

# Women

The Guardian, Charlottetown, Tues., Aug. 10, 1965, 7

## MARY HAWORTH

### Immature Minds Reason For Unglued Alliance

Dear Mary Haworth: Perhaps there is no solution of my problem and I am only writing for release.

A year and a half ago I met and fell in love with Doris, knowing almost from the first that she had multiple problems. We were married a month later; and at present divorce seems inevitable.

Doris, now 21, has had a rough life. She comes of an upper class family—a scientist father—who ignores her existence and a neurotic mother who always has leaned on her.

At 15, Doris bore a child out-of-wedlock. She was in mental hospitals before that, and has since. Her child was given for adoption and Doris still feels guilty about that.

At 16 she married, not so much for love as to distrust the legal system and keep it. The marriage was childless and a catastrophe, ending in divorce two years later.

Three months after we married she had a nervous breakdown and we separated. It seemed the right thing to do. She became an outcast of a local psychiatric clinic and I can't describe the agony; I felt, watching her suffer.

Having learned to trust her psychiatrist, she has improved a lot the last six months. She has a good job, to which she is dedicated, and a nice apartment which she furnished herself.

We began seeing each other again and made two stymied efforts to resume the marriage. The first time I stayed a week before she asked me to get out. The next go-round lasted a month, with little happiness. I think we should try to make a fresh start together elsewhere, maybe on the West Coast. She feels differently.

She says she loves me but that I am bad for her, as I can't give her the security she needs. She reminds me that I dislike work. I say if she'd give me something to be responsible for, I'd become responsible. If only she had a little faith in me, I think we could make it. Otherwise divorce is final.

I am at my wits' end. I love her, but we simply can't live together "as is." Is there anything I could or should do? P.W.

Dear P.W.: It appears that you and Doris are, figuratively, two babes in the woods, intermittently huddling together for comfort, with a sense of being desperately in need of friendly protective acceptance by some responsive, compassionate, status-giving fellow creature.

But on the score of looking after each other reliably; much less yourselves individually, on a basis of sturdy personal com-

peience, you just haven't got it. From which it follows that you don't qualify as adequately adult candidates for marriage.

In trying to love to turn over, Doris has, in effect, taken a child to rear. And the same may be said of your espousal of her. Neither of you has the maturity of mind, feeling and character to be the port-in-a-storm to the other seeks, in the married state. That's why your unstable partnership keeps coming unglued, to the accompaniment of anxious uncertain suffering behavior on her part and yours.

As for what to do, it seems that Doris is already on the right track, in finding psychiatric leadership she trusts, to guide and support her in learning how to stand on her own feet, psychologically, in healing old wounds and laying foundations for worthwhile living in the years ahead.

I think you can do no better than to copy her example and get first-hand professional counselling help, in straightening yourself out.

There is no sound reason for Doris to trust you "on faith" to become a reliable helpmate in future, in a different environment, if you've failed her expectations to date.

To make good, with or without Doris, you've got to turn over a new leaf of your own accord, to become a dependable man, whose actions (not words) proclaim his merit. M.H.

IDA BAILEY ALLEN

### Plain Facts On Aspics Various Aspects Given

Decorated with green boughs, and summer blossoms and filled with guests in white fish-mad, while the brass band played gay folk music, Luchow's Restaurant in New York is celebrating a traditional forest festival this week.

"What interests me most are the Kalte Plattens (cold plates)," remarked to the Chef.

**WITH POTATO SALAD**

"All of them are very tasty and easy to prepare, Madame," he said. "Par exemple—the first one listed consists of smoked Lake Michigan white fish with German potato salad. Next, there is a fresh Florida fruit salad with cottage cheese and a third one, which I suggest as a complete salad entrée on our menu today—is a chef's green salad tossed with diced Holland ham and imported Swiss cheese."

Everyone will enjoy that, Chef, I have another suggestion: Berliner Entenweiss Sauer,

which is duckling with-cooked and raw vegetables in wine aspic, accompanied with cucumber salad. But before giving the recipe, let's talk about aspics.

**POWDERED AND CANNED**

"Ready aspics with various flavors for 'instant' use are now available in both powdered and canned form in all fancy food stores and most supermarkets. Or clear aspics may be easily made from canned concentrated clear chicken soup or consommé.

