

Happenings of The Week

Mrs. A. W. Matheson left Tuesday morning for Truro, N.S., where she is visiting her sister, Mrs. George Mitchell. Mrs. Matheson and Mrs. Mitchell are leaving next week for Ottawa, where they will spend the Easter holiday with another sister, Miss Gladys Parquharson.

Mr. and Mrs. Kenneth A. Parker entertained friends at dinner Sunday evening.

Mrs. E. M. Found was hostess to friends at an April First bridge Thursday evening, when three tables were in play.

Mrs. B. Earle MacDonald returned Monday from Halifax, where she had been visiting her daughter and son-in-law, Mr. and Mrs. Gerald Barrett.

Dr. and Mrs. J. A. McMillan left Wednesday by car for New York City, where they plan to spend ten days.

Dr. and Mrs. J. P. Lantz entertained at dinner Wednesday evening.

Mrs. R. E. Schler was hostess to the "Stitch and Chatter" group of Trinity Junior W. A. at her home on Ambrose St. Tuesday afternoon. The group took this opportunity of saying farewell to one of its members, Mrs. Stanley Lancaster, who is leaving for England on a visit to her former home. A gift was presented, along with every good wish for a happy holiday. Refreshments were served, the hostess being assisted by Mrs. G. Houston, Mrs. J. H. Cery and Mrs. J. F. MacLeod. Mrs. Lancaster sails from Halifax, N. S., on April 17th, accompanied by her two daughters, Diane and Patricia.

Mrs. J. A. Haslam left Tuesday for Moncton, N.B., where she is spending a few days with her aunt, Mrs. C. P. Price.

Miss Mary Janet Found is entertaining a number of friends this afternoon, the occasion being her seventh birthday.

Mrs. Verne Campbell of Dartmouth, N.S., with her young son, is visiting her family here for several weeks.

Dr. and Mrs. R. G. Lea entertained a few friends at a square dancing party Tuesday evening.

Mrs. William Grant left Thursday morning by air on return to her home in Toronto, after spending ten days here with her parents, Mr. Austin Trainor, whose illness is widely regretted, and Mrs. Trainor.

Mr. and Mrs. Arthur M. Clark have returned after a motor trip to the United States, where they spent a month in Hollywood, Florida, and stopped over in Washington, New York and Boston.

Members of the Longines Symphonette, who were heard in the last Community Concert of the season Wednesday evening, were guests at an informal gathering at the Y.M.C.A. after the concert. Mrs. K. M. Martin and Mrs. J. L. Curran presided over the table, while members of the Ladies' Auxiliary to the Y served refreshments.

Mr. Dave Stewart, the noted hypnotist, is leaving this week-end on return to his home in Melbourne, near Toronto, after a number of engagements here. He has been the guest of Mr. and Mrs. Stanley Lancaster.

Mrs. J. E. Larabee and Mrs. G. Dalling, and Mrs. W. R. Brennan and Mrs. Millar MacDonald were hostesses this week at Friendship parties in a series being held by the Eastern Star.

Miss Dorothy Cox, R. N., arrived home last week-end following a three-month stay in Halifax where she took a course in mental health.

Lt. Col. and Mrs. W. J. MacDonald had as their guest this past week their daughter-in-law, Mrs. D. A. C. MacDonald. While in Prince Edward Island, she was also a guest of her sister-in-law, Mrs. Alan Raymond Grant, Summerside. She is now visiting her parents, Mr. and Mrs. W. M. MacGillivray in Sydney, C. B.

Mrs. W. G. Sutherland and Mrs. J. Finley MacLeod left Charlottetown by air Friday morning enroute to Washington D. C. They intend to spend from four to six weeks visiting Major and Mrs. Ed Bowman of Arlington, Va. Mrs. Bowman, the former Janet Sutherland, daughter of Mrs. Sutherland, is a captain in the U.S.A. Nursing Corps, at present on the staff of the U.S. Army Dispensary, Fort Meyer, Va.

The Summerside Curling Club hostesses on Saturday evening were Mrs. R. E. Ellis, Mrs. Richard Hinton, Mrs. Albert Silliphant and Mrs. W. E. Smallman.

