

Susie's Choosey!
She want gifts
from
Holmes & Bradley
150 Queen St. Dial 3414
Charlottetown

tuna and celery salad, made with French and Russian dressings.

Top second toast with seasoned thin-sliced tomato and strip of crisp bacon.

Garnish with bread and butter pickles and red radish in lettuce leaf.

SUNDAY DINNER
Tomato Rice Soup
Crisp Celery and Carrot Sticks
Turkey or Chicken Tetrazzini
Asparagus with Pimientos Vinaigrette
Mince Tarts
Cheese
Coffee
Tea
Milk

PRAYER FOR CHRISTMAS
O Lord, on this thy Natal Day
Bring peace to all the world we pray.

DIFFERING VIEWS
PARIS (Reuters)—Canada and the United States disagreed Thursday on when a new 10-power disarmament group should start negotiations, a reliable informant said.

Howard Green, Canadian external affairs minister, suggested an East-West summit conference. But U.S. State Secretary Herter said the United States will not have completed a full review of the disarmament conference until the time of the summit talks.

COSTLY TREE
HAMILTON (CP)—Rather than buy a Christmas tree for a couple of dollars, a thieving woodsman Thursday lopped the top off a 20-foot spruce tree at McMaster University. The replacement cost is estimated at about \$1,000.

Gifts With Meaning
Bibles, prayer books
Sacred music
Religious "best sellers"
Mottos, plaques
Religious novelties
Greeting cards

THE BIBLE HOUSE
(Opposite Eaton's)

Gift Sweaters
Personally, she prefers a sweater gift... the newest bulkies, the classic dressmakers and cardigans... and loads and loads of them! See our fine selection soon.

Gift Skirts
You can't go wrong if you choose her gift from our fine array of skirts... tartans (including the P.E.L.), giant plaids and plain colors in wool and mohair and plain straight styles. All sizes.

island furriers
79 Grafton St. Dial 6923

ELLIS BROS

Support Island farming, buy Island Turkeys, Chicken, Ducks, and Geese.

GRADE "A" EXCELLENT QUALITY
TURKEYS
18-25 lbs., per lb. **39¢**
8-18 lbs., per lb. **46¢**

GRADE "A"
CHICKENS lb. 39c

ALSO GEESE AND DUCKS AT COMPETITIVE PRICES.
Above Poultry are Island Raised, Fresh, Not Frozen, Young & Tender

POT OF GOLD
CHOCOLATES box 97c
Limit 2 boxes with \$2.00 or over order (not including flour).

FOR LOWEST PRICES
VISIT ELLIS BROS.
TOYLAND

EATON'S LAST MINUTE GIFT SELECTION

ONLY 57 MORE CHRISTMAS SHOPPING HOURS!

Berkley
Coffee Percolator
Special control keeps coffee hot when done

Completely automatic, control may be adjusted from weak to strong. Eight cup size. Chromium-plated over copper. Complete with cord.

each **16.95**

Berkley
STEAM IRON
A very reliable steam or dry iron

17 steam vents; large sole plate, light in weight. May be used as a dry iron.

each **16.75**

FIREPLACE ACCESSORIES

Different size screens to fit about all sizes of fireplaces. Included in this display are ornamental fireplaces with long fires, gypsy fire and colour flame.

CURTAIN SCREENS 21.95 to 44.50
FIREPLACE GRATES 5.95 to 17.95
FOOD HOLDERS 12.95 to 17.95
FIRESIDE SETS 13.95 to 33.00
ANDIRONS 9.79

Women's Dainty HALF SLIPS AND BRIEF SETS

Half slip has lace trim at hem and matching briefs have lace trim at elastic thigh. In beautiful lingerie colours. Sizes small, medium and large.

SPECIAL, Set **1.00**

Girls' Orion* CARDIGANS

Good quality hi-bulk orlon cardigans with long sleeves and matching buttons. Colours; red, pink, green, sapphire blue in sizes 4, 6 and 8.

SPECIAL, Each **2.49**

*Trade name for DuPonts Acrylic fibre.

Women's Baby Doll Pyjamas

Nylon baby doll pyjamas made of good quality nylon, square neckline and pleated nylon net trim. Sizes small, medium and large. Colours; red, pink and champagne. Regular 4.99

Special, pair **2.99**

Choose From These Three Well-Known Makes Of **ELECTRIC SHAVERS**

PHILISHAVE DELUXE SHAVER

With twelve self-sharpening rotary blades; self lubricating brush-type motor. Features push-button cleaning and streamlined plastic casing. Cord and plug in leather-covered case.

each **29.95**

REMINGTON "FOUR SOME" SHAVERS

The qualities of these are known to everyone by way of their roller combs which roll your whiskers right into the cutting edge of the shaver. Each razor should give smooth comfortable shaves for years to come. Conveniently packed in an attractive carrying case and gift box.

each **29.95**

SUNBEAM "ROLLMASTER" SHAVER

Self-adjusting rollers select just the right tension for all types of beard and skin. Triple-twin shaving head. Grey plastic streamlined casing with cord and plug in presentation case.

each **27.95**

CURLING BOOTS
For Men And Women

Women's in colours blue, red, black and men's in brown only. Good quality leather with foam crepe soles. Shearing (sheeps wool) and rayon fleeced linings. Sizes 5 to 9 in women's and sizes 6 to 11 in men's.

Men's, pair **17.95** Women's, pair **15.95**

OPEN UNTIL **9 P.M.**

SAT. DEC. 19
MON. DEC. 21
TUES. DEC. 22
WED. DEC. 23

NO DOWN PAYMENT
1st. PAYMENT
JAN. 23, 1960
T. EATON CO.
CHARLOTTETOWN BRANCH