"No matter what kind of aspic is being prepared, it must, of course, refrigerate at least four hours, or until firm enough to unmold. So when planning to use an aspic, preferably prepare it the night before using, or in the morning of the day it is to be served."

**Measurements level:**

recipes for 6 (A Complete Main Course... Entree)

**DUCKLING WITH JULIENNES OF VEGETABLES IN ASPIC**

1 envelope unflavored gelatin  
¼ tsp. Tabasco  
¼ can-measure water or ¼ c. Mollise or a dry white wine  
2 (10½-oz.) cans concentrated consommé  
¼ c. cooked, sliced, peeled carrot rounds  
¼ c. cooked green peas  
¼ c. diced, cooked green beans  
1 c. thin-sliced crisp celery  
¼ c. sliced red radishes  
¼ c. drained sliced mushrooms  
3 c. shredded lettuce tossed with one-third c. French dressing  
1 sliced cold roast duckling  
6 (1½") thick slices tomato, dusted with seasoned salt  
Cucumber salad in lettuce cups made with chilled sour cream dressing

Stir gelatin and Tabasco into cold water or wine. Heat consommé until boiling. Add gelatin—stir until dissolved. Cool. Refrigerate 40 min. or until it is the consistency of an egg white.

Meanwhile, prepare and combine carrots, green peas, green beans, celery, radishes and mushrooms. Stir into the aspic. Transfer to very lightly oiled 6 oz. custard cups. Refrigerate 4 hrs. or more.

Serve glamorously arranged on a chilled large platter as follows: Center the platter with a thick bed of dressed lettuce; cover with thin slices and joints of duckling. Place 6 slices of tomato at intervals around duckling. On each slice unmold a cup of the aspic. Fill in remaining spaces with cucumber salad arranged in lettuce cups.

**TOMORROW'S DINNER**

Hot Cream of Tomato - Rice Soup - Chef's Substantial Green Salad, Tossed with Diced Holland Ham and Cheese-Shredded Imported Swiss Cheese - Boston Cream Pie with Sliced Fresh Peaches - hot or Iced Coffee or Tea.

**The Chef's Boston Cream Pie - With Sliced Peaches.**

Put 2 (9") homemade or purchased layers, plain or sponge cake, together with 1 recipe of my special cream filling (directions follow) that holds its shape when the cake is cut. Refrigerate 1-1½ hrs. before serving. Cut 16 16 wedges. Serve the cream pie and peaches on the same plate.

**COOKED CREAM FILLING:** You will need 1 tsp. unflavored

ed gelatin, 1 tsp. cold water, 1 egg, 1 egg yolk, 3 tsp. sugar, 3 tsp. flour, ¼ tsp. salt, ¼ c. heated milk, ¼ c. light cream or half 'n' half, 1 tsp. any flavoring extract.

To Make: Stir gelatin into cold water. Slightly beat egg and egg yolk in pint, double-boiler top with sugar, flour and salt. When smooth, gradually stir in milk and cream. Cook 5 min. over boiling water or until thick like very heavy cream. Stir in flavoring and gelatin.

Remove from heat. Cover. Set in pan of cold water and cool. Stir three times.

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DAVID WEALE DIANE ROBERTS

### WEDDING PLANNED

Mr. and Mrs. Ralph S. Roberts, Calgary, wish to announce the engagement of their daughter, Diane Margaret, to David Emrys, son of Mr. and Mrs. W.O. Weale, Charlottetown. The marriage will take place at Central Christian Church on August 28, 1965. (Photo of David Weale by George Wotton)



R. A. STOJAK MARY ANN LIDSTONE

### ENGAGEMENT ANNOUNCED

Mr. and Mrs. Donald Edward Lidstone of Summerside announce the engagement of their only daughter, Mary Ann to Richard Allen Stojak, son of Mr. and Mrs. Anthony Stojak, St. Boniface, Man. The marriage will take place Sept. 4 in Trinity United Church, Summerside.

Mr. and Mrs. Thomas Picon and family of White Plains, New York, are visiting Mrs. Picon's mother, Mrs. A.D. Feehan, Mt. Stewart.

Mr. and Mrs. Robert Banks and daughter, Bonnie Lee, Summerside, are spending a vacation at Kingsboro, the guests of Mrs. Bank's parents, Mr. and Mrs. William Robertson.

