

# WOMEN

Page 8 The Guardian Saturday, Sept. 4, 1954

## Happenings of The Week

Senator and Mrs. G. H. Barbour, accompanied by their daughter, Mrs. Sheldon Duncan and their three grandchildren, left Tuesday on a trip to Truro and other points in Nova Scotia.

Mr. and Mrs. Allen B. Cosh are leaving Tuesday for a two-month visit with their son, Lieut. Cmdr. A. B. Cosh, R.C.N., and Mrs. Cosh at Virginia Beach, Va.

Dr. and Mrs. J. C. Gallant leave today for St. Andrews, N. B., to attend the annual convention of the Canadian Dental Association, being held at the Algonquin Hotel. Before returning home, they plan on holidaying in the New England states.

Members of the P. E. I. Medical Association and their wives are being entertained this week during the annual convention in Charlottetown. This evening, Dr. F. G. Strong, president of the Canadian Medical Association and Mrs. Strong of Vancouver, B. C., and Dr. J. H. Shaw, president of the Provincial Association, and Mrs. Shaw will receive the guests at a dance being held at Dalry Hotel. Yesterday evening, the president's reception was held at the summer cottage of Dr. and Mrs. Shaw, Stanhope. In the afternoon, a luncheon was held for members wives at Villa Waters.

Mrs. Harry W. Cudmore of North River Road, was "at home" on Wednesday afternoon in honor of her daughter-in-law, Mrs. Paul Cudmore (nee Jean Davison, R.N.). Receiving the guests with the hostess were the recent bride-elect who wore her wedding gown, and her mother, Mrs. Joseph L. Davison. The rooms were decorated with pink gladioli blooms and roses. Mrs. A. W. Hyndman and Mrs. Roy Cudmore poured tea, while the following assisted the hostess: Mrs. Ivan Horne, Mrs. Gordon MacDonald, Mrs. George Tweedy, Mrs. James Cery, Mrs. Arthur Duvar, Mrs. Lemuel MacDougall, Mrs. George Johnson, Mrs. Walter Wilson and Mrs. George Wood. Serving the guests were Mrs. Jack Brown, Mrs. Brian Cudmore, Mrs. Clive Cudmore, the Misses Marlene Davison, Mildred Cudmore, Ann Horne, Ruth Pike and Evelyn Stewart. Mrs. James Montgomery and Miss Lillian Duchemin ushered.

A farewell dance for the 1954 graduates of the P. E. I. Hospital was held Wednesday evening at the Cundal Home in attendance were Miss Ardith Dixon, R. N., Miss Anne Jenkins, R. N., and Miss Mildred Webster, R. N.

Mr. and Mrs. W. Allan Stewart were honored Monday afternoon and evening at a reception held in celebration of their golden wedding anniversary. Receiving nearly 400 guests, were their daughter, Miss Marjorie Stewart, and son

and daughter-in-law, Mr. and Mrs. Alan Stewart. Mr. Gordon C. White played soft piano selections during the evening.

Mr. J. A. Vance of Moncton, N. B., has been a guest of Dr. and Mrs. J. C. Gallant of Stanhope Beach during the past week.

Lieut. Cmdr. John Richards, accompanied by his brother, Robert of Montreal, left Thursday on a vacation trip to Halifax and other points in Nova Scotia.

Mr. and Mrs. Lloyd Wellner, Jr., entertained at a family dinner on Sunday, honoring their parents, Mr. and Mrs. Lloyd Wellner, Sr., on their 40th wedding anniversary.

Mr. and Mrs. Randolph Manning returned Sunday from a week's visit to Pophook Lodge, near Liverpool, N. S.

Dr. and Mrs. Whitney Matthews of Vancouver, B. C., have been visiting Mr. and Mrs. Gordon Hughes. Dr. Matthews is dean of pharmacy at the University of British Columbia.

Mrs. Danny Gallivan and infant daughter who have been visiting Mr. and Mrs. H. F. MacPhee for the summer, left this week for Montreal.

Mrs. Keith Morrow of Ottawa, who has been spending the summer at Stanhope left this week with her sons, Andrew and David for her home. She was accompanied back by her husband, Mr. Morrow who was on a business trip to the Atlantic Provinces for the C.B.C.

Mrs. Martin Sugarman of New York, is visiting her brother and sister-in-law, Dr. and Mrs. Leo Frank.

Miss Ethel Stewart entertained Wednesday evening in honor of her nephew, Mr. Alan Stewart and Mrs. Stewart of Owen Sound, Ont.

