



Informal Evening At Home

If you are planning a little in formal entertaining with a few friends dropping in for a light supper and some TV viewing you'll probably be interested in this most attractive lounging costume. The outfit is made of polished cotton and is crease-resistant. Opulen-

LET'S EAT

Stag Breakfast Menu

By Ida Bailey Allen
In the rush and turmoil of today's living, it sometimes seems as though the old friendly spirit that stood for American neighborliness vanished along with the horse-and-buggy days. Then suddenly, one finds it again as vital and kindly as a half-century ago.

Our family recently moved up from Maryland to Montclair, New Jersey," he remarked. "Both my wife and I hoped the folks would be neighborly, for it isn't easy to adjust to a new community unless they are."

"But we needn't have given it a thought. People began to drop in and offer to help almost before the vans were unloaded.

"Before we realized it, we felt that we belonged. To celebrate, I decided to give a Men's Open House Breakfast to sixteen of the men who had been so helpful, with our young son as co-host.

"This idea, by the way, was a family tradition in my grandmother's home. She had five sons and encouraged them to invite their male friends for breakfast several times every year.

"The menu? It was the same as at my grandmother's! Apple cider, yeast-raised water-ground buckwheat cakes, with pure maple syrup, hickory-smoked pork sausage and plenty of coffee. The wives reported that the husbands enjoyed themselves very much and that it was a good idea to have a stag breakfast."

Mr. Kirk sent me a jar of his yeast-raised buckwheat pancake batter to try, together with the recipe.

Yeast-Raised Buckwheat. Pancakes: Pour 2 c. boiling water

over 1/2 c. water-ground yellow cornmeal. Let stand until it swells and cools.

Dissolve 1/2 pkg. quick dry yeast in 1/4 c. warm water.

Add to the cornmeal, 2 tsp. molasses, 1 tsp. salt and 2 c. water-ground buckwheat flour. Let stand overnight in the batter.

Just before using, add 1 tsp. baking soda dissolved in 1-3 c. milk.

Then fry as usual on a lightly oiled griddle.

TOMORROW'S DINNER
Split Pea Soup
Hot Biscuits
Baked Hash Loaf
Creamed Onions
Tomato Aspic Salad
Fruit Turnovers
Coffee

WOMEN

Page 8, The Guardian Wed., Feb. 29, 1956

Happenings

A very pretty spring tea was held at the home of Mrs. Creelman MacArthur on Saturday afternoon when the wives of the Summer RCAF Association members entertained the wives of the delegates attending the Maritime convention. Among the honored guests were Mrs. Stanley MacInnis, wife of the Maritime president; Mrs. Reginald Howard, wife of the president of the Charlottetown wing; and Mrs. Vincent Carroll, whose husband is a member of the executive.

Spring flowers and tall tapers made a very attractive setting for the tea hour during which Mrs. John Mungall and Mrs. G. M. Mulholland presided over the tea cups while Mrs. Norman Hogg, Mrs. Derek Hughes, Mrs. Wendell Mulart, Mrs. Gilbert Gallant, and Mrs. W. Coulson assisted in extending hospitality to the visiting ladies.

The youngest grandmother in the British House of Commons is Lady Tweedsmuir, 41, whose elder daughter Joanna, is now mother of a baby boy. Lady Tweedsmuir's daughter is the wife of Dominick Jones, son of Emil Bagbold, the author-in-law of a former governor-general of Canada, Lord Tweedsmuir.

Miss Grace Kelly is choosing her bridesmaids for her wedding to Prince Ranier III in Monaco in April. Mrs. George L. Davis, Junior, who bears a striking family resemblance to her sister Grace, will be an attendant, also Mrs. Margaret, 9, will be flower girl, along with two nieces of the Prince. Mrs. Arvid A. Pamp of Windywood, former schoolmate of Grace Kelly's at the Stevens school of Dramatic Arts in New York, will be a bridesmaid at the April wedding, and film actress, Rita Gam, who shared a Hollywood apartment with Grace Kelly, is another who will go to Monaco in April for the wedding.

Mrs. Frank Hamm, Marysville, New Brunswick, accompanied by her little daughter Cheryl, left by plane recently for her home. Mrs. Hamm had been attending the funeral of her grandfather the late Mr. Frank Webster, King Street.

Mr. Jack Acorn has returned to Aldershot. Mr. Acorn was visiting his wife who is a patient in the Prince Edward Island Hospital.

Sister Mary Charles, L.L.D., and Sister Georgetta, B.A., arrived in Summerside Saturday evening from St. Paul, Minneapolis, to be with Mrs. M. P. Driscoll who is critically ill at her home on Spring Street in Summerside. Sister M. Charles is a sister of Mrs. Driscoll, and Sister Georgetta is a daughter. Another sister, Mrs. Ted Forbes, arrived yesterday from Toronto to assist in nursing her mother.

