

Covers Prince Edward Island Like The Dow... W. J. Hazen - Publisher and General Manager... Published every week-day morning (except Sundays and statutory holidays) at 115, Prince Street, Charlottetown, P.E.I., by The Guardian Newspaper Ltd.

The Late Governor Bowlen

It is with deep regret that we report the death yesterday of the Hon. John J. Bowlen, Lieutenant Governor of Alberta. Dr. Bowlen was not only a distinguished son of Prince Edward Island, but he was one of its most ardent boosters.

He expressed this sentiment very feelingly on the occasion of his visit here in November, 1955; but we were already aware of it by the stories brought back from Alberta by visiting Islanders, whom he showered with hospitality and bombarded with inquiries about the health and welfare of his numerous friends here.

This capacity to live fondly in the past is usually associated with people of an inactive disposition, but in Governor Bowlen's case it was entirely different. He was a dynamo of energy, and so outstandingly successful in his vice-regal duties at Edmonton that his five-year term, which expired in 1955, was extended indefinitely.

Russia's interest in Africa is shown by the fact that it recently created an African Institute at Moscow, which is now carrying out a comprehensive study of the history of the African continent. A group of philologists is now compiling dictionaries and grammars of certain African languages.

Congratulations to Mr. Lawrence Boyd Yeo, of Central Lot 16 one of two Canadian farmers to receive the Nuffield scholarship this year, which entitles him to six months of study and travel in the United Kingdom.

Now it's Christmas that Cuba's Premier Castro is interfering with. His ministry of social welfare has announced that the holiday won't be on December 25 this year, but on January 6; and good Cubans are not to bother with giving toys or other big gifts—they're to limit their joy to celebrating the revolution.

It has been estimated that it would cost \$100 billion to eliminate slums in the United States; and this does not take into account the fact that slums are growing faster than they are being eliminated.

Canada as well as Mr. Pearson has been honored in the tribute paid to the Liberal Opposition leader by naming him as chairman of the massive Western conference on reduction of world tensions which is to be held in Chicago next May.

"In the Eisenhower odyssey," says the Monitor, "the man and the hour have come together. Whatever the President's failings, this is a role for which he is superbly equipped. Part of the crowds' enthusiasm rises simply from gratification that an American President shows them consideration and honor.

"The time is also propitious. India has a new sense of the danger from Communist expansionism. So have many peoples in the Middle East. Cyprus is not so acutely dividing Greeks and Turks. And the America of a Dulles absorbed in maintaining his government's interests against aggressive Communism wore a different face from the America of an Eisenhower emphasizing his people's interests in peace.

"Indeed, it seems to us that this trip does embody and express a policy—the very policy which invited Mr. K. to America. As Mr. Eisenhower has insisted, it is a policy no less ready to resist aggression, no less insistent on freedom. But it is a policy that recognizes the existence of an atomic stalemate and the necessity for emphasizing peaceful means of maintaining Western interests. And it is a policy which therefore gives more attention to the uncommitted peoples."

It is hard, of course, to predict how long the effects of the Eisenhower tour will last. But it should help to promote a sense of brotherhood and sincere desire for peace that may count more, in the end, than atomic bombs and spunkins.

EDITORIAL NOTES

Good advice for the coming holiday season is given by the Canadian Highway Safety Council. Motorists, it says, who are anxious to outlive this year should drive as though they were making a bid for the title of "Best Driver of the Year."

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All in all we can be very well pleased with both the number and quality of Prince Edward Islanders in positions of leadership in the Dominion wide organization of the party.



A STRAIN ON THE FAMILY TREE

OTTAWA REPORT

The Wheat Surplus Problem

By Patrick Nicholson

"The wheat industry of this country is under sentence of death," warns Hazen Argue, the leader of the C.C.F. in the House of Commons.

"To relieve this industry, we need action to halt the increase in the cost of production, and halt the dwindling margin between that cost and the figure at which the farmer can sell his wheat," explained Mr. Argue.

