HOLY SEASON REMINDER

"The Flower Of Christmas Eve" is the name given to the poinsettia by Mexicans who see the flower growing in its natural state. The poinsettia is now the favourite festive plant not only in Canada, but all over the world as well. Here, the wife of the ambassador of Mexico, Mrs. E. Rafael Urdaneta is reminded of the Holy Season in a warmer country, but her beautiful grandchildren, five - year old Hector and four-year old Carla get into the spirit of the northern Christmas with a pine cone and Santa for the poinsettia arrangement.

(Photo by MALAK)

Women

The Guardian, Charlottetown, Thurs., Dec. 24, 1964. 7

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Mr. and Mrs. Lemuel A. MacKinnon of Highfield were honored by their friends and neighbors at Winsloe Community Hall when a large number of people assembled to extend their good wishes on the occasion of their golden wedding anniversary.

Highlighting the evening was the presentation to Mr. and Mrs. MacKinnon of a beautiful gift and an address read by Mr. Jack Rodd. A gift was also presented to Mrs. MacKinnon from the members of Highfield Women's Institute and a suitable address read by Mrs. Hammond Sanderson.

A lively sing - song was held and many tables of cards were in play.

Refreshments served by the ladies climaxed a most enjoyable evening.

Present at party was Mrs. Frank Deitz of Red Deer, Alberta, who had come home to be with her parents at their reception.

Mrs. Essie Stewart, Kingsboro, is residing with Mr. and Mrs. Ray Bruce, Red Point for the winter months.

More than 200 children of veterans were guests at a Christmas party on Saturday morning at the Kensington Legion Home, hosted by the Royal Canadian Legion and the Ladies' Auxiliary. All received gifts and treats.

Leighton Stewart, Norboro, spent the past week end at Tyne Valley, guest of his brother-in-law and sister, Mr. and Mrs. Preston Grigg and family.

Mrs. Alfred Fisher, South Lake, visited recently with her daughter, Bonnie at the Rehabilitation Centre, Charlottetown. Bonnie is expected to return home by Christmas.

Mr. and Mrs. Charles Green, Central Bedeque, left Thursday to spend the Christmas and New Year holidays with their son, Alexander in Oakville, Ont., and their son - in - law and daughter, Mr. and Mrs. Ian MacFarlane and family, Burlington, Ont.

Mrs. Seymour Scott of Cornwall left last week to spend the winter months with her daughters and sons - in - law, Mr. and Mrs. David Inman and Mr. and Mrs. Mervyn Jenkins in Quincy, Mass.

Beatrice Mountain, Kensington, is spending the winter at the home of Mr. and Mrs. Edward Adams, Margate.

MARY HAWORTH

Own Guarded Attitude Lost Friend's Interest

Dear Mary Haworth: I am a junior in college and I love a girl who will never love me. I went steady with her for a year and in that time I grew to love her very much. We even had plans made for our post-graduate wedding.

A little while ago we were away from each other for a month and she realized that she didn't really love me.

Socially I am her inferior and she knows it. She now dates men who are prominent in high society and she considers herself above me and her frends here at school, although her select group of friends are too naive and immature to notice or recognize her conceited attitude.

A couple of my good friends are extremely friendly with her, blinded by her overpowering charm, and they refuse to admit, even to themselves, that she is just a social climber who doesn't really care about them.

When I see her playing up to them, my insides become tied in knots, knowing those affectinos were once for me. I see her a lot in school and every time our paths cross that same yearning comes over me.

I haven't the means or opportunity to meet and date new girls and I am not in the least attached to those I know. I love Liza very much but I know she will never come back to me.

What can a person in my position do to forget? If I could get away that would help; but I can't. So what do I do now? — E.W.

Dear E.W.: It appears that Liza is an extrovert, go- getting, socially skillful, a decisive personality who makes a beeline for whatever attracts her most at the moment.