Mr. and Mrs. P. B. McTague left Friday morning for Fredericton, N. B., where they will visit their son, Captain and Mrs. M. A. McTague. Mr. and Mrs. McTague celebrated their 41st wedding anniversary on September 2.

Mrs. Jack Jenkins of Lyme, Conn., leaves early next week following her visit in Charlotte town where she renewed many former acquaintances.

Mr. and Mrs. Richard Hurst of Yarmouth, N. S., are visiting Mr. Hurst's parents, Mr. and Mrs. R. Hurst. Next week, they are planning to spend some time with Mrs. Hurst's parents, Mr. and Mrs. W. A. Currie of Summerside.

Continued on page 9

## Pretty Summer Wedding



Mr. and Mrs. Paul Cudmore with their attendants

The marriage of Jean Christine, daughter of Mr. and Mrs. J. L. Davison, Kensington, P. E. I., to David Paul, son of Mrs. Cudmore and the late Mr. Harry Cudmore, Charlottetown, took place on Saturday, Aug. 21, at the Kensington United Church, at 2 p. m. The Rev. L. M. Murray performed the ceremony.

Given in marriage by her father, the bride wore a gown of white tulle over taffeta with charmingly lace bodice with lace panels and long sleeves and carried a cascade of white roses.

Miss Laura Higginbottom, R. N., of Halifax was maid of honor and was attired in yellow embroidered organza over taffeta with matching picture hat. Miss Marlene Davison, cousin of the bride, was bridesmaid and wore a similar gown and both attendants carried nosegays of pink roses. Little Miss Elizabeth Davison was her sister's flower girl and wore a floor-length gown of mauve organza over taffeta.

The groom was attended by Mr. Fred Hine, Jr., of Kentville. Ushers were Mr. Clive Cudmore of Charlottetown, cousin of the bride and Mr. Cass Davison, Kensington, brother of the bride.

Mrs. David Crawford of Moncton sang "Because" before the ceremony and the Lord's Prayer" during the signing of the register. The organist was Mr. Robert Crooks of Sydney, N. S.

A reception was held at Mullberry Lodge, Summerside. Pouring tea were Mrs. Roy Tanton, St. Eleanors, aunt of the bride and Mrs. Harold M. Stewart, Charlottetown. Assisting in serving were former class mates and friends of the bride.

The bride and groom will reside in Halifax, where the groom will attend Dalhousie University.

## Household Hint

To prevent cream from dripping at the mouth of a cream pitcher, put a little butter under the spout.

## ELLEN'S DIARY

by an Island Farmer's Wife

Pleasant memories we have of this week now about to come to its numbering, to join those of the past. A nice week it has been—all gold and blue and touched with the shadings of harvest.

There was the sunny afternoon and still, which brought us to the close of our having. All at once a last bundle was eased in at an eve's door and dropped with a sicken swish to the left beneath. "Why, it hadn't far to fall!" Granddaughter smiled. And the work, which this year had occasioned much concern to the farmers, was over. Mowers rested, rake too, loader, and wagons—every implement and instrument of the endeavour. And for us the summer was gone.

One day brought us tidings of the birth of a babe to a farmhouse, the event special to the family, making a grandmother of a niece to James. She herself born it would seem just back in the years, was the first grandchild to bless James' widowed mother and in consequence was always much esteemed by her and the kin.

"Little girls are the nicest things that happen to people," a writer declares. "They are born with a little bit of the angel-shine about them, and though it wears thin sometimes, there is always enough left to lasso your heart."

"God borrows from many creatures to make a little girl. He uses the song of a bird, the squeak of a mouse, the whinny of a mule, the antics of a monkey, the spryness of a grasshopper, the curiosity of a fox, the softness of a kitten, and to top it all off, he adds the mysterious mind of a woman."

"She is the loudest when you are thinking, the prettiest when she has provoked you, the busiest at bedtime, the quietest when you want to show her off, and the most flirtatious when she absolutely must not get the better of you again."

"But when your dreams tumble down, and the world is a mess—when it seems you are pretty much of a fool after all—she can make you a king, when she climbs on your knees and whispers, 'I love you best of all!'"

A week, this, of ripening gold in the harvest fields, of ranks of stooks bivouacked—of lads savoring the sweet of first apples and farmwife shaping apple pies. One which gave us again the quiet

round of farming days; quiet in a world strangely bewildering which sometimes seems to continue on its way without chart or compass, without rule or rote, with

"Truth forever on the scaffold, Wrong forever on the throne— Yet that scaffold sways the future. And behind the dim unknown Standeth God within the shadow Keeping watch above His own."

