

Mid-Morning Coffee

Two "aides" de plume of mine have brought to notice the following British Council travel grants for the promotion of interchange between the United Kingdom universities and those in Commonwealth countries.

A Country Garden

"Hidden deep in the bulb lie the pledges of another life." Tulip bulbs were planted this sunny morning in the south garden in groups around the perennial border and the large bed with the bird-bath.

For-get-me-not plants were used as a carpet for the yellow flowers and a collection of tulips in mixed colors were planted in the top of the border with the background of the ever-green hedge.

Some tulips saved from last year by being heeled in until the bulb ripened have been planted around the summer-house leading to the rose-garden and in groups in the border on the upper terrace by the lattice fence with a

Cook's Corner

VEGETABLE CASSEROLE

Very easy to make—and a dish that I believe anyone should enjoy. Yield—6 servings. 3 medium-sized onions 4 tablespoons butter or margarine 1 can (15 ounces) baked beans in sauce 1/2 teaspoon salt Few grains pepper 2 1/2 cups (20-ounce can) tomatoes 2 tablespoons corn starch 1/2 cup cold water Peel the onions and cut into 1/4-inch-thick slices; separate into rings. Heat the butter or margarine; add onion rings and cook gently until golden; add the beans in sauce, salt, pepper and tomatoes. Cover closely and simmer, stirring occasionally until the onions are tender—about 30 minutes. Measure corn starch into a small bowl and smoothly blend in the cold water; stir into onion mixture and cook, stirring constantly, until smoothly thickened. Cover and simmer until no raw flavor of starch remains—3 or 4 minutes longer.

HOW TO RELIEVE SIMPLE SORE THROAT Apply warm oil freely to neck. Rub in well, massaging muscles and glands. At drug-gists' for 85 cents. DR. THOMAS' ECLECTRIC OIL

Fragrance Bar Fragrance pleasure at her finger tips! Handy service of prized Coty Toilet Waters—Le Vertige, Muse, Asume. 6.75 Season's Best!

ELLEN'S DIARY

By An Island Farmer's Wife

And what has October's last day brought to us at Alderley? An end of road and a turning aside into a new month's ways—a chill one, it is likely, holding for us the odd melancholy day, at the close of which "the plowman homeward" shall "take his weary way—and leave the world to darkness." Yet always as daylight continues to give to the encroachments of night, and days draw in, we bless the warmth and contentment of the heart-fire about which the family can gather. Today gave us a wind that whistled eerily in the chimney in true Halloween fashion and whirled the dry leaves about, as it advanced or retreated over the fields to the north. It brought weird figures to the yard in the twilight, bemasked, Jack-o'-Lanterns that out of respect to the prevailing stiff breeze must beam out most of their short night of life on a kitchen table. Witches pranced, and ghosts walked, caught in the new lights of the place. James declared to Carolyn of one: "She hasn't exerted herself so much for years—she should lose pounds over that exercise."

There were games indoors in which the grandparents must join and refreshments enjoyed, before weary with their revels the youngsters were coaxed home to their beds. "No matter if there's a Halloween next year" granddaughter offered sternly, "we'll not bother about it at all—because this one has left me too tired altogether! Oh dear," she yawned close to her ear, she undressed, without assistance "I'm not going to be able to say my prayers, I'm so sleepy and" it was a wallow.

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the raw squash into thin slices. Pare the apples, quarter, remove the cores and slice. In a buttered casserole arrange alternately layers of squash and apples, dusting each layer with salt and adding a portion of the honey and butter. Cover with buttered crumbs and bake at 400 deg. F. for 60 minutes.

Why don't you buy all your Christmas cards tomorrow?

Household Scrapbook

By Roberta Lee

White Furs

To clean white furs first shake them free of dust. Then lay a newspaper and rub thoroughly with plenty of powdered white starch until clean. Or, if desired, use flour and salt, equal parts; then shake well and brush with a soft brush.

Splinters

If a splinter has caught under a fingernail and it will not come out, apply a cold water bandage around the top of the finger. In time it will loosen the splinter and prevent festering.

Lemons

If the lemons are old and have hardened, cover them with boiling water and stand on the back of the stove for a few minutes.

That Body Of Yours

By James W. Barton, M.D.

VICTORY OVER A FORMERLY FATAL DISEASE, INFLUENZA MENINGITIS

I have written before of two men who were admitted to our base hospital during the flu epidemic of 1918, both suffering with influenza. Both left our hospital one week later, one fully recovered from his influenza, the other dead from influenza meningitis.

