



### Cook's Corner

#### RASPBERRY CORDIAL

6 pts. berries.  
1 1/2 oz. of tartaric acid.  
1 qt. water.  
Let stand over night. Drain through jelly bag. To 1 pt. juice, add 1 lb. sugar. Boil hard for 10 minutes. Let cool and bottle.  
Mrs. J. E. Fleming.  
Sterling W. I.

### Morning Smile

A preacher announced to his congregation that the 23rd Psalm would now be repeated in unison. Then he added: "Will the ladies who always get to the Still Waters while the rest gets to the still in the Green Pastures, please wait until we catch up, and stay with the crowd?"

### Bringing Up Baby

Hints Collected by Mrs. Ann Gerber (Mother of 5)

Wonderful the way mothers think of everything. Like the one who had daddy attach a small size cotchook to the back of baby's high chair. Claims it's the best little step-saver ever, since bibs and face wipers are always in a handy place.

Another note for the high-chair set. For tots who are sporting brand new teeth... Gerber's Junior Biscuits are just the thing. For they have a tender, evenly-mixed texture which encourages baby to chew. And they have the naturally good, true-to-nature flavors and colors baby's been used to in Gerber's Strained Foods. 14 varieties of Junior Foods to stimulate mealtime interest... including fruits, vegetables, vegetable-meat dinners, and desserts.

Clothing cue. Bright-colored outdoor play-togs for a toddler will make it much easier for you to keep track of that little busy-body.

Straight story on old yarn. Easy way to straighten out the crinkles in raveled yarn: just wind yarn around a piece of cardboard, then dunk the whole thing in lukewarm water. When dry, wool will be straight as a die... ready for knitting something new for baby.

Teething time? Gerber's Teething Biscuits can be mighty helpful. They're smooth-surfaced and so soothing to tender gums... extra-firm so baby can get plenty of chewing satisfaction. Of course, Gerber's Teething Biscuits are made of wholesome ingredients and baked into a special shape that's easy for little hands to hold. Individually wrapped in sanitary cellophane, they're perfect to pocket for visiting purposes.

Adding meat to your tot's diet? Then here's good news! Gerber's have now introduced 6 Strained Meats and 3 Junior Meats to their wide variety of baby foods. Watch for them at your favorite store!

### Modern Etiquette

By Roberts Lee

Q. A friend has told me that our dining room chairs should not be placed under the table between meals, but should be placed elsewhere about the room. Is this correct?

A. No. There is nothing at all wrong with placing the chairs under the table.

Q. When introducing a person to a group of people, is it necessary to repeat his name to everyone in the group?

A. Usually once is sufficient. However, if the group is rather large and there is a chance someone did not catch the name, it may be repeated.

Q. How should the invitation to act as a godparent be extended?

A. Either verbally or by formal note. The request can hardly be refused, and one should consider it an honor to be asked to stand sponsor for a child.

### Better English

By D. G. Williams

1. What is wrong with this sentence? "Jones wanted very much the position of manager."

2. What is the correct pronunciation of "passe"?

3. Which one of these words is misspelled? Contemporary, contentious, contemptuous, contingency.

4. What does the word "posterity" mean?

5. What is a word beginning with eq that means "evenness of mind"?

ANSWERS

1. Say, "Jones wanted very much the position of manager." 2. Pronounce pa-se, first a as in ah, second a as in say, accent second syllable. 3. Contentious. 4. Descendants; all succeeding generations; future time. "He attempted to build up an estate for posterity." 5. Equanimity.

### Household Scrapbook

By Roberts Lee

Furs

When storing furs at home try using twist tobacco, sprinkling it over the furs, and then wrapping them in newspaper. It will not retain the odor as much as moth balls.

Dust Mop

To renovate the dust mop put 1 tablespoonful of concentrated lye in an old bucket half full of water and boil it. Then rinse a few times.

### Maids of Honor

1/2 Cup shortening  
2 eggs  
1 cup sugar  
1 cup strawberry or blackberry jam  
3/4 cups chopped walnuts  
2 cups flour  
1/2 teaspoon salt  
2 teaspoons baking powder  
1 cup cream (whipped) or evaporated milk

Cream the butter and sugar. Add the beaten eggs and beat until very light. Stir in the flour, salt and baking powder sifted together. Form into balls the size of a walnut, adding a small amount of water if the dough is too stiff to handle. Press evenly over bottom and sides of greased muffin tins.

