



WHO GETS THE APPLE?

Hallowe'en Masks Are Made From Aluminum Foil

Nothing seems to bring out the bump in boys more than Hallowe'en—Maybe that's why they dearly love to dress up and go out and haunt the neighbor's doors as ghosts.

Actually it is an easy costume to put together and for an eerie mask that will glow in the dark let them make their own—from aluminum foil.

Hallowe'en Skeleton Masks — Materials Needed: Standard or heavy duty aluminum foil. Cellophane tape or medicinal adhesive tape. Black paper and glue, or black plastic tape.

Tear off sheet of aluminum foil about 15 inches long, 12 inches wide. Place over the face mold to conform to eyes, nose, mouth. Smooth tightly over

top of head and under chin. With fingers, make openings for nose and eyes. Use cellophane tape or even adhesive tape from medicine closet and white still on hand, wrap a long piece completely around the mask. (Start under the chin and bring both ends together at top of head. This holds mask firmly in shape.)

Remove from face. From black paper or black plastic tape, cut eyes, triangular shape piece for nose and traditional grinning teeth for mouth. Extra foil on sides can be trimmed off and edges turned up. Mouth can be slit open if desired.

MARY HAWORTH

Man's Feelings Hurt By Wife's Dissatisfaction

Dear Mary Haworth—How does a man teach his wife that a happy marriage is sometimes the result of finesse and artful deception—not necessarily deceit—and that to practise it is wise and a duty?

For over 20 years I have honestly and earnestly tried to please and surprise my wife with birthday, anniversary and Christmas presents; and I have failed completely.

Always something is wrong with my selection—the color, the size, or the article doesn't match other accessories. Back to the gift shop I go for exchange, possibly two or three times before I get it right; and by then the pleasure of giving is gone.

I am made to feel like a stupid oaf. Can't I read sizes? Can't I recognize colors? And tell silk from nylon? Frankly, I can't haggle with salesladies, especially at lingerie counters. I say what I would like to have and hope for the best.

But couldn't a wife learn to feign a little delight? And accept the gift with the knowledge that her husband's intentions were good? Then later she could drop by the store and exchange the item for one of her choice. He probably never would know the difference, and his ego would at least be left intact for a while. Do you have any ideas?

My wife isn't spiteful; just hard to please. E. W.

TRY PLAIN SPEECH

Dear E. W. — Your wife is meanly materialistic in the matter of gift-getting. With her the emphasis is all on the thing itself, and not on the spirit of love that heretofore has inspired your wish to please her.

How are you to teach her rudimentary courtesy — which is to say, ordinary kindness in speech and attitude? Well, maybe you'll just have to speak out in plain English to get your message across.

That shouldn't be too difficult for you. You seem to be a clear-thinking, articulate, civilized fellow. Your foregoing statement of your grievance is flawless. You couldn't have presented the problem more vividly. Lots of wounded men and thorny women are going to recognize themselves in the picture.

On your behalf, may I emphasize (hoping your wife may read these notes) that a wife ought to treat a considerate spouse with at least as much grace as she would show her fair-weather friends.

And I'll bet money that even your wife—for all her "picky" attitude — wouldn't dare be so picky about a friend's gift-offerings as she is about yours, if they happen not to be precisely what she had in mind. No indeed; she'd be afraid of losing the donor's friendship by such tactics—and well she might!

It is brutally tactless of your wife to beat the life out of your gift-giving impulses, by putting you through a humiliating run-around every time — trying to swap your "wrong" selection for the size, color, texture, etc., SHE wants.

MAN IS BOOB

As you indicate, the average man at a lingerie counter has three strikes on him to start

Women

Lena Caroline McLure, Women's Editor. Phone 8508
Page 6 The Guardian Monday, Oct. 20, 1958

HAPPENINGS

Mrs. R.H. Jenkins of Calgary has been on a trip east. Mrs. Jenkins has been visiting her son Mr. Lloyd Jenkins and Mrs. Jenkins in Toronto and her daughter Mrs. E. Hough and Mr. Hough in Ottawa. Mrs. Jenkins leaves by plane this week upon return to Calgary. Her plans are to visit Prince Edward Island next year and to enjoy the beautiful Island summer as well as to see her family here.

Mrs. Benjamin Rogers returned Thursday evening from Calgary Alberta.

Rev. A.E. Piercy is motoring to Port Bickerton, N.S. on

Monday to accompany Mrs. Piercy and children home. They have been on a two weeks visit with her parents, Mr. and Mrs. A. Kaiser.

Mr. and Mrs. J. Harper Kent and their son Hugh of Bathurst, New Brunswick, are visiting Mrs. Kent's sister, Mrs. R.G. Boyne and Mr. Boyne.

Dr. and Mrs. W.E. Callaghan and children Betty Colleen and Darcy, spent Thanksgiving in Ebbsfleet, guests of Mr. and Mrs. Russell Callaghan.