In The Journal of the American Medical Association, Drs. Emanuel Appelbaum and Jack Nelson, New York, N. Y., state that before the advent of chemotherapy (treatment by sulfa drugs, penicillin, streptomycin, which kill harmful organisms), the death rate in influenza meningitis varied from 90 to 100 per cent. Today, the death rate has been greatly reduced because of this newer method of treatment.

After showing that diagnosis was correct, these physicians state that the duration of the illness, before treatment with streptomycin, varied from one day to five weeks. Sixty-three of the 90 patients were treated within the first eight days of illness. In 16 cases the treatment was delayed for two weeks or longer. In addition to streptomycin, sulfadiazine was used in all but one of the cases, the special drug (rabbit serum) was administered to 17 patients and aureomycin to one patient.

In this series of 90 cases, there were 87 recoveries and 3 deaths. In the great majority of cases recovery rate of over 96 per cent, there was a marked improvement within six days after streptomycin treatment started. Not only did this large percentage of patients recover by the treatment with streptomycin and sulfadiazine, but the reactions to these drugs were few and mild. Fortunately, also, despite the delay of more than in the number of reactions due to eight days, there was no increase of these drugs.

When we think of the death rate before streptomycin and sulfadiazine treatment was known, there is naturally real cause for thankfulness.

DOROTHY DIX SAYS—

By Dorothy Dix

Revenge

Wife Hurts Self Trying To Pay Back Husband

DEAR MISS DIX: During the last year my husband has made it entirely plain that he does not love me. This has wounded my pride deeply and we have had terrible scenes which leave us both wrecks. I have sworn to myself that I will not give him a moment's freedom; I will not give him a divorce or any peace, even if it kills me, just so I can make him as unhappy as he has made me. Can you suggest any manner of revenge beside my present way? I feel he should be hurt some way for hurting me so much. TROUBLED

ANSWER: Revenge is a boomerang. It returns to those who hurl it and annihilates them. When you seek to take revenge upon those who have injured you, you hurt yourself far more than you hurt them. It has been said that revenge is as bitter as gall, and it destroys a more false statement. Revenge is as bitter as gall, and it destroys all the flavor in life for those who saturate their thoughts with it.

YOUR EXPERIENCE IS PROOF How true this is you can see from your own experience. You must know that you have not had a minute's happiness or peace of mind or ease of conscience since you started out to avenge yourself on your husband for the wrong you consider that he has done you.

So give up your melodramatic plan of revenging yourself on your husband for your own sake. Unless you have such a fiendish nature, you will not find any pleasure in making him as miserable as you are. You have to be built that way to get a kick out of torturing a person and seeing him writhe, and not many women are so cruel. I sympathize with you deeply in the loss of your husband's love. That is a hard thing for any wife to be called upon to endure, but it is not always, perhaps not often, the man's fault. Love comes and it goes as it will. We have no control over it and we cannot force ourselves to love a person because it is our duty to do so.

I think you will find far more happiness in just accepting the situation as it is instead of rebelling against it and in forgiving your husband rather than seeking revenge upon him. In forgiveness you will find healing for the wound he has dealt you, but in trying to avenge yourself upon him you will prod at the old sore and keep it festering until it will poison your whole life.

DEAR MISS DIX: I have a charming and very intelligent wife. She should be a big asset to me in my business career, but she is extremely stubborn about one thing. In her early married life we made many friends, good enough folks in their way, but they simply did not fit into the social status we have attained by my rapid financial success. But my wife insists on clinging to some of these

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Better English

By B. C. Williams

1. What is wrong with this sentence? "We planned on taking a vacation, but this kind of a trip doesn't appeal to us."

2. What is the correct pronunciation of "beneficence"?

3. Which one of these words is misspelled? Condescence, concurrence, condensation, concordance.

4. What does the word "malevolent" mean?

5. What is a word beginning with se that means "means of leading astray"?

ANSWERS 1. Say "We planned (omit on) taking a vacation, but this kind of (omit a) trip doesn't appeal to us." 2. Pronounce with accent on second syllable. 3. Condescension. 4. Wishing evil. "He cast a malevolent glance at the speaker." 5. Seduction.

How Can I!!!

By Anne Ashley

Q. How can I successfully measure molasses?

A. Grease the cup lightly before measuring the molasses, or dip it full of flour and then empty it. Either of these methods will enable every drop of molasses to come out of the cup without sticking.

