

Husband-and-Wife Team Return From Explorations in Mexico



Spotted Jaguar skin, an unusual souvenir obtained during an anthropological expedition to Mexico, is examined by Dr. R. S. MacNeish of Ottawa and his wife, June. Dr. MacNeish brought the skin back with him from Mexico. The Jaguar was shot by a guide. Both Dr. MacNeish and his wife are anthropologists.—(CP Photo).

OTTAWA, (CP) — About the time of the birth of Christ Indians in the northern Mexican state of Tamaulipas were growing tobacco and smoking cigars with filter tips.

This is one of the conclusions of an Ottawa husband-and-wife team who recently returned from Mexico with what is believed to be the most extensive mass of material ever found relating to the history of agriculture on the continent.

Dr. R. S. MacNeish, a Victoria Memorial Museum anthropologist, and his wife, June, who is an M. A. of the University of Chicago, and lectures at Carleton College here on anthropology, made fruit-ful excavations.

Seven Cultures
Their main discoveries were made in one cave in which were the remains of seven cultures, groups of people who followed one another in chronological sequence and who lived in different ways. Vegetable specimens were found mingled with pottery fragments, pieces of baskets, mats, ruins of dwellings and skeletons. By studying such fragments, anthropologists can form fairly complete

pictures of how the people who left them lived.

Dr. MacNeish, also a graduate of the University of Chicago, said the earliest group which lived in the cave gathered wild plants. The second group brought beans and squash under cultivation and the third group, a sort of wild grass which "could be" an ancestor of our present-day corn. The fourth crossed-bred the corn and produced two varieties not dissimilar to types now grown in Mexico.

Fiber Filters
One of the later groups grew tobacco and smoked it in tubes made of cut cane. Into some of the canes they introduced vegetable fibres, apparently to act as filters.

Dr. MacNeish, for the present, is hesitant about dating the cultures, because further investigation is needed before anything definite is known. He said they would be similar to those revealed by excavations he made in 1948 and 1949 about 159 miles from the spot. One cave discovered at that time contained traces of eight cultures dating back about 10,000 years.

The Stars Say

By Estrellita

For Tomorrow
ROUTINE activities take precedence over new enterprises, since judgment and intuition may be a bit off now. Do not put yourself under unnecessary financial obligations, and do not undertake more responsibilities than you can fulfill.

Over-optimism and carelessness could result in serious errors so, in doubt as to your course, seek competent advice. Avoid extravagance and make no purchases unless absolutely necessary.

For the Birthday
If tomorrow is your birthday, you have, as of this week, reached a turning point on the road which leads to achievement of your ambitions and financial success. The balance of 1954 should be

Morning Smile

"What would you do if a lion came after you at 60 miles an hour?"
"Seventy."

exceptionally propitious for you and, if you mobilize your efforts now and back them up with a program of steady endeavor, the results should be excellent.

You may run into some obstacles during the early fall, but take them for what they are — challenges to be met and conquered, with you the gainer! Travel and romance will be under fine aspects during July and August, and domestic relationships should be generally harmonious throughout the year.

A child born on this day will be intelligent, versatile and talented, but inclined to exaggerate at times.

Anne Adams Patterns

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BABY'S OWN TABLETS

Save Money When Sick

First Aid and Home Nursing (St. John Ambulance)

When someone is ill in the home, it's important to have the sickroom as comfortable as possible. St. John Ambulance says there are lots of ways you can improvise useful sickroom equipment — and it won't cost you a penny.

For instance, a bed table is a mighty handy thing on which to place meals. An easy way to make one is to knock out the two long sides of a light wooden box. It can be covered with chintz or some pretty cloth if you really want to be fancy.

Another way to make a bed table is with an ironing board. Put a chair with a square back on each side of the bed and extend the ironing board between the backs of the chairs.

If the sickroom is not near the bathroom you can improvise a washstand from a wooden crate. A screen for the patient can be made from an old-fashioned clothes horse covered with a sheet or bedspread.

If your patient is not able to walk you don't have to buy a wheel chair. A lightweight armchair on heavy casters serves very well. If you need a footstool you can use or fasten a narrow board to the front of the chair slightly above floor level.

A marked measuring bottle is another piece of medical equipment that is easy to improvise. Just attach a piece of adhesive lengthwise to the side of a wide-mouthed glass bottle and pour two tablespoons of water (equal to an ounce) into the bottle and mark the level of water on the adhesive. Continue pouring and marking the level of each extra ounce up to the top of the adhesive strip.

