

Happy Moment For 90-Year-old



From her wheelchair, 90-year-old Mrs. Elizabeth Bailey looks up at the smiling face of young Queen Elizabeth as the latter stops to chat during a visit to Mar-on-Junction, New Zealand. Who knows what memories of other monarchs crowned the elderly woman's mind as she was rewarded for her long wait to see the Queen.



Cook's Corner

COOKIES

(Mrs. Van's Cookies)

- 1 cup shortening
1/2 teaspoon salt
2 cups white sugar
1/2 cup milk
Put on stove and boil for three minutes. Set to back of stove. Add 3 cups of rolled oats. Mix thoroughly.
Take off of stove and add 1/2 cup cocoa, 1 cup coconut and 1 teaspoon vanilla. Drop by teaspoon on waxed paper. Let cool.

—Mrs. James Macintosh, Rose Valley W. I.

Chocolates

Hot chocolate can be given a delicious flavor by adding a small quantity of cinnamon to it before serving.

Butterscotch-Pecan Cookies

Grease cookie sheets. Preheat oven to 350° (moderate). Mix and sift twice 2 1/2 c. once-sifted pastry flour (or 2 1/4 c. once-sifted all-purpose flour), 2 tps. Magic Baking Powder and 1/2 tsp. salt. Cream 3/4 c. butter or margarine and gradually blend in 1 1/2 c. lightly-packed brown sugar; add 2 well-beaten eggs part at a time, beating well after each addition; mix in 3/4 tsp. vanilla and 3/4 c. chopped pecans. Add flour mixture to creamed mixture part at a time, combining thoroughly after each addition. Drop dough by spoonfuls, well apart, on prepared cookie sheets; flatten with the floured tines of a fork. Bake in pre-heated oven 10 to 12 minutes. Remove from pan immediately. Yield—6 dozen cookies.



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ELLEN'S DIARY

By An Island Farmer's Wife

Softly falling from some cool hinterland of the heavens, snowflakes drifted down quietly in the dusk of this evening. Gently they powdered the evergreens about, mounded, too, with much artistry the spruce shrubs of the lilacs. "Yet Spring will come again; lilacs will bloom"—the words of some stray verse or another came to mind as we watched by a window the night weave its spell on the farm-lands. Yes, one day. But this was the winter.

In the snowfall our vision was limited. Yet how charming was the scene before us: down toward the stream in the front meadow, and up the rise beyond where farm-homes sat snug in the winter-white of their fields! Content... silent. And dimmed a bit now by the falling flakes and the twilight drifting in from the hillsides. No breath of wind stirred: not a winter-twig stirred. And now a team moved into sight on the roadway, horse sleigh and driver dashing against the surroundings. We lost them soon behind the aisle of spruces to which we give in parting the scholars of a morning.

We turned away when an opening door announced the entrance of the little end of this place in now for supper after a dozen pleasant interests of his day: school, snowy pastimes, a few chores to train him along industrious and responsible paths. He voiced a complaint. "Jamie says that leading Blackie on a leash along the drifts is only 'baby stuff.' It's not, is it? He's five years older than I am, so he forgets what he used to do. Little boys do play with dogs, don't they? That is, when they have finished their work. And name was done—you knew that. But that Jamie!" he made a gesture of disgust which ended up in a chuckle "when I grow some, I'll be able to handle him! A fellow has to play sometimes, hasn't he?"

Ave, indeed, to play and do and grow and learn, in this instance a bit young, to hold his own fearfully in his boyish world; to miss the commendation and encouragement, the counsel and comfort which mothers know so well when and how to give. Especially substantial meals we must give now to our household—warm, wholesome dishes, catering to appetites that have their definite likes and dislikes. We smile sometimes at the queries which question our best efforts to integrate needed vitamins in the diet, the milk and cheese, the eggs and meat. "There wouldn't be milk in this?" one who gets all too little of it may ask with suspicion. Or "eggs! No, thank you—but I wouldn't like to bet that there's not one in this." Or "Meat? That depends. What is it?" when to our mind it would take one better versed in the subject to determine the source.

