

Household Scrapbook

By Roberta Lee

Smoke-Stained Bricks

Clean smoke-stained bricks by mixing 2 ounces soda, 1 ounce pumice stone, 1 ounce salt, with sufficient water to make a cream. Rub the bricks well, let stand for a few minutes, then brush off with a stiff brush.

Liquid Shampoo

A good liquid shampoo can very easily be made by just taking some pure powdered castile soap, such as can be purchased at any drug store, and dissolving this in boiling water.

Fruit Stains

Cover the fruit stains on table linen as soon as possible with glycerine, allow it to set, then place in the laundry hamper. The spot will disappear when washed.

Cook's Corner

SUNDAY SUPPER SOUP

Yield—12 servings.
4 tablespoons butter or margarine
1 cup finely-shredded raw carrot
2 tablespoons chopped onion
1 can (20 ounces) lima beans with their stock
1 can (10 ounces) condensed cream of celery soup
1 can (10 ounces) condensed cream of chicken soup
4 cups milk
Heat the shortening; add carrot and onion and fry gently, stirring often, until carrot is almost tender—about 5 minutes.
Add the lima beans with their stock; stir in the celery soup and chicken soup and combine well; gradually blend in the milk.
Heat thoroughly, stirring often, do not allow to boil.

Coty fragrance makes it festive!



Beautifully packaged "Air Spun" Face Powder and Purser with a pretty luck charm for her bracelet in the fragrance she loves— "Paris", Emeraude, L'Origan or L'Aimant. \$4.00

Face Powder-Purser Set

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COTY

WORLD'S GREATEST KETCHUP VALUE

So rich a little goes a long way



Modern Etiquette

By Roberta Lee

Q. When a host asks you, "What will you have to drink," is it correct to ask him, "What do you have?"

A. A good host will usually make suggestions, or will tell his guests what he has to offer. But if he doesn't, it certainly is not well-bred to ask him what he has. Don't hesitate to state your preference, and if he is not stocked to fill your order, you can start over from there.

Q. When a man and woman are entering a public dining room, and the head waiter is busy somewhere in the center of the room, what should they do?

A. They should stand in the doorway until the headwaiter comes and escorts them to their table.

Q. Is it proper for a woman to send flowers to a male acquaintance who is quite ill?

A. Yes, this is not only proper, but is a very thoughtful gesture on her part.

Better English

By V. G. Williams

1. What is wrong with this sentence? "Their efforts resulted in them collecting in the neighborhood of fifty dollars."

ANSWERS
1. Say, "Their efforts resulted in their collecting about fifty dollars." 2. Pronounce pan-e-jir-ik, as in, as in me unressed, both is as in, in accent third syllable. 3. Naphtha. 4. State of being greatly reduced in flesh. "He was marked by the emaciation of his imprisonment." 5. Acclamation.

How Can I ...

By Anne Ashley

Q. How can I test the quality of table linen?

A. A good method for testing is to secure a sample and dip it into any kind of oil. The linen threads will become almost transparent, enabling one to see very readily how many cotton threads it contains.

Q. How can I make the carpet sweeper more efficient?

A. When cleaning the carpet sweeper, remove the brush and after taking off all hair and lint, rub it well with a cloth wet in kerosene. Let the brush remain in the air until the odor has evaporated.

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LARGEST PROVINCE
The area of Quebec is approximately equal to that of France, Germany and Spain combined.

KING COLE COFFEE

So delicious — so refreshing!

A Country Garden

By Mrs. Gordon MacMillan

When men are rightly occupied, their amusement grows out of their work as the color petals out of a fruitful flower; when they are faithfully helpful and compassionate, all their emotions are steady, deep, perpetual and vivifying to the soul as is the natural pulse to the body.—John Ruskin.

Working in the garden this past week has been very pleasant and much has been accomplished. Daffodils were planted under the beech trees in the wood and with a carpet of blue forget-me-not will be lovely next spring very early and continuing for weeks.

Daffodils and other bulbs are especially fine for naturalizing and these bulbs are an investment that increases year by year in value as certainly as the seasons turn. The superintendent of the Cotton Memorial Nursery said to me "Seventy five thousand bulbs have been sent out from this nursery in the last month or so" What a wonderful showing they will make on our small island!

Water lily tulips that grow about eight inches high and come very early in the spring were planted in my earliest garden. A collection of Tulp species includes a great number of beautiful and interesting varieties, which show a bewildering variation of size and shape of flowers, structure of the leaves, habits, etc. and they only grow wild in some iron that they grow wild in some parts of the world, Asia Minor, Central Asia, Greece, the Mediterranean. Cultivation has not modified them and they may be planted in the rock garden between creeping plants or in colonies in small, warm nooks, a situation tulips would e out of place.

Muscari-Grape Hyacinths were planted in the rock garden and are charming small early bulbs. They are absolutely hardy and increase through the years. They are very good for forcing in the house and some were planted in bowls for winter blooming.

While the weather keeps open a great deal of work can be done in the borders to relieve the pressure in the spring and it is a good time to renew the soil. New flower borders can be made and planting done in the spring, when the early fall is so very strenuous on the farm and it is possible to have a garden although the time for gardening is very limited.