It appears also that she believes in herself, which is to say, in her ability to get what she wants of life if she tries— at least, she is confident to the extent that she isn't afraid to engage in all-out campaigns to win her goals if possible.

It seems probable that Liza is predisposed to love; that she is willing and able to make a positive (if tentative) investment of honest feeling and interest in an experimental relationship with a prospective friend or sweetheart.

I gather that she made this type of approach to you, in effect taking the lead in promoting the year's steady dating relationship, during which you grew (as you say) to love her very much; and during which plans for post- graduate marriage were talked about.

It is also my impression, however, that you are a vastly different kettle of fish, an introvert character, passive and negative socially, emotionally indifferent or defensive or guarded for the most part, maybe due to family conditioning, rooted in habitual (resentful) inferiority feelings, particularly with respect to the well-to-do.

All of which I mention because it occurs to me that you lost Liza's interest for reasons indigenous to your own attitudes, that you should take into account, and correct, so that they won't continue to cost you dear, in the field of love.

Your disparaging comments about Liza, for example, now that she is no longer your girl, suggest that you've never loved her for herself, but only had experienced a gratifying glow of self-importance, at being her personally chosen favorite boy friend for a year. In short, you didn't love so much as respond to a feeling of being honored.

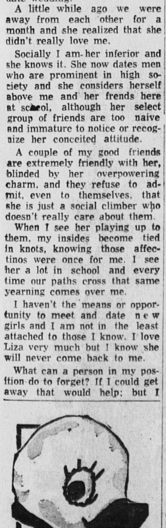
Now, as to the nature of your handicap: In the words of Dr. Allan Fromme (author of "The Ability to Love": Farrar, Straus) you show some "telltale signs of inability to love."

One such sign is that you seem to have no real friends, or very few. Another is that you tend to pin all your hopes (dependently) on "one true love." A third is your present sense that the true love and close friends you once banked on are worlds apart from you now.

So, for advice: instead of breaking your heart over Liza's going, get in touch with a good psychologist (does the college provide such counselling service?) and do a study in depth of your characteristic difficulties in making friends and keeping them.

Specifically, try to outgrow your tendency to whine, to wilt in defeatism, to whitewash your shortcomings, to downgrade others and blame them for your disappointments in the social arena.—M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.



by Alice Brooks

SIMPLY DUCKY!

Children ALWAYS need new slippers! Make this pet pair for all year 'round wear.

Simply DUCKY! Delight a child with gay print slippers lined in solid color. Sew on duck's head. Pattern 7181: pattern; sizes 2, 4, 6 incl.

Thirty - five cents (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept. 60 Front St. W. Toronto 1, Ont. Ontario residents add 1 cent sales tax. Print plainly PATTERN NUMBER, NAME, ADDRESS

SOCIALS SOLICITED

PHONE 4-8506

That happy holiday season is here once again with its parties and family get - togethers. The Guardian - Evening Patriot invite the submission of social news which : published free of charge. Do you have someone visiting with you that friends might like to contact? There's no better way to spread glad tidings than through the social column of your newspaper. Teas, luncheons, bridal and stork showers, staff parties or your regular bridge club doings are only a few suggestions. Phone 4-8506.

LIFE IN FOG

Life manages to exist even in the minute drops of water that constitute fog and diatoms, single-celled organisms, have been found inside the drops.

Simple Rules Can Ensure A Better Fitting Garment

By JEAN SHARP

TORONTO (CP) — If you're not quite certain what you're doing when you buy a brassiere or girdle, don't worry. You aren't alone.

And, says Albina Klowak, the recent profusion of new sizes, shapes and fabrics has made it even more difficult.

Miss Klowak, supervisor of the foundation garment buying department for Simpsons-Sears, says there are a few rules that should help womendecide what will fit best.

For example, you can figure out your own brassiere size with just two measurements.

"Measure the circumference of your chest wall above the bust, then the fullest part of your bust and compare the two. If there's an inch difference there's an A cup. If the difference is two inches you're a B.

