

Lenten Meditation

From The Columns of The Times, London.

CHRISTIAN FREEDOM

Nothing could be more explicit than the words of St. Paul as he contrasts the letter with the spirit. "The letter killeth, but the spirit giveth life." To live exclusively by the letter of the law, he implies, is to be subject to a bondage which imprisons the free spirit of man; to live by the spirit is to be free to a larger world in which there is freedom, and room for growth and expansion.

Such a truth may be distorted in the interests of the wrong kind of self-expression, of a life which accepts no limitations, other than its own desires. For a man may conform to the strictest letter of the law as he understands it and yet fail completely to enter into the true meaning and spirit of the Christian way of life.

As a former Pharisee, St. Paul knew what it meant to live by the law, and his reaction against what he felt to be its crippling inhibitions was extreme and even violent. For him the innumerable regulations of contemporary Jewish religion had become an intolerable burden; for law can and does defeat its own object when it aims at controlling every detail of man's life, leaving him no freedom of choice, and thereby cramping his personality and stunting its growth. The modern totalitarian State in which the individual becomes a mere cipher, gives abundant proof of this.

Jesus consistently refused to act as a legislator—"Who made me a judge or a divider?"—though Christians have often attempted to turn his sayings into legislative enactments. It is doubtless easier, and it involves less strain, to be told exactly what to do in this or that situation, but such a path leads inevitably to a condition of static immaturity.

The method of Jesus, as in the Sermon on the Mount, was to set before men, with many concrete illustrations, the principles by which conduct should be guided, so that the exercise of their God-given capacity for discrimination and choice might enable them with increasing sureness "to have a right judgment in all things."

For the Apostle, a man's entrance into the Christian fellowship was the entrance into a spacious life, a society of those who had been set free, not only from the bondage of law but from the shackles of self-centredness which bind the human spirit. He had learned by experience that there was nothing creative in living merely by rule and law.

If the rule is observed as an end in itself there is no impulse to go farther. It is thinking of life in terms of minimal requirements; it sets limits where there should be no limits. He who lives by the spirit will always see greater possibilities ahead. He will not neglect the claims of law, but his observance will not be enough. The artist may have mastered the technique of his art, but he will not allow himself to be imprisoned by that technique; he has an inner and exciting standard by which his work is tested.

CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at five cents a word, strictly payable in advance.

JIMMY'S TAXI—Phone 525.

AFTERNOON TEA, Ladies Auxiliary Y. M. C. A. Tuesday, March 18th, 3:30 to 6.

MRS. JOHNSTON'S LADIES' WEAR, Specials—Coats, Dresses, Suits.

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HOWARD MacINNIS FOOT-WEAR at 175 Queen Street.

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FLIGHTS DAILY except Sunday to New Glasgow and Halifax. Phone Maritime Central Airways 2061 or 504.

LISTEN TO Red Cross Message by Lt./Commander J. J. Trainor, Wednesday, March 19th at 6:30 P. M.

MacDONALD RADIO SERVICE, Radio repairing, Amplifiers and sound systems. Disc and tape recording. 180 Kent St. Phone 1207.

TONIGHT'S THE NIGHT—of the Baptist Men's Irish Variety Concert, eight o'clock in the Baptist Church Hall.

HEAR MAJOR ANDREW MACRAE speak on Life in the Korean War Zone in Zion Hall, Wednesday, 8 P. M. Silver collection.

REGULAR MEETING P. E. I. Hospital Nurses Alumnae, will be held at the Cundall Home, Friday, March 21st, at 8:15 P. M.

LEAVE FOR OTTAWA—Dr. Owen Curtis, Deputy Minister of Health and Welfare, and Dr. J. H. Shaw, Chairman of the Health Planning Commission, leave today for Ottawa, where they will represent the Department of Health and Welfare concerning federal grants for the coming year.

ISLAND LADY DIES IN B. C.—Mrs. Clifford Rose, New Glasgow, N. S., received word Sunday of the death of her only sister, Mrs. Maxwell Currie of Squamish, B. C., on Sunday afternoon, March 16th, 1952, in the Ocean Flowers Hospital, Vancouver. Mrs. Currie was the former Myrtle Garrick of Charlottetown and will be remembered by many friends here. She was a daughter of the late Mr. and Mrs. John S. Garrick, Charlottetown. Mr. Currie was the oldest son of the late Mr. D. K. Currie of The Guardian. The funeral takes place tomorrow, at Squamish, B. C.

BOY SCOUT FUND CAMPAIGN—The annual campaign for funds has resulted in a collection to date of \$3068. It was reported at the regular monthly meeting of the Council. Collections were received from Souris, Georgetown and Tignish, as well as the Charlottetown area. It is expected other parts of the Province will report at a later date. The date for the Provincial Boy Scout Camp has been set at July 8th to 17th. It is held annually at Camp Buchanan. There are altogether about one thousand Scouts and Cubs in the Province. Executive Commissioner Gordon Kerr reported. Of these 675 Scouts and Cubs are registered with Headquarters.