This is the time of year to read and study about gardens and I have received from our Public Library several lovely books. There is one written by Sydney Mitchell describing his California garden and reading this book is the next best to a visit to a southern garden in winter time.

It is more interesting because the author was born in a northern province of Canada. This book is beautifully illustrated with photographs of the garden described and the frontispiece in color. "Looking up into the patio from the south in March with Clematis in bloom and the tall, umbrella-like, double-flowering pink almond at its best." Gardening, particularly in California.

Gardening is a very personal affair, and your garden and mine, if they are really our own, are likely to be extensions of our personalities, opportunities for self-expression, wonderful at best, harmless at least, where there will be by-products of beauty and of utility and of healthful recreation. You have the right to be the kind of gardener you are—even to abstain totally from gardening if you prefer other things. If you are interested in grass and evergreen shrubs and materials which can be depended upon for the same effect, the one you like throughout the whole year. If you are a perfectionist, your garden will be a perfectionist's mine has always lacked in new plans or ideas, interested in new plans or ideas, collecting and discarding, experimenting always—then your garden will show this as mine does.

It is desirable, however, that a gardener, unless his idea of fun is a lifetime fight with nature give careful consideration, in planning his garden and choosing his interests in it, to his climate over which he admittedly has no control, to the contour of his garden which can only be altered, and to his soils. Do not try to have a

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Howatt-King Nuptials



Mr. and Mrs. Everett K. Howatt, Jr., are pictured above, following their wedding in Zion Presbyterian Church, October 15th. Mrs. Howatt is the former Miss Betty King, daughter of Mr. and Mrs. Arthur King of Charlottetown. Mr. Howatt is the son of Mr. and Mrs. Everett K. Howatt, Sr., of Tryon.

DOROTHY DIX'S COLUMN

Attracting Boys

Has Anyone The Magic Formula?

DEAR MISS DIX: Several of my girl friends have the same problem. We would like your advice on how to let a boy know you like him. The boy I like is my age—17. We go out with the gang but everything I do or say he treats as a joke. Should I stop bothering with him, let someone else tell him I like him, or what? The other girls are also concerned with attracting the boys they like. What can we do?
G. N. AND FRIENDS



Muriel Nissen

not only quite natural but definitely on the upgrade. Take his kidding seriously and give a little banter back. Show that you're a good sport and his reactions will grow from favorable to serious. Remember, girls do mature earlier than boys and, while you may be at a stage to accept boys seriously, they are not ready to reciprocate.

DEAR MISS DIX: I have a friend whose company I enjoy very much although I am not in love with him. He only calls on me week-ends and whenever we go out it is with his friends. My girl friends don't bother with me any more at all because of him. I stay home all week, only waiting for the week-ends. Do you think I should waste all this time?
H. L.

ANSWER: You're a very foolish young lady to waste your time and lose friends over a boy who is inconsiderate enough to cut you away from old acquaintances. I honestly don't understand, though, why your girl friends seem to be girl friends during the week, boy friends week-ends. The other girls must be dating at the end of the week, too. You seem quite unhappy in this situation, so I think your best bet is to give up the boy.

DEAR MISS DIX: Six months ago I received a diamond, but as yet my fiancée's people have never invited me to their house for dinner. Do you think they don't approve of me?
MILLIE

ANSWER: You don't specify whether it's just dinner to which they have failed to invite you, or whether you haven't been asked to their house at all. Perhaps, for one reason or another, they don't like guests at mealtime.

Don't judge their willingness to accept you merely on a basis of invitations to meals, or adherence to formal rules. Are they kind and pleasant to you? That's the test!

The Stars Say

By Genevieve Kemble

For Tomorrow
A SUDDEN and quite unpredictable turn in events—strange, intriguing and of far-reaching consequence—might be the means of changing all plans, re-arranging schedules and probably bringing a new plan of action and enhanced prospects into being. Dynamic and thrilling force, perhaps spectacular and dramatic, will affect private as well as business life and ambitions. The element of romance is not lacking. In fact, under such strange new impetus, it may be thrilling to swim the tides of destiny.
For the Birthday
Those whose birthday it is need not be surprised at a swift and un-

That Body Of Yours

By James W. Barton, M.D.

TREATMENT OF HEADACHE BY AN ERGOT PREPARATION

While constipation is one of the commonest ailments known to man, statistics tell us that headache is the commonest.

As to the cause of headache, I have personally counted over 150 whereas some physicians have been able to count over 200 causes.

I have written before of the value of an ergot preparation, ergotamine tartrate, and of the great success recorded by Dr. Mary O'Sullivan in the treatment of migraine (one-sided headache) by ergotamine tartrate (trade name, Ergonogen). It is not surprising, therefore, to learn of the successful treatment of various types of headache by ergot preparations.

In the Swiss Medical Journal, Basel, Switzerland, Drs. M. & S. Stauffenegger report their results by use of hydergine (a mixture of three hydrogenated ergot alkaloids) which was given a trial in the prevention of chronic refractory (stubborn) headache in 111 women and 60 men. Of the 161 patients, 95 had vasomotor cephalgia (headache from blood vessels in head) 37 had genuine migraine, 17 had headaches following injury (post-traumatic), and 12 had genuine trigeminal (tic doloureux) and headache-neuralgia-at back of head (occipital).