"If you're in between you're wiser to go to the next size up. That's why they have the two- or three-hook adjustment."

Miss Klowak suggests that if you're trying something new, especially a garment designed for low-cut dresses, try it on to be sure it gives the shape you want and is comfortable.

For a girdle, measure your waist and the fullest part of your hip. An average difference is 10 inches. If it's more than 10 you have a full hip. And if you have a full hip, don't worry.

"There is a trend to larger and larger hip development, especially in younger women," Miss Klowak says.

MORE FLEXIBLE

When deciding what length you need in a girdle or pantie-girdle, it's important to know how long it will be on: that flat length will tell you little about how it will fit.

Girdles and long bras now are being made in proportioned lengths. "We've made proportioned midriffs, mostly to control the spare tire for sheaths and knit dresses."

Miss Klowak says long bras and corselets used to be made like a whalebone corset.

"You'd have to eat off the mantel because it wouldn't give. Now practically everything in a brassiere will stretch but the cups. That's the reason for stretch straps—comfort. In old corselets the straps took all the pull and cut into your shoulders."

Don't use small, medium or large as the basis for buying a girdle or corselet, Miss Klowak says. Look at the panel inserts —they'll tell you whether the garment will suit you.

Panels are set in for both restraint and shaping. Side strips which stretch only vertically improve a hip line. Vertical - stretch or non - yielding panels with varying degrees of reinforcement are set into abdomen and back.

When you buy, decide first what your biggest problem is, what you want to do about it, then look for reinforcement where you need it most.

Long List Of Presents Available For Kitchen

During the past few days florists everywhere have been busy packing and dispatching all kinds of plants for Christmas gifts. These plants have, no doubt, been received with joyous ecstasy, an emotion which may later change to a feeling of perplexity or one of complete frustration, depending on the knowledge of plants the recipient possesses.

Some of these plants will be appreciated for several weeks after they are received, and some for many years if the proper care is given. A few, however, barely last over Christmas and cannot be rejuvenated after flowering. These should be discarded as soon as their usefulness has passed.

Here are some of the gift plants you might receive this Christmas and a few words on how to look after them.

Azaleas: Keep these well watered and growing until the flowers are gone, then water sparingly the rest of the winter. Keep them in a light, sunny window, however, and do not relegate them to the basement. In spring, plunge the pots outside and keep the plants well watered. Bring them in after a few heavy frosts, say about the end of November or early December.

Fibrous Begonias:

Give these plants a fair amoung of light and they will flower incessantly through out the year. Nip the tops off tall shoots to encourage branching and more flowers.

'Lady Mac' Begonias:

These are the large - flowering types, so smothered in bloom that their round leaves barely show through. After flowering, discard them, for they are very hard to grow without a good warm humid greenhouse. Any attempts at bringing them through the winter will meet with failure. They are usually grown from leaf cuttings in a very warm, humid atmosphere.

Christmas Peppers and Jerusalem Cherries:

Keep these in a sunny window and a cool temperature of 55 to 65. Once the leaves drop and the fruits wither, save some fruits and discard the plant. It is better to treat these annuals and start afresh each spring.

Chrysanthemums

Potted mums are very popular at Christmas. These may be watered sparingly after flowering, removed to a basement window until spring, and then divided and planted out in the garden.

The kinds sold in florist shops are mostly late - flowering types, and will not be early enough to flower outside in the garden. You may pot them in the fall before the frost and bring them indoors. Make sure they are placed where there is no artificial light to prolong the natural short days necessary for flower development.

Cyclamens:

There require a light, cool windlow and lots of water until they are through flowering. Although they may be kept from year to year they are quite difficult to manage and need very special treatment. Better to discard them.

Kalanchoes:

Delightful succulent plants, they should be kept in a sunny window all year, where they will flourish indefinitely. Do not water too much.

