

Starring baby in movies gives hours of enjoyment

Making home movies can be as simple as snapshooting. Movie-making can be very economical, too. For example, one easy-to-use 8 mm-model comes complete with a roll of color film and idea book — all for less than \$20. Designed for the family who want top-quality movies and box-camera simplicity, the Brownie Fun Saver Movie Camera has an exposure dial that requires only one simple setting for properly exposed movies. Then you just aim and shoot.

Of course, a more expensive model, such as the Electric 8 Automatic Camera, has a built-in electric eye which automatically sets exposure for you.

Where there's a baby there's movement. Follow the little fellow by keeping him in the viewfinder. Don't walk while you're shooting, of course. Just hold the camera firmly and pivot your body at the hip. You'll want to keep the camera steady.

One of the great secrets of movie-making is to tell a story. You don't need a script or elaborate preparation. Just record things as they happen. Almost anything the baby does will make a good movie story.

Your story is a collection of scenes. Make the story more interesting by varying those scenes. Take them from different viewpoints; get high, get low. Take them from different lengths: long shots, medium shots, close-ups.

Some scenes deserve more time than others. Cut when the action is completed. A long shot to establish locale doesn't have to last more than four or five seconds, while a close-up showing expression and important detail may deserve as many as 10 seconds.

And, of course, take your camera indoors. You'll be rewarded with some appealing sequences — baby peeking over his crib, reaching for his first birthday cake, splashing in his bath. There's really only one big difference between indoor and outdoor shooting — the kind of light you shoot by. Outdoors there's sunshine to provide illumination for movie-making. Indoors, ordinary lighting facilities are not quite adequate for color movies. To compensate for this, there are lighting devices, such as the Sun Gun Movie Light (a compact, one-lamp unit), or a pair of photoflood lamps, that may be mounted near your camera.

DAYLIGHT FILTER
Incidentally, if you use Type A Film (indoor film), slipping

a daylight filter over the lens is as easy as it is possible to use the same film outdoors. In fact, many movie cameras have built-in Type A filters for this purpose. Then wherever the baby's activities take place — from backyard to bathhouse — you and your camera can go too.

For indoor movies with a photo light bar, the lens setting is governed by the distance from the lights to the subject. Correct settings for various shooting distances are listed in table form on most photo light bars, as well as on film instruction sheets.

In any case, modern manufacturing wizardry has made home movie-making so easy that you can concentrate mainly on the most important thing of all — your small subject. Devote some film to even his most ordinary everyday antics, and you're apt to come up with some pretty precious footage.

When you turn on that switch and your movies fill the screen in all their color and realism, you'll experience a thrill that's hard to match.

such as sweaters, booties, bonnets require a short washing cycle at a cool temperature, and gentle hand squeezing and drying on a flat surface. If a dryer is used for wool knits, it should be set for a low temperature and a very short time cycle. It is wise to remove these garments before they are completely dry and then shape by hand should be used for the dryer. A convenient laundry aid is a mesh bag which keeps tiny booties, socks and caps together. The bag allows the suds to flow through garments while preventing them from tangling with larger items.



AW, COME ON MUM, I WANNA TRY SOME CHEESECAKE. Frances Davies, Photo

Rules of etiquette for baby showers

Baby showers rain happiness, and "rainmakers" are the people who make it all come true. Showers can be given in many different ways with respect to time, menu and motif, but a few rules of etiquette should be observed. The hostess or hostesses should be a close friend or group of friends of the mother-to-be. Except for a family affair, it is not in good taste for a sister, sister or grandmother to initiate the party. Generally the last month of expectancy is the date for the shower, but perhaps the best time for rejoicing would be after the baby's arrival.

Although the first-born is by far the prime cause for most celebrations, it is quite proper to have showers for additional brothers or sisters. The guest list should be composed of friends and/or relatives; a casual acquaintance or someone unknown to the guest of honor will most likely feel out of place.

When lots of thoughtful people are over-enthusiastic, it can literally "over-shower" the mother. This can be avoided if talents, generosity and guest lists are pooled to form one memorable event.