If the patient is going to bed for quite a while it will make things easier for the person who is nursing him if the bed is raised to a higher level to avoid back strain. This can be done by mounting the bed on wooden blocks or tin cans which are partly filled with sand, pebbles or gravel.

A little bit of ingenuity can go a long way in making things easier for both patient and home nurse.

Contract Bridge

By Josephine Culbertson

AN OFT-RECURRING PROBLEM

One of the questions that arises most frequently is this: should you double the opponents for what looks like a sure (though perhaps small) profit, or should you go out for your own game?

Consider West's problem in this deal:

West dealer.
Both sides 40 on score.
♠ K 9 5
♥ 4 3
♦ Q 3
♣ 8 7 6 5 2

♠ A 10 6
♥ K Q 5
♦ A 3 8
♣ K 10 9

♠ 8 2
♥ A J 10 9 7 2
♦ K 10 6
♣ A Q

The bidding:
West North East South
1 NT Pass 2 ♠ 3 ♠
Dble. Pass Pass Pass

Particularly in view of the part-score situation, West might well have raised spades before considering a double of the opposing hearts, but his actual decision cannot be criticized because a three-spade contract could have been defeated. True, the defense would have to be remarkable, but who can say that North-South would not have produced such a defense?

Another point worth considering is that East, with his horrible defensive hand, could not well stand the three-heart double and so should have bid three spades as the lesser evil.

West, opening against the doubled heart contract, laid down the ace of spades and, when West played the seven, continued the suit. The king was put up, and South then ruffed dummy's last spade — an excellent move. Declarer next cashed the ace of clubs and led the club queen. (He felt sure the club finesse would not work.) West took the trick and returned the club nine, hoping that his partner could ruff high enough to force an important trump from declarer. South, however, over-ruffed East's eight with the nine, then led a diamond toward dummy and, when West ducked, successfully finessed the nine-spot. He then ruffed another club, with the trump seven, and led the diamond king. West won and exited with the diamond, but now it was almost elementary for South to lead a trump (or a club) and play the heart ten. After taking the trick, West was end-played, and so South gave up, in all, only one trick in each suit.

Household Scrapbook

By Roberta Lee

When Sewing

After threading the needle, tie a knot in the end of the thread which was last broken from the spool and the thread will not kink.

Mosquitoes

A good remedy for mosquitoes is made by mixing equal parts oil of sassafras and alcohol, and touching to the hands, face, and legs. Or rub the face and hands with a little oil of peppermint.

WOMEN

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DATE CAKE

½ cup butter
½ cup brown sugar
2 egg yolks
1 teaspoon vanilla
1½ cups flour
1 teaspoon baking powder
Cook dates and put on top about one cup.
Then take one cup brown sugar, little vanilla, 2 egg whites and beat with egg beater and put on top. Cook about 40 minutes.

—Mrs. Archie Robinson
Scarletown W. I.

How Can I?

By Anne Ashley

Q. How can I remove disagreeable odors from the house?

A. Burn sugar or dried orange peel on a pie pan or tin shovel. This can be done over a low gas flame or electric plate, and all disagreeable odors will disappear.

Q. How can I whiten piano keys?

A. If the keys are yellow use a piece of flannel moistened with cologne water. Finely powdered French chalk mixed with benzine is another whitener.

Q. How can I remedy syrup that has partly turned to sugar?

A. If the can of syrup is placed in water and allowed to heat the sugar will melt.

That Body of Yours

By James W. Barton, M. D.

REASSURANCE THE GREAT NEED OF HEART PATIENTS

A great number of patients attribute conditions in which pain or distress is present to heart disease as, a matter of fact, the heart is in no way involved in causing the pain. I wrote on the subject some years ago.

From the Medical Clinics at North America I quoted Drs. John Oille and William A. Oille, University of Toronto, in which they stated that careful inquiry and reproductive procedures (procedures in which symptoms similar to those described by the patient) greatly aid in the correct diagnosis wrongly blamed on the heart.

"Most patients consulting a physician for evaluation of discomforts which they impute to heart disease are suffering only from fear of heart disease, a fear often inadvertently instilled by a physician's ill-considered remark."

What these patients need is "positive" assurance that their hearts are sound and in order for a physician to make this statement with conviction it will generally be necessary to explain the underlying cause of all the patient's ills to him as simply and accurately as possible.

