

Women's realm

PAGE TWO THE GUARDIAN MAY 25, 1953

Household Scrapbook

By Roberta Lee

Faded Rug

Try renewing a faded rug by first cleaning and dampening it. Then prepare a dye bath of the desired shade. Place the rug flat on several layers of newspapers. Apply the hot dye with a scrub brush. It is better to deepen the original shade of the rug rather than attempting to change the color.

Fat

It is not always necessary to use fat for frying foods. Simply rub the skillet with common table salt, then shake it out and put in the meat to be fried.

Sateen

Use borax water when washing sateen garments. This method will restore the gloss.

Eggs

Eggs that are very dirty can be cleaned by washing them in a solution of baking soda and water, using a small vessel.

Cook's Corner

CREAMY MACARONI AND CHEESE

6 ounces elbow macaroni, 2 tablespoons margarine, 4½ tablespoons flour, ¼ teaspoon dry mustard, ¼ teaspoon salt, ¼ teaspoon pepper, 3 cups of milk, 1 teaspoon Worcestershire sauce, ½ small onion, shredded; 3 tablespoons fine dry bread crumbs, 1½ tablespoons melted margarine.

Cook macaroni in boiling salted water according to package directions. Drain, and put into greased 2-quart casserole. Melt margarine, blend in flour, mustard, salt and pepper. Remove from heat, and add milk gradually. Cook until thickened, stirring constantly. Add Worcestershire, onion, and cheese; stir until cheese begins to melt. Pour over macaroni. Sprinkle with crumbs mixed with melted margarine. Bake in moderate oven, 375 degrees F., 30 minutes.

Coronation Pageant



STANDARD BEARER

Members of the Dymoke family traditionally perform the duties of King's Champion and used to challenge to a duel anyone who opposed the sovereign. At this coronation, Captain J. L. Dymoke will carry the Union Standard. Colors: Tunic—red, with blue and silver cuffs, collar and epaulettes. Trousers—blue.

Anne Adams Patterns



HALF-SIZE STYLE

Play, work, go to town in this smooth step-in! It's a joy to wear—no frills, no fuss, ironing a jiffy job. JIFFY-SWING, too! Choose crisp cotton for coolness, quick tub-ability!

Pattern 4700: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ skirt and bodice trim take 2½ yards 35-inch; bodice and skirt trim take 1½ yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

ELLEN'S DIARY

By An Island Farmer's Wife

How Can I!!!

By Anne Ashley

Q. How can I remove the odor of tobacco from a room?
A. Place an open jar containing ½-ounce of spirits of lavender and a lump of salts of ammonia in the room. Spirits of lavender can be made by adding oil of lavender to some rubbing alcohol. Another remedy for tobacco odor is simply to place a dish of vinegar in the room.

Q. How can I determine the freshness of fish?
A. See that the gills are red, the scales stuck close together, the eyes are bright and bulging, the fish doesn't have too strong an odor, the flesh looks clear and is firm to the touch.

Q. How can I make a skin softener?
A. To soften and whiten the face, neck, arms, and hands, mix and apply a little raw cornmeal and sour milk.

Morning Smile

The Future

Summer resort ad (in 1975) — Good beach, no electricity, telephone, radio, or T. V. You can escape it all.

Too Much For Him

Officer: "How come you knocked this man down?"
Driver: "I never touched him, sir. I stopped my car to let him cross in front of it and he fainted."

Also Ban

"What did you think of the ventriloquist?" asked a husband after the vaudeville act.
"I didn't think much of him," replied his wife, "but the little fellow on his knees was awfully cute."

Churchillian Sting

One day Winston Churchill was being bedeviled by a persistent critic who loftily declared: "I'm a firm believer in fighting the enemy with his own weapons."
"Really?" Mr. Churchill replied, puffing deeply on his cigar. "Tell me, how long does it take you to sting a bee?"

New Trick

A magician seeking a booking asserted: "I've got a new trick that will panic them. I saw a woman in jail."
"Call that a new trick?" scoffed the manager. "They've been doing that around here for years."
"Oh, yeah?" countered the magician. "Lengthwise?"