Mr. and Mrs. Malcolm Johnston and family, Rochester, N.B., are vacationing in Montague, guests of Dr. Louis and Mrs. Johnston.

Holidaying with their brother and sister-in-law, Mr. and Mrs. Angus McDonald at Caledonia, are the former's sisters, Jessie and Marie McDonald of Boston, Mass.

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## WOMEN'S ORGANIZATIONS

### Guest Speaker Addresses Crapaud Women's Institute

"United Nations" was the theme of the July meeting of Crapaud Women's Institute. Twelve members answered roll call with an interesting item concerning the United Nations.

Mrs. Everest Moyaert, a former resident of Rhodesia, Africa, and now residing in Crapaud, was guest speaker. Mrs. Moyaert, an active WI member in Africa, gave a most interesting talk on life in that country and of the work carried on by the Women's Institutes there. Mrs. Moyaert was thanked by the president, Mrs. Frank Myers.

Swimming classes were reported underway and it was decided to enter six ladies from Crapaud in a tug-of-war contest in Victoria.

The meeting adjourned and refreshments were served by committee in charge.

**BREADALBANE WMS**

Mrs. Allan Hickox was hostess to the WMS of the Breadalbane Christian Church recently. The meeting opened with Mrs. Hickox, vice-president in the chair.

The opening hymn was followed by the missionary creed in unison, after which the secretary, Mrs. Craig read the minutes and called the roll, which was answered with a Bible verse containing the word "dominion".

During the business period, brief reports were given by the visiting committee. After a scripture reading, Mrs. James Craig, devotional leader read an article which emphasized the newness of Christianity and how it is adapted to all mankind.

Mrs. John Hickox invited the members to her home for the August meeting. Benedict closed the meeting, and during the social hour, refreshments were served by the hostess, assisted by her daughter, Faye.

**HAPPENINGS**

Audrey Jenkins, Women's Editor, Phone 4-5506

Mr. and Mrs. Ross McCarthy of Washington, D.C., accompanied by Helen Garrett of Daytona Beach, Florida, are vacationing at Mt. Stewart, guests of their sister, Mrs. A.D. Feehan.

Mr. and Mrs. John D. Stewart and family, Philip, Pamela, Jeffrey and Elizabeth of Beverly, Mass., were recent visitors to Milltown Cross, the guests of Mr. Stewart's parents, Mr. and Mrs. John A. Stewart.

Eugene Sullivan arrived home recently from Cardstone, Alberta, and is spending his holidays with his mother, Mrs. John Sullivan. In September Mr. Sullivan will be leaving for Alliston, Ont., where he has accepted a teaching position.

Mr. and Mrs. Stewart, Wells and three children have arrived from Ottawa to spend some time with relatives in Alberton.

Leona Paynter, her sister, Mrs. Aubrey Waddell and son Robert of Saint John, N.B., are visiting relatives in Kensington and vicinity. They are house guests of Mr. and Mrs. Everett Cousins, Burlington.

Gordon Coffin and daughter Laurie Lee, Stanley, N.B., are vacationing in Montague, guests of Mrs. L.H. Coffin.

Erskine Campbell has returned to Toronto after visiting relatives in Alberton.

Mrs. Hosie Wilness, Tanook, N.S., is visiting her sister, Mrs. Irving Hardy, Rosebank, and her brother and sister-in-law, Mr. and Mrs. Eldred Hutt, Alberton South.

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SINATRA AND GIRL FRIEND AT HYANNIS PORT

Actor-singer Frank Sinatra and his 18-year-old girl friend Mia Farrow stand at the rail of the 168-foot yacht Southern Breeze Sunday as it sails from Hyannis Port, Mass. Sinatra, Mia and a group of Hollywood celebrities are vacationing along the New England Coast, and had spent a day in Hyannis Port visiting members of the Kennedy family. (AP Wirephoto)

## ELLEN'S DIARY

### The Hutch Was Deserted, The Brown Rabbit Gone

Night is here now. And moonlight against it, brightening the dim of the quiet fields, accenting the shadows prettily of fence-row and field. "No rain yet!" a visiting farmer commented this evening.

"No, no rain yet!" the younger farmer echoed.