Patients with pains beneath the breast or pains extending from breast bone to armpit are frequently considered as being caused by heart disease. Spondylitis — inflammation of one or more bones or joints of the spine — usually causes pain on one side (often the left), variable in location, intensity and the length of time it lasts. Pain from spondylitis and other pains in the bones and joints are often worse on particular movements and postures and these pains can be reproduced by some particular movement. Sometimes what is known as an intervertebral disc (cushion between bones of the spine) causes a nerve root pain called shooting or stabbing pains. Although the cause of the pain may

DOROTHY DIX

Petty Grudges

DEAR MISS DIX: When I was 20, I was left a widow with a six-month-old son. Five years later I married a man who has been wonderful to me and the boy. At first we believed we wouldn't have children of our own, but after six years, we do have a beautiful daughter, born two months ago. Our trouble is that my in-laws won't come to see the baby, and the situation is hurting my husband. A few years back I had an argument with a sister-in-law. It was a silly quarrel. I apologized, but have never been accepted by the family. Since my husband goes to see his people, but they completely ignore me and the children. I hate family disagreements like this, especially when there's no sound foundation for them. How can I patch things up? Should I go over to call on them? Telephone and ask them over? What? P. A.

ANSWER: Clinging to small grudges is childish and petty; I can never understand the reasoning behind it. Selfishness, vanity, grim determination never to admit a wrong, smug conviction in one's own righteousness, all play a part — but the spirit adds up to bad manners, beset with ignorance.

There are very, very few relationships that, at one time or other, aren't marred with differences of opinion; if they were all allowed to assume the proportions of "I won't speak to her again," figure how many persons would not be on speaking terms.

OVERTURES ADVISED

Since you seem to be more understanding than anyone else in the family, and are most anxious to have everyone on friendly terms again, why not make one more overture to the folks? Ask them all over to tea or supper, to see the baby, extending the invitation with sincere friendliness. Write a separate note to each member, or each separate unit of the family, omitting any reference to the past perhaps they are anxious, too, for harmony and just don't know how to go about attaining it. I do hope you mend the rift and that present happiness won't be marred by continued family dissension.

DEAR MISS DIX: Because I can't dance well I decline invitations to parties. I would give anything to learn to dance like my friends. Do you know of any dancing school that affords dormitory life? I intend to spend the next year doing graduate work either in Philadelphia or New York. G.

ANSWER: You'll certainly have no difficulty learning to dance in either of those cities. The famous dance studios in both cities are proficient in making good dancers of people who always considered themselves too awkward to trip the light fantastic. However, to the best of my knowledge there is no dancing school with dormitories. Your best would be to live at the university where you'll do your graduate work and take dancing lessons on the side.

It is usually difficult to locate, it is usually related to movement or body position and can occur with almost any patient in whom no other disorder is found. Drs. Oille state that the type of pain is never caused by heart disease. Also that heartburn and other stomach and intestinal conditions there is often a relation to meals, certain foods, alcohol and excessive tobacco, or a state of tension. Pain from food and eating usually remains in the one spot. What is called "soldier's heart" (neurocirculatory asthenia) is said to be the hallmark of neurosis. "These patients need strong reassurance."

I believe reassurance is the greatest need of any heart patient.

To Contest in Miss Canada Pageant in July



Donaldia MacLeod

WINDSOR, ONTARIO, May 26 — Thousands of miles will be travelled by hopeful, talented and beautiful young Canadian girls entering the 54th Miss Canada Pageant, highlight feature of Windsor Centennial during one July week—from July 19 to July 24. Eyes are on scholarships to further careers that run a gamut from music through many arts, to medical science, veterinary studies, modeling and a score of other "visions." To the lucky one crowned "Miss Canada," amid pomp and circumstance that will outdo all previous Miss Canada Pageants, comes opportunity in the fabulous "Miss America" Pageant in Atlantic City, the first week of September.

A trio of entrants, who will meet in Pageant competition during Windsor Centennial in July, are from far-flung parts in Canada, their homes separated by mountain and prairie, rivers and lakes and valleys. But—all are young Canadian femininity—beautiful, shapely, talented and chuck-full of ambition.

Victoria, P. E. I. is home of 23-year-old Donaldia MacLeod, (above) daughter of Mr. and Mrs. D. G. MacLeod, whose pre-medical course requirements now reach a total equal to ten credits. She is tallish — 5'8" and brunette with dark hair and green eyes, loves collecting china and ice skating. Turning to the Atlantic Coast, province entrant's ambitions bring out more than one. "My interest lies in a medical technician's career," and then, "Or, a television career—in capacity of M.C. and singer, hostess."