Card Of Thanks
Mr. H. J. Cahill wishes to thank the people of Alberton and vicinity, especially Mrs. Walter Hayward and Miss B. Smith, for their kindness during the illness and death of his wife.

IN MEMORIAM
In loving memory of our dear sister and daughter, Janie E. McInnis, who passed away March 10th, 1952.
We think of you often
And mention your name;
Your memory with us,
Will always remain.
Ever Remembered by Mother,
Brothers and Sisters.

SPECIAL
One 5 x 7 Enlargement FREE with every Roll of Film at
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Heed your DOCTOR
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Your Doctor can help you only as you help yourself. For rapid recovery, give him your complete confidence and full cooperation. And when he gives you a prescription, may we suggest that you bring it to this "Reliable" pharmacy? Your patronage is appreciated.

THE JENKINS PHARMACY
Phone 219
Cor. St. George & Kent Sts.

Strange But True

By F. H. MacArthur

A bank teller while counting a package of money, noticed a \$20 bill on which was written the following words: "This is the last of \$30,000 dollars. Whiskey did it."
When the Consolidated School first opened at Otterville, Ont., the local board ran into difficulties with the small fry.

The first night one bus driver had completed his run and was returning with the bus when he discovered he still had one little boy left.

"Where do you live, sonny?" queried the driver.

"I don't know," came the tearful reply, "but it's not any place we've been."

He had got on the wrong bus. The problem for beginners was solved by having the youngsters wear red, yellow or blue ribbons to correspond with the bus they rode on. That way tots on the wrong bus could be spotted instantly.

Mrs. T. R. Macgregor, Edmonton, Alta., tells us that a rose bush in her garden put forth sixteen blossoms from a single stem, and that her potted tomato plant produced three ripe fruits last winter. Come spring, Mrs. Macgregor had the vine transplanted to her garden where it bore another eighteen tomatoes by the end of the summer.

Ten-year-old Merlin Geladit of Stevens Mountain, N. B., is proud of her six-foot sunflower which has blossom in every joint.

The leaves of this giant plant measure 5 1/2 inches across.

A spring on the farm of James Hett, near the town of Kitchener, Ontario, turns organic matter that falls into it into stone. These are petrified by the water, yet strange but true, retain their original shape and markings. Other streams of water issuing from the same hill, do not have this peculiar power. In wood that has been petrified, the grain has been preserved perfectly.

A deadly black widow spider recently bit a Riverside, Calif., man four times and believe it or not, it was the spider which died. The man suffered no ill effects.

W. G. Smith, Blenheim, Ont., has a fifteen pound turnip with four heads. The root is one solid piece with four distinct heads sticking up to make it a rarity in the root class.

Prolific mother pigs have been reported from time to time, and the latest big litter comes from the farm of the Hon. D. A. Ure, Alberta's Agriculturist Minister. Mr. Ure's sow, Histon Lilly, recently gave birth to 17 piglets and two were killed in order that the others might get their daily ration of milk.

That's a lot of pork from one mother, but several Island sows have topped those figures. For example, when Clifford Scott (now a resident of Craupaud) farmed at North River, one of his sows produced a litter of twenty-one piglets.

Island of Jersey farmers still stick to the time-honored custom of tethering and rugging their cattle. The former is necessary in order to conserve pasture and prevent wandering, but the rugging appears to be merely a fad without any definite purpose other than keeping the animals coats nice and glossy.

A British farmer was fined \$300 recently for failing to plow his land according to the regulations laid down by the country agricultural executive committee.

Last summer, Mrs. Paul Williams of Conception Bay, on the east coast of Newfoundland observed one of her chickens swallowing a valuable pearl that had broken loose from her string of pearls. Mrs. Williams did not cry over the incident (woman's weeping). Instead, she caught the thief, made a neat incision in its neck,

Winchester-Gill Wedding in Bermuda

Tall white candles and lilies were the setting for the marriage of Enid Mary Gill, daughter of Mr. and Mrs. A. O. F. Gill of Charlottetown to Sergeant Richard Lewis Winchester on Friday evening, February 22nd.

Wesley Methodist Church was banked with calla lilies, white gladioli and Bermuda Easter lilies for the double ring ceremony, which took place at 7:30 p. m.

The groom, who is the son of Mr. and Mrs. Cecil Winchester of Pembroke, Mass., is stationed at Kindley Air Force Base with the 3rd Weather Reconnaissance Squadron.

The bride, while not in the traditional long wedding gown, kept to tradition by wearing white—a white silk faille suit with matching accessories. She wore a small white off-the-face hat and a corsage of orchids. She was a nurse at King Edward VII Hospital before her marriage.

Rev. Joseph Berridge performed the ceremony, while Arthur Vorley played the organ and Miss Peggy Cook sang "I'll Walk Beside You."

The groom's comrades from the 53rd acted as his ushers, Sergeant William MacMillan and Sergeant Allan Griffin, while a friend, Gerald Frith, gave the bride in marriage.

After the ceremony, the bride and groom signed the church register with Mr. and Mrs. Gerald Frith signing as witnesses. Then everybody adjourned to the English Speaking Union for a reception. The couple will make their home on Ord Road, Paget, Bermuda.

plucked out her precious pearl, and then sewed up the wound. The operation was a success.