Fill the centres with jam and nuts mixed together, and bake in a quick oven (425 deg. F) about ten minutes. When cold, decorate with whipped cream.

### That Body Of Yours

By James W. Barton, M.D.

### RESULTS OF STUDY OF ALCOHOLISM

Civilization has come a long way when we see how our alcoholics are now treated by our governments and hospitals. Alcoholism is now recognized as a disease, although some people still think that quitting the habit is just a matter of will power. Physicians who have given alcoholism deep study are quite convinced that the great majority of these patients really desire to be free of alcoholism and its dire effects.

In the Canadian Medical Association Journal, Dr. L. J. le Vann points out that foods of the citizens are carefully guarded and that the same care should be given to alcohol and its effects. The Yale school for the study of alcohol, which gathers up all that is being learned about alcohol, runs a summer session attended by those interested in helping their fellow man to conquer the liquor habit. I have mentioned before the excellent work being done by Alcoholics Anonymous as I have seen many of the men and women alcoholics now able to live a new life thanks to the patient work done by this organization. Closely associated with Alcoholics Anonymous in many countries is what is known as the Foundation for the Study of Alcoholism.

It is of general interest to learn of Dr. le Vann's definition of alcoholics. "Alcoholics are those excessive drinkers whose dependence upon alcohol has attained such a degree that it shows itself as a disturbance of an individual's health and their personal relations and their smooth social and economical functioning or who show early signs of such development."

Dr. le Vann is Medical Superintendent, Provincial Training School, and Psychiatrist, Provincial Guidance Clinic, Red Deer, Alberta. What are his conclusions after studying the alcohol problem and its effects upon alcoholics? Despite all our governments are doing to help alcoholics, the alcoholic must first try to help himself. He states:

1. Our present-day culture encourages the individual to solve his problems by resorting to alcohol.

2. Alcoholics may be divided into two main groups: primary alcoholics, those whose personality shows little inner resources to combat problems and frustrations, and secondly, reactive alcoholics who show signs of a neurosis (thinking they have an ailment of some kind, yet no ailment is present).

Primary alcoholics respond most favorably to group treatment and reactive alcoholics, alcoholics who have been careless and allowed alcohol to get the better of them, respond best to individual treatment by a psychiatrist.

While the Danish treatment by use of Anabuse helps many individuals to overcome their desire for alcohol, Alcoholics Anonymous, by actual application of its principles stands first in the battle with alcoholism.

### The Stars Say --

By Genevieve Kemple

For Tomorrow

THIS day configurations favor those with creative talent and all those engaged in enterprises where imagination and originality are required assets. They are also benefic for cultural activities and projects organized with the welfare of the community in mind.

Pleasure and relaxation through mentally stimulating activities are indicated during the evening hours and plans made to share hospitality with others should work out successfully. Put into practical use some of the ideas you've had for making others happy now.

### How Can I!!!

By Anne Ashley

Q. How can I get more heat from the burners of the gas stove?

A. Be sure to wash the burners frequently with soap and water. Clogged burners cut the flame and lessen the heat obtained from the gas.

Q. How can I thicken the juice when making cherry pie?

A. Rolling cherries or berries in flour before putting them into the pie crust will thicken the juice and prevent its running out.

Q. How can I treat a sore when proud flesh has appeared on it?

A. Sprinkle it twice daily with pure and dry granulated sugar.

Q. How can I prevent cream from running down the side of the pitcher?

A. A little butter rubbed on the lip of a pitcher will prevent the cream from running down the side after it is poured.

Q. How can I clean a steel knife?

A. A steel knife can be cleaned beautifully by rubbing it with dampened ashes.

### DOROTHY DIX'S COLUMN

### She's Astonished

#### Girl 18 Discovers Suitor Is 27 And Estranged From Wife

DEAR MISS DIX: Last summer I met Bert, and promptly fell in love with him. He looked about 20, and I was 18. After dating a few weeks, I learned that he was 27—married, though separated from his wife. I found this hard to believe, but when I asked him about it, he admitted it was true. By that time, I was head over heels in love. So I continued to date, though the only one in my family aware of the circumstances was my mother, who is most anxious for me to break off. Now, Bert's wife has begun suit for divorce (and I want to emphasize again, I had no part in their separation), and he wants to marry me when he's free. Up to then, that was what I thought I wanted more than anything else in the world. However, a doubt is beginning to creep in. Last week at a dance I met a young man of 19. To my surprise I enjoyed the evening with him and for the first time in months felt relaxed on a date. My problem is, should I tell Bert about this new beau, forget the latter and stick to my commitments with Bert—and should I tell the new beau about Bert. Also, should I persuade Bert to go back to his wife or let him go through with the divorce?

