

SPRINGTIME IS SARNAK TIME

after a long Winter your resistance is low, old troublesome symptoms are apt to bother you

Rheumatic, arthritic, neuritic pains, sciatica, backache, bilious dizzy spells, some kidney and liver and stomach upsets, indigestion, heartburn, bloating, getting up nights, lack of energy, nutritional anemia and nervousness and sleeplessness due to these symptoms.

READ BELOW WHAT SARNAK IS DOING FOR OTHERS

Mrs. Phil Annweiler, 225 Avenue E. South Saskatoon, Sask., writes — "For the last fifteen years I have suffered greatly with Rheumatic pain and pain rising from a Gall Bladder condition. Although I have taken many forms of analgesic, nothing I took seemed to help me. Just recently I read about Sarnak and bought my first bottle. I am thankful to say that Sarnak has been a great help to me right from the very first. It relieves my pain as nothing else I have taken."

Mrs. George Weston, Selkirk, Man., writes — "I must thank you for what Sarnak has done for me. I am now starting my fifth bottle. I have suffered with the pain of Varicose Veins for a long time and Sarnak certainly has relieved my pain. The pain was so bad that I was unable to do my housework, but since taking Sarnak I am able to get about as usual."

Mr. M. R. Sereda of Beaverdale, Saskatchewan, writes — "For quite some time I suffered with Neuritic and Arthritic pains in my left leg and shoulder. I couldn't move my leg or walk during my last attack for the pain. I started taking Sarnak and after my first bottle the pain was relieved and I can now get around and do some work. I am going to continue with Sarnak for I know it will benefit me."

Mr. Gustav Roemer, 138 Aheras St. W., Kitchener, Ontario, is over 70 years of age and is an engineer who suffered on and off for 16 long years with upset stomach, bilious dizzy spells and indigestion. Mr. Roemer started taking SARNAK and wrote us as follows: "SARNAK brought me relief within a few days. My poor health had made me nervous and almost afraid to eat. I can truly say now that SARNAK relieved my stomach upsets, nervousness. I'm grateful for what SARNAK has done for me."

Mrs. F. Plouffe, Point St. Charles, Montreal, Quebec, is 60 years of age and had suffered with rheumatic pain in the knees and sharp pain in the small of the back. After Mrs. Plouffe had used just one bottle of SARNAK she wrote: "I was in such pain I could hardly do my work and had trouble getting my proper rest. The first bottle of SARNAK relieved my pain; allowed me to do my housework. I don't know how to thank you for what SARNAK has done for me."

Mr. Stanley P. Dexter, Deep Cove, B.C., is a retired locomotive engineer and 64 years of age. Mr. Dexter had suffered from arthritic pain in both knees and his left hip for seven years until he started to take SARNAK, but here's what Mr. Dexter says: "I tried many different kinds of medicine to relieve my pain but nothing helped until I started taking SARNAK. I got relief from the first day with SARNAK and continued taking it because of the good it did me."

Mrs. C. E. Lyons, Burdett, Alberta, is now 74 years of age and has enjoyed good health, but a few months ago Mrs. Lyons started to suffer from rheumatic and arthritic pain in her knees and legs. Mrs. Lyons tried several things but nothing helped. Here is what she wrote after taking SARNAK: "After taking SARNAK for two months I am free of stabbing arthritic pain. Right from the first two or three doses SARNAK helped me. Now, of course, I wouldn't be without it."

WARNING—Due to the fact we are committed to ship over 100,000 bottles of Sarnak per week to Western Canada, we ask that you only buy one bottle of Sarnak at a time when needed.

SARNAK

INTERNAL MEDICINE
\$1.35 A BOTTLE
On Sale at all Drug Stores

BURGESS BEDTIME STORIES

(By Thornton W. Burgess)

BROWN BOOBY'S STORY

The tales that live to be retold. Will always hidden truths unfold. —Old Mother Nature.

