

WOMEN

Page 8 The Guardian Friday, March 11, 1955

ELLEN'S DIARY

by an Island Farmer's Wife

And hearing James and Mr. D. talk of old years this evening by the fire, we thought of the courage of the pioneer Island folk—those who "went down to the sea in ships" and those who turned virgin forests into tiny loved clearings to grow first crops in this island that was new; to build their humble log cabins, and rude mills on the streams; to erect on their schools; to ply old crafts: "The tinker, the tailor, the candlestick maker," the smith, the cooper . . . how many there were! And taking much of the history of those early days with them, each having contributed his or her share to their era of living, they sleep beneath quaint stones in cities of the dead. There too our repair and shall, we in our turn.

Today it was a mother and grandmother of that community that is Rob's, who was borne to a pretty country churchyard and her last long rest. She had lived long and well, and of late was, we suspect, somewhat lonely as are older folk for the kin and friends whom they had seen drop by the way. As when mothers she had cuddled her babes and later even as we with a little tug at our heart, watched them set forth to school on a first morning; and then grow up so quickly to take up the burdens and cares of adult lives and living.

A gentle, quiet woman she was, content with home and loved ones and friends. This will remember her now, when all by herself she is gone to that far land of

"fadeless day", which it is written is "far better." Older . . . younger, they go at a whisper of call, to be sadly missed by loved ones who mourn.

The wind of today bit searchingly, and the sun shone it a brightening March shine, and odd times waited to let a stullen cloud pass in a behind the wintry chill, soon will be the music of a myriad of streamlets returning blithely winter's white to millpond and river.

Today added still another worker to the staff at Alderlea. In the wood-yard beyond the House across the Lane, the helper who gave fine assistance both here and at Rob's through last summer and fall and at times during the winter, commenced the wood-splitting. Mack was with him, for this man is among the preferred friends of the children, loading his small wagon with the fresh new sticks, his favors to be impartially divided between the two houses.

"Am I a help to you?" he queried later at the door, cheeks rosy from his exertion, when he presented his offering.

"Of course you are!" we smiled. "The best lad about this place!"

"That's what Jeanie said" he nodded.

And the old clock on the shelf—how smartly now it ticks away our time!

Until tomorrow . . . Diary
Good-night . . .

KEEP IN TRIM

Pull Your Figure From Doldrums

By Ida Jean Kain

Oh to be willowy, now that spring is near! The recrudescence of spring brings a quickening of the spirit that lifts one out of the humdrum. The winter's gone . . . so come on, pull your figure out of the slump.

Where to begin? With the mid-

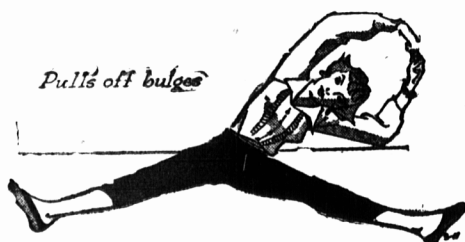
dle measurement. With thumbs and forefingers, encircle the middle measurement, forefingers just touching at waist center, smack on the waistline. Spread the other fingers wide apart to span the midsection. That's vital territory in the fluid spring silhouette.

Don't bend over backwards to follow the spring posture fashion, but go to any lengths to elongate the torso . . . it's streamlining and young. The sure way to do this is to increase flexibility in the waist region. Pull this section of the figure out longer—keep it supple. It even helps you feel slimmer!

The most effective flexibility exercises are stretching and side-bending. Center the stretch from hipbones to ribcage . . . that's the section you wish to control. Ease into exercise with a sidestretch.

Position: Lying on back on floor, right knee flexed, sole of foot on floor, left leg stretched down, left leg stretched down, left arm up stretched on floor beyond head.

Movement: Stretch along left side, stretching from tip to toes. Hold. Change position, bending



the left knee and stretching along the right side.

Position: Sit on floor, feet spread wide apart. Have arms arched overhead, elbows slightly bent, shoulders relaxed.

Also it is quite characteristic of teen-age children to vehemently protest the idea of a widowed parent's getting married again. Their agitated feeling, that the parent's purpose is somehow invidious (and intolerable) is due chiefly to the adolescent's own self-consciousness and emotional confusion during a transitional phase of growth.

At an earlier age, or a later age (say, as pre-schoolers; or as young adults on their own) your

children's reaction to your situation would be warmly hospitable. sympathetic or interested as regards your marriage offer; and loyal to you in any case.

Adolescents Are Awfully Selfish

The adolescent is selfish, wholly engrossed in finding himself—a natural . . .