Hildegard

### FORGET MARRIED SUITOR

ANSWER: The first step is to get Bert out of your life. Tell him you are convinced he isn't the one for you, that you have not been really happy with him, that in view of your personal feelings, plus your mother's wishes, you think a break is best for all concerned. Whether or not you tell him of your new heart interest is relatively unimportant. Your friendship with Bert never should have been allowed to go as far as it has. What he does from that point on is his business—not yours. Whether or not he chooses to go on with the divorce, or try a reconciliation with his wife, is none of your affair. If he is in the budding stage, there's no point of making a general confession of the past. Fortunately, your relationship with Bert never became an affair, and the friendship itself is your only point of discretion. If you and the new man become seriously interested in each other, the story of your involvement with Bert should be told; otherwise there's no reason to mention it.

DEAR MISS DIX: Would it be all right for me to buy myself a set of rings? I am a widow of 50, and have never had rings, as we were always unable to buy things like that. My children are grown, and I have an income that keeps us quite well. I feel I can afford a luxury or two now.

W. M.

ANSWER: Bless you, there's absolutely no reason why you can't buy something you have always wanted and never could afford. Lots of women acquire diamonds later in life. By no means are they the prerogative of the newly engaged.

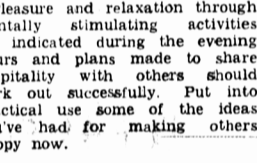
Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

### Contract Bridge

By Josephine Culbertson

KNOWLEDGE CAN BE DANGEROUS

Those players who stand in awe of experts will be delighted to learn that sometimes even a great deal of knowledge may be a dangerous thing. Consider the dilemma of the declarer in this hand.



### For the Birthday

If tomorrow is your birthday, the next three months should bring rapid advancement where your business or profession is concerned.

There is also a strong possibility that you may be called upon to pinch-hit for a superior during July, and your efforts in his behalf should lead not only to grateful appreciation on his part but to your own eventual promotion in business.

Personal relationships are under particularly beneficent aspects this year and you should make the most of them. Travel and cultural activities are also favored. Be alert to a possible domestic crisis during July, however.

A child born on this day will be talented and idealistic but inclined toward intolerance at times.

A steel knife can be cleaned beautifully by rubbing it with dampened ashes.

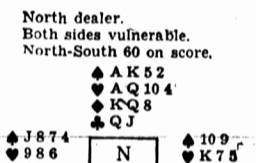
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### ELLEN'S DIARY

By An Island Farmer's Wife

"And who did you 'snuck' home with, from meetin' last night?" we queried of a bachelor lad, a larned fellow not long ago. "I didn't 'snuck' home with nobody, Aunt Ellen," he chuckled, "and if I did—did nobody never 'snuck' home with you?" Now, it comes to mind, through snowy fields of late, Spring has 'snuck' up on the farm folks. Cheering is her advent.

"Oh, I can't say I'm sick, but on the other hand I'm not well," a visitor of last week replied to our greeting. "I've a pain here and an ache there... but," he smiled, "my appetite's good! I guess," he commented, "it's just this cool March weather—wint'rish it is."

In a flash we pictured more pleasant days in the offing: the sun brilliant and warm coaxing gold from the cow slips by the stream; encouraging the robins to spread far and wide their endearments. Emerald green on the meadows; its new lace on the trees.

"Sho' it's the weather!" we agreed, "just bear your miseries for a week or so and you'll be convinced of that."

"I hope so," he nodded. "It 'pears to this wasn't as healthful a winter as usual; it was the 'Green' Christmas, I guess. At any rate there's been many a one sick since then and" he lowered his voice, "more than one we've knowed has passed away. Yes, there's been a number of unexpected passings. It's a sad—a sorrowing old world, Ellen—when we come to consider it, it behooves us to gather flowers while we may."

Flowers... gay blossoms of memory to brighten the bleak days—to give beauty and comfort and courage. Courage to dry tears, and putting by an era of living we had hoped would last, turn lonely but steadfastly toward other days.