Until Tuesday ———— Diary ———— Good-night . . . . .

Herman N. Sundesen, M. D.

## Diet Controls Diabetes

EVERY year, it is estimated that 50,000 new cases of diabetes are discovered and added to the million or so persons in the United States already known to be diabetic.

This is not a disease that can be cured, but it can be well managed. It is potentially dangerous if neglected, but it is compatible with a normal and good life span, if properly handled.

**Disturbance of Pancreas**  
The most common type of diabetes is caused by a disturbance of the pancreas gland in the abdomen. This is the gland that gives off a necessary hormone, insulin, into the blood.

Insulin enables the cells and tissues to use glucose and sugar adequately. When insulin is not present, as occurs in diabetes, there is an increased amount of sugar within the body that cannot be utilized. This extra sugar shows up in the urine and blood.

**Common Symptoms**  
Some of the common symptoms of diabetes are excessive urination, thirst and appetite associated with loss of weight. A simple test of the urine or blood can determine whether diabetes is or is not present.

There are various degrees of severity in this disease. There are those cases which can be regulated by diet alone. Other persons can manage their illness by taking small amounts of insulin. Still others require very large doses of insulin. Certain diabetics are harder to regulate, and the insulin and diet may have to be varied from time to time.

It is important to remember that diabetes is a disease where there must be strict cooperation and understanding between the patient and his physician in this way it can, in the vast majority of cases, be regulated and controlled. Successful treatment requires the constant attention and obedience of the diabetic patient to the orders given him by his physician.

## QUESTION AND ANSWER

**Q.** Mrs. L. D.: Which is better to eat, hot or cold cereal?  
**A.** Usually the nutritional value of a cereal is not altered whether eaten hot or cold.

## RELIES ON HYDRO

Italy, lacking coal supplies, has more than 1,000 hydro-electric power installations.

## Take Time Out for a Milk "Pick-Up"!

When you need new "get-up-and-go" . . . take a milk break!

When you "raid the icebox" at evening's end, reach first for the milk . . . and pour yourself a glass full of good health!

**PURE MILK CO. LTD.**

191 Gt. George Phone 5556

## Cheese Muffins

¾ pound grated cheese.  
2 cups flour.  
4 teaspoons baking powder.  
1 teaspoon salt.  
1 tablespoon shortening.  
2 ½ cup milk.  
Mix dry ingredients; rub in shortening and cheese. Add milk gradually. Drop on cooking sheet. Bake in moderate oven.

## DOROTHY DIX

### A Family Divided

DEAR MISS DIX: Don't you agree that parents should be the ones to correct younger children, rather than the older sisters? We have four daughters, aged 11, 13, 15 and 17. Since my wife and I both work, household chores are left to the youngsters. If the younger girls don't do their share, the older ones mistreat them. The oldest girl has quite a temper and actually beats her sisters. When I scold her, she threatens to leave home.

My wife says I'm not firm enough, that I am favoring the younger children and that resultant jealousy is the cause of much dissension between the younger and older pair. I, on the other hand, think my wife is too easy with them. Because her own childhood was unhappy, she's determined to give our children all the things she lacked and, in consequence, there is almost no limit put on their dating, clothing budgets, or spending money. I am so upset over this problem that I'd like to leave home and find work in another city.

Mr. W. L.

### REORGANIZE HOUSEHOLD

ANSWER: The cause of your trouble is perfectly clear and I hope your home may yet be saved from the consequences of some very foolish mistakes. Your wife is apparently working to provide the girls with luxuries they could well do without. What they need is parental authority in the home, and that seems to be nonexistent. Putting the reins of household government into the hands of a 17-year-old girl, who has a streak of tyranny in her anyway, is just plain foolhardy. What can you expect but dissension, which will soon lead to hatred among the four girls, then to rebellion. Complete freedom without supervision you can give a teen-ager.

You are faced with an emergency, Mr. L., and if you value your daughters' future welfare at all you'll see that it's met with now. Your wife should stay home with the children. At this point even a competent substitute won't do. The girls need the security of parental discipline. Your wife must get over these easy-going ways. Dating privileges must be restricted, spending money must be limited and clothing budgets must be followed.

Your hapazard household needs complete reorganization; failure to do so will quite possibly result in serious trouble for your youngsters and many tears shed by you and their mother—the tears that will come too late.

