

Q-in, Check it Out

The intention of this page in the paper, is that we may highlight a different local group or organization each week. Some will be describing services available to students, while others will be requesting student support for their cause. We

hope that all will be both interesting and informative. If any students have other ideas for groups they would like to see mentioned, please feel free to make suggestions at the CADRE office.

EDITOR



Family Planning Centre

Family planning is an euphemism for responsible parenthood. It means that no child will be born unless it is wanted, and will be loved and adequately provided for -- both physically and emotionally. It means that two people are not forced into a legal marriage because their love and concern for each other did not extend to protection through a reliable contraceptive. It means that a woman does not have to face the humiliation, and trauma of an abortion, legal or illegal, because she thought that it wouldn't happen to her, or was too embarrassed to consult a doctor and discuss effective birth control but not mature enough to delay sexual relations until she and her partner were able to accept the responsibility. Responsible parenthood involves sex education, availability of effective and safe methods of birth control, an understanding of human sexuality, and honest relationships.

Because the Family Planning Association of Prince Edward Island is concerned with these and other related issues, we operate an information and resource centre at 202 Queen Street in Charlottetown. The centre is open from 9 am to 5 pm, and 7pm to 9pm Monday to Friday and trained staff are available to listen and to offer people the help and information needed in each individual case. They are prepared to discuss, over the telephone or in person, any aspect of responsible parenthood including fertility regulation, sterilization, unwanted pregnancy and its alternatives adoption, venereal disease and genetic, subfertility, and marital counselling. If more information and/or action is required

they can make referrals to other professional agencies. At the Family Planning Centre we will not plan your family but will offer you the information and referrals necessary to allow you to allow you to make your own informed decisions. All sessions are offered free of charge, are informal and completely confidential.

Counselling and referrals are not the only services which we provide at the Family Planning Centre. We are able to supply films, books, and other educational materials which would be useful to people who are preparing a paper or presenting a

seminar on any aspect of family planning, including family planning in the absence of family planning.

We can provide resources people who will visit homes, community groups, clubs, classes, etc. giving seminars, conducting workshops, and leading discussions on contraceptives, population, sexuality, and related topics.

Recently, we have begun to do pregnancy tests, which, as with our other services, are free of charge.

As part of our endeavour to fulfill our objective to advance the education of people of P.E.I. in

interest of family welfare and community well-being, we are organizing a fall workshop for high school and university women. For more information on this contact the Family Planning Centre at 892-8141, or watch the "CADRE" for more details.

If you would like to know more about our activities, would like to talk with us for information and/or a referral, or would be interested in becoming a trained volunteer yourself, drop by the centre at 202 Queen Street (across from the Fire Station), phone 892-8141 or zenith 07707, or write P.O. Box 2019, Charlottetown.