Cinerarias:

These are annual plants and they must be discarded when they are through flowering.

Poinsettias:

This traditional Christmas plant should be kept well watered until all the leaves have dropped, then removed to the basement and kept entirely dry until April. At that time cut the stems back to six inches and start the plant into growth by watering it and moving it to a bright room.

In June, plunge the pot outside in a shady corner of the garden and keep the plant growing all summer. Bring it in before forsts and be careful that it is never exposed to artificial light.

Many Christmas plants will give long - lasting pleasure if attention is paid to certain details.

Keep the plants as cool as possible when they are inside and flowering. Except for poinsettias, do not allow them to dry out completely but withhold water gradually. Plunge outside in the summer in a semishady place. It is better to plunge the whole pot into the soil but make sure a bed of gravel or ashes is placed at the base for easier removal in fall. Keep the pots well watered all summer, just as though they were still in the house.

Chocolate Sale To Aid Students

The regular monthly meeting of the Montague CWL was held in St. Mary's Hall recently, with the president, Mrs. Marcel Moyeart presiding. Mrs. Levi Power reported that the annual Christmas party held for the patients of Riverside Hositpal was very successful.

A committee consisting of Mrs. Minnie Graham, Peg Sullivan, Mrs. L. Hynes, Mrs. Joe Lannigan and Mrs. Levi Power was appointed to make up Christmas baskets for the aged and shut-ins of the parish.

The CWL plan a sale of chocolates to assist in the education of students from underdeveloped countries.

It was also decided that the CWL would enroll as a group in the Music Festival Association. The director, Father McCardle, expressed his thanks to the group for their assistance and co-operation in parish activities during the year, after which the meeting was closed with prayer.

Commissioner Presents Pins

A special meeting took place at Kingsboro Baptist Church recently when 12 Brownies were enrolled and presented with their pins by Commissioner Mrs. Floyd McLean.

Brownie leaders, Mrs. Horace MacDonald, Mrs. Ross Young and Mrs. George Bruce assisted the commissioner while the following girls were enrolled: Judy Coffin, Doris Dixon, Bonnie Lee Young, Cynthia MacLean, Linda Rae Young, Nadine Robertson, Connie MacDonald, Colleen MacDonald, Nancy Stewart, Katy Robertson, Marlene Bruce and Dianne MacNeill.

Following the ceremony, the brownies were treated to ice-cream and cookies donated by Mrs. John Dixon and B.J. Massey, and the local association served refreshments to the visitors.

UCW Officers Are Re-Elected

At the December meeting, the UCW of Bedeque announced that the World Day of Prayer would be held on March 5th.

Mrs. Ernest Johnson, Vice-president, presided over the meeting, which opened with a Christmas poem, scripture reading and the singing of Christmas carols.

Present officers were all re-elected for the ensuing year.

Fifteen pairs of mittens were reported sent to Brunswick Street Mission, Halifax.

Those taking part in the study of Brazil were Mrs. Edna Johnson, pianist, Mrs. E. Johnson, Mrs. Charles Henderson and Mrs. Orville Johnson.

The meeting closed with Mizpah benediction.

NEW TRAINING CHIEF

CANBERRA (AP)—The Australian army team training South Vietnamese troops in Viet Nam is to have a new commander. He is Col. O. D. Jackson, at present commanding officer of the 2nd Battalion of the Royal Australian Regiment. He will succeed Col. F. P. Serong.

MEAL CAUSES ALARM

GRIMSBY, England (CP)—A school in this Lincolnshire seaport has had to stop sounding its dinner bell because it sounds so much like the emergency bell at a nearby hospital that on a number of occasions the staff has answered false alarms.

HOME FOR CHRISTMAS

Heather Stewart, student at University of Kings College, Halifax, is spending the Christmas holidays with her parents, Hon. J.D. Stewart and Mrs. Stewart.