Two recent revelations prompted me to seek his views. One is the recent disclosure that the huge and growing yield from the Russian wheatfields could capture our foreign markets; the other is the statistical survey showing the sharp decline in the farmer's share of the consumer's food dollar.

LESS PROFIT IN WHEAT

Mr. Argue pointed out that the wheat-grower receives an average of about \$1.25 for a bushel of wheat today. Ten years ago,

he received \$1.55. Fifteen years ago wheat would fetch about \$3 in many hungry countries.

"If the rise in the cost of production of wheat, and of other grains, continues over the next 15 years, at the same rate as in the past 15 years, with no improvement in selling price, the wheat farmer will be bankrupt, and all the best wheatland in the world on our Prairies will have been seeded to grass. Then we shall have a surplus of beef instead of a surplus of wheat."

That is Mr. Argue's prediction. He considers that this process will be rendered more inevitable, and perhaps be speeded up, by Russia's growing economic invasion. As evidence of the magnitude of this potential threat, he quoted the alarming statistic that the increase in the Soviet wheat crop between 1958 and 1959 was greater than the total crop harvested in Canada.

The wheat industry is worth saving, Mr. Argue maintains—a belief which no Canadian would dispute. To this end, he urges, the Government should introduce trading and economic policies which would sell our wheat on a

reciprocal trading basis to countries which could in return supply equipment for our plants and consumer goods for our homes.

WHEAT MARKET OPEN

The difficulty in selling wheat does not arise from lack of demand—the world is full of hungry people. Nor does it arise through farmers asking an exorbitant price for their wheat. It is exclusively a dollar problem, and Mr. Argue believes that we should sell our wheat and accept from dollar-short countries their own currency, even though in some cases that is a soft currency which would have to be spent on that country's own products.

As a nation, Hazen Argue, we should seek to expand our wheat markets by reciprocal contracts of this nature over 3-year periods.

The statistics disclosed by the recent report of the Royal Commission on Price Spreads of Food Products bring no surprise to Farmer Argue. The farmer, as he has long realized, always gets the thin end of our food dollar. He could have added that the wheat-farmer's end has thinned almost to the point of total disappearance. For example, the pound of wheat which he sells for 2 cents, you pay 30 cents for as breakfast cereal, or 16 cents as bread. No wonder the Scots eat porridge made on the farm!

and his wife were presented by the association with Mr. John Bracken the venerable former leader making the presentation. The Prime Minister's address and his tribute to his associates in the party was a moving affair. The sense of seriousness and high purpose which pervaded all the other meetings was most uplifting.

PROBLEMS DISCUSSED

The bulk of my time was not spent at the Convention but in conversation with Cabinet Ministers and provincial officials and in some of these Premier Shaw and his Ministers participated and we in the federal field are much impressed by their presentation of the various matters at hand.

OUR YESTERDAYS

(From the Guardian Files) (Dec. 17, 1934)

Mr. and Mrs. Joseph Gallant, Colville Road, celebrated their 50th wedding anniversary recently. A sumptuous supper was served at their home and many friends assembled to offer congratulations on the happy occasion.

Should Be Taken All One's Life

By Herman N. Sundesen, M.D. LET'S HAVE a drink — of milk. In fact, let's have several. The very first food you had as an infant was milk. And it remained your only food for some time, even if you don't remember it. Although all of us need an adequate amount of this basic food throughout life, many persons think it is a drink only for children.

SIPPING COFFEE

Some time ago I was asked to address a dairy association meeting. The dinner was over and most members of the audience were sipping their coffee when I got up to speak. I began by saying: "I'm very happy to be here today to address this group of coffee growers."

SHARP NUDGE

I got a sharp nudge from the dinner chairman who was seated next to me and I spotted sudden frowns all through the audience. However, I got a laugh when I explained that I knew I was to address some dairy representatives, but, since no one was drinking milk, I assumed I was at the wrong meeting. Now don't misunderstand, I have nothing against coffee for most people. I drink it myself. But I can't understand why so many persons stop drinking milk, or at least much of it, when they become 21.