And sometimes the little lad poses a question which must come from some remembered and frightening scene of a slaughter in his more tender years. "Is it dead?" he will ask, meaning we believe, "Was there a killing?" to have more than one chuckle go round. We try to side-step the query. "You eat fowl and tinned meats." "I know—but they're not dead!" "No, they grow on a tree like fruit, or in the ground like vegetables." Jamie has teased kindly, though his words, or even his expression, at this time do nothing to remove the ingrained prejudice from the usually quick young mind.

In the yard-light, the snowflakes continue to drift down, falling gently as leaves of autumn do on the arm of a zephyr. Until tomorrow... Diary... Good-night...

The Stars Say

By Genevieve Kemble

For Tomorrow THIS is an excellent time to put your skills to better use and, if possible, to discover new talents within yourself. Utilize every possible opportunity to display your resourcefulness, ingenuity and creative ability. Production should be at peak performance now.

The evening hours are excellent for dramatic affairs, large scale parties and banquets. Romance and courtship are also under beneficent aspect and plans completed for a journey in the near future should work out most satisfactorily.

For the Birthday If tomorrow is your birthday, you should find the coming months marked by possible changes or increased business responsibilities that could eventually bring about a considerable improvement in your financial status. Optimism may incline you to impulsiveness, however, but curb it somewhat. Think twice if the projected changes will require a large financial outlay. If they do, postpone plans until the late summer when monetary matters will be under improved aspects.

The early fall should find you in complete command of situations involving both business and personal affairs. During this same period, travel is under beneficent augury and social activities should be unusually stimulating. Domestic and romantic matters should prosper. A child born on this day will be intuitive, versatile and impulsive by nature.

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France's First Lady: 'A Homespun Body'

By Rosette Hargrove NEA Staff Correspondent

PARIS — (NEA)—Millions of French people will see themselves mirrored in their new First Lady, Madame Germaine Coty. Says a family friend of this Frenchwoman, who has just taken over as mistress of the Palais de l'Elysee, France's White House: "She is simple, gracious, friendly, a wonderful wife and mother and a doting grandmother—in short, a completely homespun body."

Until mid-January, when President Rene Coty took over from Vincent Auriol, the Cotys lived in the greatest simplicity. Their home was a five-room apartment in an old building on the city's Left Bank in the shadow of Notre Dame, overlooking the Seine.

President Coty, a lawyer and ex-cabinet minister, did not own an automobile. His wife had one young maid to help her take care of the house, but did most of the family shopping and cooking herself.

She likes to think nobody can bake a better cake than she can and not even her husband's election to the disputed and confused presidency stopped her from baking all the family pastry for the Christmas holidays.

Butcher, baker, greengrocer and dairyman alike declare Mme. Coty "is the kind of customer one takes great pride in serving."

A provincial by birth and at heart, although she has lived 20 years in Paris, she preferred to shop right around the corner from her home, and seldom crossed the river to patronize the large department stores.

Says the owner of a small but reliable linen shop near Notre Dame: "The President's wife has bought all her linen from me since 1926. As all careful housewives should, every year she renews her linen closet. She appreciates good quality but is never tempted by fancy goods. For my money, Monsieur and Madame Coty are very modest, essentially democratic and very sound citizens."

The Cotys' laundress, who lives a couple of doors away, is very proud of once having been asked to lunch with Mme. Coty's old father from Strasbourg. Like so many Frenchwomen of her generation, Madame Coty believes in marketing daily. The poultryman declared: "Madame la Presidente telephoned herself Christmas Eve for two turkeys. An economical shopper, she nevertheless always insists on the best. She is an excellent manager."

The turrier said: "I only hope she will remain my client, although I have never yet sold her an expensive fur coat, just made things over for her." Like so many Frenchwomen, the President's wife had a "little dressmaker" on the Left Bank who made all her clothes. Now she realizes somewhat wistfully that she will have to go to a big designer; at least for her gowns for official receptions, although she never can be transformed into a fashion plate (Madame Coty is definitely on the heavy side). But her dignity and simplicity will make up for her lack of Parisian chic.

The Cotys' former janitor, Mme.

Better English

By D. O. Williams

1. What is wrong with this sentence: "I will take whomever wishes to go." 2. What is the correct pronunciation of "premier"? 3. Which one of these words is misspelled? Jeopardize, jardiner, johnpurs, julienne. 4. What does the word "passively" mean? 5. What is a word beginning with "t" that means "holding fast"?

