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Don't Let Your Eff Down Dorothy Dix Women Need Active Work

Most of Our "Neurotic" Women Could Be Cured if Honest and Interesting Labor Could Be Thrust Upon Them - Don't Quit When Children Are Gone

Is the cure for what ails the modern, dissatisfied, unhappy, restless woman WORK? Is it idleness and not some obscure disease that fills sanatoriums and packs doctors' offices with neurotic women?

A man who is married to one of these illies of the field, who toils not and neither does she spin anything except complaints, believes that it is he who thinks that what's the matter with women is not having a job that keeps them on the jump and doesn't give them time to brood over and magnify their minor and major ills.

He says: "My wife and I are an average well-to-do couple with no children. I make plenty of money and am a good provider. I give my wife a nice home with all the housekeeping gadgets, servants, her own car, everything to make life easy and comfortable for her. Yet she isn't happy or satisfied, although she says she loves me and has no fault to find with me as a husband."

"She is in good health, yet she is depressed and makes a gloomy companion. She takes no interest in anything. Doesn't want to go places. People bore her. She has no enthusiasm or vim and gets no kick out of life."

"Half a dozen of my friends have wives just like mine. The doctors call 'em 'neurotics,' but it is not nerves that is the matter with them. What they need is hard, manual work, such as Grandmother had to do every day of her married life. A big house to take care of, 'hired men' to cook for, half a dozen kids to wash and feed, with no prep-schools to take them out of her hands, and no new inventions, like electric washing machines and gas stoves, to lighten her labor."

"Of course, I haven't the nerve even to suggest, to my wife the remedy that I feel sure would cure her. For what she, and thousands of other American women need to make them strong and hardy and glad they are alive is just WORK, and plenty of it."

No one can doubt the correctness of this husband's diagnosis of this peculiar affliction that so many middle-aged women have and that makes them either so haywire or become human wet blankets who are generally manifest themselves just after the youngest child is married and gone away and they are left with a big, empty house and nothing to do. Up to then they have been busy, well and happy; helping their husbands get a start in business, having babies, nursing the measles, seeing school girls and boys through adolescence, bringing daughters out in society, setting them married.

Then, when it is all over and they have nothing to do except to be happy, they are miserable. Then it is that they develop strange symptoms and become the answer to the doctor's prayer for his daily cake; or they start a shoppe, or take up a new religion; or they decide that their husbands do not understand them and that some other man does and they get divorced; or they just become melancholy and listless.

And it is all just because they need some good, hard, manual labor. The Good Book tells us that work was sent as a curse on mankind. Maybe so. But work is women's greatest blessing.

Keep Love Clean and Unshamed Dear Miss Dix—I am in love with a girl, but she is in love with a married man who has a family. I might mention that this girl is also married. And don't get me wrong. She is a mighty fine girl and doesn't know how foolish she is being. But I can't stand by and see her throw herself away because I am afraid this married man does not love her as he should. Should I tell the girl about her husband and the girl's affair? Should I tell her that everybody knows about it and is gossiping about her? But what if they are very much in love? I don't know what to do. A PUZZLED MAN.

Answer: I don't wonder that you are puzzled. It must give even Cupid himself a headache to try to straighten out the romance of so many persons who are in love with the ones they shouldn't love.

Of course, the real solution of the problem is for the married man and the married woman to break off their illicit romance and go back to their lawful spouses and behave themselves. No real happiness ever comes of wrongdoing, and neither one of them could have much peace of mind if they had bought the right to be together by breaking up two homes and orphaning a lot of little children.

Nor is there much joy in a married man and a married woman carrying on an undercover liaison. Lying, cheating and going back to their Meeting in squallid places. Going in fear of the scandal that they know is already smearing them. The only happy love is the love that is clean and unshamed.

You are certainly optimistic if you think this married woman doesn't know how wrong is the thing she is doing, and you needn't be afraid that the man does not love her as he should. She doesn't rate much. The chances are that she will get just what she deserves in the end and that he will be as unfaithful to her as she has been to her own husband.

I certainly advise you to keep your fingers out of this mess. It is not your duty to tell the betrayed husband and wife of their mates' disloyalty. They will find it out soon enough without your aid. And it will do no good to reprimand with the girl. If she will not listen to the voice of her own conscience, she will not hearken to you.

Age No Barrier In This Case Dear Miss Dix—I am very much in love with a fine man who wants to marry me, but he is seventeen years my senior. Is this too much difference between our ages? I am a divorced woman and do not wish to make another mistake. What are my chances of happiness with this man? AMELIA.