Adele Beck, medical student at Dalhousie University, is spending the festive season with her parents, Mr. and Mrs. Preston Beck, Mt. Edward Road.

Mr. and Mrs. Joseph Neale, 36 Upper Queen Street, will have as their guest for the holidays their daughter, Joan, a student nurse at the Royal Victoria Hospital, Halifax.

Mrs. Pearl Rice, Fitzroy Street, will have with her for the Christmas holidays her daughter, Leading Wren Marilyn Rice of HMCS Cornwallis, and her son ACI Alan Rice of the RCAF, Chatham, N.B.

Frances Ann Cullen has returned from St. Francis Xavier University to spend Christmas with her parents, Mr. and Mrs. Eugene Cullen, Charlottetown.

Mr. and Mrs. Cedric Ballem, Marshfield, will have visiting with them for the Christmas recess their daughter, Evelyn, who is a science student at Dalhousie University.

Mr. and Mrs. Fred Batt, Kent Street, will have as holiday guests their son-in-law and daughter, Mr. and Mrs. Malcolm MacFayden and family, Hillsboro, N.B.

Barry Doyle, student at St. Joseph's School, Ottawa, will be visiting his parents, Mr. and Mrs. Edward Doyle, Water St.

Patricia Peters, daughter of Mr. and Mrs. Marshall Peters, Charlottetown, has arrived from St. Francis Xavier University to holiday with her parents.

Carol Chandler, RN, of Halifax, has arrived by air to be with her parents, Mr. and Mrs. E.S. Chandler, North River Road, for Christmas.

Beth MacPherson of Chicago, Illinois, is spending Christmas with Mrs. Rose Furness, 1779 Summit Ave., St. Paul, Minn.

Ordinary Seaman Ronald Thomas arrived Saturday to spend Christmas and New Years with his family, Mr. and Mrs. Frank Thomson, Highfield OR Thomson has completed his three months basic training at Cornwallis Naval Base and soon after his leave will be transferred to HMCS Hochelaga.

Mr. and Mrs. Walter C. Auld, Upper Prince Street, will have as their guests for the holidays their son Gerald, who is with the Metro Police of Toronto, and their daughter Joan, who is a students at the Nova Scotia College of Art.

Mrs. David Ring and daughter, Deanne of Dartmouth, N.S. arrived in Charlottetown Tuesday evening to holiday with her parents, Mr. and Mrs. W. T. Crockett, North River Rd. Mr. Ring will join his family Dec. 24.

Myrna Caswell, student at Toronto University, will spend her Christmas vacation with her parents, Mr. and Mrs. John Caswell, Ambrose St.

Carol Lawson of Halifax will holiday at Inkerman with her parents, Mr. and Mrs. J. A. Lawson.

Vincent Beck of the Bedford Institute of Oceanography, Dartmouth, is visiting his parents, Mr. and Mrs. Preston Beck, Mt. Edward Rd.

John Ball, fourth year student at Mount Allison University, Sackville, N.B. is spending the Christmas holidays at his home in Charlottetown with his father, the Rev. John G. E. Ball and Mrs. Ball, Trinity Manse.

Mr. and Mrs. Jack Kane, Upper Hillsboro Street, will have as their guest for the Christmas holidays Mr. Kane's brother, Jerry, who is employed with the Irving Oil Company in Saint John, N.B.

Mr. and Mrs. Louis Kays, Kensington Road, will have as guests for the Christmas holidays Mrs. Kays' grandparents, Mr. and Mrs. Frank Bagnole from Hunter River.

Guests of Mr. and Mrs. Peter Kays of Upper Queen Street for the Christmas holidays will be their son-in-law, daughter and grandchildren, Mr. and Mrs. Abraham Dirani from Montreal.

Mr. and Mrs. William Kells of Brackley Point Road will have visiting with them for the Christmas holidays their daughter, Maud, who is teaching in Murdochville, Quebec.