Morning, mid-morning, noon, any time is the right time for a shower. Branches of omelets, tea-time, coffee-time, almost any time is the right time for a shower. Branches of omelets, salads and casseroles have become very popular — maybe because early risers appreciate a satisfying meal a trifle before the usual noon lunch. If luncheon is your pick and you have invited a fairly large group, buffets are a convenient and interesting way to serve. If informality is your style, a small circle of friends needs nothing more than a good cup of coffee, a tempting cake and each other's company to be perfectly content.

Deciding the motif is perhaps the most delightful and challenging job for party planners. An excellent source of ideas is the pocket-size Book of Shower Parties by Hallmark Cards. In addition to this helpful book-

let, the company has transformed the traditional stork, cradle and clown into charming paper centerpieces easily assembled by the hostess.

When a shower drops your way without too much warning — do what comes naturally! Grab for an umbrella — then dress it up with crepe paper and bows. Whatever theme you choose, carry it through from invitations to the final gift presentation. This will give the party unity and an unforgettable, distinctive flavor.

Funfare feast The presentation of the gifts should be — above all — dramatic. For example, a shopping cart, brimming with bundles, wheeled to the guest-of-honor at just the right moment. Or a gift-filled baby tub set on a mirror lake in a forest of flowers and toy animals. The unveiling of the gifts is always exciting, but also be prepared for its less glamorous

Knitting fun for mothers

Planning and shopping for baby's layette can be fun. It can be creative too, if you decide to dress it up with crepe paper and bows. Whatever theme you choose, carry it through from invitations to the final gift presentation. This will give the party unity and an unforgettable, distinctive flavor.

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Laundry for baby needs pampering

New mothers quickly discover that tiny babies can accumulate a mountain of laundry in no time at all!

Fortunately the basic wardrobe of shirts, diapers, nightgowns, kimonos and receiving blankets in which baby practically lives for the first few months are easy-care garments. They thrive on hot soap or detergent suds in the washing machine and take well to tumbling in an automatic clothes dryer. Ironing need not be a problem. Just smooth out wrinkles by hand and fold garments carefully after removal from the dryer of clothesline.

Sort the contents of baby's laundry hamper keeping similar fabrics together. Even though everything should be washable, always wash diapers separately from other garments.

Although a washer and dryer are not absolute necessities they certainly make life a lot easier for a new mother. Unless your laundry facilities are satisfactory you would be wise to consider fitting some new equipment into your budget. If you plan to wash diapers at home, keep in mind that the dryer acts as an extra sanitizing agent.

To wash clothes by hand, prepare a batch of thick soap or detergent suds in a tub or basin of hot water. Avoid rubbing or twisting. Instead, squeeze the garments gently through the suds a number of times. Treat

especially soiled garments to two sudings — the first to loosen soil, the second to remove it. Rinse several times in lukewarm water until all suds are gone. Squeeze gently to remove as much water as possible before drying.

Soiled diapers should be rinsed and soaked in cool water. After soaking, if stubborn stains remain, rub them with thick soap suds before washing. Diapers should be washed in very hot sudsy water and rinsed thoroughly to be sure that no traces of suds remain. Drying in the sun when possible or at a high temperature in the dryer usually will help destroy bacteria. Before using any antiseptic rinse or special additive, it is wise to check with your doctor.

When baby reaches a dressier stage, laundry becomes a bit more complicated. Wool knits

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Antidote for poison advocated

All parents of young children should keep a poison antidote in their homes, the Children's Hospital Medical Center in Boston advises.

In an article published in the Pediatric Herald, the hospital suggested that parents stock their first-aid kit with S-100 of Ipecac, which is available only by prescription and should be given only under a doctor's direction.

Derived from tropical plants and known for generations, Ipecac has only recently been widely used by physicians as a poison antidote. One cause of the preparation's sudden outburst, the hospital pointed out, is the growing realization that it is often better to have a victim of poisoning vomit up the substance than to have his stomach pumped out.

However, the hospital officials warned, in some cases vomiting can increase the damage. When a child has consumed kerosene or other petroleum products or has ingested any product containing live, the poison may do more harm on its way up than it did going down. Ipecac may rupture the esophagus and kerosene may pass into the lungs and damage them, the hospital's Department of Health Education explained.

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