KINGSBORO W. I.
On February 8, the Kingsboro Women's Institute met at the home of Mrs. H. R. Bell with an attendance of eight members and one visitor. Meeting opened with the Mary Stewart Collect followed by roll call. Minutes of last meeting were read, approved and signed. Reports of committee's were given. School committee reported paper towels wanted; Sick committee (reappointed) Mrs. Gordon Clarke, Mrs. Gordon Robertson and Misses: School, Mrs. Gordon Robertson and Mrs. Kenneth MacGregor; Lunch, Mrs. John Robertson, Mrs. Wilbur Jarvis and Mrs. H. R. Bell.

March meeting was invited by Mrs. Robert Robertson, Program, Mrs. Wilbur Jarvis and Mrs. Ken MacGregor. Also each member to bring something for pantry sale. Roll call, your first beau.

Correspondence was read. Ten dollars was voted to be sent to March of Dimes, also secretary was asked to send to J. W. Windsor for twenty-five cases of cans. A bill was passed in by secretary of school for new bookcases. It was moved and seconded this bill to be paid. Collection for the evening amounted to \$1.35, grab-bag \$1.00. One dollar and fifty cents passed in for cod oil capsules and one dollar on ice cream freezer.

The program consisted of a contest and reading by Mrs. William Robertson which was enjoyed by all. Meeting closed by singing the National Anthem after which a lovely lunch was served by hostess and committee in charge.

MEADOW BANK W. I.
On the evening of Feb. 6th., Mrs. Dingwell MacFadyen entertained the members of the Meadow Bank Women's Institute. The president

opened the meeting with the ode followed by the creed. Thirteen members answered roll call with "How I think the Women's Institute has helped our district."

After the minutes were read, approved and signed the different committees gave their reports. Ten members paid for the Institute in news. The president reported that the program for the year had been completed and sent to the office. A dialogue was given to four members to be presented at our next meeting.

Miss Mildred Mullen read a paper on Cultural Activities by Mrs. Ramsay. Mrs. Charles Hyde read a paper on the progress of our Institutes. It was decided to take a collection at our next meeting for the March of Dimes. Next meeting will be at the home of Mrs. Colin MacPhail. Mrs. Dohren will assist the hostess with lunch. The theme of this meeting will be Education and roll call will be "My first school teacher."

An auction sale realized the sum of \$20.05. Mrs. L. H. Drake and Mrs. Robert Jewell assisted the hostess with lunch. Meeting closed with The Queen, and a pleasant social hour was enjoyed.

ELMWOOD W. I.
The regular monthly meeting of Elmwood W.I. was held at the home of Mrs. Neil Campbell on Tuesday, Feb. 14, with an attendance of nine members and one visitor. Meeting opened by singing "Canada Collect in unison. Roll call was answered with an Institute cup.

Minutes of the last meeting were read, approved and signed. Letters were read concerning Red Cross, March of Dimes and Education Week. It was moved and seconded that \$2.00 be sent to the March of Dimes. Another article of Red Cross work was passed in. The sick committee reported sending three treats. Bills for treating for the sick also for Christmas decorations for the school were presented and paid. The school committee reported that paper towels were needed.

Mrs. Cyril Egan and Miss Hilda Gallant were appointed on the sick committee for the next three months. On the program for next month are Mrs. Neil Campbell and Mrs. Elmer Calvill. Next meeting is to be held at the home of Mrs. Stanley Colwill, when roll call will be answered with an "Irish Joke". Collection amounted to 65 cents.

The program consisted of a "Valentine Contest" put on by Miss Hilda Gallant and won by Mrs. Frances McElroy. A "Tree Contest" was conducted by Mrs. Waldron MacPhee and won by Mrs. Neil Campbell. The meeting closed by singing the Queen. A dainty lunch was served by the hostess followed by a social chat.

Mary Haworth Boy Stymied In Unfriendly School, Wants To Quit

DEAR MARY HAWORTH: We have a son, 16, a sophomore in high school—and he wants to quit school. He failed the first year, and had to spend two years in the freshman grade. He doesn't like the school, because he feels the teachers and principal pick on him. They do such things as make him buy a shoestring if he forgets to wear a belt, to school. And last week someone stole his gym suit, and his teacher asked if he'd rather "take the paddle or go to the principal." He went to the principal, who gave him so many nights of detention for punishment. But another boy came without his gym suit and the teacher just looked at him. Roy says...

Recently Roy came with a boy, 16, new in our neighborhood, who has quit school; and now Roy is more determined than ever. The boy must be coaxing him to quit. Roy can do his school work but won't, because he thinks if he fails this year, he will have a good excuse to quit. But we've warned him he'll have to stay in school until he graduates...