"It's amazing how well the grain-crops have come since that last shower we had."

"It is, but they could do with more!"

"With days of it" the other agreed.

Raspberries there are now in pieces of slash, to tickle the palate, and return memories of lush summers that were. And on the boughs of the transparent in the old orchard, the mellowing fruit gives promise of tasteful pies to be.

"Well there are no moments of indecision over today's work—no worry as to what we should go at first" one of the crew said this morning. "It's all cut and dried—all baled now and ready to be hauled to the barns." "If we just make a little extra effort," James said, entering the little truck which was taking him off to the field, "we should get it all snugged up today."

"Now this" Mack beamed coming in toward dusk, "is the way I feel now that the hay is done! Oh, I know, we may be getting a few more bales here or there, but the main lot is saved. And in time too! It's commencing to be fairly ripe in the fields."

"It was a good season" we said.

"In a way. No rain you may say to delay the work. But in

the dryness, folks didn't seem to enjoy the hay so much as in former years. And certainly there wasn't the crop we used to get. It's more satisfying when there's a good return. There's a bite for everything then, and to spare. That's how I like to have it—no scarcity."

There are some unease in the family this morning, when in the absence, on holiday, of the one most concerned, the hutch was found to be deserted, the little brown rabbit gone. How solemn then the place turned! Peter's face was forlorn.

"He will come back—you'll see," James comforted him. "I can't for the life of me see why he won't! He led a pretty comfortable life. Nice quarters, and plenty to eat—enough to feed a fair-sized calf! He's around somewhere near, never fear."

Among today's callers at Alderlea, was the writer from the Mainland, who five days a week, presents her brain—Family, the Gillians, to the Maritimes; to farm folks, and many another as well, we suspect, to interest and entertain, and in no small measure inform them on matters which pertain to the farming. She is a smallish lady, naturally interesting and attractive—her features, eyes and smile, most expressive, and kind. She

Hot weather can play havoc with our eating and drinking habits. Over-eating of certain foods, over-activity, over-indulgence often lead to annoying Diarrhea, or "Summer Complaint." To get your Wild Strawberry on hand at home, cottage, or trip. It relieves nausea, cramps and diarrhea—gently restores intestinal balance. Family-proven for over 115 years. A favorite with children as well as adults. Dr. Fowler's Extract of Wild Strawberry should be in your home. 65¢

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**Boys Injured In Moncton Warehouse Fire**

MONCTON (CP) - Two young boys are in hospital here with burns suffered Saturday in a fire which destroyed a frame building near city hall and threatened adjacent structures for a time.

Raymond Arsenault was reported in fair condition and Kenneth Cormier's condition was satisfactory. The youngsters are between eight and 11 years of age.

It was reported a child dropped a lighted match in an empty gasoline drum in front of the former warehouse owned by A.J. Babin which was used by a service club before the fire.

Lorne Kaye of Moncton said he saw three boys dart from the building about the time the fire was first noticed. He said he grabbed one of the youngsters whose clothes were ablaze and rolled him on the ground to extinguish the flames. Timothy Cormier, a third youngster given medical examination, was allowed to go home later.

An estimate of the loss in the fire was lacking.

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and-loved ones are now vacationing, being guests "for the third summer" at a pretty island resort. We farm-families, to whom her pen brings much pleasure throughout each season in turn, and has up the years, welcome her happily, ad with her continuing "Happy Days!" at her vacation.

And the August day, quite charming, passes now along the silvered night-paths.

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**by Alice Brooks**

**by Anne Adams**

**AIRY, SOFT, NEW!**

Light, airy, gently textured—this crocheted jacket is ideal for morn to night.

A choice jacket — an easy pattern stitch to crochet. Use rayon-wool 7/32; sizes 32-34, 36-38, 40-46 inch.

Thirty-five cents (coins) each pattern (no stamps please) to Alice Brooks, care of Guardian-Patriot Needlecraft Dept., 60 Front St., W. Toronto 1, Ont.

Printed Pattern 4832. Half sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½; ensemble takes 5¼ yds. 39-11.

**FIFTY CENTS** (50 cents) in coins (no stamps, please) for each pattern. Ontario residents add 2 cents sales tax. Print plainly. SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to Anne Adams, care of Guardian-Patriot Pattern Dept., 60 Front St., W. Toronto, Ont.

