

ENTER
NOW
OUR

SHOP FREE FOR THE

TENDER & JUICY

**RIB
STEAKS**

Lb. **85^c**



D & F
BRAND

SAUSAGES

Lb. **59^c**

SWEET PICKLED

CORNED

BRISKET

Lb. **35^c**



PEAS, GREEN BEANS, PEAS & CARROTS 10 oz.
or WHOLE KERNEL CORN 8 oz.

4 TINS 49^c

Canada Packers and your Co-op town have joined together to free for three minutes contest. Product produced by Canada Packers period, March 21st to April 2nd, your name, address and phone in ballot boxes at either Co-op and the person will have to answer correctly and then will shop free

CANADA PACKERS JUBILEE BRAND, RIND ON

SIDE BACON 1 LB. PKG. **83^c**

MAPLE LEAF

BOLOGNA

BY THE PIECE

Lb. **33^c**

LOIN PORK

CHOPS

Lb. **79^c**

MAPLE LEAF

COOKED

HAM

60z. Pkg. **59^c**

THRIFT

LIQUID

DETERGENT

2 24 Oz. Pack **89^c**



CHUM

4 15 OZ. TINS **45^c**



KAM

LUNCHEON MEAT

2 12 Oz. Tins **99^c**

CUT FROM ISLAND HOGS

LOIN OF PORK Lb. **65^c**



MONARCH POUCH PAK

**CAKE
MIXES**

3 10 OZ. PKGS. **49^c**



YORK

**PEANUT
BUTTER**

3 Lb. Jar **99^c**



Snowflake

2 1/2 Lb. Tub **83^c**

PRIDE OF NIAGARA

DESSERT

PEARS

3 20 Oz. Tins **79^c**



MAPLE LEAF

CHED-R-SPRED

FOR SAUCES OR SANDWICHES

16 Oz. Jar **65^c**

LOW PRICES on frozen food FAVORITES

HIGHLINER

FISH & CHIPS

24 Oz. Pkg. **55^c**



SWANSON'S
MACARONI & CHEESE

2 2 Oz. Pkgs. **59^c**

FRASERVALE

BLUEBERRIES

11 Oz. Pkg. **37^c**

FRASERVALE

GREEN PEAS

2 Lb. Bag **49^c**

FROZEN
SCALLOPS

1 LB. BAG **69^c**

Speaking of GOLD GAIN SAVINGS—let's get down to cases... our FROZEN FOOD CASES, that is. We've jam-packed them with the hottest values in everybody's favorite frozen foods—the most popular kinds... the most popular brands. Look them over! Check the prices! Then take advantage of this sale to fill your freezer with good eating for weeks to come.

PERFECTION
ICE CREAM

SNOWBIRD COD

FILLETS 1 LB. PKG. **37^c**

1/2 GAL. **89^c**

McCAIN'S
SQUASH

2 14 Oz. Pkg. **53^c**

SUNKIST
PINK OR WHITE
LEMONADE

2 6 Oz. Tins **29^c**

OGILVIE QUICK

OATS 5 LB. BAG **59^c**

CLARK

Ovencrock BEANS

WHITE OR YELLOW-EYED IN JARS

3 20 OZ. JARS **1.00**

Listen to News and Views on Grade

THE FINEST MEATS IN TOWN

CO-OP SUPER

AN ISLAND STORE OWNED

BIG ENOUGH TO SERVE YOU

FREE DELIVERY • PHONE 855