

## Morning Smile

Too Bad!

After twenty years' absence a man returned to his home town. He discovered only one of the original residents, an old Irish woman. "Tell me, Mrs. Daly," he said, "what became of poor little Jimmy McKenna?" "Poor!" echoed Mrs. Daly. "Poor nothin'! Jimmy had no schoolin' but he grew up to make a fortune, although he couldn't read or write." "And where is he now?" "I couldn't say. You see, about two years ago he went down to the pool where some of the boys was swimmin', an' it being a warm day he took off his clothes an' was drowned." "Too bad," said the visitor. "To think of a boy like that coming to such an end. And he couldn't read or write?" "No," said Mrs. Daly. "Nor swim."

## Modern Etiquette

By Roberta Lee

Q. If a girl's parents are unable to stand the expense of an elaborate wedding, and her fiancé's parents, who are very well-to-do, have indicated they would welcome the opportunity to defray the expenses of such a wedding, would this be all right?  
A. No. A girl's wedding must be in keeping with her own family's resources. After her wedding her husband's parents may give as big and elaborate a welcoming party as they wish.  
Q. When serving wine at a dinner party, should the glasses be filled in the kitchen and then brought in to the table?  
A. No. The wine should be poured into the glasses, at the right of each person, and without moving the glasses.  
Q. Wouldn't a nice gift take the place of a bread-and-butter letter when one has been entertained in a friend's home for a weekend?  
A. Never. The letter should be written also.

## Cook's Corner

NEVER FAIL DUMPLINGS

To each cup of flour allow a heaping teaspoon of baking powder and ½ teaspoon of salt. Sift together 3 times and slowly add sweet milk to make a stiff dough as can be stirred with a spoon. Be sure to have plenty of liquid in the stew. Dip spoon in the stew, then in the dough using about a small tablespoon for each dumpling. As they rise arrange over

## How Can I!!!

By Anne Ashley

Q. How can I cool dishes out of doors, and still prevent dust and dirt from settling on the food?  
A. Covers made of embroidery hoops of various sizes, with pieces of cheesecloth inserted in each, are excellent for covering dishes when cooling outside. The air can circulate, and the hoops provide enough weight to prevent them from being blown off.  
Q. How can I keep lemons without their spoiling?  
A. Keep them in a jar of cold water, renewing the water every day. They can be kept for several months if packed in clean, dry salt.  
Q. How can I add stiffening to delicate fabrics that will not stand starch?  
A. Melt a little granulated sugar in boiling water and add it to the rinsing water.  
top of stew and put kettle over heat. Leave uncovered until dumplings are like puff balls, then cover and cook 20 minutes. Secret of success is in mixing stiff and allowing to rise or come light before covering.

## EGGLESS FRUIT CAKE

Two cups brown sugar, ½ lb. raisins, ½ lb. dates, 2 tablespoons lard, 1 teaspoon ground allspice, 2 cups boiling water. Boil 5 minutes, let cool, then add 2½ cups sifted flour, 1 teaspoon baking powder, 1 teaspoon baking soda. Then add mix peels and nuts. Bake in moderate oven ½ hour for layer cake and 1 hour to cook as a loaf.

## BABY'S BOTTLE

Clean it safely with Baking Soda. Free folder on request. Search & Dwight Limited, See Life Bldg., Montreal.



## DOROTHY DIX SAYS—

### Boy-Crazy

#### 14-Year-Old Will Outgrow This Foolish Phase Soon

DEAR MISS DIX: We have a daughter of 14 who is a problem to us. She is rather silly and quite boy-crazy. She thrives on the attentions of the opposite sex and stops at nothing to get them. She is quite confident of her ability to attract young men, and thinks and dreams of nothing else. Although her mental capacity is not above normal, she wishes to appear older and more mature than she actually is, considers herself very worldly wise. Will this lead into more complicated channels? And what can we do to prevent it?  
BEWILDERED MOTHER



ANSWER: Every mother who has a 14-year-old daughter has a problem that keeps her awake nights and turns her hair gray, so you are not alone in your anxiety and uncertainty about how to deal with it. Girls of 14 all have acute attacks of "boyitis," when they think of nothing else on earth but boys and dates and going places. Also, when a girl is 14 she yearns for age, as we oldsters do for youth. The highest compliment you can pay her is to tell her that you thought she was 20. Her ambition is to look like a sophisticated woman of the world and to be painted like a barn door, and her greatest earthly desire is for a black velvet evening dress.

