

Morning Smile

Not All The Time

"Will you marry me?" asked the young man hopefully.
"Why, you couldn't keep me in handkerchiefs," replied the girl scornfully.
But the suitor was not discouraged. "Well," he said calmly, "you don't expect to have a cold for the rest of your life, do you?"

Better English

By G. G. Williams

1. What is wrong with this sentence? "I wish to pick out a new rug for my bedroom floor."
2. What is the correct pronunciation of "homicide"?
3. Which one of these words is misspelled? Imbue, impromptu, humiliation, leguminous.
4. What does the word "illogical" mean?
5. What is a word beginning with ana that means "corresponding to something else in certain aspects"?

ANSWERS

1. Say, "I wish to select a new rug for my bedroom." Omit "floor."
2. Pronounce the o as in on, not as in home. 3. Impromptu. 4. Not observing the rules of correct reasoning. "His inference was hasty and illogical." 5. Analogous.

Modern Etiquette

By Roberta Lee

Q. I have had several dates with a certain young man and think quite a lot of him. His birthday is near, and I am wondering if it would be proper for me to give him a gift.
A. Properly, you should give this young man a gift only if you are engaged to him. Otherwise, a suitable card is the proper remuneration.
Q. When should the bridegroom give his gifts to his best man and ushers?
A. These gifts are usually put

How Can I...

By Anne Ashley

Q. How can I avoid having to remove ornamental buttons when laundering a dress?
A. Buttons which are placed on dresses for ornamental purposes may be sewed to one-half of a clasp, the other half sewed to the dress; and then they may be removed when the garment is washed.
Q. How can I keep kitchen knives sharp?
A. Knives that are to be kept sharp must be stored properly. Fit them into a grooved box. Knives become dull if they rub against other articles.
Q. How can I clean old brass satisfactorily?
A. By rubbing it hard with the inside of a lemon, allowing to stand for a few minutes, and then polishing with something soft—flannel or chamois.

Household Scrapbook

By Roberta Lee

The Hands

The skin will become puckered if the hands are kept in soapsuds for any length of time. To remedy this rub with either lemon or vinegar and they will be soft and white and it will prevent chapping.

Whipped Cream Substitute

An excellent substitute for whipped cream is to beat the white of an egg thoroughly, then add a well grated apple and sweeten to the taste.

Colds

To relieve a heavy cold on the chest, or coughs, apply ordinary mustard and goose grease.

at the men's places at the bachelor dinner.

Q. "Should a college girl introduce herself as 'Miss Hall' or as 'Shirley Hall'?"
A. She should call herself Shirley Hall.

ELLEN'S DIARY

By An Island Farmer's Wife

Today's sky was draped with soft gray clouds that pegged themselves to the hillsides; there were odd showers, we recall, and sometimes a quiet fog of April encompassed us in silver so that our boundaries were closely restricted and we enclosed in a small world of our own.

And regarding it from a wind-down, "yet a little while" we said, and like the damp fields about and the greening buds were content to wait... wait for the blue of clearing, for the brisk wind to march into the valley, for the sun to shine to dapple the stream where it broadens in a meadow where slips beyond sight beneath Mr. A's rustic bridge on its course millward.

And the night too is damp but James has "a feeling" that drier weather lies just ahead. He is an observant weatherman. Not infallible in his forecasts but as are most of the older farmers, amazingly dependable. Years of gaining a living from the soil, sharpens one's perspective and teaches one to read signs. How else should one know when to sow... and reap to the best advantage?

We recall strolling one night with James along a remembered country lane when "All the world was young, laddie"... In autumn it was, when the air was filled with the nip and tang and sweetness of the dying season; when leaves rustled underfoot and in the heart lay an old regret that winter must come. Above were the stars of heaven bright and solemn in their courses, and away over above the line of dark hills in a pretty display the Northern lights played; great fires of the night, flaming, flickering, dying and then re-lit magically, fading as before.

"Aren't they beautiful?" we whispered, speaking with that holy admiration we experience when we behold such wonders—and moving, we confess, just a little nearer James. "A bit eerie, don't you think?" we continued, "but wonderful!"
"Aye," James returned, without enthusiasm, "and usually a sign of windy weather ahead!"

Better or at least "fair-good" these days is his "crick" of knee—and the Family's concern of stable has also cleared away.

"It's not the illness or loss of one animal, that is bothersome," the younger farmer observed today, "but nowadays there are those contagions which sometimes go on to infect a whole herd or flock of stock—a pleasant situation to think about!"