"Share it! Share it! Share it!" screamed Gullie the Laughing Gull, so called because often he sounds as if he were laughing. He didn't sound that way now. No, sir, he didn't sound the least bit as if he were laughing. There was no laughter whatever in his voice now. He sounded angry, impatient and threatening. "Share it! Share it! Share it!" he screamed as he flew above Grandpa Pelican, who was on the water with his great bill, and the handy bag attached to it, filled with small fishes he had just caught for his breakfast.

Grandpa Pelican didn't want to share his breakfast. No, sir, he didn't want to share it. He wanted that breakfast, all of it, for himself. Brown Booby and Mrs. Brown Booby, long-time neighbors of Grandpa Pelican, were swimming nearby. They had already breakfasted. "Grandpa Pelican might better open his bill and share that breakfast with Gullie at once because he will have to in the end. That is what comes of trading bills," said Brown Booby.

"What do you mean?" Gullie asked.

"Brown Booby chuckled. 'Haven't you heard the story of my dear?' said he, and when Mrs. Booby shook her head he continued.

"Way, way back in the days when the world was young, so the story goes, great-great-ever-so-great-grandfather Gull, the first of the Gull, had been given a big bill, a very big bill, although he was no bigger than Gullie is now. One of his neighbors was great-great-ever-so-great grandfather Pelican, who was as big as Grandpa Pelican of today is, but who had been given a small bill. Now old Mr. Gull didn't like his bill at all. It was altogether too big. It was clumsy. He couldn't manage it well. It held too big a fish for him to swallow whole, or too many small fishes to be eaten at one time. He not only didn't need such a big bill but it was in his way, a bother, a nuisance. It was in his way when flying.

"On the other hand Old Mr. Pelican felt that his bill was too small, much too small. He could catch and carry only one fish at a time and that a small one. To get enough to eat he had to spend most of his time fishing. For a long time he had looked with envy at the great bill of Mr. Gull. 'That is the kind of bill I should have,' thought Mr. Pelican, not knowing that at the very same time Mr. Gull was envying him his small bill.

"One day they got to talking together and each found out how the other felt. Great-great-ever-so-great-grandfather Pelican suggested that they go to Old Mother Nature, tell her their troubles and how they felt, and ask her to swap bills for them, giving Mr.

Contract Bridge

By Josephine Culbertson

THE DOUBLE THAT SHOULD HAVE FAILED

West's indiscreet double of the slam contract in the following deal should have been turned to account by the declarer.

In approaching the slam level both South and North exhibited some doubt, and perhaps it was this which influenced West to double. Whatever the reason was, however, West should have been more discrete. Certainly, he could not hope for a large profit, and by indicating the position of high cards, he might convert a small profit into a huge loss. True, his

Gull's big bill to Mr. Pelican, and Mr. Pelican's small bill to Mr. Gull. Great-great-ever-so-great-grandfather Gull thought this over and it seemed to him like a good idea, a very good idea. 'We'll do it,' said Mr. Gull. 'If you will agree to one thing.' 'What is that?' asked Mr. Pelican.

'You are a better fisherman than am I and with my big bill you will be able to catch many more fish than I can. So you must agree that when you have made a good catch you must share it with me. I have no luck fishing and am hungry,' said Mr. Gull.

'Old Mr. Pelican agreed to this and they went to Old Mother Nature. She listened to the story of their troubles and what they wished done, and thought it a good idea. So she changed the bills for them and both were happy. For a time all went well. Then Mr. Gull found that it was much easier to have Mr. Pelican catch fish for him than to catch them for himself and more often he demanded a share of what Mr. Pelican caught. And so it has been between the Gulls and the Pelicans ever since that long ago day when the world was young. Listen!' concluded Brown Booby. 'Share it! Share it! Share it!' screamed Gullie the Laughing Gull without laughter.

Grandpa Pelican did.

South dealer.
Both sides vulnerable.

♠ A J 10 2	♥ 8 6 2	♦ A 8 7 4 3	♣ A
♠ Q 8 7 6	♥ 10 5 4	♦ K Q 10	♣ A 6 2
♠ 4	♥ J 9 7 3	♦ 8 6 5 2	♣ 8 5 4 3
♠ K 9 5 3	♥ A K Q	♦ J	♣ K Q J 10 7

The bidding:

South	West	North	East
1♣	Pass	1♦	Pass
1♠	Pass	1♥	Pass
5♣	Pass	6♠	Pass
Pass	Double (final bid)		

he might well use a couple of his own trumps, instead of dummy's, as ruffers; so he led his singleton diamond to the ace and ruffed a diamond return with the spade three. This left him with the K-9-5 of trumps and two good clubs, while West had his original trump holding and a diamond, and dummy also had its four trumps and a diamond.