ANSWERS 1. Say, "I shall take whoever wishes to go." 2. Pronounce in three syllables as pre-mi-er, first e as in name, accent first syllable. 3. Jardiner, 4. Not actively; inertly; unresistingly. "The true student studies actively, and not passively." 5. Tenacious.

Alice Brooks Designs

EASIEST stitches (mainly quick cross-stitch and outline) make the prettiest designs ever! Embroider them on towels, panels to frame, linens. For gay, thrifty gifts. Embroidery Pattern 7158: twelve ballet dancers, 5 1/2 to 7 1/2 inches tall; 32 flowers 1 to 3 inches. Send Twenty-five Cents in coin for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7158 by Alice Brooks

That Body Of Yours

By James W. Barton, M.D.

Both sides of the mentally ill question. Most of us are shocked when we learn that the number of patients in mental hospitals is larger than the number in all other hospitals combined. What will shock us even more is to learn that the above is only half the story about mental illness for we learn from the report of Dr. George S. Stevenson, medical director of the National Association for Mental Health that the 650,000 who are in mental hospitals today does not include the number of patients under treatment in clinics and in the offices of private practitioners. Even if this 250,000 were counted, there would still be many thousands of men, women and children who are not normal mentally as many of these are "borderline" cases and some are bound to end up in a mental hospital. Of this number, Dr. Stevenson points out that "each of these patients, before he consulted a clinic or physician, was still a sick person but not sick to the point where society was forced to do something about him. Even those of us who may never break down must be a part of the count because of our unwillingness to make provision for it. We are ashamed of our own inhumanity so we are more content if these problems are hidden as much as possible, ignored when they are developing and concealed in remote state hospitals where they can no longer be avoided in the community."

Household Scrapbook

By Roberta Lee

Laundering It is easy to wash clothes if they are soaked over night in cold, soft water, into which one tablespoon of ammonia to each bucket of water has been added.

Rusty Knives If the knife is rusty, plunge the blade into an onion and leave it there for an hour or two. Then polish in the usual manner.

Coffee In order to preserve the aroma of coffee place it in an airtight container immediately after purchasing.

How Can I!!!

By Anne Ashly

Q. What is a good recipe for honey muffins? A. Mix 2 tablespoons of honey, 1 cup of milk, 1 beaten egg, 2 tablespoons melted shortening. Then mix together 2 cups of granulated flour, 1/2-teaspoon baking powder, and add to the first mixture. Bake in greased muffin pans in a hot oven.

Q. How can I keep empty fruit jars sweet? A. A little powdered borax sprinkled in empty fruit jars with the cover screwed on lightly will keep them sweet until needed another year.

Q. How can I clean rusty steel? A. Rub with a cut onion. Let it stand for a day, and then polish with emery powder and paraffin.

Morning Smile

Abroad ship a magician was entertaining the guests — all except a parrot perched on its stand. Everything, including a pigeon that was made to disappear, was greeted with a shout of "Faker" from the bird.

All of a sudden an explosion destroyed the ship, and the parrot landed in a raft occupied by the magician. For two days it sat and stared at the man, then finally said: "All right, you win! What did you do with the ship?"

Work that sore shoulder!

We instinctively tend to rest a sore shoulder, whereas we should keep it moving to cure it. In February Reader's Digest, Paul de Kruif, noted science reporter, tells you about newly developed techniques that ease pain enough to start sore shoulder joints moving — wipe out acute pain — speed recovery of disabled chronic.

Read how science is beginning to find the remedy for bursitis, an ailment that brings misery to millions of people. Get February Reader's Digest today: 37 articles of lasting interest, condensed from leading magazines and current books.

First Aid Course Completed By Parkdale W. I.

An outstanding class consisting of 25 residents of Parkdale received Red Cross Aid Certificates on January 13, at Parkdale Hall. Dr. A. J. Murchison, Chairman of the Red Cross First Aid Committee, presented the awards. He commended the group for the interest and energy they displayed in this course, which was sponsored by the Women's Institute, and instructed by Mrs. Henry Peters. Films were shown on artificial respiration, ice resusc and the peacetime activities of the Canadian Red Cross Society.