Miss Lena C. McLure leaves Monday morning on a holiday trip to Toronto.

Her Cook Book Contains Mouth-Watering Recipes

Heleen Gougeon, whose decorative face and delicious recipes have, for many years, delighted thousands of Canadian readers has now produced a cook-book. The book called HELEN GOUGEON'S GOOD FOOD is a compilation of wit, wisdom and mouth-watering recipes. Home-makers will love it because of its basic logic and good sense. Career women will find it a secret source of reputation-making dishes and many of us will read it while munching an apple, for sheer pleasure.

Heleen Gougeon, who began as a cub reporter on the Ottawa Journal, has made collecting recipes a career. While still in Ottawa she was given the diplomatic beat where she found "news" so rare and so dull, she began to collect recipes at the V.I.P. parties. The result: her first cook-book called COOKING WITH AN ACCENT, which is now out of print. Helen, herself, does not own one.

Miss Gougeon feels that there is still need for a comprehensive collection of Canadian re-

ipes in book form but feels satisfied that, in her new book, there are some local recipes not easily found in English or American cook-books. The French-Canadian section, for instance, contains a recipe for the famous Quebec minced pork pie called Tourtiere de Quebec. As a touch of good twentieth century practicality, the recipe concludes with directions for freezing. Among other recipes from Quebec are Potato pie, Salmon Pudding and Dinner-In-A-Pot.

One of Canada's foremost food editors, Miss Gougeon travelled far and wide in search of new recipes—to Europe, through the States, to Mexico and across Canada and everywhere she found that women were generous in sharing their recipes. Her research and travels resulted in a collection of thousands of recipes from which she has selected those to be found in her recently published book.

Miss Gougeon quite frankly likes food and that liking is reflected in the interest and humour of her book. She says, "I find food the most fascinating subject of all to write about, since it concerns personal experience and there isn't a better source of information than that, in my opinion. I enjoy cooking and I think it's wonderful to have my office in my kitchen. I am not a cooking expert, but a woman who likes to eat well and loves to work with food. It's an interesting career which combines well with home life. There is no conflict between my career and my home life since everything I learn in my work is applied right in my home and makes life enjoyable for my husband and me."

"I like to describe myself as a good, practical cook who has made a career out of collecting recipes and writing about food. I cannot masquerade as a food scientist or food expert and don't pretend to be either of these."

Miss Gougeon has a large collection of cook-books and thinks they are as important as a frying pan in any kitchen—not so much for their technical information as for the inspiration a cook gets in reading them. She finds cook-books perfect company for a plane or train trip and has cook-books on her bedside tables . . . and hopes that

LAKE VERDE W. I.
Mrs. Francis Kelly entertained the members of the Lake Verde Women's Institute at her home on Wednesday night, Oct. 8, 1958.

The president, Mrs. Joseph Shea opened the meeting with the reading of the creed. Seven members answered roll call by a gussing contest which was won by Mrs. Harry Kelly and Mrs. Ira Redmond.

The minutes of the previous meeting were read, approved and signed. Letters of thanks were read from the teacher. Also report on the Cancer Campaign was given. Sick committee reported six calls.

Mrs. Owen Callaghan and Mrs. Joseph Shea were appointed on the sick committee. Bills amounting to \$6.39 were paid. The president reported that window shades and other articles were purchased for the school. It was decided to buy a dictionary.

The members planned to have a theatre party on a later date. Mrs. Joseph Shea kindly invited the members to her home for the annual meeting in November, roll call "paying membership fees". The meeting then adjourned. Collection amounted to 65 cents.

During a pleasant social hour, the hostess served a delicious lunch, assisted by Mrs. Harry Kelly and Mrs. Ivan Redmond.



The trio consisting of Edith Mocsanyi, pianist, Daniel Vandersall, cellist, and Joseph Rusbushka, violinist, will be heard Monday evening at the First of Wales College auditorium—the first of the season's Community Concert series.

KEEP 55,000 TROOPS
LONDON (Reuters) — Britain announced Friday she will keep 55,000 troops in continental Europe next year—10,000 more than

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The Toronto-Dominion Bank is offering to holders of its Capital Stock transferable Rights to subscribe for additional Shares of Capital Stock on the basis of one new Share (excluding fractions) for each 5 Shares held of record on October 10, 1958 at the price of \$34 per Share, all as described in the Bank's letter to shareholders dated October 10, 1958.

A group, consisting of the undernamed dealers, has agreed to purchase from The Toronto-Dominion Bank at a price to be determined, any new Shares remaining unsubscribed, including Shares represented by fractions, as at the close of the subscription period on January 15, 1959, and may, subject to certain conditions, buy and sell Rights and/or Shares during the subscription period.

Information regarding the present offering of new Shares by The Toronto-Dominion Bank may be obtained from any of the undernamed.

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