BOY'S IDEAS
Roy wants to send him up to his aunt's farm to pay his board. But I am afraid he won't behave himself and won't go to school either... He says he is going to join the Navy next summer when he is 17. But I am afraid he won't if he quits school now...

Please tell me what to do. I know we've failed in bringing up our son, and I am heartbroken. Neither his dad nor I had any high schooling and things have been so hard for us at times. I always dreamed of Roy's growing up and making something of himself—and now this... Answer at once and tell me what to do. C.A. FEAR THINKING

DEAR C.A.: Here is your letter, cut in half. You say you have three daughters, but Roy is your only son, and a good boy, you add. You've tried to do everything for him, but now he won't listen to you... You say he'll be sorry eventually for not getting an education, and you aren't thinking of him only, but of his wife and the children he'll have some day. They will suffer because of his mistakes, etc...

In short you are beside yourself with worry about Roy. You are a real Calamity Jane where he is concerned. And I am sure you don't recognize all that is involved in your fear-thinking. Back of your aggressive anxiety to run his life and keep him safe, is a selfish clutching "mom" type reluctance to let him grow up and become a man—a person in his own right.

Your distasteful mixed-up attitude towards your only son is a considerable part of his problem. I feel it is an awful drag on his social development; it fosters maladjustment and restiveness. It restricts him to an infantile level of response to environment, at an age when he should be standing on his own feet, more and more. It cripples self-confidence and undermines his will and capacity to think and plan, and concentrate and persevere, purposefully.

However, there is a bright side to the picture. Despite the handicaps imposed by your attitude, Roy is showing commendable "git-up-and-git" in wanting to go to his aunt's, to finish school there, while helping on the farm to pay for his board. A trial of the sort, cordially encouraged by his family, can't hurt. And it is one possible intelligent solution of the impasse at your local school, where he isn't getting a decent break.

Also, if he wants to join the Navy next summer, I second the motion, all things considered. Provisions may be made for him to continue his schooling—along lines of study he's fitted for—while he is in the service.

You've said in your letter: "I don't think there would be so much juvenile delinquency if adolescents were compelled by law to stay in school until they're 18." I think this is using school as a custodial catchall. What adolescents need is a sense of belonging to a great thriving enterprise, where their contribution is a necessary part of what goes on. Your son's ideas, of farm life and Navy life for him, may be providential leads out of dangers that shadow him now. M.H.



R. C. A. F. Para - Rescue Nurse Weds

A double ring ceremony in the R.C.A.F. Protestant Chapel, Whitehorse, Yukon, recently united in marriage Flying Officer Marion MacDonald, interned nurse and Flying Officer Allen J. Weeks, a RCAF pilot. FO MacDonald is the daughter of Mr. and Mrs. M. J. MacDonald, Vancouver, B.C. and FO Weeks is the son of Mr. and Mrs. R. Weeks, Edmonton, Alberta. Flight Lieutenant H. G. Hedley-Smith, R.C.A.F. Padre, performed the ceremony.

Entering the chapel on the arm of Wing Commander F. H. Pearce commanding officer RCAF Station Whitehorse, the bride looked lovely in a white brocade sheath dress with pleated all-round overskirt and matching sleeve bolero. She carried a colonial bouquet of roses.

Flying Officer Marian Neilly, a para-rescue nursing sister of RCAF Station Winnipeg, was maid of honour. She wore a cherry red chiffon velvet gown. Flying Officer Beaulieu Lilly of RCAF Station Whitehorse attended as bridesmaid wearing cherry red velveteen frock.

Flying Officer Phil Rhodes of R.C.A.F. Station Whitehorse, was best man and the guests were ushered by Flying Officer James Cupke of RCAF Station Winnipeg.

After a reception attended by over 100 guests the bride and groom departed on their honeymoon trip to Jasper National Park. Out-of-town guests were the bride's mother, Mrs. H. MacDonald, Flying Officers Dorothy Macdonald, Flying Officer P.Q. and C. Veger, St. Hubert, P.Q.

Flying Officer and Mrs. Weeks will make their home at RCAF Station Rockville, Ont., where the groom is stationed with 408 Photographic Squadron. (National Defence Photo).

Good Posture Can Be Saver

Perfect figure alignment at any time is all to the good. But all no time is good posture more important than during the nine months of pregnancy. The way the mother-to-be carries herself determines the way she carries the baby.

But first, let's look into bad postures, for they become progressively worse as the baby develops. Sway-back is the most common posture fault, and this exaggerated curve at the small of the back causes an outcurve of the abdominal wall. Consequently the weight of the baby is thrown too far forward. Slumped posture results in undue fatigue.