The Stars Say

By Genevieve Kemble

For Tomorrow

DEVOTE full concentration to the matters at hand this day. This may seem difficult at times, since all your thoughts are probably turning to travel and pleasure just now and, to make matters worse, you are given an opportunity to indulge these whims. Remember, however, that you have responsibilities which cannot be neglected and try to realize that both travel and recreation are made doubly enjoyable when undertaken after fulfillment of all duties. In financial and domestic matters depend on your own ideas rather than on the guidance of others.

For the Birthday

If tomorrow is your birthday, the year ahead should be replete with exciting experiences. Imaginative and creative ideas are under especially benign influence and, since the sidereal influences also augur well for the co-operation of superiors and other influential personages, you should have no trouble in putting them over. You will be given new responsibilities which, well handled, should result in increased prestige, financial betterment and even opportunities for travel.

Domestic affairs will probably follow a routine pattern, but professionally, socially and culturally, 1953 should be one of your best years to date.

A child born on this day will be creative, romantic and endowed with a love of the arts.

Still Active At Age 82



Mrs. Hattie MacKinnon, of 65 Langdon St., Cambridge, Mass., proudly displays a quilted bedspread and one of the hooked rugs, which she entered in the second annual Senior Citizens Hobby Show held in Cambridge, May 5th and 6th. At 82 years of age it is quite a feat to run your own apartment, take in boarders and still have time for hobbies, clubs, work and good deeds.

Mrs. MacKinnon, a remarkable woman who refuses to settle down to a serene old age, manages to do all this. Her "spare time" activities include attending meetings of the Harvard Square Senior Citizens group, of which she is the oldest member, at 3 Church St., twice a month, working on hooked rugs, quilting, embroidery, and looking after others her age.

"Not a day goes by in which I don't try to do a good deed. That's what keeps me so well and keeps me going at my age," says Mrs. MacKinnon.

Another of Mrs. MacKinnon's activities is her membership in the Sunshine Circle of the Harvard Epworth Methodist Church.

Two of Mrs. MacKinnon's hooked rugs and a quilted bedspread were on display at the second annual Senior Citizens Hobby Show at Red Feather headquarters. When asked how long it took her to hook a rug, Mrs. MacKinnon replied, "Oh, about seven days."

Mrs. MacKinnon is a senior citizen could take a leaf from Mrs. MacKinnon's book. An active life of good deeds, hobbies, club work and looking after others seem to have agreed with her and kept her young.

Mrs. MacKinnon was born at Hampton, P. E. I., and two daughters still reside here. Mrs. Hector MacNeill of Charlestown and Mrs. Windsor Bell of South Melville.

DOROTHY DIX'S COLUMN

They Want Friends

Couple Live In Isolated House; Nearest Neighbors Much Older

DEAR MISS DIX: There's nothing I want more than to be a good wife and mother, and I try in every way to achieve that goal. We have been married four years and have one son. My husband is devoted to us, our home is nice, but our problem is social adjustment. Our home is isolated, and most of the people around are fifteen or more years older than we are. My little boy has no other child as a companion. Consequently he is becoming so bashful he won't speak to the few people who do visit us, and appears actually backward. I work from daybreak until night keeping our six rooms clean and have little time to visit. We are developing into a family of hermits. We go to church every seven or eight months, but never twice to the same one.

ANSWER: You need a budget—for time and for yourself. Though your house takes up a great deal of your day, there must be some time that you could spend developing new friends and interests. You realize how important this aspect of your life is, yet cannot see your way clear to dropping housework for a few hours a day to adjust yourself to new surroundings. You are becoming a martyr to the house. Don't put all the blame on people who won't make the climb to visit your isolated hilltop. If they won't come up, why can't you go to them?

CHURCH CONNECTION HELPFUL

As a starter—make a definite church connection. Since you seem to have a wide choice of churches, choose one that has a Sunday School class for very young children. This will be a big help in overcoming your son's shyness, and if you can teach a class (but not his), it will give you an opportunity to make new associations.