(Continued on page 9)

MARY HAWORTH'S MAIL

Widow's Children Oppose Remarriage

DEAR MARY HAWORTH: I am a widow, 47. My husband died suddenly two years ago, leaving me with a teen-age son and daughter. We are very comfortably situated, with no financial worries. I am hoping you can help me decide whether I have a right to remarry.

The man is a lifelong friend of my husband's. He always had our utmost confidence and respect. But the children are deeply hurt that I want to marry him. Knowing his good qualities makes no difference to them. They just don't want me to marry anybody, now or ever. And they even speak of running away if I marry again.

They have grown up in an atmosphere of family love, with a daily example of what a fine marriage can be; and nothing can change the love I have in my heart for their father—but I can't show them that. Would I hurt them irreparably if I marry again? Or will time and maturity change their view?

Strongly Loyal To Her Children

At times I resolve to just go ahead, and try to help them adjust to the marriage later. Would that be doing them an injustice? And could I expect happiness on that basis in the years ahead? On second thought, I always feel I can't leave them without taking them into my confidence, as I've always done. I have never failed them and will not now.

I love my children dearly and want to be a good mother; yet I dread the long years ahead—alone, when college or army duty and marriage takes them from me. Or is that kind of loneliness my rightful burden for the rest of my life? I have come to a fork in the road; which way should I go? B. G.

Teen-Agers Need Firm Kindly Rule

DEAR B. G.: In my opinion it is the part of wisdom for parents to deal firmly (and kindly, of course) with adolescents, who generally are found trying to run the show at home, in relation to family, if given half a chance.

This tentative insurrection signifies that the youngsters are becoming socially self-conscious, and vaguely embarrassed by, or indignant at, the imperfect shape of things domestically—so far inferior to their sudden notions of how to live admirably.

Also it is quite characteristic of teen-age children to vehemently protest the idea of a widowed parent's getting married again. Their agitated feeling, that the parent's purpose is somehow invidious (and intolerable) is due chiefly to the adolescent's own self-consciousness and emotional confusion during a transitional phase of growth.

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Box Style For Spring

A sprinkling of beige, charcoal and white in wool boucle is used in this attractive box suit for spring. The large patch pockets are cuffed by a low-slung belt with extended tabs broken only by the centre front line. Small slashes in the sleeves and side seams of the bodice add a gay note.—(CP Photo).

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(Continued on page 9)

Household Hint

A small marketing cart is a wise investment.

You can lug laundry to the laundromat, groceries back from the market, etc. Otherwise, you'll probably find yourself straining to carry heavy bundles, and wind up aking a taxi—which is extravagant and silly.

GOING DANCING?

GO FREE'N'EASY IN YOUR



Go blithely, confidently, in your smoothest party dress—your Elfin Bra with its tapered low back stays in place however you whirl and twirl! And Elfin's exclusive Cordtex® inserts—shaped like butterfly wings—lift your bosom naturally for the new rounded look.



GO GO GOTHIC

GO IN CAREFREE COMFORT IN YOUR

Sarong

Go with the long, slim lines of youth—your tummy under control, your hips slimmer, by Sarong's amazing criss-cross front! Dance the night away—lightweight, action-free Sarong dances with you, never rides up!

* by **GOthic** Corsettes

DOMINION CORSET CO. LTD.

Thomson-Dawson Nuptials

At the North Tryon Presbyterian Manse at 3 o'clock Wednesday afternoon, February 16, 1955, Rev. Lawrence Blakie united in holy matrimony, Louise Joan, daughter of Mr. and Mrs. Murdoch Dawson, Albany, to Charles Everett, son of Mr. and Mrs. Russell Thomson, North Tryon.

The bride, given in marriage by her father, chose a blue suit with pink accessories. Her corsage was of American Beauty roses.

Her bridesmaid was her twin sister, Mary, who was attired in a grey suit with blue accessories. Her corsage was of white carnations.

Mr. Harvey Costain acted as best man.

Mrs. Dawson chose for her daughter's wedding a light grey suit with green accessories. Her corsage was of red roses.

The room's mother wore a brown dress with white accessories. Her corsage was yellow mums.

Amidst showers of confetti the newly-weds motored to the home of the bride's parents where a reception was held for approximately 90 guests. The room, lit by candlelight, was beautifully decorated with pink and white streamers. A three-tier wedding cake topped with a miniature bride and groom centered the bride's table.

The toast was proposed by the Deaconess Mary A. MacKenzie, and responded to by the groom. A telegram to the bride and groom was read by the best man from Mr. and Mrs. Arthur Dawson, Miami, Florida.

