

# Women

Caroline McLure, Women's Editor, Phone 5508

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## HAPPENINGS

Mr. and Mrs. Norman Stewart, Sydney Street, entertained Friday evening at a supper bridge. They also entertained on Saturday evening to end a series of bridge parties.

Mr. and Mrs. Gordon Avard, Greenfield Avenue, entertained friends on Sunday at a buffet supper.

Mrs. Evelyn Crossman, Kent Street, entertained some friends at her home on Wednesday and Thursday evening. A lovely lunch was served by Mrs. Crossman.

Mr. and Mrs. Jean Nicole, City, entertained on Saturday evening at a supper bridge. A lovely evening was spent by those present.

Mrs. James Moore and Mrs. Harold Oakes, Crapaud, left their respective homes to visit relatives and friends in Boston and New York City.

## MARY HAWORTH

### Parents Interfere With Daughter's Married Life

DEAR MARY HAWORTH: About your dad's attitude—he is disturbed about your half-married, half-single situation, and rightly so, from a man's viewpoint. Now that you are a bride, with your husband else-where, your social conduct will be studied narrowly, and evaluated critically, by whomsoever hopes for the worst. And there are always plenty of such buzzards in any walk of life.

ISN'T CASUAL In great measure, your husband's regard for you, and your influence (for good) upon him, will depend upon your character-izing as a person, and as his wife. Thus it behooves you to be on your dignity, as his wife. And to win plaudits for circum-spect behavior, rather than to risk the costs of careless procedure that invites gossip (however unwar-ranted) to the effect that you "still get around" in boy-chasing company.

A breeze of unkind rumor, whether or not it is founded on fact, can unsettle a marriage as precariously put together as yours is, at present. Remember the wife is the standard bearer in marriage, the partner who fortifies the integrity of the relationship by her example.

Thus a wise wife never inclines toward casual deportment in trying circumstances, that might suggest marriage is "just another experience" in her life, that adds to her sophistication but doesn't change the deep course of her living. On the contrary, it is her dedicated devotion from the beginning that helps the naturally restless freedom-loving male to relinquish his roving inclinations and settle for monogamy, as the basis of meaningful thity.

HELPS PARENTS So, in a sense both your parents are right, in their different views. You should be with your husband, as your mother says. And while you aren't, it is good character

maybe, it lies light on the stomach," James says, in now after marking many a mile on the round of his day.

Until tomorrow—Diary—Good-night.

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to "walk chalk" reinforce your loyalty.

Doubleless you'd wouldn't object to an occasional movie or Coke with the girls, if these expedi-tions didn't coincide with "gang"-gatherings of boys and girls at student hangouts. He probably feels you are trying to "have your cake and eat it too," which he disapproves as a form of cheating.

If you can manage apart from your parents, it would be a kindness to them to pull out, and get launched in married teamwork. M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

ERICA SPROULE W. M. S. The Erica Sproule W. M. S. met at the home of Mrs. James McNabb, Jan 14. Call to worship was led by Mrs. McNabb followed by Hymn "What a Friend We Have in Jesus." Prayer of ap-proach was led by Mrs. Roy Keizer. Scripture reading by Mrs. Waits taken from Isaiah followed by circle of prayer and Lord's prayer.

Mrs. McNabb then dealt further on the lesson. Mrs. Keizer gave a reading on New spirit of Forgiveness. Hymn "Take Time to be Holy," brought the devo-tional period to a close with re-peating of prayer in unison.

Mrs. Coles took charge of the business part. Minutes of last meeting read and approved. Roll call was answered by 8 members with bible verse containing Wis-dom.

There was 1 visitor, 3 hospital and 17 home calls were made. Four cards and 3 treats sent, two cards of thanks were read and a donation of \$2.00 was re-ceived from a friend to whom a get-well card was sent.

Next table of meeting at the home of Mrs. Wallace Clow. Roll call to be answered by any verse in the Bible. The meeting then came to a close with Mizpah benediction. A delicious lunch was served by the hostess and committees in charge.

PARKDALE W. I. The monthly meeting of Parkdale W. I. took place on Jan. 7

with fourteen members and two visitors in attendance. After the Ode and the Collect, roll call was answered by the name of a food for a well balanced diet, and what it supplies.

The treasurer gave a concise report of the finances. Christmas boxes had been sent to the shut-ins, and correspondence noted thank you notes received for same.

The convener of the hall com-mittee Mrs. Seaman reported a busy month in Dec., with ban-quets, Christmas parties, etc., Mrs. K. Moore gave a report on the visit of members to River-side Hospital.