DEAR MISS DIX: I'm a widow of 50 with a household including a grown daughter and a dependent father. For several months I have been going with a man 55, who says he wants to marry me, but subjects putting off a definite decision on the wedding whenever the subject comes up. He pleads business or money difficulties—anything to avoid setting a date. I'm getting disgusted.

ANSWER: And well you should be! The man quite evidently wants pleasant company, home-cooked dinners when you can provide them, and all the comforts of a pleasant companionship with friendship. If you have your heart set on a second trip to the altar, send him on his way to a more patient lady.

DEAR MISS DIX: I have been dating several boys for the past few months, since I don't want to go steady. I think I'm too young, being 16. My mother and older sisters approve of my idea, but my girl friend's mother won't let me double-date with her daughter because I'm going with several boys rather than one. I have chances to go steady, but don't want to be tied down. I am a nice girl, know my place with boys, and have never had one word of criticism about my conduct. My girl friend is 17, and going steady. Whenever she breaks with a boy, she has to go steady with the next one since that's the only way her mother will let her date.

ANSWER: You are a sensible girl. The approbation of your mother and sisters is evidence of that. The mother of your girl friend apparently fears the effects of promiscuity if her daughter dates more than one boy; perhaps her understanding of the girl's temperament indicates that one boy dating is best for the girl. However, she is wrong to condemn you for following sensible dictates.

DEAR MISS DIX: Although I'm sufficiently attractive to have

That Body Of Yours

By James W. Barton, M.D.

PREVENTION OF RHEUMATIC FEVER

While it is known that rheumatic fever is childhood's greatest enemy, it must not be forgotten that rheumatic fever can occur in young adults and even in older individuals. It is also known that in the majority of cases of rheumatic fever, the child or adult suffered with a sore throat some two or three weeks previous to the attack. It was sore throat with enlarged tonsils that caused the removal of these tonsils in many cases of recurrent attacks of rheumatic fever later, so often followed by heart disease.

Before men and women in our armed forces begin their duties, various measures are employed to prevent disease—diseases which may cause much disablement.

One of the commonest ailments afflicting both civilians and fighting forces is arthritis or rheumatism in various forms.

In the Medical Journal of the United States Armed Forces, we read of a controlled study of a total of 2,800 Army personnel of whom 1,178 patients received penicillin and 1,122 controls had no specific (penicillin) treatment.

Procaine penicillin G, suspended in peanut oil containing 2 per cent aluminum monostearate was injected into the muscles as soon after admission into the army as possible. A very close watch was kept on all patients in both groups—heart, arthritis, history of recurrences, chorea (St. Vitus Dance), fever, joint pains, skin rash, changes in the electrocardiogram, sedimentation rate of the blood.

Acute rheumatic fever developed in only two of those given penicillin and in 28 controls (those not given penicillin). There was a great difference due to use of penicillin.

"Results of this preventative treatment by use of penicillin show that penicillin treatment for acute rheumatic fever almost completely prevents rheumatic fever following these throat attacks and shows the close relationship between strep throat and rheumatic fever."

If the incidence or number of cases of rheumatic fever is to be reduced materially by early penicillin treatment, streptococcal infections must be diagnosed or recognized accurately and early.

In such illnesses there are sudden onsets of sore throat, difficulty in swallowing, fever, redness and swelling of the soft palate, tonsils and throat, exudate, large tender lymph nodes.

"The above results are most convincing evidence of the likelihood that rheumatic fever can be reduced by prompt and adequate treatment of the early streptococcal infection."

boy friends, I don't keep them. I'm 22 and still have no steady beau. I admit I'm jealous and can't stand to see the boy I'm with look at another girl.

ANSWER: You know your fundamental fault, and it's up to you to do something about it. Only you can change your disposition. Remember, a boy is looking for good company when he selects a girl friend, and if you nag, sulk and argue, you won't hold your boy friends. Face the truth and do something about it.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Now—Dental Journal reports:

Chlorodent—in 60 days—brought new mouth health to 158 children at Boys Town



At Father Flanagan's famous Boys Town, Chlorodent proves twice as effective!