After the reception the remainder of the evening was spent in dancing after which all joined in wishing Mr. and Mrs. Thomson many happy years of wedded life. Prior to her marriage a shower

Cook's Corner



PINWHEEL MEAT LOAF

1/4 cup chopped onion
1/4 cup butter
1 cup water
1 package seasoned bread stuffing

1/4 cup chopped parsley
Cooking time: Five minutes
1 lb. chopped beef chuck
1/2 lb. chopped lean pork
1 tbs. prepared mustard
1 tsp. salt
1/4 tsp. pepper
1 egg, slightly beaten
1 cup tomato sauce

Oven temperature: 350 degrees.
Baking time: One hour.
Serves: Six.

In a saucepan cook the onion in the butter and water. Pour over the crumbs and parsley in a bowl. Let stand. In a bowl combine the beef, pork, mustard, salt, pepper and egg. Roll out the meat mixture into a rectangle (14 x 7 in.) between two pieces of waxed paper. Remove the top-sheet of paper. Spread the dressing over the surface of the meat. Roll as for jelly roll. Place in a well greased bread pan (9 x 5 x 3 in.). Pour the tomato sauce over the top. Bake in a moderate oven until firm. Serve hot or cold.

was held at the home of the bride's parents where she received many beautiful and useful gifts.

LET'S EAT Kitchen Party Is Fun

By Ida Bailey Allen

"In this catalogue, Madame, about the latest style kitchens and equipment, it says: 'How large is your kitchen? If of fair size it can be the setting for a gay kitchen buffet supper.'"

"That is a good idea, especially if the lady has a handsome new kitchen."

"It's all right for a less glamorous kitchen, too, Chef, if it's polished up and shining. In fact, a kitchen party might be the incentive for a good kitchen face-lifting, with new curtains and perhaps a paint job."

And even if the kitchen is small, here's an interesting, easy-to-prepare menu for an informal party.

TOMORROW'S INFORMAL BUFFET SUPPER

Curried Oyster Stew from the Kettle
Cheese-Bacon Loaf
Big Tossed Vegetable and Greens
Peach Cream Cake
Coffee Tea Milk

The meal is served cafeteria style from the kitchen, but enjoyed at small tables in an adjoining room. Arrange the food and eating paraphernalia in sequence for use in the kitchen, with the range as a starting point.

Ladle the oyster stew into bowls from a steaming kettle standing on an asbestos mat on the range. With this, give each guest a napkin and soup spoon. Stand the salad bowl, plates and forks, and a bread board to hold the cheese-bacon loaf on counter top or table, ready for buffet service. Last, arrange cake, plates and forks, electric coffee-maker, tea service, cups and saucers and a tall pitcher of milk with tumblers for self service.

CHEESE-BACON LOAF: Trim all crusts from a loaf of unsliced white or French bread. Mix a series of diagonal cuts in the loaf, 1/4" apart, cutting almost to bottom.

Cream together 1/3 c. butter, 1/4 a grated medium-sized onion and 2 tsp. crushed caraway seed. Reserve 2 tbs. Spread remainder on both sides of each cut slice of bread.

Thinly slice 1/2 lb. sharp American cheese. Tuck into incisions in loaf. Stir 3 tbs. table mustard into reserved mixture and spread over outside of loaf. Press together.

Place on oiled baking sheet or pan; top with 4 halved slices bacon. Bake 15 min. in moderate oven, 350 degrees F., or until cheese melts and bacon browns.

PEACH CREAM CAKE: Put 2 (9") plain cake layers together with thick, cooked, cooled custard cream filling mixed with 1 c. diced drained thawed frozen peaches. Refrigerate 3 hrs. Before serving spread with sweetened whipped cream or a whipped topping, or sift over confectioner's sugar.

CURRIED OYSTER STEW FROM THE KETTLE

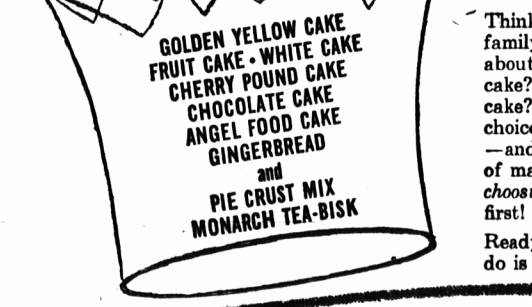
To make one can frozen oyster stew serve 4 to 5 persons, add contents 1 can cream of celery soup and 2 can-measures milk. Season with 1/2 tsp. curry powder dissolved in 1 tsp. cold water.

MORNING SMILE

The average pianist's fingers move 1000 times a minute. And the neighbors wish he himself would move just once.