### BE PATIENT

It is a phase of adolescence and it passes, and the important thing is for the mother to realize this and to deal with it with patience and humor. Try not to take it too seriously. Don't make issues of unimportant things. If Sally spends hours doing up her hair like some movie actress, if she is bound to have her fingernails look like blood-red talons, and if her heart is set on wearing clothes too old for her, let her do it. She will drop it when somebody laughs at her. Don't forbid the boys coming to the house. She will meet them on the street corners if you do. Just string along with her the best you can, laughing her out of some of her follies, ignoring a lot of others, and trying to steer her in the right way.

Don't worry over her too much and don't despair of her. We have all been 14 and boy-crazy, but most of us got over it and have made pretty decent women.

DEAR MISS DIX: A man has asked me to marry him. He can provide for me very well and offer me nearly everything in the material way. However, we are of diametrically opposite backgrounds and religion. Mentally we are entirely different. I am interested in everything pertaining to politics, education, the theatre, books, et cetera. Sports are of more interest to him than they are to me. My problem is: Can I make a successful marriage with this man, or shall I take my chances on meeting one who will be more intellectually compatible? I am in my late thirties.  
SUZANNE

ANSWER: No marriage can be happy in which the husband and wife are not congenial. No material comfort that a husband can bestow upon his wife can atone to her for his not giving her sympathy and understanding. No physical attraction can keep people together who differ in their opinions and tastes and habits. The one indispensable thing in marriage is that a husband and wife must like to do the same things, must enjoy the same things, must have the same points of view.

Hence it is always taking a long shot at happiness when two people of different backgrounds and different cultures marry. The final touch of danger is added when two people of different religions marry.

In your particular case this hazard would be augmented by the fact that you evidently consider yourself much superior to the man you are contemplating marrying. No woman is every happy with a husband she looks down upon. Nor is any man ever satisfied with a wife who treats him as her inferior.

But one mistake women frequently make is in undervaluing a man's intelligence. They forget that it takes a better brain to know how to make a living than it does to write a paper for a women's club.

DEAR DOROTHY DIX: What do you think of single girls going with married men?  
W. J. J.

ANSWER: I think they lack both heart and brains. They show their lack of heart in being willing to steal a husband away from his wife and to break a sister woman's heart and orphan little children. And they show their lack of intelligence by not realizing that they are wrecking their own lives by giving their youth and their beauty and their love to a man they cannot marry.

## That Body Of Yours

By James W. Barton, M.D.

### FOCAL INFECTION IMPORTANT CAUSE OF ARTHRITIS AND OTHER DISEASES

When a physician treating cases of rheumatism and arthritis daily finds that removal of infected teeth or tonsils and lining of nose and sinuses, while aggravating the symptoms for a short time, finally gives complete relief of symptoms, he is naturally fully persuaded that infection is the cause of the symptoms of these patients. Ever since infection as a cause of painful muscles and joints became known, most physicians, while admitting that conditions other than infection may aggravate or even cause arthritis, nevertheless believe that infection is the greatest single cause. (Diet, climate, injury may be the cause in some cases.)

Several years ago when there were just as many cases of the common cold and sinus disease as today, nose and throat specialists performed many surgical operations on the nose and in many cases removed much of the mucous membrane or lining of the nose. As it is known that the lining of the nose and sinuses is man's greatest protection against infection, it was not long before our nose and throat specialists stopped removing any or very little of this defensive lining and used other methods of treating colds and sinus infections.