Dr. O'Meara was the guest speaker, the topic was flourid-ation of water, and dental health. A question period followed. Mrs. L. Johnson convener of the program tendered thanks to Dr. O'Meara for the informative and timely address.

The first social evening of the season was held at the lovely home of Mrs. H. Douglas on Jan. 19. After a social time was spent, delicious refreshments were served by Mrs. F. Mathe-son, Mrs. A. Trewin and Mrs. F. Ross, then some items of busi-ness were considered.

A fish demonstration by Joanne Z. McKee Home Economist Dept. of Fisheries for the Mar-time Area takes place on Feb. 23 in the hall. It was decided that the W. I. enter the Tweeds-muir competitions.

Tentative plans were made for the Rose show in July, and a committee was appointed to visit Riverside Hospital on the 21st. Mrs. E. Cook made arrangements for the March of Dimes canvas-in the district. Mrs. Ian Webster entertains the group on Jan. 26 and Miss A. Love on Feb. 9th.

ST. ANDREW'S C. W. L. The St. Andrew's sub-division of the Catholic Women's League held its monthly meeting in the St. Andrew's Parish Hall on Sunday, January 25. The pres-ident, Mrs. James A. MacDonald presided.

The minutes of the previous meeting were read. Correspondence consisted of letters of appreciation from shut-ins. Thank you letters were also read from Drs. Found and Murchison for



## POLKA-DOT.

BY VERA WINSTON

Blossoming in the shops now are dresses that are perfect to give a lift to the winter wardrobe and quite right for spring.

Polka-dotted silk—white dots on navy, gray or beige—does up in to a neat dress that buttons all the way down the front from a large, cape-like collar. The skirt is gored. This one is good for almost any type of figure.

Gifts sent to patients at the Sanatorium and Riverside Hospitals.

A letter from the diocesan convener of honorary members, Mrs. Arthur MacDonald, was read. The Reverend Director, Fr. MacCormac discussed the many

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marvellous thoughts contained in that letter. A very interesting letter from the convener of Social Action and Child Welfare, Mrs. J. Fleming was read.

A letter from the convener of Our Ladies Missionaries was read. It was moved and seconded that our division send \$25 to Our Ladies Missionaries. Mrs. Clarence Murphy, our Membership Convener reported 150 paid up members. Mrs. Daniel Mullen reported that there were 44 subscrip-tions to the Casket.

The ladies of Mt. Stewart South are asked to clean the church for the month of January. It was decided that card parties

be held in the homes and a com-mittee was appointed to take charge. It was also decided to re-organize unit meetings.

The meeting closed with pray-er.

BACKACHE & RHEUMATIC PAIN SECONDARY TO KIDNEY IRRITATION

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## MR. AND MRS. PETER M. POPE

### Charming Young Couple Exchange Vows In S'ide

A very pretty wedding took place recently at the Trinity Par-sonage, Summerside, when George Eileen Lockhart, daughter of Mr. and Mrs. Charles Lockhart

of Malpeque, P. E. I., was united in the holy bonds of matrimony with Peter MacArthur Pope, son of Mr. and Mrs. Reginald Pope, Summerside. Rev. C. R. Webber officiated.

## IDA BAILEY ALLEN

### Serve Mexican Dinner With Beef Cutlet Dish

The Chef was deeply engrossed in a new book, just arrived.

"Madame, here is a book of fascination, of fine dishes easily prepared," he reported. "A new book by our dear friend Elena Zelayeta from San Francisco called, 'Elena's Secrets of Mexican Cooking.'"

"Remember the fine beef cutlets we enjoyed when visiting her home?" I turned right to that recipe. May I discuss it with you?"

CHULETAS OR BEEF CUTLET "Mash 1 clove garlic with 2 tsp. salt. Soak 4 slices bread in water, then squeeze dry. Then combine garlic, bread, 2 lbs. ground beef, a medium onion, chopped fine, 1/4 tsp. black pepper and 1/4 tsp. crushed cumin seed. Mix thoroughly.

"Form into 8 oblong cakes and mark into ridges with a fork. Brush lightly with olive oil. Broil quickly on both sides 8 to 10 minutes in all.

"Elena gives the secret ingredient that makes her beef cutlets so tasty, Madame. It's cumin seed, which she calls a 'racy seasoning.'"

BIG DIFFERENCE "And what a difference a little cumin can make, Chef," I said. "I'd like the beef cutlets served with a sauce of diced green peppers and pimientos and accom-panied with tortillas."

"That recipe is also in Elena's new book, Madame, and here is a typical comment: 'Mix the tortillas with love as they will be bitter. Isn't that beautiful?'"