Lt. Col Leo F MacDonald, president of the Prince Edward Island Red Cross, assisted Dr. Murchison with the presentation of the awards, and congratulated the group on the 100% result of the course as every member in it carried it through to the conclusion, and passed the examinations. He spoke of the many splendid services being given through the Canadian Red Cross and urged his audience to participate even more fully in the undertakings of this worldwide organization.

Standard First Aid Awards were merited by the following: Mrs. James Burke, John Burke, Mrs. J. L. Cheverie, Miss Doreen Cusack, Mrs. Edgar, Dennis, Mrs. Henry Douglas, Mrs. Aubrey Found, Mrs. Hilbert Prizell, Mrs. Victor Livingstone, Mrs. Horace MacEwen, Mrs. Harold MacInnis, Mrs. Leo MacIsaac, Mrs. Elmore MacKay, Mrs.

HOSIERY OF DISTINCTION

Nylotwist by Chatelaine EXTRA ELASTICITY FOR DURABILITY

Bermuda's First Woman Barrister



Bermuda-born Lois Marie Browne recently made local history on the island by becoming the first woman lawyer to be admitted to the Bermuda bar. The 26-year-old attorney is shown leaving supreme court in Hamilton after the ceremony admitting her to the bar. She wears traditional robe and wig which is standard court wear in the British colony.

DOROTHY DIX'S COLUMN

She Needs To Forget

Remarried Widow Still Frets Over Poor Housework For First Husband

DEAR MISS DIX. Before I was married, I had had little experience with people. I married at the age of 17 and had a baby. My mother had never taught me anything about housekeeping or cooking, so I never learned to be systematic about my home. My husband did not complain, but his family did. Shortly after our second baby was born, my husband died. Five years after his death I married another wonderful man, and now, with the knowledge I have acquired, I keep an immaculate house. I have the two boys from my first marriage, and a new baby. My trouble lies in the fact that I am brooding constantly over my domestic shortcomings during my first marriage. I feel I failed my first husband by not keeping a tidy, comfortable home. We truly loved each other, and he always appeared happy. However, his people never liked me, chiefly, I think, because of a nationality difference.

NO RLASON TO BROOD

ANSWER. Anyone who would expect a 17-year-old girl to be an expert housekeeper is indeed wishing for a miracle. You began your first marriage with a strong sense of co-operation, the desire to have a happy family and the ability to be a loving wife. That's not bad for a teen-age bride. Domestic arts would have come later—as indeed, they did. You have no reason to brood over these early errors; your mother, understandingly, couldn't teach you the practical things of life, since she was too involved in earning a living for her family. Your debut as a homemaker differed very little from that of thousands of other girls. Few have the time or the opportunity to acquire the homemaking skill their grandmothers had. For one thing, girls attend school longer than their forebears. A generation or two ago, elementary schooling was considered quite adequate for a young lady. Now, of course, high school is regarded as a minimum requirement, with many girls going on to college. The important thing in your life, Ida, is the fact that NOW you are a competent homemaker. You have learned to do all the necessary tasks—and do them well. Don't let your second husband suffer because of your brooding over the past. It isn't fair to him or your family. You did the best you could at the time, and no one could ask for more.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

Anne Adams Patterns

FOUR SNAPPY-SEWS!

FOUR gay aprons in this one pattern! Sew them all for birthdays, anniversaries, hostess gifts. And be sure to make one or two for you! They're thrifty — you can use scraps for the contrast parts. Send for this pattern today! Pattern 4694: Misses' Sizes: small (14, 16); medium (18, 20); large (40, 42). Small with bib, all one fabric, takes 1 1/2 yards 35-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coin (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Canada.

Leslie MacKay, Mrs. Sterling MacKay, Mrs. Furness Matheson, Mrs. Douglas Moore, Mrs. Albert Murphy, Mrs. George Newman, Miss Olive Newman, Mrs. Glen Ramsay, Mrs. Pearl Rice, Mrs. Frank Ross, Mrs. Arthur Seaman and Mrs. Trewin. Last evening 14 of the above ladies, plus three others, commenced a Red Cross Home Nursing Class at Red Cross Headquarters under the instruction of Mrs. Wendall Wood.

ANCIENT VISITORS

BIRCHINGTON, England — (CP) — Experts said a silver coin found in the marshes of Kent was issued by a king who ruled Antioch about 130 BC, and was probably brought to England by visitors from the Mediterranean around 50 BC.



4694 by Anne Adams