

# WOMEN

Page 8 The Guardian, Thurs. May 26, 1955

## LET'S EAT

### Enjoy A Long Week End By Planning Meals Now

Plan the right meals, shop carefully, and you'll enjoy the long holiday week end as much as the persons for whom you are cooking. The Chef and I have planned dinners through Monday that are easy, time-saving and enjoyable.

#### SUNDAY DINNER

**Trozen Pineapple-Melon Cocktail**  
**Roast Beef** Gravy  
**Panned Roast Potatoes and Carrots**  
**Strawberry-Topped Chiffon Pie**  
**Tea** Milk

Routine: Bake the pie-shell on Friday. Complete the pie early Sunday morning. Allow 1 hour for frozen fruits to defrost to the crystalline stage for combining. The roast beef and vegetables will "do themselves" in the oven.

All Measurements Are Level  
**Strawberry-Topped Chiffon Pie:** Bake and cool a 9" American pie crust shell. For the filling sprinkle 1 envelope unflavored gelatin over 1/2 c. cold water; let stand 5 min. Separate 3 eggs, dropping the

#### Cook's Corner



#### RASPBERRY SQUARES

1 cup flour  
 1 egg  
 1/2 cup butter  
 1 tsp. baking powder  
 Salt  
 1 1/2 lbs. milk  
 Mix like pie crust and press in an 8 x 12 and spread on raspberry jam in thin layer. Cover with the following mixture:  
 1 cup sugar  
 Melted butter size of an egg  
 Vanilla  
 2 cups coconut  
 1 beaten egg  
 Cook 25 minutes. Cut in squares when cool.

yorks into the top of a small double boiler. Stir until broken up; then work in 1/4 c. sugar and 1/4 tsp. salt. Add 1 c. milk. Cook and stir over hot, but not quite boiling water, until the mixture coats a spoon. Add the gelatin and 1/4 tsp. vanilla. Refrigerate 30 min.  
 Beat the egg whites until stand in soft peaks; gradually beat in 1/4 c. additional sugar. Fold into the gelatin mixture. Turn into the pie crust shell. Refrigerate 3 hrs. or until firm.  
 When ready to serve, top with 1 pt. sliced, washed, hulled, strawberries mixed with 1 tbs. sugar. Decorate with 1/2 c. heavy cream whipped and sweetened. Garnish with whole strawberries. Enjoy it the day it is made. Serves 6.  
**Halibut Still Stylish**  
 We have heard so much recently about fish filets that halibut has been crowded out of our national menus. There's still plenty in the sea. And it's still a fish de luxe.

#### TOMORROW'S DINNER

**Tossed Green Salad**  
**Baked Halibut Steak Maitre'D**  
**Creamed Potatoes** Asparagus  
**Rhubarb Pie**  
**Tea** Milk  
**Baked Halibut Steak Maitre'D:** Dust 1 1/2 lbs. halibut steak with 1 tsp. salt mixed with 1/4 tsp. monosodium glutamate and 1/4 tsp. pepper. Arrange in a buttered bake-and-serve dish. Melt 3 tbs. butter; add 1/2 tbs. lemon juice and pour over. Pour in 2 tbs. hot water.  
 Bake about 30 min. in a moderate oven, 375 degrees F., or until golden brown and the fish begins to flake. Top with maitre'd hotel butter. Serves 6.  
**Maitre'D Hotel Butter** from the Chef: Measure 1/4 c. butter into a bowl. Add 1 tbs. minced parsley, 1/2 tsp. salt, and 2 drops tabasco. Gradually cream in 1 tbs. lemon juice.  
 Place on a square of waxed paper; fold up, twist the ends together; shape into a roll 1" in diameter; then refrigerate. Slice thin to use. Serves 6.

#### Words Of The Wise

An egotist is a man who talks so much about himself that he gives me no time to talk about myself. — (H. L. Wayland).

## CONFIDENTIALLY YOURS

—By Byrne Hope Sanders



MONTREAL, May 26th—What's for dessert tonight? How about a sm-o-o-th, coconut cream pie—so good, the family all want more! You can have it so easily because of the wonderful new Royal Instant Puddings—which take no cooking at all! Just mix with cold milk for a minute—and ROYAL INSTANT PUDDINGS are ready for your pudding or pie filling. And because they're pre-cooked to perfection—and super-homogenized, too!—there's no starchy taste; no lumps or film. And the flavors? Um-m-m! Just name your favorite—chocolate, butterscotch, vanilla or coconut cream! You can serve it as a feather-light pudding or pie filling this very night!

Everyone's Blossoming Into Cottons... this Spring. And there's nothing nicer to wear specially when they're crisp and fresh and smooth because they're been starched with a little GLIDE, the LIQUID STARCH that's ready in an instant! All you do is add water—hot or cold—to Glide. There's no cooking, boiling or starching. You'll find not only your cottons—but table linen, curtains, blouses look better—and stay fresh much longer when you use Glide!  
 Buy it in the 32 oz. jar—or the large 64 oz. jar that you'll later find so handy for pickling, fruit juices—or summer picnics! You'll be delighted with Liquid Glide—im positive!