Apple River, N. S., (pop. 606) got its name more than a century ago when a vessel laden with apples was wrecked in this neighborhood and the fruit strewn along the river.

Flying squirrels though common, are not well known, since they move about only at night and are never seen during the day except when disturbed.

Rabbits receive their name from the fact that they change the color of their coat with the seasons, being brown in summer and white in winter. Rabbits increase and decrease in numbers in a more or less regular cycle of about eleven years. At the peak of the cycle, they will be numerous and, since they form the principal food of many fur-bearing animals, the number of these animals also tend to fluctuate in a similar cycle.

Evelyn West, Hollywood dancer, had her bosom insured by Lloyds of London for \$50,000.

Mata Hari, a famous dancing beauty of Paris, on the eve of her execution demanded a milk bath at a time when milk was scarce for Parisian babies. In her last hours she did a dance, and then calmly faced a firing squad.

Bedtime Snack
solves laxative problem

"Constipation made me sullen all day. What a change since I started to use ALL-BRAN regularly! Even my wife notices it!" writes man from Ville Montmorency, Que. If you suffer from irregularity due to lack of bulk, try a bowlful of this toast cereal every night before bed. It may bring back the youthful regularity you thought long lost. ALL-BRAN is the only type ready-to-eat cereal that supplies all the bulk you may need. It's high in protein and iron. Not habit-forming. Kellogg's is so sure you'll like ALL-BRAN that if you're not completely satisfied after 10 days, send empty carton to Kellogg's, London, Ont., and get DOUBLE YOUR MONEY BACK!

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Card Of Thanks

Mrs. Wilfred MacQuarrie and Family, wish to express their heartfelt thanks to all those who sent cards, gifts and flowers, or who in any way helped to brighten the hours during her long and trying illness in the Hospital.

Card Of Thanks

Edward Sharbell and Family of Portage, wish to thank the Rev. Father McKenna, Rev. Father Rooney, Rev. Father MacDonald the Doctors and Nurses, those who sent Mass Cards, floral tributes, Messages of Sympathy and the many others who helped in any way during their recent sad bereavement.

Card Of Thanks

I wish to thank the Matron, Nurses, Physio-therapists, Doctor Lea and the Staff of the P. E. Island Hospital, the Clergy, neighbours and friends for their many acts of kindness, remembrance gifts, flowers, cards and letters during my illness.

Sue L. Jones.

INTERRUPTION NOTICE

WARNING!



There will be an interruption of electric power on our Montague, Borden and Malpeque Road line on Wednesday, March 19th, between the hours of 1 and 5 p.m. and on our Souris line between the hours of 1 and 2 p.m. on the same day, weather permitting, for the purpose of connecting feeders from our new sub-station.

Maritime Electric Co. Ltd.


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The Swiss Discovery for
Skin Troubles
F"99"

The discovery, made by clinical research in many Countries, established that the lack of unsaturated fatty acids in the body metabolism can be one of the main causes of skin diseases. This has already brought new hope and happiness to thousands of people suffering from Eczema, Boils, Leg Ulcers, Infantile Eczema, Acne and in some cases of Psoriasis.

Ten Years Research
Ten years of untiring efforts by a Swiss chemist resulted in extracting from pure vegetable oils, a concentration of highly purified and biologically active essential fatty acids. These highly unsaturated fatty acids are now contained in the F"99" preparations. F"99" taken internally, is readily digested by the stomach and absorbed into the blood stream, and has a decisive influence in the treatment of skin diseases.



Eczema - Leg Ulcers
Boils - Infantile Eczema...

As its name suggests, the F"99" Two-Way Treatment acts both internally (Capsules or Liquid) and externally (Ointment). While F"99" Ointment treats the external visible symptoms of the ailment, F"99" Capsules give the body power to help suppress the cause and to combat Eczema, Boils, Leg Ulcers, Infantile Eczema and Acne. Even in Psoriasis, some good results have been reported but it is not possible to pre-determine which cases do not respond to this treatment. To many thousands of skin sufferers all over the world, F"99" Two-Way Treatment has already proved its tremendous value. It is being used with remarkable results even in cases where all ordinary treatments have failed.

HOW TO USE F"99" TWO-WAY TREATMENT

Eczema	F"99" Capsules and Ointment
Children's Eczema	F"99" Liquid and Ointment
Boils	F"99" Capsules and Ointment
Leg Ulcers	F"99" Capsules and Ointment
Acne	F"99" Capsules and Ointment
Psoriasis	F"99" Capsules and Ointment

Always consult your Doctor for a correct diagnosis of your ailment.

F"99"
Two-Way Treatment for Skin Diseases
Available at all Drug Stores

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Again and again this year Canadians living and working in Canada's northland will be carried, sick or injured, to Red Cross Outpost Hospitals. Hundreds of miles from the cities they need urgent medical aid. And without the Red Cross Nursing Stations and Hospitals, many would not live. It is your privilege to help save their lives by providing the funds that make Red Cross services possible.

The work of mercy never ends,
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