Alfie Larter, student at the School for the Blind at Halifax, will spend the Christmas holidays with his parents, Mr. and Mrs. Alfred Larter of Sherwood.

Guests of Mr. and Mrs. Frank Campbell of Upper Queen Street for the Christmas holidays are their son-in-law and daughter, Mr and Mrs. Mike Foley of Campbellton, N.B.

Mr. and Mrs. Ralph Jenkins, 1 Admiral Street, will be spending the Christmas holidays with their son and daughter- in- law, Captain and Mrs. R.I. Jenkins, Camp Gagetown.

Mr. and Mrs. John Jenkins, East Royalty, will have as their guest for the Christmas holidays, Mrs. Jenkins' sister, Mrs. James G. Webster, Truro, N.S.

Mr. and Mrs. Garth Jenkins, Tea Hill, will spend the Christmas holidays with Mrs. Jenkins' parents in Pictou, N.S.

Terry Jones, third year science student at Dalhousie University, will spend the Christmas holidays with his parents, Mr. and Mrs. Heber Jones, 66 Greenfield Ave.

Edwin Smith, engineering student at Nova Scotia Technical College, will spend the Christmas holidays with his parents, Dr. and Mrs. A.R. Smith, Ambrose Street.

Sterling (Ginger) Breedon, from University of New Brunswick, is spending Christmas holidays with his parents, Mr. and Mrs. A.E. Breedon, Orlebar Street, Charlottetown.

AW1 Peter MacIntyre, RCAF Camp Borden, will be spending the Christmas holidays with his parents, Mr. and Mrs. Peter MacIntyre, Alexander Drive, Charlottetown.

Joyce Holm, student at New Brunswick Bible Institute, is expected to spend Christmas holidays with her sister and family, Mr. and Mrs. Lowden Ashley, East Royalty.

Mrs. Grace Harding, Kensington, left on Saturday by train to spend Christmas with her son-in-law and daughter, Mr. and

(Continued on page 8)

H. BENNETT CARR
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Merry Christmas
Greetings and sincere wishes for a holiday season full of the warmth of a good, old-fashioned Christmas.
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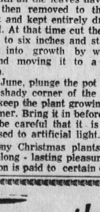
FOR YOUR ANGEL

Complete range of sizes tots to teens
Little Girls Dresses
Children's Sno-Suits
Children's Ski-Jackets
The Misses
HOLMES & BRADLEY
Queen St. Ch'town

St. Peter's Cathedral
(Angican) Rochford Square
The Christmas Services
5:00 p.m.—Christmas Eve Evensong (said)
11:30 p.m.—Procession & Blessing of the Crib: Choral Eucharist
8:00 a.m.—Christmas Day Holy Eucharist
9:00 a.m.—Mattins
11:00 a.m.—Procession & Choral Eucharist (Family Service)
5:00 p.m.—Evensong (said)
St. Stephen the Martyr (Saturday) 9:30 a.m. Holy Eucharist
5:15 p.m.—Evensong
Visitors are most welcome at all services
A blessed and happy Christmas to all.

Furs the gift supreme!

The luxury of mink, a fashion appeal no woman can resist. The Christmas gift rated high above all others Come in today and see the beautiful selection.
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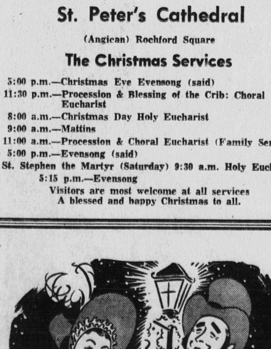
Singing Out Our Best Wishes for a Merry Christmas!
GIGGEY'S PHARMACY
Great George Street Charlottetown

FRIENDLY
Christmas Greetings
We take pause from everyday routine to celebrate the Christmas holiday. And we welcome this opportunity to extend our warmest wishes and thanks to all. Hope your Day is a happy one.
The Misses
HOLMES & BRADLEY
Queen Street Charlottetown