There were several ways to take the rest of the tricks at this juncture, and very few ways to lose a trick—but South went wrong. He craved the trump king, then led a high club. West discarded his diamond—and South discarded the diamond from dummy! Now he was helpless. His next lead (of a trump or a club) had to be won in dummy, and West was sure to make his spade queen!

"Make Your Home a picture too"

All around the house...
MARVO... for furniture and woodwork you can't match the beauty of easy-spreading MARVO—Canada's smartest enamel—which gives greater coverage and long wear. Available in 25 delightful colors.

Outside... MURPHY EXTERIOR PAINTS... beat the weather year after year with smooth-flowing beauty that lasts longer. Murphy Paints are so easy to apply!

Inside... MURPHY PETAL TONE... finest of washable wall paints—14 charming pastel shades. Flat and semi-gloss available in identical colors; also gloss.

Use Murphy Paints

Factories at MONTREAL TORONTO WINDSOR VANCOUVER
Branches from Coast to Coast

SOLD BY

R. T. HOLMAN LIMITED, Charlottetown, P. E. I.
FENNEL & CHANDLER LTD., Charlottetown, P. E. I.
R. T. HOLMAN LIMITED, Summerside, P. E. I.

McGUIGAN & BOYLE, Hunter River, P. E. I.
REUBEN TUPLIN CO., Kensington, P. E. I.
W. H. BURNS, Malpeque, P. E. I.

DAILY CROSSWORD

- ACROSS
- Discardant
 - Push from beneath
 - Angry
 - An ear shell
 - Part of a jack
 - Take dinner
 - A cordial of aniseed
 - Island state (Australia)
 - High (mus.)
 - Pacific Island group
 - Laid
 - One of an ancient people (H. I.)
 - Small fish
 - Ancient
 - Engines
 - Hires by contract
 - Narrow, shady road
 - Ordered
 - Appearing as if eaten
 - Measure of distance (Hung.)
 - Banquet
 - Pillar of stone (Gr.)
- DOWN
- Concealer
 - Part of "to be"
 - Rodent
 - Vapor
 - A dye for hair
 - Board of Ordnance (abbr.)
 - Trying experiences
 - Leave out
 - Dispatched
 - Perennial
 - Prong
 - A fodder pit
 - Diplomacy
 - Reversal (comb. form)
 - Branch
 - Secred picture (Russ. Ch.)
 - Gypsies
 - Finishes
 - Theatrical performer
 - Put to flight
 - Delineated
 - Edges of hats
 - Small island
 - Musical character
 - Long-eared rodent
 - Wild ox (Celebes)
 - Falsehood
 - Old measure of length
 - River (Scot.)
 - And (L.)

Yesterday's Answer

1	2	3	4	5	6	7	8	9	10
11									
13									
15	16								
18	19	20							
21									
24									
30									
33									
36	37	38							
39									
44									
47									

DAILY CRYPTOQUOTE—Here's how to work it:

A X Y D L B A A X E
L O N G F E L L O W

One letter simply stands for another. In this example A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

A Cryptogram Quotation.

E X B E X W W K P X R U B P A L H T P B P U
P M A K P F M I U R F U L S M A H T T U I W X R U
— I A N I U R .

Yesterday's Cryptogram: MILTON'S THE PRINCE OF POETS — SO WE SAY: A LITTLE HEAVY, BUT NO LESS DIVINE—BYRON.

DANCE OPENING

Mt. Stewart Legion Hall
EVERY THURSDAY
George Chappell and his Merry Islanders.
Canteen Service
Admission 50c

KING CAFE
OPENING THURSDAY
APRIL 19.
178 Kent Street
Good Food

PARKDALE MEETING

The two Liberal candidates, F. C. Dougan and B. Earle MacDonald would like to meet all Liberals from the Royalties and Parkdale, and any others who would like to attend at Parkdale Hall, Friday night at 8 o'clock.