In the first major research on chlorophyll toothpaste, dentists at famous Boys Town, Neb., discovered that Chlorodent brings "striking" improvement in mouth health.

The dramatic Boys Town study of gingivitis—a wide-spread mouth disorder—proves that Chlorodent can bring healthier mouths to millions!

Boys Town co-operated in this research wholly in the interest of child health. Over 400 boys took part. Most of them had gingivitis. One group brushed their teeth only with Chlorodent. A similar group used only a fine white toothpaste.

Lever Brothers Limited guarantees Chlorodent to do more for you than any other dentifrice—to give you a

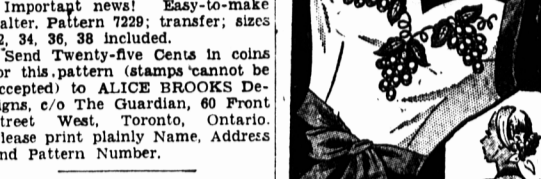
Alice Brooks Designs

FASHION NEWS!

Dramatize day or evening skirts with this halter! Fits divinely, wraps around back, ties at front. Embroider in color, gold or silver thread. Wear it everywhere!

Important news! Easy-to-make halter, Pattern 7229; transfer; sizes 32, 34, 36, 38 included.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



Modern Etiquette

By Roberta Lee

Q. What is the proper length of time between the announcement of an engagement and the wedding?

A. There is no definite rule of etiquette regarding this, and the length of time would naturally depend upon circumstances. Usually the maximum is six months, and usually a couple anticipating a greater length of time will postpone the announcement of the engagement until they are fairly sure of the date of their marriage.

Q. How full should the water goblets be poured, and where should they be placed on the table?

A. About three-fourths full, and placed above the knives.

Q. What apology should one make after a sudden sneeze in public?

A. "Pardon me" is sufficient.

Better English

By D. C. Williams

1. What is wrong with this sentence? "I shall be happy to accept your invitation."
2. What is the correct pronunciation of "italics"?

3. Which one of these words is misspelled? Glizzard, wizzard, buzzard, hazard.
4. What does the word "apprehension" mean?
5. What is a word beginning with vi that means "caution"?

Buckingham: palace of the Queen

So huge (600 rooms) it needs 200 servants, (10,000 windows keep a crew of washers busy full time!) So unwieldy, George V tried to sell it to a hotel group; so hard to heat, George VI dubbed it the "icebox"; so vast, things get lost in it for centuries!

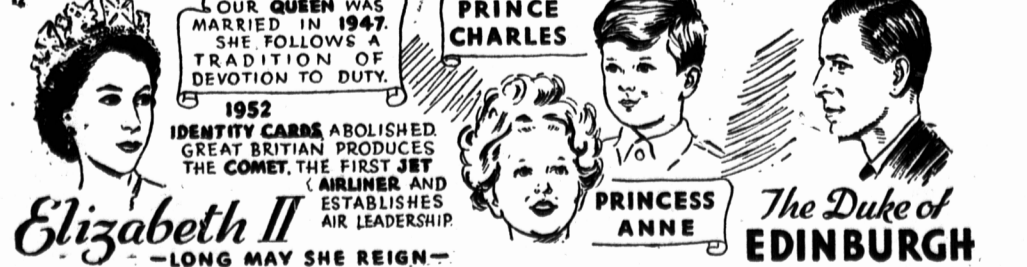
June Reader's Digest takes you behind the scenes at fabulous Buckingham Palace—heartbeat for a great Commonwealth and home for the busy, affectionate Royal Family.

Get June Reader's Digest today: 49 articles of lasting interest, condensed from leading magazines, current books.

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OUR QUEEN WAS MARRIED IN 1947. SHE FOLLOWS A TRADITION OF DEVOTION TO DUTY.

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Elizabeth II — LONG MAY SHE REIGN —

PRINCE CHARLES

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Clean Fresh Healthy Mouth



Be sure to ask for Chlorodent — World's Largest-Selling Chlorophyll Dentifrice