Let's get down to cases. If you are not an expectant mother, you've probably stopped reading here this anyway. If you are expecting a baby and your posture is not as perfectly aligned as it might be, you will want to know if anything can be done at this late date to correct it. Certainly. Start by holding your chest up... actually this will help you to feel more comfortable. Holding the chest up elevates the ribs, and more important, the crowded space below the ribs. Practice holding your chest up when you are sitting, standing and walking. Keep your shoulders relaxed... think of squaring the shoulders in a relaxed, "at-ease" way. Let the lift be through the midsection and ribcage.

WALK A LOT
Another all important rule—carry your hips under. The pelvis is held in proper position by the down-and-under pull of the buttock muscles and the up-and-in lift of the abdominal muscles. When the pelvic girdle is carried well under, the extra weight is carried more comfortably.

The one exercise recommended during this period is walking. In fact, walking is a must. But walking in good posture is so much more effective than walking in a slumped or off-balance posture. Here's a promise... if you will practice good posture while you're carrying the baby, then follow through with corrective exercises to restore tone to the muscles of the abdomen, you can have a nicer figure than you had before the baby arrived.

MORNING SMILE
Letter to Health and Welfare Dept.: "Please send me a family allowance form as I now have a baby. I had one before but tore it up."

COOKERY AND ART

If your cakes are not coming from the oven as light as you would wish, see what Food Editor Helen Gougeon says about it in The Standard this week. There are also some new cake recipes and hints on the art of cake decoration. Get The Standard—on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

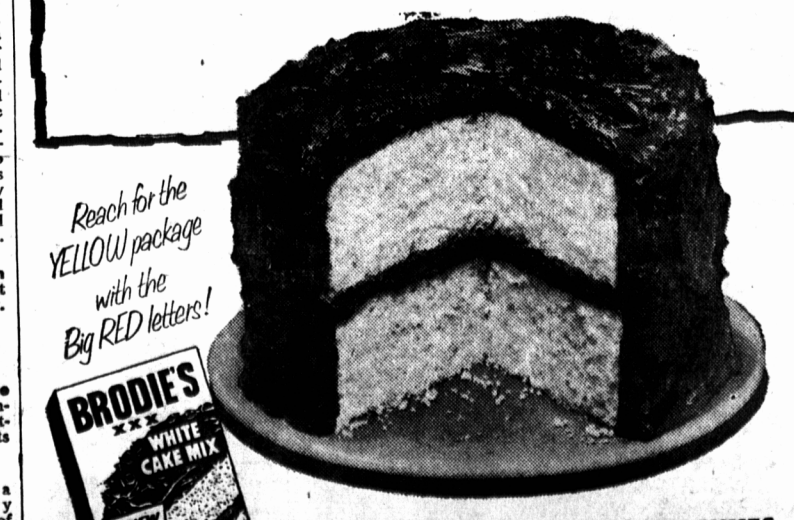
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ANNE ADAMS PATTERNS



SEW IT IN A DAY!
Look at the diagram—even a beginner can whip up this honey of a dress in a day! FEW pattern parts, minimum details—a world of style! Curvy neckline, fitted bodice and flared skirt are so smart, so-o flattering! Choose cotton, linen, cool nylon print.

Pattern 4553: Misses' Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32. Size 16 takes 3 1/2 yards 39-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS care of Charlottetown Guardian, Pattern Dept., 60 Front St. W., Toronto, Ont.

Write for free booklet on worms to The W. N. Comstock Co. Limited, Rossville, Ontario C2-54

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Baby's Own Tablets speedily soothe and relieve gassy cramps.

Simple Colds

Baby's Own Tablets cooperate with Nature's effort to throw off little ailments by re-establishing regularity and encouraging repose.

Small-fry luncheon suggestion

that's so good you may well want to share this with your pride and joy. Gerber Chicken Noodle Dinner, Gerber Junior Garden Vegetables, Junior Fruit Dessert, Milk—Crisp wafers

Gerber Junior Chicken Noodle Dinner

Dinner is a wonderfully tasty combination of delicate chicken, light-as-air egg noodles, bright carrot bits and savory chicken broth.

Gerber Junior Fruit Dessert

is a beautifully balanced blend of plump, ripe apricots, delicate orange juice and mellow pineapple juice—textured with a touch of tapioca for just about the nicest dessert imaginable.

Cute "train" of thought

How about making a cost-nothing train for your toddler? Take several empty Gerber Cereal boxes—string 'em together, leaving a good length at one end for pulling purpose. Makes a bright-colored "choo-choo" hours and hours of fun.

Keeping tabs. Strong colors

for your tot's outdoor toys make it easier to keep tabs on your wanderer. Tiny tinkle bells, sewed to baby's shoes, will keep you attuned to his whereabouts. Gerber-Ogline Baby Footies Ltd., Niagara Falls, Canada.