**BE ALERT!** In What's New! Send for excitement-packed Fall-Winter Pattern Catalog. 350 design views — school, career, glamor styles. Plus coupon for free pattern — choose it from Catalog. 50 cents.

**Islanders Hold Picnic In B.C.**

The P.E. Islanders who now reside in the greater Vancouver area in British Columbia held their annual picnic recently at Stanley Park. Old acquaintances were renewed, new ones made and many memories of Prince Edward Island recalled and discussed with great pleasure and pride.

We were privileged to have as special guests Mr. and Mrs. Garnet Ross from Summerside and Mr. and Mrs. Edwin Bearstow from Kensington who were visiting the Pacific Coast from the Island.

Former Islanders who attended were as follows: Mr. and Mrs. R.R. Murphy, Charlottetown; Mr. and Mrs. James Read and family, Coleman; Mr. and Mrs. Andy Gallant and family, Egmont Bay; Mr. and Mrs. George Gallant and family, Piusville; Mrs. Irene McKenna and family, Coleman; Mr. and Mrs. Stan Baker, Summerside; Mr. and Mrs. Hayden Macdonald, Charlottetown; Mrs. Cavanaugh, New London; James S. Orr, Bonshaw; Mr. and Mrs. D. McArthur, Elmstead; Mr. and Mrs. Harry Woodside, Hamilton; Mrs. Alma Rothwell and family, Egmont Bay; Mr. and Mrs. Boyd Newsom, Crapaud; Mr. and Mrs. Elmer Richards, O'Leary; Mr. Steve Munn, Wood Islands; Mrs. Doris Cliffe Harper, Tignish; Mrs. E. L. Livingston Crockett, Cape Travers; Mr. and Mrs. Robert S. Shaw, Montague; Caroline Buchanan, Belfast; Mrs. John MacLeod, Uigg; Mrs. Nora Burdeniuk, Summerside; Mr. and Mrs. Vincent Grimes and Barbara, Charlottetown; Mrs. Shirley Weicher,

**WEDDING PLANNED**

The engagement is announced of Elizabeth Jane, daughter of Mrs. Gerald McQuaid and the late Mr. McQuaid of Vernon to Joan James, son of Mr. and Mrs. James Doran, Charlottetown. Mr. and Mrs. A. McLean, Little Saunds; Mrs. Kay Burck, Murray River; Mr. and Mrs. Bob Lord, Charlottetown; Mr. and Mrs. Louis Berrigan, Dunedin; Mrs. Mary Kauffield, Bellevue; Mrs. France Campbell, West Royalty; Mr. and Mrs. Matt DesRoches, Summerside; Mr. and Mrs. T.J. Gallant, Duvar; O.H. Nelson, Commercial Cross; Charles Murphy, Charlottetown; Ethel Lowther and Laura Lowther, Charlottetown; Alfred Sherren, Bonshaw; Mr. and Mrs. John Good, Charlottetown; Judy MacDonald, Charlottetown; Jean Court, Charlottetown; Henry Campbell, Charlottetown; Barry Good, Winsloe; Mr. and Mrs. J.F. Cobb, Charlottetown; Joe Smith, Stanley Bridge; Mrs. Rom a McLean, Charlottetown; Mrs. D. Campbell, Caledonia; Bruce McLennan, Montague; George Gallant, Tignish; Mrs. Phyllis Dond Murphy, Charlottetown; Mrs. Florence Gallant, Charlottetown; Mr. and Mrs. Francis McMahon and family, Charlottetown; J.B. McClure, Charlottetown; Jim McClure, Charlottetown; Mrs. Norman Craig, McNeill's Mills; Hazel Myers, Victoria; Mr. and Mrs. Stirling Colwell, Northam; Ray Coughlan, Alberton; Jerry and Allan Heath, Charlottetown; Mr. and Mrs. Ray Corbett, Alberton; Eric Dunbar, Montrose; Charles Bell, Cape Travers; Jess Lawless, Kensington; Mr. and Mrs. Ralph Bearstow, Kensington; Mr. and Mrs. William Meissner, Bradalbane; Angela Corrado, Bradalbane; Mr. and Mrs. Angus MacKenzie, Montague.

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