On Monday afternoon the Ladies' Curling Club held its closing with Mrs. R. A. Horne and Mrs. G. R. Sheen as hostesses. Mrs. George T. Clarke poured and Mrs. Creelman MacArthur entertained at the piano. Mrs. T. L. Linkletter, president, and Mrs. Elmer Offer

Continued on page 9

That Body Of Yours

By James W. Barton, M.D.

MEDICAL RESEARCH MAY SAVE YOUR LIFE

If you were asked what is the greatest problem facing the medical profession today, you would answer that it was cancer or heart disease and they certainly are the most serious problems. However, when we think about it, our surgeons can now operate safely on the heart, preventing many cases of "blue" babies and other serious heart conditions, and cancer can be cured if discovered and treated in its early stages.

In Public Affairs Pamphlet No. 201, which is published by the Public Affairs Committee, the nonprofit organization which is so helpful in all types of illness, we learn an arresting fact: the pamphlet states:

"No problem of chronic disabling disease is more pressing than that of mental illness which are the more terrifying in that they give no sign of their onset. Each year more than three-quarters of a million Americans receive mental hospital care at some time. At least one of every 18 will have to go into a mental hospital at some time in their lives." The emotional costs of these widespread illnesses is millions. They are a drain on the happiness of thousands. This large amount of money, 97% of the financial burden of caring for mental patients, falls on the government—state, county, and city mental hospitals.

The Veterans Administration gave over 146 million dollars in 1952 for the hospital care of mentally ill veterans and paid them more than 375 millions in compensation and pensions.

Unfortunately, as pointed out by the pamphlet, there is very little spent on research work on mental illness and yet mental illness presents a great field for research. We have only to look at the cost of caring for one mental patient—physicians, nurses, orderlies—to realize how much these patients could be helped and how much money saved by spending more on research. Research in mental hygiene pays large dividends. Too many of us have the idea that treatment of mental cases is almost hopeless. But we must remember that our mental hygiene research workers, even before the days of the shock treatment, were able, within a reasonable time, to restore mental patients to their former work. Six of every ten entering a mental hospital were so helped.

Another method of treatment is by B vitamin and nicotinic acid which is both a preventive and cure for pellagra and has virtually wiped out mental illness resulting from this disease. Thirty years ago 8 per cent of admissions to South Carolina state hospitals suffered mental illnesses caused by pellagra. Today scarcely one patient admitted in a year has pellagra.

The writer of the pamphlet is Gilbert Grant who has been a New York Times editor for the past several years. These pamphlets may be obtained by sending Twenty-five Cents for each to Public Affairs Pamphlets, 22 East 38 Street, New York City 16, N. Y.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

unexpected changes but by increased responsibilities, especially where your career is concerned. Financial and professional expansion is indicated during the next two months, and how you handle your affairs during this beneficent period can well affect future security.

Personal, domestic and romantic matters should prosper during the balance of 1954, but you may experience periods of emotional tension during the late fall and early winter. From June until September, you should find social activities exceptionally stimulating, with travel also under good aspects.

A child born on this day will be active, enterprising and a good social mixer.

CHURCH AIDS NEEDED TORONTO (CP) — Approximately \$1,500,000 worth of relief in cash and clothing has been donated by members of the United Church of Canada toward aiding needy persons in Korea, India, Britain, Holland and Germany, Dr. W. Harold Young, chairman of the committee on overseas relief,

The Stars Say - -

By Genevieve Hamble

For tomorrow

SUNDAY'S forecast indicates a most pleasant day. Seek relaxation with cheerful companions and in pleasant surroundings. It is not a day in which to worry about the future or to undertake new projects. Instead, take things easy and prepare for an active week to come.

During the evening hours, courtship and romance are favored and domestic relationships should be unusually harmonious. You may find pleasure in entertaining relatives—especially children. Plan social entertainment for them since it will be received with unusual warmth and appreciation.

For the Birthday

If tomorrow is your birthday, the months ahead should bring most satisfying recognition for past efforts. Financial plans in which you have been interested since the beginning of the year should reach fruition by the end of May and, where your professional interests are concerned, your horoscope indicates that you are, even now, in a fine period of expansion which should continue for several months to come.