Q. How can I prepare a good home-made paste?

A. Take one-half cup of lump starch and mix it thoroughly with the same quantity of flour. Stir this thoroughly into one quart of water and boil slowly for a few minutes.

Q. When should grape vines be transplanted?

A. They should be transplanted in late November. Cut back to about three feet from the ground and leave with as much of the roots as possible.

Q. How can I make tough meat tender?

A. Brush over with one part vinegar and two parts olive oil, and let stand several hours before cooking.

Retaliation

A romance of long standing had gone on the rocks, and a friend was questioning the would-be bridegroom.

"Why, after all these years, he inquired, 'did you break your engagement to Mary?'"

"Well," replied the other sadly, "I only did to the engagement what she did to me."

-Needlecraft-

FOR THE HOME

THE CASUAL CHOICE For casual good looks, the easy to-get-into coat dress is the choice of smart women everywhere. This one has deep collar and cuffs, diagonal buttoning that breaks into a pleat at the hipline. No. 2200 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 18, 4 1/2 yards 39-inch, or 3 1/2 yards 54-inch. Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department The Charlottetown Guardian, Pattern No. 2200

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Strange But True

By F. H. MacArthur

One of the latest war weapons to be developed is a nerve poison that acts like snake venom. The new death-dealing liquid is called "Tagum". It will penetrate through the skin causing death within two minutes. Sprayed in the air it could wipe out whole divisions in exposed positions. Military men in the U.S.A. still are scratching their heads over the loss of 8,000 tanks in World War II. These missing tanks cost the Government \$2,000,000,000. Peter Stuyvesant who was governor of New York in Dutch times fined every man who allowed his home to catch fire, and then used the money to buy fire-fighting equipment.

In the driest parts of the North African desert sometimes years pass without a single drop of rain. In mid-day the heat becomes unbearable. But, strange to say, a few hours after sunset it is sometimes cold enough to freeze water. Some plants are so tiny that we can see them only through a microscope, others reach a height of 300 feet and over. The alphabet and the art of writing were first discovered, many centuries before the birth of Christ, by the Egyptians and Phoenicians. The marine compass was invented by the Chinese, and used by them on the sea in the third century. The Kiwi, native of New Zealand, is a curious bird having neither wings nor tail. New Zealand, like Iceland, does not have snakes, and the islands contain but few insects.

A unique animal of Australia is the duck-billed water-mole, which as its name shows, has a bill like a duck, yet possesses four legs like a mammal. The great Barrier Reef of Coral of Australia is 1,200 miles long. It has only one opening through which large ships may pass with safety. The Government of the United States and Great Britain declared it unlawful for their subjects to carry on the slave trade at the same time. The nearest island to the Equator is Ascension Island. Turtle and birds' eggs are its only exports.

The Bell Telephone System, owns and operates 30,000,000 phones—or three-fifths of all the telephones in the world. The system uses enough wire to encircle the earth about 4,600 times. Abraham Lincoln when asked by an old lady for a "sentiment" and his autograph gave this reply: "Dear Madam—When you ask from a stranger that which is of interest



Hat and bag sets are practical the band of a velveteen helmet—fun—and fashion! Piko worn with matching double-strap-sprinkles rhinestones glitter on ped handbag.

The Stars Say --

By Genevieve Kemble

For Tomorrow

WHILE there are agencies for benefits, favors and the intercession of old friends or relatives, yet judicious management of such aid may have to be shrewdly manipulated. A substantial loss of funds or prestige could be put in jeopardy by carelessness, especially to yourself always enclose a stamp. That's your sentiment and here's your autograph. A. Lincoln in the world. The total cost of Federal and State Government in Australia increased from 223,200,000 pounds in 1938-39 to 783,200,000 in 1948-49, an increase of 257 per cent.—New Era Post, Sydney, N. Z.W.

If It Is Your Birthday

Those whose birthday it is, are advised to exercise complete discretion in the handling of funds, to make loans or investments only after careful consideration, since any inflationary plans or extravagances could prove hazardous. Such could alienate help from elders or old-established institutions or jeopardize any friendly interest. Be cautious in accepting advice, either from a financial, legal or social quarters. There is aid from dependable places.

A child born on this day, may have extravagant and reckless notions regarding funds. Its ideas may be over-expansive and reactionary, unless given proper advice and training in economy of substance and ambitions.

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