Answer: Good. Seventeen years is not an impassable barrier between a man and woman if they are congenial. Besides, your unhappy matrimonial experience no doubt makes you old for your age.

Snappy Fashions For Home Use

Advertisement for Snappy Fashions featuring a woman in a dress and details for various styles like 'Style No. 2990' and 'Style No. 2990 Size'.

New Under-arm Cream Deodorant safely Stops Perspiration

Advertisement for Arrid deodorant showing a woman applying it and listing benefits like 'Does not irritate skin' and 'No waiting to dry'.

SNOW FLAKE LUNCHEON SET



The lacy snow flake crocheted design used in creating the place mats and the runner is one of those simple crocheted jobs which take no time at all. Pattern No. X 51 contains illustration, materials needed, illustration of stitches and complete instructions.

To order this design write your name, address and No. X 51 plainly on any piece of paper and send with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

THE COOK'S CORNER

Cook's Corner recipes including Cherry Tapioca, Pickled Cherries, and Bean Relish with detailed ingredients and instructions.

The Housewife And Her Activities

FISHING Fish can be bought in the market place. But it isn't the fish I am after; I want to be free from the care-drawn face. And back to an honest laughter. I want to get out where skies are clear. And rest by the river brink, I want to get out where the woods are clear. I want a few hours to think.

Oh! It isn't the fish I go to get. But there's joy in the swishing line. And a splendid thrill when my hook is set. And a speckled trout is mine; But there's joy in the stilly air. That's not heavy with talk of gain. And I want to get where the world is fair. And there isn't so much of pain.

Oh, fish can be bought in the market place. But there's joy in the running stream. And I want to get free from the care-drawn face. And the city of dreardful dreams; And I want to get out, just my soul and I. On some sun-kissed river shore. And be, as a few hours rush by. The man that I am, once more.

YOUR INDIVIDUAL HOROSCOPE

Horoscope section by Frances Drake for Wednesday, August 23, 1939, covering signs like Aries, Libra, Taurus, Gemini, Cancer, Virgo, and Aquarius.

Advertisement for Buckley's White Rub cough relief, featuring a cartoon character and the text 'BUCKLEY'S STAINLESS WHITE RUB'.

Advertisement for Grape-Nuts cereal, featuring a cartoon character and the text 'HUSTLING HARRY' and 'GRAPE-NUTS'.

Morning Smile

Pianist—I understand Madame Sciatas wishes to rehearse her operatic arias. I am to accompany her on this grand piano. Impresario—A grand piano, she ain't good enough. Madame Sciatas don't sing to no piano vot ain't colossal!

Household Scrapbook

Care of Trees When one is using wire to help support the branches of trees heavily laden with fruit, put the wire through a piece of discarded rubber hose, and the wire cannot cut and injure the bark of the trees.

Slips in Grammar Count Against You

Try using an ordinary clothespin for holding small basins on the stove to keep them from moving about when stirring the contents. This method also prevents many a burn.

How Can I???

Q. How can I clean a straw hat? A. For each hat, take the juice of two lemons, add enough powdered sulphur to make a thin paste, apply on the hat, and then dry in the sun. When thoroughly dry, rub off the surplus sulphur.

Modern Etiquette

Q. Is it permissible for the bride and bridegroom to receive congratulations in the church? A. No; they do not receive any congratulations in the church, but should go at once to the place where the breakfast or reception is to be held.

RACING DRIVER

By ALEXANDER CAMPBELL Author of Daughter of Exile, etc. "Uncle doesn't allow me to smoke. I sing a bit in the show, you know. But I get a notion for one occasion. Only it's so occasionally that I've always lost the last, packet, I bought when it happens, she continued frankly. "Thanks, I hope you don't think it too cheeky of me to ask. My name's Beryl Dall."

BABY'S HOT LITTLE HEAD IS A DANGER SIGNAL

WHEN YOUR baby's head feels hot to you and you must do something. And do it quickly, and results are safe. "My baby's head is so hot," said Mrs. Own. "I've tried everything, but after supper he has a fever."

Charming Speech a Social Asset

Left out of the fun a glorious vacation spoiled—all because of a few careless slips in English! "The lake SURE is cold. I don't know AS I'll go in," said Dorothy her very first day. No wonder the smart summer crowd got the wrong impression! A shame, Dorothy, not to have said correctly "The lake CERTAINLY is cold. I don't know WHETHER I'll go in."

For Speedy Relief from SUMMER COLDS

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