In the Journal of the American Medical Association, Dr. W. H. Johnston, Santa Barbara, California, Chairman of the Ear, Nose and Throat Section of the Association, states that the use of vasoconstricting (drying up) process and removal of swelling of the lining of the nose and sinuses) nose drops has done much to abort acute sin-

us infections and relieve discomfort. The use of the sulfa drugs and penicillin has greatly reduced the need for sinus surgery. "The pendulum has swung to the conservative side so far that patients who really need surgical operation are denied the only treatment that will cure the condition." Dr. Johnston believes that a lining of nose and sinus that is of no further use in protecting the individual from colds and sinusitis, in fact actually carries infection, cannot be restored to normal by germ-killing drugs. He believes, further, that focal infection — infected nose, throat, tonsils, gums and teeth — is still an important factor in causing disease of the whole body.

That a specialist of Dr. Johnston's standing still believes focal infection is an important factor in systemic disease is significant when we hear and read that focal infection is not an important cause of arthritis and other diseases of the body.

See your physician and dentist regularly and so avoid or remove infection.

## HOT DOGS



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## Household Scrapbook

By Roberta Lee

### Eyeglasses

It is a mistake to try to wear other people's glasses or to fill cheap glasses to your eyes. Eyes are too precious to take chances with them. Have the vision tested by a reliable eye specialist before wearing any glasses. Then have your own prescription filled.

### Ham

Mix left-over cooked ham with hard-boiled eggs, celery and dressing. It will make a good salad to serve for luncheon or supper and should constitute the main course.

### Relief From Burn

When one has been burned, apply a cloth wet with equal parts of sweet oil and lime water. It will bring great relief.

## Better English

By D. C. Williams

1. What is wrong with this sentence? "It's an actual fact that both his sister-in-laws were there."
2. What is the correct pronunciation of "gauge"?
3. Which one of these words is misspelled? Penitentiary, penetration, peninsula, penitence.
4. What does the word "contribute" mean?
5. What is a word beginning with ind that means "inborn; innate"?

### ANSWERS

1. Omit actual, and the correct plural of sister-in-law is sisters-in-law. 2. Pronounce gaj, a as in age. 3. Penetration. 4. To plan ingeniously; to plot; to scheme. "Their plans were cunningly contrived." 5. Indigenous.

## ELLEN'S DIARY

By An Island Farmer's Wife

The robins are here today though we fancied somewhat disappointed to be sure to find this sunless March day a bit drear after the sunshine and warmth of their winter playground in the south. There would be some disappointment we suppose in hopping along still drab lawns, and little to inspire a spring song in a visit to the nest in the topmost branches of the old birch. A canny lad-of-a-robin would likely first inspect this thoroughly, taking note of its possibilities in respect to a home, before hopping to a pulsing branch to send out a sweet enticing strain to fall on the ears of some trusting fluff of femininity. In his maturity, James is sure this would be an early concern with him, though we have a notion, digging back into memory, in the glamour and blind faith of youthful days, the song usually preceded any thought of a place of subsequent dwelling. A lingering mist, a mere veil of dampness, as fragile as the summer-webs along a clover-set pasture and as flattering as the wisp of gossamer that adorns milady's new hat, softly moulded our line of hills this morning and taking note of this and the quiet gray clouds, the farmers wondered if perhaps the wood-sawing planned for the afternoon might have to be postponed, in the face of it.

However, the farm-engine was hoisted to the truck and conveyed along the still firm road of morning to the scene of the sawing, which before completion will make supplies of fuel for four homes — Mr. A's, Rob's and Alcecia. It was to Mr. A's the help went this afternoon in the still prevailing gray of the day, on foot along the fields, granddaughter keeping step happily with her father on an outing which was to be continued, attended by James and Gage from the A's gateway to Rob's. She might

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have taken the last step of the way alone, but it is somewhat hazardous for a small one. There is "Sam's Bridge" where the water runs broad and deep now, to be crossed, as well as that in Rob's lane which bridges the mill-stream. We kept an ear to the children's progress, until Carolyn laughed "They're here!"... "You'll have to take my hand," granddaughter said to her father returning along fields dim with night-shadows "you can see the way better in the dark than I."

James, as he said "A sort of a fifth wheel" joined the workers after a matter of choring was settled, looking in upon us where we

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