Of First Importance to a baby's day by day comfort are the diapers he wears. That's what makes CURITY the most popular diaper for thousands of Canadian youngsters. They're the original gauze diapers—and are completely soft after endless washings. They're full-textured—which means they won't shrink and won't wrinkle. (You know what happens to inferior materials!) Curity Diapers, too, are full-textured—with pinked edges that do away with thick edges or seams, which can chafe so cruelly. Get your sample Diaper. Just send 25¢ with your name and address to Curity Diapers, Box 123N, Toronto 16.

It's What We've All Longed For... a make-up base that is soft and flattering—without one of those "made-up" look. You'll truly find a dream-come-true in HI-PI FLUID MAKE-UP—created by that genius of make-up, Max Factor. Because the harsh lights of color TV demanded a new concept in skin beauty... Max Factor searched for, and found the secret of new high fidelity skin tones, never possible before... and all of us can benefit from it! You'll love the way Hi-Fi softens and flatters your skin, yet gives that smooth, mat surface we so ardently desire. There are six shades... at \$2.00 a bottle. Also, Fluid Rouge, \$1.50.

Hurry, Hurry, Sun!... I long for the warmth of the June sun when I can have my morning cup of Chase & Sanborn coffee on the back porch... enjoying the birds and the daffodils and the greening willow tree! Wish those two nice gentlemen, Mr. Chase and Mr. Sanborn, could join me in the pleasure their coffee brings. "Glad you're enjoying it!" I can imagine Mr. Chase saying. "That exquisite flavor comes, of course, from my matches skill in brewing!" "Just a tiny-minny matchless skill in brewing!" "Just a tiny-minny matchless skill in brewing!" "Just a tiny-minny matchless skill in brewing!"

Mr. Sanborn would protest, "But, my matches, both are right!"  
 Lucky Baby!... if Mother is wise, and uses FARMER'S WIFE! You'll find that your baby really loves this formula milk. And you can get just the right type for your own baby's needs! Ask your doctor about Farmer's Wife for your lovely baby's formula—Whole Milk (Red Label) or Partly Skimmed Milk (Blue Label) or Skimmed Milk (Yellow Label)... Farmer's Wife Partly Skimmed Milk was originally prepared as the perfect milk for infants—and it is a high protein, packed in a golden lined tin—to protect the fresh natural flavor and wholesome nourishment!

## ELLEN'S DIARY

by an Island Farmer's Wife

Opening the gates into that enchanting season which to us on farms is "the cropping", the farmers at Alderlea came to the first of the cultivating today. This was the day of spring to which ever since thawing brooklets first trickled and March-crows cawed blithely along the upland's d's, thoughts had been turned, the question, "How well shall we be prepared for it?" being often in mind.

For James is ever the best one, no matter how trivial or weighty his task may be, to make his preparations first, to have his foundations sure. Not even as late as yesterday could this field-work be taken up because the necessary fencing about pastures, which was to let them come to it with an easy mind had not then been completed. True, there still remained incidentals of it to be done, but James and his coming-six helpers as they said "would tinker away at that" while the younger farmer went to break down the furrows.

But Mack in a far field with his Grandfather felt the lodestone of that house in the road where a new farmwife who "likes little boys" and the prospect of being joined presently by Gage after school, presented too strong a pull to resist, forsook his share of the fencing and was off soon along the fields between, to Rob's.

In the sunshine at Alderlea, a first swallow came by—a dipping, soaring lad with dark burnished back and quick wings, an industrious fellow among a busy flock that with other feathered visitors have returned to add interest and beauty to our summer. "What, only today?" Jamie a visitor this evening asked. "Only today!" "Why, we've had them about since last Saturday—almost a week!"

#### HOUSEHOLD HINT

If the finish on a wood table or chair is damaged, or if you're just tired of it, remove the old finish with paint remover and sandpaper down to the bare wood. When it's sanded smooth and clean, dust carefully and cover with two thin coats of white shellac, being sure that the first one is dry before applying the second.

#### HAMBURGERS



#### BABY'S OWN TABLETS

For BABY'S TUMMY UPSETS  
 Better with French's PREPARED MUSTARD  
 Give Baby's Own Tablets, sweet, mild little tablets, in use over 50 years to give prompt relief from minor digestive upsets, gas, constipation and indigestion resulting from irregularity at feeding time. Easy to take. Taste good. No "sleep" stuff... no dulling effect. Get a package today at your druggist.

## Wearability Is Payoff For Big Event Dress

By ELEANOR ROSS

To the young graduate, the future may mean further studies, a new job, or a trip to the altar. But her chief concern for the present is her Graduation Day dress. Most girls want to be sure that the lovely white or pale pastel frock she'll wear for the all-important occasion can be worn again and again; so she'll look for something practical as well as pretty. She'll make sure that her dress investment pays off in wearing dividends after the big event.