Today we entertained a guest: a fair, sun-kist, golden-braided demure maid who arrived attended by a shaggy black dog—squired also by a lad of this place who alerted to her coming and welcomed her out the way. And when the two escorted her a distance along the fields to leave her within sight of home.

Damp, windless, this night is; silent and dark beyond the windows. The children weary from their day are in bed—sleeping; Rob is at a stable welcoming an addition to the herd; James is in from a spell of burning; an incidental to this afternoon's chopping in the woodlands on the hills of Home, and sits quiet and we fancy a little dejected in the armchair. And "What's on your mind, James?" we ask.

"Nothing—and" with a wan smile, and suggestive, "very little on my stomach!"
Until tomorrow -- Diary --
Good-night...

The Stars Say...

By Genevieve Kemble

For Tomorrow

THIS is a day in which you will have to guard against impatience. In your zeal to get things done, you may be inclined toward undue haste; also to fret at the slightest hindrance or obstacle. Don't! Make up your mind to relax and try to remember that only too frequently tasks performed hurriedly have to be done all over again.

Rather than worry over trifles, spend some hours this day in leisure. Hobbies are especially favored and indulgence in them will give you needed peace of mind. It's a good period, also, for a review of your financial situations, for plans for future security. But postpone action until a later date.

For the Birthday

If tomorrow is your birthday, you may look ahead to a year of progress limited only by your ability to get along with others. Inately you are inclined to believe in yourself as a person of authority, with an insistence on your own "rights." This trait, of course, is due to an overwhelming self-confidence, but do stop to realize that not only have others their rights, but that in most matters success depends on the co-operation of others. Thus, if you are too independent or inclined to trample on the feelings of associates, such co-operation will never be forthcoming. Yield a little, listen to others and you will be surprised at the increased speed with which you may reach your goals. You were born with a magnetic personality, so why not make the most of it?
A child born on this day will be enterprising, ambitious, but will always have difficulty in making concessions to others.

BRONCHIAL COUGH

Are you kept awake by a nerve-racking bronchial cough? Is it often so tightly packed in your bronchial tubes, no amount of coughing seems able to dislodge it? Templeton's RAZ-MAH capsules are especially made to loosen phlegm, so it comes away easily and you are relieved of coughing and wheezing. Get RAZ-MAH for quick relief. 65c, \$1.35 at drugists. 6-56

Marry In Winnipeg



The marriage of Gwendolyn Fern, daughter of Mr. and Mrs. Stanley S. Olson and Alfred Clayton Pridham, son of Mr. and Mrs. Harry C. Pridham of Edmonton, was solemnized at a quiet ceremony at the Salvation Army Chapel, Winnipeg. The service was performed by Major Stanley McKinley. The bride wore a grey, English wool suit with a winter white hat. Her corsage was of sweetheart roses. The couple were attended by Mrs. Olive Brody, sister of the bride, and Mr. Colin McInnis, son of Mr. and Mrs. Wilbert McInnis, Edmonton. A reception was held in the Wedgewood room of the St. Regis Hotel, Mr. and Mrs. Pridham will reside in Winnipeg.

DOROTHY DIX'S COLUMN—

Engagement's Aftermath Girl Decides Not To Wed Man. But Sticks To Presents

DEAR MISS DIX: My son, a graduate of an out-of-town college, met a girl in the college town and they fell in love. After graduation, he enlisted in the Air Force, and the young people decided to postpone their marriage. We gave them an engagement party, when the girl visited here, and did everything to make her feel welcome. She got many gifts, and her family and friends also sent gifts. The boy returned to camp, and about a year later something went wrong and the engagement was broken. Although both made attempts, at various times, to fix things up, it was finally decided to call off the marriage. Originally, she said she would return the ring and divide the gifts, but apparently she has changed her mind about this, since she is returning nothing at all. What is the procedure for getting things back in a case like this? Also, please caution young folks about becoming involved too hastily with people they scarcely know.



Muriel Nissen

ANSWER: You should be very grateful that the ill-advised engagement was cancelled. The loss of presents, ring, etc., can be charged off to a bad experience from which no permanent injury resulted. The first step in recovering whatever gifts should be returned to your son is to write the girl, or her parents, and tell them what you want. No response is made, consult a lawyer, but I think the recourse to legal procedure would be rather costly.

DEAR MISS DIX: Do you think it is right for my friends to discourage me from marrying a man I love dearly? I am 15, and he is 23. He drinks occasionally, but not when I am with him.