BEST SOURCE OF CALCIUM

Milk is the best source of calcium we know. And calcium, of course, is extremely important in building sound bones and teeth. Milk also contains proteins and vitamins.

Children need three to four cups of milk every day. Teenagers require four or more cups per day. Most adults can get by with a minimum of two cups per day, although more is advisable. Pregnant women need four or more cups and nursing mothers should have six or more cups every day.

OTHER SOURCES

You don't have to drink all your milk requirements. Ice cream, cheese, cream, soups, puddings — all these and many more dishes contain milk. Cheese, for example, comes in more than 200 varieties. While their food value varies, you can judge pretty well by figuring that 1 1/2 ounces of Cheddar cheese about enough for a sandwich, equals one cup of milk.

VARIOUS FORMS

There are various forms of milk, too. In addition to the usually homogenized whole milk, there are: Skim milk, milk with the fat removed. This is for weightwatchers. Buttermilk, usually made from fat-free milk. If you have digestive difficulties you may prefer this.

EVAPORATED MILK

Evaporated milk. This is whole milk with about 60 per cent of the water removed. It can be mixed with water and used as whole milk or used as is, in place of cream. Non-fat dry milk. This type of milk has the water and fat removed. It is helpful to reducers and for cutting food costs.

QUESTION AND ANSWER

Mrs. W. S.: Is it possible for an ovarian cyst to dissolve? If this were to happen, would it be likely to return? Answer: Ovarian cysts usually persist unless they are removed through surgery. However, some cysts remain with decrease in symptoms.

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TEN YEARS AGO

(Dec. 17, 1949)

The Mount Stewart Strawberry Growers' Exchange marketed a total of 225,000 boxes of berries during the 1949 season, it was revealed at the annual meeting of the exchange in London that the old lawyer got this much backing, and there are fears that organized opposition may boil up against Makarios.

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NOTES BY THE WAY

They say the less a man has of anything the prouder he is of it. This seems especially true in the matter of brains.—De Pere Journal-Democrat

With all its dizzy progress we trust that science will not overlook the fact that it hasn't yet discovered how the firefly turns on its tailight.—Edmonton Journal

Now that the football season is over we are waiting breathlessly for some fearless pedagogue to suggest that perhaps the boys might like to get together for a couple of hours after school every day for arithmetic or English practice.—Door County Advocate, Sturgeon Bay

It has taken unconsciously long for the government to get around to saying to the Canadian people: "In event of a nuclear attack we really have no idea what to advise. You will just have to decide for yourselves." This, as nearly as we can interpret from this distance, appears to be Canada's new civil defence policy as outlined to provincial government representatives in Ottawa recently.—Hamilton Spectator

Nehru Stakes A Claim

(The Times, London)

There have always been two questions involved in the frontier between India and China; the one immediate, the other long-term but no less vital. Mr. Nehru's declaration that any aggression against Nepal would be considered an aggression against India shows that he is ready with his answers.

The first question has been over the actual line of the frontier dividing Tibet from India. Given the arguments from history and past treaties, a settlement might have been reached at any time before this year had the Chinese case been put in a friendly manner.

The second question stands quite apart from arguments about treaties or lines on maps. Ever since Chinese power was reasserted in Tibet the whole Himalayan region has been given a new importance.

BUFFER ZONE

At times in the past this area may have served as a buffer zone. But it has also been for long periods under the influence of either China or India. (The Indian power in the last hundred years was exercised by Britain may affect emotions but does not affect the argument.)

Now Chinese influence could return again to Nepal, Bhutan, and Sikkim. All these territories have at times recognized some kind of shadowy authority in Peking.

That can no longer be true of these Himalayan territories. In Mao Tse-tung's phrase, they must lean to one side or the other.

The shift may not come about immediately; a certain neutrality can and should survive. But to the question "On which side are you neutral?" Mr. Nehru has now stated the Indian answer.

MAXIMS

The journey of a thousand miles begins with one pace.

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