#### Limited Budget

If she is getting married soon after graduation and has a limited clothes budget, she might consider choosing a dress that will serve both occasions. Whatever her after-graduation plans, she'll find a variety of pretty, practical and washable fashions awaiting her selection. The wise shopper will check her choice for easy care and washability. Make sure that the slip is separate and that stiffening or crinolines are washable and can be detached. Sew-in shoulder pads are no worry, because they can be snipped out and snaps sewn on for easy removal.

#### Keep Them Fresh

White is attractive only when it is pure white; pastels must look bright and clean. Before laundering the dress, inspect the hemline carefully since the skirt edge has a way of becoming very dingy.

#### MORNING SMILE

"The cause of the fire was friction," the insurance inspector reported. "What do you mean?" he was asked. "A \$25,000 fire insurance policy," he stated, "rubbing against a \$20,000 house."

## New Soft Plastic Holds Plates Tighter



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Now, quickly stop pain and trouble due to loose fitting plates with new SNUG Denture Cushions. Amazing soft plastic grips plate firm and tight yet feels soft and comfortable, like "Living Tissue." Gums feel wonderful. You eat, talk, laugh in comfort. SNUG stays cushion-soft. Can't harden and ruin plate. Peels right out when ready to replace. Tasteless, odorless, cleaned in a jiffy. No more daily bother with "stickums." Get Denture Cushions called SNUG and do away with your plate troubles. Money-back if not satisfied. At all druggists.

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## Special offer

VIKING SILVERPLATE HOSTESS SET (CREAM AND SUGAR SERVICE)

\$1.00 only per piece with paper inner seal from jar of Nescafé\*



Smart hostesses are serving "Company Coffee" this way. Here's how to bring out all the flavour when you make coffee for guests or for the family. Into a coffee server add one teaspoonful of Nescafé for each cup required and the same number of cups of boiling water. Cover the server and let the coffee steep. Then serve. So convenient, so economical and above all—such a wonderful brew everytime you make it. With Nescafé you always get all the flavour.

To add the lustrous glow of silver to your coffee setting for far less than you'd usually pay for such luxury, send for this beautifully-designed Hostess Set by Vikings. For each piece mail one dollar and the inner seal from any jar of Nescafé—regular or giant economy size—to Nescafé Hostess Set, Box 4005, Terminal A, Toronto. You'll want extra sets to give as gifts. Offer limited so don't delay. Extra order forms at your grocer's.



EASIER COFFEE IN ITS MOST CONVENIENT FORM

To: NESCAFÉ HOSTESS SET, BOX 4005, TERMINAL A, TORONTO, ONT.  
 I enclose paper inner seal(s) from jar(s) of Nescafé Instant Coffee, and \$ to cover the cost of cream server(s) and sugar server(s).  
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 ADDRESS \_\_\_\_\_  
 Be sure to indicate which piece(s) desired and enclose one dollar and one inner seal for each piece ordered.

MARKET W. M. S. continued by prayer.  
 Mrs. Wilbur Webster took charge of the program, assisted by Mrs. Walter Dingwell, Mrs. Everett Webster on May 11. The devotionals were led by Mrs. Earl James, the theme being "To Live and to Give." Scripture reading taken from II Corinthians 9th chapter was also read by Mrs. Earl James.

## SUN TIME — FUN TIME — AND ALL THE TIME

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 159 Queen St. Dial 3414

## Your Menu Mom Is here at Zakem's

"Breakfast"

Bacon, lb. . . . . 39c Eggs, Grade A ctn. 45c  
 YORK 20 OZ. KELLOGG'S  
 Tomato Juice, 2 for 35c Corn Flakes, 2 for . 35c  
 Purity (Chinaware) Rolled Oats, reg. 65c pkg. 53c

"Lunch"

MIRACLE WHIP 1 OZ. 1 OZ. SANDWICH Spread . . . . 35c  
 Salad Dressing . . . . 29c  
 Sausages, lb. . . . . 35c TOMATO Soup, 2 for . . . . 25c  
 CHOCOLATE MARSHMALLOW Cookies, lb. . . . . 39c 20 OZ. Spaghetti, 2 for 45c  
 CLARK'S 20 OZ. Pork & Beans, 2 for . . . . 35c

SPECIAL Frozen Beef Pie . . . . . 33c  
 3 For . . . . . 97c

"Dinner"

CORNED Neck Ribs, lb. . . . . 9c FRESH Neck Ribs, lb. . . . . 15c  
 GRAVES THRIFTY PAK 20 OZ. GRAVES THRIFTY PAK 20 OZ.  
 Wax Beans, 2 for . . 35c Peas, 2 for . . . . . 39c

"Miscellaneous"

FAB or VEL Lge. Pkg. 29c

AEROWAX PASTE OR LIQUID 39c

60 - 60 - 15 WATTS Light Bulbs, 2 for . . 29c  
 1 BATH, 1 REGULAR Palmolive Soap, for 33c

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