Now as the afterglow tints rosy the white-spread March fields as if loath to let the twilight take over its shadowy watch, we find our thoughts following those who of late have gone beyond the sunset shades and for whom now with sad hearts loved ones grieve. Why was it written that one should be taken and another left? We question. Why is one called away in the flush of youth and another to whom living is only a burden left? "Tis always sorrowful to see the young taking, Ellen," Pat said when we talked of an untimely passing recently. "But who are we to say that even so, their work here was not yet done? It must have been—else why would the Good Lord call them away? We have to consider that. An' Ellen, if a child is taken sudden-lak, parents shouldn't fret unduly. Children aren't out an' out give to folks. Only lent, you remember... God love them, the little ones an' the older... an' to parents aren't they always little lads no matter how old they are! An' if He takes—did He not also give for the while? Long enough for much happiness... for the lovin', the laughs an' the tears."

Those who of late have gone beyond the sunset shades and those left to mourn sadly their passing—these come to mind now as the bright loveliness of this Spring day is being replaced for a time by night's shadows.

Until tomorrow... Diary... Good-night

The United Kingdom has 300 clinics for psychiatric treatment of nervous and retarded children.

### Lenten Meditation

from the columns of the 'Times, London

FAITH, DOUBT, AND UNBELIEF

The first lesson that every man must learn is that his tenacity of life is not held on his own terms nor at his own price. There are conditions which have to be accepted. He is not the centre of the universe. The world is made the way it is and he must come to terms with it that way. The children of men depend for their existence on a power, a scheme of things, not their own; and to live at all they must conform themselves to its laws—that is, to the structure of reality. The supreme question of all is "What is that?"

The farther a man moves along the road and the more he reflects on his experience, the more poignant is his recognition of the mystery of human life. He can accept no aloof, one-word answer, whether from the secularist or the priest. This is a genuinely religious attitude. The only man who thinks there are no mysteries is the arrogant, cheap, and morally shallow fool—the fool who says in his heart, "There is no God." One of the popular dogmas at the moment is that the findings of science are certain and those of religion dubious and unproven. This notion is highly unscientific; for the real scientist there can be no certainties. Yet it is true that while the natural sciences give limited answers to limited problems, the concern of religion is—as Lewis Mumford puts it—to be asking the unanswerable questions. "The ultimate wonder and mystery of existence is mirrored in the consciousness of man."

The religious mind has its own certitudes; but around any mature religious faith there must always be margins of agnosticism. It was a disaster for Christianity when the Church began to identify faith with assent to doctrinal propositions. Many people to-day remain standing outside the Church because they feel doubts over some Christian doctrine, and they have been told that such doubt is sinful. On the contrary, it may be a sign of growth in grace and spiritual insight. Indeed, as Geddes MacGregor insists in his notable book *Christian Doubt* it is in itself a correlative of faith—"for the Christian, the indispensable concomitant of the faith that carries him beyond it."

Faith is not simply assent to propositions; it is the venture of spiritual commitment. Its opposite is not doubt but unbelief. Many of those who call themselves atheists are in fact worshippers at the shrine of truth and are therefore fundamentally believers. Unbelief is something quite different—cynical negation and contempt, or that lack of reverence for life which is perhaps the ultimate irreligion. Faith and worship are both born in wonder. The wonder of the Christian revelation presupposes the background of mystery and the infinite depths of the cosmic silence. It does not offer to answer every conundrum nor to solve every riddle in heaven and earth. It comes as the answer out of the heart of things to the question of questions: "What does life itself mean?" The doctrine of the Divinity of Christ is the affirmation of Christian experience that this is reality—this is what life means; here is life in its final revelation. To dare that risk, to commit oneself to this Man for life, for death and for eternity, that, essentially, is Christian Faith. There will still be many problems unanswered. The light will still be shining in darkness. But it is the light and it is the life of men.

### Alice Brooks Designs

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7061 SIZES 2-10  
by Alice Brooks

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Richard Hudnut  
EGG CREME SHAMPOO

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ONE DAY of easy sewing— presto! Have a wonder of a skirt to wear 'round the house, 'round town, 'round the clock! Wrap it on in a second—tear it with blouses, halters. Opens flat—iron in a jiffy. Make several—one in a sturdy fabric for a work-apron.

Pattern 4668: Misses' Waist. Sizes 24, 25, 26, 28, 30, 32 inches. Size 28 takes 3 yards 35-inch.

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24"-32"  
by Anne Adams

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