M-S WELLINGTON KENT

Will Make First Sailing To
ST. JOHN'S, NFLD., ON 30th APRIL
Carrying Livestock And General Cargo.
For Space Reservations and Information
Apply BUNTAIN, BELL & CO., Agents

KING OF THE ROYAL MOUNTED

By Ham Fisher

ADAMS TELLS ME YOU'RE ALL STEAMED UP, INSPECTOR...

I SHOULD BE LOOKING AT THIS CONFIDENTIAL LETTER FROM OUR SECURITY DEPARTMENT!

HEM! THAT JET PLANT IS IN OUR TERRITORY TOO!

KING, THEY KNOW SECRET DATA IS LEAKING OUT... BUT THEY'RE POWERLESS TO STOP IT!

EVERYTHING LEAVING THAT COMPOUND IS INSPECTED... THEY'VE FOUND NOTHING GOING OUT BY THE USUAL CHANNELS... IT'S UP TO US NOW!

DON'T YOU DARE SAY THAT? I HEARD YOU SAY JOE IS IN LOUSY SHAPE...

HUH?

WHAT DO YOU KNOW ABOUT JOE PALOOKA. I HEARD YOU SAY HE CAN LOSE... YOU'RE TRYING TO HURT HIM?

B-BUT, MA'AM... I DIDN'T...

I'VE SEEN EVERY FIGHT OF HIS... I COME ALL THE WAY FROM OMAHA TO SEE HIM WIN... AND YOU SAY HE'LL LOSE... YOU-YOU... NOW, LUSSEN...

PSST... JA HEAR THAT?

IT'S KNOBBY WALSH, CHON!

I WISH MY BROTHER HADN'T TAKEN THAT BUS DRIVER—HE WASN'T BEEN HOME IN THREE DAYS—I'M AFRAID HE MET WITH AN ACCIDENT.

COULD BE—

HELLO—JIGGS—HAVE YOU SEEN MY BROTHER?

NO—BUT I'M LOOKING FOR HIM—

MAGGIE'S TERRIBLY WORRIED ABOUT HIM.

SO IS TH' BUS COMPANY.

DO YOU THINK HE COULD BE IN TH' BUS?

SURE—BUT WE CAN'T FIND TH' BUS—

SO YOU'RE AL GAPPIT—WELL, WHEN I WAS AT COLLEGE, I CALLED MY BOY IN ONE OF THOSE "SABIE HAWKING DAY" RACES. WE GOT MARRIED, AND HE TURNED OUT TO BE A BUNNY—WHAT ARE YOU GOING TO DO ABOUT IT?

B-BUT—

SAY THE WORD AND I'LL LET HIM GO THROUGH HIM, SISTER!

I DON'T CARE HOW MUCH IT COSTS TO GET TO DOGGERY BY TAXI—

P-P-SAY IT—WHY ARE YOU STOPPING HERE?

I'VE BEEN READING 'L'L ABNER' SINCE I WAS A KID—BUT MY FATHER BEFORE ME? I KNOW THAT SOME DAY OUR PATHS WOULD CROSS—STEP OUT, GAPPIT!

PASS THE WORD TO THE MEN AROUND THE HOUSE—KEEP SEVEN AND WHITEY AWAY FROM THOSE WINDOWS—AND LET ME HAVE SOME TEA!

THEY'RE PINNED DOWN... I'LL CHANGE A DIRT FOR THAT NEXT HOUSE!

SCRAP WANTED

DIG IT OUT

Scrap is urgently wanted by the steelmakers, if output is to be maintained. Send us as much as you can, as soon as you can. Dig out every piece and get it to our yard NOW! It is very essential that cast iron, steel and all metals be salvaged—such as old car batteries, radiators, copper, lead, brass. Horse hair, hides and skins and beer bottles.

Our Prices are High and Guaranteed the Best

Maurice Block & Co.

225 Main St. Phone 1205—Yard Entrance West of Horse Motors