ANSWER: Bravo for your friends! This is one of the cases in which interference is for the best. Since your mother has apparently, for some reason, not seen fit to break up this dangerous friendship, I hope your friends will be able to influence you to do so.

DEAR MISS DIX: Is it right for an engaged woman to accept dates from another man? I am 34 years old, and engaged to a woman 29. I work nights, and have discovered that she goes to dances and other places of amusement with another man.

ANSWER: She is definitely wrong! An engagement should be as binding as any other contract, and since it is a pledge of loyalty, all outside dating is precluded. Break the engagement, is my advice!

DEAR MISS DIX: I am the mother of grown boys. When I come to town, which is once or twice a year only, why should I have to stay with my son? He expects me to spend an evening at his house—a whole day in fact! He offers to drive me wherever I want to go, and is very kind in that respect, but I like to stay at my mother's and spend just a few hours at my son's.

ANSWER: Whoops! I could scarcely believe my eyes when reading this letter. With most mothers complaining that they get no attention from married sons, it's rather a switch to find a reverse problem. Naturally, you are entitled to spend your time in the city as you wish, but I hope you turn down the boy's invitation tactfully.

DEAR MISS DIX: I have an acquaintance who is constantly reminding people that he would never be the first to speak to some-

(Continued on Page 11)

Alice Brooks Designs

IRON ON COLOR FOR BOYS AND GIRLS



7194
by Alice Brooks

Mom, be a pall Iron colorful Wild West design on son's T-shirt, windbreakers, and his bedspread and daughter's cotton skirts. Easy—no embroidery! Just picture the exciting colors—green with bold black and rust. Wash 'em again and again—colors stay vivid and fresh.

Kids love 'em! Pattern 7194 has twelve iron-on designs. From 6 x 3 1/4 to 1 1/2 x 1/2 inch.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

CLEANS AS IT POLISHES!



That Body Of Yours

By James W. Barton, M.D.

THE FAMILY PHYSICIAN MUST LEARN HOW TO HANDLE PATIENTS

Your physician will tell you that the brilliant students of his class patients return to their work at an early date after an illness. The brilliant student is apt to remain a tireless student even after he graduates and might have a knowledge of medicine in advance of the less brilliant student but he lacks to some extent what is most vital to the patient's health and happiness, that is, his knowledge of men.

The knowledge of men and mankind is of special value when the patient not only has an illness but is greatly worried about that illness; so worried he is unable to think properly.

In former days, medical students were taught that a patient is sane or insane depending on the structure of brain and nerves; no time was spent by the professor on the everyday behavior of the patient. Today, instead of the study of neurology only, nerve tissue structure and diseases of this structure, the neurologist, now a psychiatrist, also discusses add behavior and the various moods which occur in us.

In the Canadian Medical Association Journal, Dr. Franklin G. Ebaugh, Professor of Psychiatry, University of Colorado Medical School, states that learning how to handle patients is one of the primary requisites of an adequate physician. "Primarily a physician is not a salesman, but like a salesman, he must understand and be capable of handling people." This may be an upsetting idea to the young scientist just going into practice.

In patients with heart complaints, where most cases are not due to true organic disease, the method of handling or treating these cases requires extreme care as the patient is convinced, because of some casual statement of a previous physician, that he really has organic heart disease. To show him that, if organic heart disease were present, certain symptoms would be present which are absent, and yet explain to the patient why he has certain symptoms, often due to heart disease, but in this case really due to nervousness and anxiety, requires of the physician sympathy and understanding.

Being told that his symptoms are not organic may anger a patient, make him hostile, which may be difficult to correct, which may be difficult to correct.

In the application of psychiatry in general practice, Dr. Ebaugh makes the following observations as requiring consideration: 1. Handling hostile patients. 2. Handling families of patients, said families being without medical problems. 3. Recognizing emotional disorders and factors disguised as physical disease. 4. Recognizing physical disorders which started from emotional disturbances. 5. Handling patients who need psychiatric treatment and, if necessary, referring them to a psychiatrist.

Cook's Corner

DUTCH APPLE CAKE

1 1/2 cups flour, 1/4 teaspoon salt, 2 teaspoons baking powder, 4 T. butter, 1 T. sugar, 1 egg, 1/2 cup milk, approximately, 4 large sour apples, 2 T. sugar, 1/2 teaspoon cinnamon.

Mix the dough as for baking powder biscuits, adding the slightly beaten egg with the milk to make a soft dough; spread over a greased 9-inch pie plate or 8-inch square pan. Cut the pared and cored apples into eights. Arrange the slices in parallel rows on the dough with the pointed edges down. Sprinkle with sugar and cinnamon. Bake in 400 degree F. oven until the apples are tender and the dough baked (25 to 30 minutes). Serve hot with lemon sauce or cream.