During the fall months, guard against overwork since, in your enthusiasm, you may be inclined to take on more responsibilities than you can possibly handle. A concentrated effort to relax and to take things as they come will help to counteract such a tendency. Social life and travel will be under fine aspects from June until September. Be especially careful of your health during August, however.

A child born on this day will be intelligent, vivacious and extremely ambitious.

The Day After Tomorrow

Monday's aspects are excellent for all creative affairs, and those engaged in the literary world, the arts, professional and scientific pursuits should benefit especially. For the rest, yesterday's pleasant auguries continue, promising a lively, enjoyable and eventful day.

The evening hours are excellent for cultural interests, creative hobbies and all pursuits which stimulate the mind and the imagination. Romance and courtship are also favored.

For the Birthday

If Monday is your birthday, you should prepare for a year which will be marked not only by

Married In London



—A wedding of local interest recently took place in London, England, when LAC. Wilfred Harris of O'Leary, P.E.I., and Patricia Ann Farrell, S.R.N., of London, England, were united in marriage. Wilfred, son of Mr. and Mrs. Arthur Harris of O'Leary, has been stationed at Langar Air Field in Nottingham, England, since February, 1953.

DOROTHY DIX'S COLUMN—

Widow Remarried

She's Worried Because Young Son Is Resentful Of His Stepfather

EAR MISS DIX: During seven years of widowhood my son and I grew very close to each other. He's now 10 years old, and I have been second husband, who loves the boy and is trying to do everything to make him happy. I'm so afraid my marriage will go on the rocks if this problem isn't settled.

ANSWER: For the time being at least, it would be better if all scolding and correcting of the boy is done by you rather than your husband. The boy must learn gradually to accept your husband as a father who loves him and can be trusted. Apparently you did little or no preliminary work in having the boy and husband-to-be become acquainted, which would have possibly eliminated much of the present strife. After being so great a part of your life for seven years, the child naturally resents being suddenly plunketed to second place. You might seek professional advice from a child-guidance center on the "how" of making your son understand matters.

DEAR MISS DIX: We are three girls who like three boys. When we see the boys they are very nice to us, and we are pleasant to them, but we'd like them to take more interest in us. How can we get them to ask us for dates?

ANSWER: You seem to be on the right track, girls, and I suggest you continue on it. Since the boys like you, you've overcome the big hurdle in getting them as beaux; continue to be friendly, don't make it appear that you're chasing them. Have fun when you are all together. Show interest in their activities and you won't wait too long for a date.

DEAR MISS DIX: I have an absolute dread of night clubs because I think their type of entertainment is bad taste. My husband likes to go; in fact there are times when business makes it obligatory. I'm sure he wouldn't understand how I feel.

ANSWER: While it's true that some night clubs purvey offensive entertainment, it is by no means true of all. Some of our finest singers and dancers entertain in night clubs. Try to steer your husband to the better places. I'm sure the people he takes out on business will appreciate his discriminating taste if he follows your advice. You should tell him how you feel about the situation, though. Surely he wouldn't be so inconsiderate as to take you to places that are disturbing. Good behavior and good taste deserve, and usually get, the consideration due them.

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ELLEN'S DIARY

By An Island Farmer's Wife

"Here is the only quiet you can borrow" . . . here in the haven of this room as the week draws now very near its close.

"It is a dream," we said to Gage, when on a recent morning he tried to measure the interval between beginning and end. It is about gone now and James, "borrowing quiet," reads and smokes a pipe to round out its hours. The boys are in bed; Rob attending to extra stable chores; a new born calf to be fed as well as the nursinglings of lambs, the first of the year, twin ewes, that arrived in a late watch of last night.

We should like to chat now with James, to tell him of our day . . . of the care we took to place only hardwood sticks on the fire with the wind so high; and to ask if they minded its gusts where they worked in the woodlands this afternoon, or were they well sheltered there today? Did not the trees bend and sway away into the valley of the woods creak and groan in protest of the passing near-gale?

Did he notice we wonder the burst of flame of the sunset, how it burned and glowed above a hill-top making an exquisite background for the farm-houses on the rise, touched already with the peace and serenity of the pre-Sunday hour? Did he see the silvery twilight wash the fields and the evening show the gold of a first star above the dark of a woodland?