Donaldia MacLeod is a member of Pi Beta Phi Sorority, two years at Dalhousie University on way to B. Sc. degree, major in chemistry, is graduate of Eileen Stinson School of modeling (New York), has had vocal training (Lyric Soprano) for a six-year period from the time she was 12 years old until she was 18. Titles are new experience and here are a trio Donaldia has won: "Miss Prince Edward Island" 1951, "Charlottetown," P. E. I., "Pharmacy Queen" and "Sweater Queen"—both at Dalhousie University.

Modern Etiquette

By Roberta Lee

Q. Is it proper to pick up small chickens or chop bones with the fingers when eating?

A. Only at picnics or similar informal gatherings. Otherwise, chickens and chops are not included among the finger foods. It is better to use a sharp knife to cut the meat off the bones.

Q. Can a girl properly refuse to serve as a bridesmaid in a wedding especially if she cannot afford the expense of the clothes?

A. She may refuse, but she must be frank enough to give her reasons for doing so.

Q. Is it proper to apologize for a gift because it isn't expensive?

A. No; in fact, it is bad form to make any mention of price when giving a gift.



ELLEN'S DIARY

by an Island Farmer's Wife

"And how is James?" a pretty white-haired woman, who has known him since he was a babe, asked in her hospital bed last evening. "I suppose he keeps busy?" she smiled.

Yes, busy he is but enjoying much this season which ever excites much attraction to him. How pleasant his days are when the weight of wintry weather rolls off his shoulders! How well he likes to see fields firm, and the cycle of the farming there taken up again. There is a pleased glint in his eyes when the sheep go to pasture . . . and the cattle. We have often seen it as gates in place, he has stopped to look once more at them there along a sunshine-spread slope before stepping off briskly to the next chore a-calling!

So he is enjoying this, another seedtime which has been granted us . . . He notes the direction of the little wings now so sweet and wonders if we might get a shower out of that cloud gathering above the spring-pink of a maple grove. He is the first to catch sight of an engaging but ominous thunderhead. In the west, he found one this evening which before long was dissolved in the rose of the sunset.

"Do you think that perhaps there'll be thunder tonight?" Gage came indoors to ask in a voice which expressed some fear. "Oh no," we reassured him, "look how lovely it is—there isn't a cloud in the sky."
"But there is," he nodded soberly. "a thunderhead . . . Granddaddy found it. Come and see what you think of it . . . It's not very big."

There it was peak outlined fetchingly with an inner radiance. It was good that it was lost presently, washed away in the tide of the sunset shades.

Nice old scenes we relived this afternoon when it brought to our arms the first of the sowing. It was in good time. Or so we decided noting the crinkled new leaves of the little birch tree on the lawn now the very size of squirrels' ears. Or was that one-time signal only for the seeding of wheat? This was a mixture of grains that was conveyed in the little truck to that far field at "the other farm" today.

The old seeder had been brought to the yard behind a tractor but James preferred to use the team at the sowing . . . How warm was the sun on the backs of his hitch of three and pleasant it was to hear again the gentle clank of the harness as in deft moves he presently had them clad and hitched to his liking. As in remembered seedtimes, swallows dipped and soared lightly about, and the year was young and fresh and lovely along the valley.

"I believe, Ellen," James offered gathering up the reins and preparing to move away, "I'll not do much walking . . . I think I'll let them haul me this year."

What a pretty tune the frogs pipe as they commence now. In call the workers in from the fields. Of what does it treat? Nothing else, we fancy, but of the pleasantries of the sowing.

Until tomorrow — — — — —
— — — — — Good-night

Better English

By D. C. Williams

1. What is wrong with this sentence? "We need to have no fear of the result."
2. What is the correct pronunciation of "accuracy"?
3. Which one of these words is misspelled? Apiece, aperture, apologetic, apoplexy.
4. What does the word "disparage" mean?
5. What is a word beginning with kin that means "sympathetic"?

ANSWERS

1. Omit "to." 2. Pronounce ak-u-ra-si, four syllables, and not ak-er-si. 3. Apiece. 4. To speak slightly of; to depreciate; to underestimate. "Men of inferior talents tend to disparage better men." 5. Kind-hearted.

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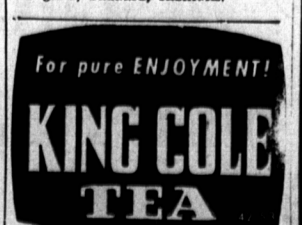
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