DANISH APPLE DESSERT

1 1/2 T. melted butter, 3 c. corn, wheat or bran flakes, 2 c. applesauce, 1/4 c. cinnamon candy or 1/2 teaspoon cinnamon.

Combine crushed cereal flakes with melted butter and heat slowly until crisp and golden brown, stirring constantly. Heat together the sweetened applesauce and cinnamon. Cool. Place a thin layer of applesauce in sherbet glasses. Add a layer of cereal flakes, then layer of applesauce. Repeat, ending with applesauce. Serve at once with cream.

Anne Adams Patterns

FAST! EASY! LAGRAM!

FEW hours of easy sewing! That diagram shows you how simple the construction is! Just the cool smooth sun-casual for an all-purpose runabout. Stripes are fashion-news this season, though this looks smart in printed fabrics, solid colors and checks!

Pattern 4756: Misses' Sizes 12, 14, 16, 18, 20. Size 16 takes 3 1/2 yards 35-inch fabric.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number.
Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



Discovers Home Skin Remedy

This clean stainless antiseptic known all over Canada as MOONE'S EMERALD OIL, brings relief from the itching distress of many skin troubles—Itching Eczema, Itching Scaly—Itching Toes and Feet, etc.

MOONE'S EMERALD OIL is pleasant to use and it is so antiseptic and penetrating that many old stubborn cases of long standing have yielded to its influence.

MOONE'S EMERALD OIL is sold by druggists everywhere. A real discovery for thousands who have found blessed relief.

HUGHES DRUG CO., LTD., JEN KIN'S PHARMACY and REDDIN BROS.

Use These Techniques In Starting Seeds Indoors



Sowing seeds carefully spaced in shallow drills two inches apart.

There are advantages to starting seeds in flats, both under protection, in late winter or early spring, or later outdoors, when they could be sown directly in the garden.

The chief gain comes when seeds are sown early indoors, while freezing weather still lingers. But many sow flowers, especially in flats outdoors, because it is safer than the open ground and a higher percentage of the seed can be developed into plants. The plants can be set exactly where they are wanted when large enough to transplant.

Three ways of sowing seed in flats are generally practiced—broadcast, in rows and in plant bands. The first is good when only one variety is being grown; the second when several varieties are sown; and the rows can be labeled, to identify the plants. Plant bands insure the plants against crowding from the start, and enable you to move them to the garden with soil about their roots, undisturbed.

Cucumbers, melons, egg plant, and peppers are often sown in plant bands, two seeds to a band, one to be removed if both come up. Any seed can be sown in bands if pot plants are desired without the need of transplanting seedlings into pots. Plant bands are obtainable which disintegrate in the soil when moved to the garden, and some have a fertilizing effect on the plants.

Do not sow seeds in flats too deeply or thickly. Cover them lightly with finely sifted soil, sand or sphagnum moss. A layer of sphagnum moss half an inch thick on the top of the soil, in which seed is sown, will prevent damping off, a fungus which may

light too close.

ABOVE ALL Spring Toppers



in the newest hues of the season

Pick a pretty topper to match your Spring mood! See our superb new collection of fleeces, poodle cloths, novelty tweeds and velvets... the richest shades, the prettiest styles of Spring '53!

BEGINNING AT \$15.95 Use Our Lay-Away Plan
The FASHION SHOPPE
141 Gt. George Phone 55

I've switched to Borden's Evaporated Milk! It really makes a cup of coffee!



A MARITIME PRODUCT Made by Borden's at Truro, Nova Scotia

Cookies—extra tasty when they're MAGIC baked!

OAT CRUNCHIES

Measure into bowl 3 1/2 c. rolled oats and sprinkle with 1/4 tsp. Magic Baking Powder, 1/4 tsp. salt, 1/4 tsp. grated nutmeg; mix thoroughly. Combine 3 well-beaten eggs, 2 tps. grated orange rind, 1/4 tsp. vanilla; gradually beat in 1 1/2 c. fine granulated sugar and add 1 1/2 tps. butter or margarine, melted. Add egg mixture to dry ingredients and mix thoroughly. Drop by small spoonfuls, well apart, on greased baking sheets and centre each with a piece of nutmeat. Bake in moderate oven, 350°, about 15 mins. Remove baked cookies from pans immediately they come from the oven. Yield: 8 dozen cookies.