We should like to talk of April's recent arrival and go on to ask of the seed-cleaning in the office; and where will be the potato and root land out at Aderlea this year? And do they intend to lime much acreage? And how much fertilizer will be needed there? So much we would tell him—so much we might ask, of our tomorrows together.

But not now with this nice spell of night upon us . . . some other time not so precious and satisfying maybe.

"I'll light your lamp. We've talked about the day. And you have answered gently, but I know you're glad the dinner things are put away. Sit back and rest. I have so much to say—

I will not say it though.

I draw my breath to speak about tomorrow.

But breathe away unspoken words at last. The day has marked your forehead with a furrow.

Here is the only quiet you can borrow. The hours run so fast.

But is there quiet? Worlds that you explore Behind your current journal's noiseless page Thro' with the atom, estimate Of 700 mph or more. No, this is not the age

For quietness, but oh, my dear, we have some things apart unbuffed.

By storm and rising tide. And we can share This silent harbor, know each other near And good things yet unsaid."

Until Monday ———— Diary ———— Good-night. . . .

Modern Etiquette

By Roberta Lee

Q. When one is shopping and has a certain price limit on a particular article, is it considered proper to tell the sales person the price one wishes to pay?

A. Yes, and why not? This saves lots of time, and is quite the most sensible thing to do.

Q. Is it necessary to have a train on a white satin wedding dress?

A. The dress may be made with or without a train, depending upon the formality of the wedding.

Q. Would it be proper for the parents of a girl who has eloped to give a reception for the couple when they return?

A. This is perfectly proper.

How Can I . . .

By Anne Ashley

Q. How can I have a smoothly ironed surface when there are buttons on a garment?

A. Iron the button part of a garment face down on a Turkish towel, and the spaces between the buttons will be nice and smooth.

Q. How can I keep polish on varnished floors?

A. Try sprinkling coarse salt on the floor; allow this to remain for five minutes and then sweep it off with a soft broom.

Q. How can I make a fish scaler?

A. By nailing three or four bottle caps in a row on a sturdy stick of wood.

How to KEEP FIT after 50

In the old days fifty seemed the signal to slow down—take things easy—watch your diet—get more rest. It's still good advice. But these days you can face fifty with many interesting and active years ahead, —active, that is, if you can avoid backache and the "fired-out" feeling, due to kidney and bladder disorders, that often develop around that age. For more than 60 years Dadd's Kidney Pills have been helping men and women of all ages to keep kidneys and bladder in good order, —helping them to feel better, to work better, and get more fun out of life. If you are approaching fifty, or past it, Dadd's Kidney Pills may help you, too. You can depend on Dadd's. 54

Big and Little Flowers Bedeck British Women's Hats for Spring

From London (Eng.) Bureau of Thomson Newspapers

LONDON — Hat designers are not to blame if British women's headgear doesn't get more than one glance in the forthcoming Easter parade. The hat designers are trying.

For instance, a flower in the hair — or on the hat — has always been considered a fine policy but this year British designers have transferred the whole flower garden. Not since Victorian days have posies been flung around by hat makers with such abandon — and because to bloom properly a flower garden needs considerable space, the Britishers this year have also brought back the Victorian boater with its ample brim.

Big flowers — peonies and roses — on big hats, and little flowers in a smothering profusion — mimosa, lilies of the valley and cornflowers — on little hats are the order of the day.

And in case you want one, as an alternative to flower designers can match their counter-attack. At a recent show at the fashionable Claridges Hotel, the faces of some of London's most sought-after models were hidden under, not one delicately draped veil, but layers and layers of veiling, sometimes with the thickness of a ballet dancer's skirt.

But will British women wear these hats? The current spring shows indicate the British designers can match their counter-attack. They also show, however, that designers here know their public. Included in most exhibitions were a goodly number of those inconspicuous "nice little hats" which the average British woman has worn since time immemorial.