And Elena certainly loves her work.

Although completely blind, she earned the money to bring up and educate her two sons, and now, with their assistance, she has started a successful Mexican

frozen food business. Yet she takes time out to reveal and share her cooking secrets through this new book.

Tomorrow's dinner: French onion soup, beef cutlets - Elena green peppers-pimientos saute, garbanzo beans, green peas, tortillas (optional) Oriental salad, mincemeat fruit torte, coffee, tea milk.

All measurements are level; recipes for 4 to 6.

Oriental salad: In a salad bowl combine 3 c. fine-shredded lettuce, 1 small tomato, diced, six sliced black olives and six pickled water chestnuts, sliced (optional). Toss with French garlic dressing; dust with coarse black pepper.

French garlic dressing: Mix thoroughly 3 tsp. olive oil, one tsp. vinegar, 2 drops bottle garlic juice, 1-3 tsp. salt and 1/4 tsp. pepper.

Mincemeat fruit torte: Cream together 1/2 c. shortening, 1/2 c. not-lumpy brown sugar and 1/2 tsp. salt. Work in 1 c. uncooked rolled oats and 1 c. pre-sifted enriched flour mixed with 1 tsp. baking powder until mixture forms coarse crumbs. Butter deep 9" pie plate; pat in half crumb mixture.

Mix 1 c. chopped diced peeled raw apple, 1/4 c. sugar and 1/2 c. cranberry sauce. Stir in 1 1/2 c. prepared mincemeat.

Spread into crumb-lined plate. Top with remaining crumbs. Bake 35 min. in mod. oven, 350-375 degrees F.

Serve warm, with or without a fruit sauce, or ice cream top-ping.

TRICK OF THE CHEF For new flavor add 2 tsp. to-mato puree when heating canned onion soup. Season with 3 drops Tabasco.

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### For Schools Of One, Two and Three Rooms!

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SCHOOLS OF 2 to 3 ROOMS Grades 1 to 5—Unison "The Maid and The Peddler" Grades 6 to 10—Unison "Flower of China" Any Grades "Venice" Eleven School Chorus look part last year, earning their School Chorus a Recording of the Test Piece. They all did a fine job and are to be congratulated.

SCHOOLS OF 1 ROOM Grades 1 to 5 "The Fairy Piper" Grades 6 to 10 "The Skaters" Any Grades "The Sleeping Beauty"

Music for all pieces for schools of 1 room and 2 to 3 rooms are to be found in both old and new High Roads of Song Books.

This Record Recording of Music for School Chorus, (only of 1 room and 2 to 3 room schools is at your service for all schools who have no special music teacher. Do send your requests in soon so we will know what records to prepare to make.

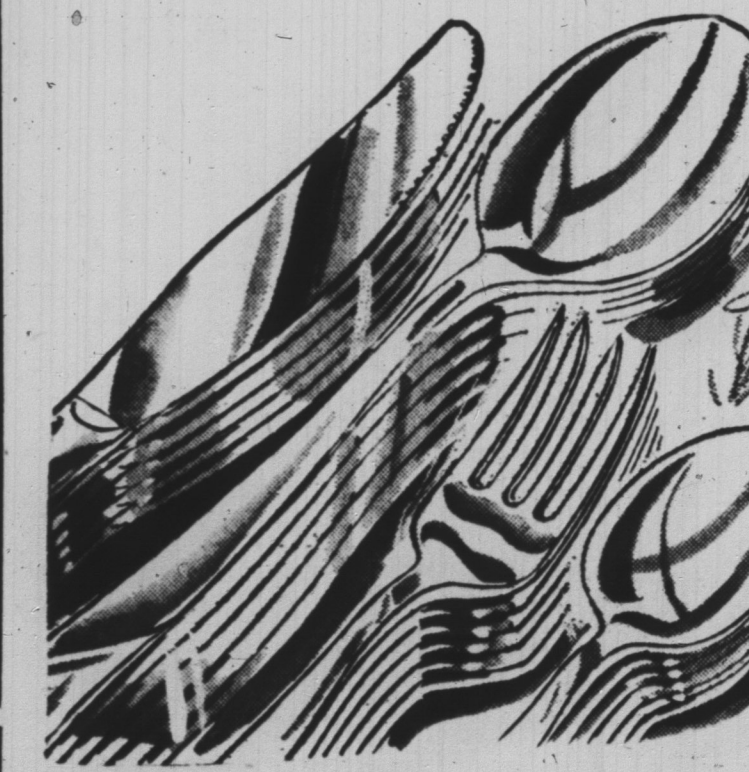
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