### JEALOUS WIFE

DEAR MISS DIX: At 26 I find myself in a most unenviable state. Always I have despised jealous, possessive and suspicious women, yet that is exactly what I am becoming. I always have had an inferiority complex. When I began going with my husband I was terrified that I'd lose him. After three years of marriage the feeling is growing worse. I don't want to go into company because I'm sure there'll be a girl to attract him. I won't entertain, and we've lost all our friends. I know he's bored sitting home alone with me night after night. What can I do?

Ms. O.

ANSWER: Your problem is too deep-seated to be quickly or easily

## LET'S EAT

### A Holiday For The Cook

By IDA BAILEY ALLEN

"WHO wants to labor getting a big dinner on Labor Day?" asked the Chef.  
"Nobody," I answered. "So let's plan an easy menu with a young turkey as the main dish."  
"Turkey, Madame? You suggest that our homemakers spend half of Labor Day in the kitchen roasting and watching? But no. There is a solution, out!"

### Cook It Ahead

"Yes, cook the turkey, the stuffing and the cake today, and freeze them until ready to use on Monday, which is Labor Day."  
"And if there is no freezer?"

### REFRIGERATE at Once

"Wrap in aluminum foil and refrigerate at once—even though hot—at 40-46 degrees F. Monday, while the turkey is re-heating in the foil-wrap in a hot oven, the rest of the meal can be prepared."  
"Would you stuff the turkey before roasting, Madame?"

### Bake Stuffing Separately

"No. Even for a short freezing or refrigerating time of two days, this is not advisable, as food spoilage may result.

"Prepare my favorite cornbread stuffing, and bake it separately, basting with drippings from the turkey pan to give it that good rich flavor."

### DINNER FOR LABOR DAY

(Turkey, stuffing, green beans, ice cream and cake from the food freezer)

Roast Young Turkey or Chicken  
Cornbread Stuffing  
Potatoes Rissole Green Beans  
Tomato-Green Pepper Salad  
Chow-Chow  
Ice Cream Slices  
Chocolate Bis Cake  
Hot or Iced Coffee or Tea Milk

All Measurements Are Level  
Recipes Serve 4 to 6

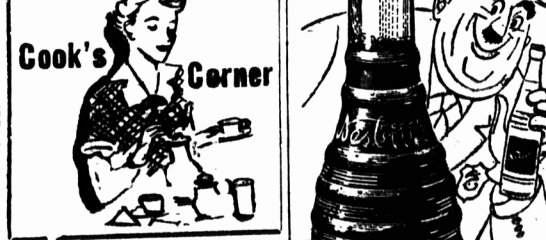
Chocolate Bis Cake: Stir 2 ½ c. butter, margarine or shortening until soft. Blend in 1 c. sugar and

cured. Your need is for sound medical and psychological treatment. Consult your doctor and have him refer you to competent specialized care. Whatever you do, don't let the condition continue. Take steps to remedy it immediately.

**SPECIAL**  
Perfection  
ICE CREAM  
ORANGE ICE PINEAPPLE

**Morning Smile**  
"Look here," said an indignant woman in a post office. "Your mistakes are getting bad. My husband has gone to Newcastle on business, and this morning I had a letter from him with a Montreal postmark."

**Cook's Corner**



**SHIPWRECK**  
Grease a loaf pan and add:  
2 large potatoes (sliced)  
2 large onions (sliced)  
1 lb. hamburger  
1 can of tomatoes  
Salt and pepper each layer  
Use the thick part of the tomatoes, or tomato soup may be used as a substitute.  
Bake in moderate oven.

—Mrs. E. S. Griffiths, Burton W. I.

**Get GORA**  
Gives quick relief to babies; sets germs when teething. 75¢ at all drug stores for Professional Products & Equipment Ltd., 9 Sydney St., Saint John, N. B.

**MADE FROM REAL ORANGES**

Nashville's made from juice of California Valencia Oranges—flavor of orange peel, citric acid from lemon juice, sugar, pure water, and a refreshing dash of carbonation.

ANSWER: Your problem is too deep-seated to be quickly or easily

## HENDERSON & CUDMORE



## Fall Suits

By House of Stone

\* Worsteds \* Wool Flannels  
\* Gabardines \* Tweeds

What's your choice? . . . You'll find smart variations of fabrics and man-tailored styles in these made-to-measure classics from Henderson & Cudmore.

Priced From 59.00

**HENDERSON & CUDMORE**  
WHERE QUALITY IS SURE

100% pure Wool and Angora loomed by *Others*

**ONLY \$69.75**

FOR YOUR PROTECTION LOOK FOR THIS LABEL

**MODRE & McLEOD**

191 Gt. George Phone 5556