Hydergine was given by mouth and treatment was started with 5 drops, three times daily after meals; the dose was then progressively increased until 25 drops (1.25 mgm) were given three times daily for three weeks, the whole course of treatment lasting from 9 to 11 weeks.

Of the 161 patients, 12 (7 per cent) were cured, 40 (25 per cent) were improved temporarily, 29 (17 per cent) were improved, and 51 (32 per cent) were unchanged. "The patients with genuine migraine (one-sided headache with nausea and vomiting) responded best to hydergine. Of the 161 patients, only 29 had mild reactions such as loss of appetite, diarrhoea, constipation, palpitation of the heart, dizziness, and fatigue. These reactions were so mild, however, that only 2 had to stop taking hydergine.

While the exact brain disturbance causing headaches is unknown, it is thought to be due to a widening or dilatation of the blood vessels of the brain and an increase in the force behind the heart beat. As ergot preparations such as hydergine close or contract blood vessels and this tightening or partial closing of the blood vessels thus prevents dilatation and may be why hydergine gives relief in this type of headache.

Morning Smile

Poor Man

A dapper little man applied for a separation order to be made out against his wife on the grounds of cruelty.

When asked by the magistrate if he could prove his case, he replied meekly: "One night I dreamt I won \$100,000 in a football pool, and the following morning my wife



ATHLETES WED—Both competitors for Canada in the Olympics at Helsinki this year, Eleanor McKenzie of Vancouver, sprinter who was Canada's outstanding woman athlete of 1950, and pole-vaulter Ron Miller of Toronto, are shown prior to their marriage in Vancouver. Papa McKenzie beams on the pair who met in 1949 while en route to the British Empire Games at Auckland, N. Z.—(CP Photo)

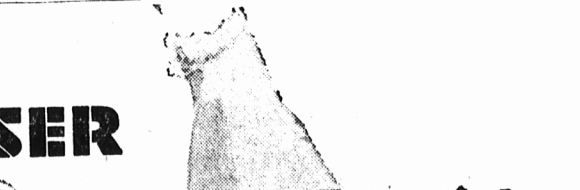
all out to tea and they had delicious cakes, ice cream and other dainties.
Just as the youngsters were ready to go home, the teacher asked the youngest of them: "Well, Jim, did you enjoy the concert?"
"Oh, yes," Jim replied happily. "All but the music."

Anne Adams Patterns

IN LARGER SIZES!
Want a casual tweed or "after-five" faille skirt? Choose Pattern 4865—it's especially slimming with side panels, smart hip flaps! No more "what-shall-I-wear" worries—team it endlessly with blouses, jerseys, jackets! Send now, sew several versions! Women's waist Sizes 28, 30, 32, 34, 36, 38 inches Size 30 takes 1 1/2 yards 54-inch.
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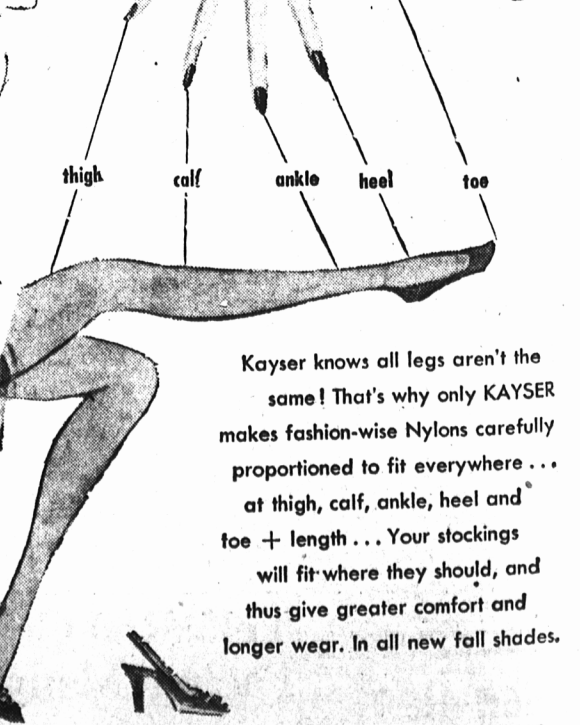
ARTHROITIC PAIN

Almost Unbearable
"My husband is a carpenter on the railway," writes Mrs. Jack Taylor, St. Catharines, Ont. "One morning he went to work and found he could not climb the ladder to do his work. A dull pain in his shoulder and leg was almost unbearable. The druggist recommended T-R-C's. My husband took 2 capsules and before the day was over he was back at work again. Now, if he has any pain at all, he carries T-R-C's in his lunch pail."
Don't suffer another day from Arthritis, Rheumatic, Neuritic pain—Lumbago or Neuralgia. Try Templeton's T-R-C's—Canada's LARGEST-SELLING proprietary medicine for fast relief from such pain. Only 65c, \$1.35 at druggists. 1451



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