PUMPKIN MERINGUE PIE

¾ cup sugar. ¼ cup flour. ½ tsp. salt. ½ tsp. baking powder. ½ tsp. allspice. 1½ tsp. cinnamon. 1½ cup milk. 3 egg yolks. 1 cup cooked pumpkin. Baked pie shell. Blend dry ingredients in top of double boiler. Add milk, yolks and pumpkin, stirring until creamy. Cook 20 minutes. Pour into shell. Top with meringue made of three egg whites, dash of salt. ½ cup sugar. ½ cup chopped nuts. Beat egg whites and sugar until stiff and satiny. Sprinkle with nuts. Brown lightly.

—Mrs. Celestin Poirier, St. Nicholas W. I.

Better English

By D. G. Williams

1. What is wrong with this sentence? "His headquarters are located at Chicago."

2. What is the correct pronunciation of "Palestine"?

3. Which one of these words is misspelled? Enoble, enormous, enfranchise, environment.

4. What does the word "moderation" mean?

5. What is a word beginning with dis that means "loose in morals and conduct"?

ANSWERS

1. Say, "His headquarters is situated in Chicago." 2. Pronounce last syllable as "tee, not as teen." 3. Ennoble. 4. State of keeping within reasonable limits. "His life was one of moderation." 5. Disolute.

Morning Smile

"This is the most difficult course I've ever played on," complained the golfer.

"You left the course ten minutes ago, sir," replied the caddy. "You're in someone's rock garden."

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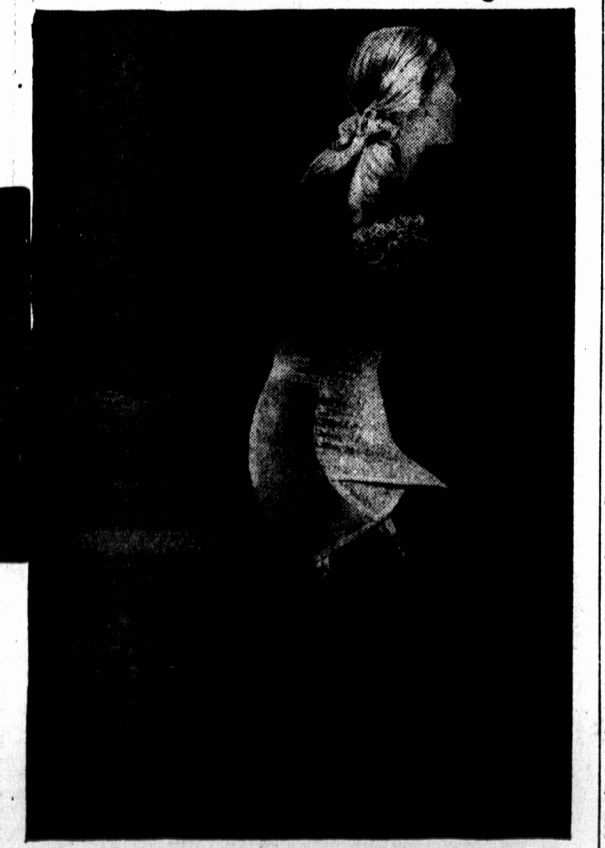
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7190

Household Scrapbook

By Roberta Lee

Bed Springs

The dust and dirt on the bed springs can be quickly removed if the springs are placed in the sun and the hose turned on them. The sun will dry them within a very short time.

Cooking Odors

When cooking anything which has a strong odor, put a small pan of vinegar in the oven or on the stove, and there will be no scent of cooking in the air.

Rubbers

If rubbers persist in slipping off at the heels, cut two strips of chamois and glue them inside, up the backs of the heels.

announced Thursday. At present the United Church is raising funds to aid the hungry. A minimum of \$50,000 is being sought during the Lenten season.

Alice Brooks Designs

EASY TO CROCHET

Skirt of the season! Rows and rows of crazy shell stitches—baby shells at the waist grow bigger and bigger toward the hem! It's the stitch you love—easy!

Crochet Pattern 7190: Waist Sizes 20-22; 24-26; 28-30 inches included. Matching stole, too.

Send Twenty-five Cents in coins (for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Pattern Number.

BRAND-NEW and beautiful — it's the 1954 Alice Brooks Needlecraft Catalog. Four patterns printed inside. Plus the most popular embroidery, crochet, sewing, color transfer designs to send for — ideas for gifts, bazaars, fashions. Send 25 cents for your copy now!

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