Win praises - and prizes - with Monarch CAKE MIXES

HOW TO SERVE THE BEST "HOME-MADE" YOU'VE EVER MADE—TONIGHT!



FIFTY 5-PC. SETS OF BEDDING TO BE WON THIS MONTH BY RESIDENTS OF THE MARITIME PROVINCES

5-pc. Set Includes 2 TEX-MADE PERCALE SHEETS
2 MATCHING PILLOW SLIPS
1 AYERSPUN BLANKET (rose-coloured)

NEW, EASY "WHO WAS THE MONARCH" CONTEST
CLOSING MARCH 31ST.
FOR RESIDENTS OF THE MARITIME PROVINCES ONLY

It's Fun To Enter!

HERE'S HOW: Write on plain paper your name and address and the answers to these four questions about Kings and Queens of the English Monarchy:

- Who was the reigning English Monarch during World War II?
- Who was the English Monarch reputed to have "burned the cakes" in the 9th century?
- Who was the reigning English Monarch when the Spanish Armada was defeated in the 16th Century?
- Who was the English Monarch known as "The Unready"?

Mail your entry to "Monarch Contest", Box 325, Saint John, New Brunswick.

Here's your easiest-ever opportunity to win a pair of the very finest quality full-length sheets (104 inches), plus a pair of matching pillow slips, each bearing the famous TEX-MADE name, plus a super-soft, rose-coloured AYERSPUN blanket.

This month, fifty of these 5-piece sets must be won by users of Monarch Mixes. It's fun finding out "Who was the Monarch?"—and you could be a winner. Send in as many entries as you like—the more you send the better chance you have of winning—but be sure to enclose the top half of the front panel from a Monarch Mix package with each entry.

CONTEST RULES

- Each entry must be accompanied by the top half of the front panel from any Monarch Mix package.
- Entries must be postmarked no later than midnight, March 31st, 1955.
- Prizewinners will be the first fifty correct entries chosen after the contest closes and will be notified by mail within 14 days after closing date, and a list of prizewinners will appear in this paper.
- This contest is limited to residents of the Maritime Provinces only.
- Employees of Maple Leaf Milling Co. Ltd., its advertising agency and their families are ineligible.

Monarch CAKE MIXES

THE COMPLETE MIXES—EVEN TO THE EGGS AND MILK!

WINNERS! "WHO WAS THE MONARCH?" FEBRUARY CONTEST

The following names and addresses were the first 50 correct entries drawn by Mrs. F. G. Sancton, Social Editor, Saint John Telegraph-Journal in the "Who Was The Monarch?" Contest which closed February 28th, 1955. Each of these entrants won a Sunbeam Automatic Toaster.

- | | | | |
|--|---|---|--|
| MRS. WILLIAM ADAMS
715 West N.B.
MRS. LEONARD BAKER
Yarmouth, N.S.
MRS. URBAN BROWN
48 Park St., Sydney, N.S.
MRS. HAZEL B. BROWN
91 Chester St., Kesville, N.S.
MISS MARTHA BROWN
R. R. No. 2, Centerville, Kings County, N.S.
MRS. E. H. CAMERON
249 Duke St., Saint John, N.B.
MRS. JOHN CAUDLE
76 Arthur St., Truro, N.S.
MADLEINE E. CONNORS
105 Birmingham St., Halifax, N.S.
MRS. POLLY CONRAD
Cherry Hill, Lunenburg County, N.S.
MRS. ERIC DARRACE
18 Market Place, Halifax, N.S.
M. DAVIES
Highfield St., Moncton, N.B.
MRS. A. N. ELLIS
28 Denton Ave., Kesville, N.S.
MRS. DARA FIELD
Advocate Harbour, Cumberland County, N.S. | MRS. ALFRED MacINNIS
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MRS. RALPH R. MARR
119 Conners St., Lunenburg, N.B.
HERMAN MATTHEWS
Chamcook, Charlottetown, N.B.
MRS. JAMES E. McGIBBON
Moore's Mill, Charlottetown, N.B.
MRS. LENA McSHORRAN
St. Stephen, N.B.
MRS. G. A. HOBRECKER
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Woodcraft Pattern 7385: Simple directions for making lawn, porch or patio chairs. Actual-size paper pattern pieces included, with easy-to-follow number guide.

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WONDERFUL is the word—for our NEW Alice Brooks Needlecraft Catalog for 1955. Exciting, enchanting—our new designs are all that—and even more! Send 25 cents for your copy of this terrific catalog—NOW! You'll want to order every wonderful design in it!



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