

### W.C.T.U. NOTES

#### TOTAL ABSTINENCE ONLY CURE FOR ALCOHOLISM

By Dennis H. Stovall  
The writer was allowed an opportunity recently to visit one of the five so-called "hospitals for mental defectives" of a western state. Nearly four thousand patients are confined in this one institution alone, and of this number about one-half are alcoholics, of whom a very great percentage are young men and young women in their twenties. This startling condition directly attributed to the wide-open regime which has prevailed during the last eight years, is causing even the liquor leaders themselves genuine alarm. For they realize it is a situation that must be checked if the basic principles of real Americanism are to prevail.

Three important facts were gained in this brief investigation and in talks with the directors heads of the institution: (1) There is no other place for the acknowledged alcoholic to be sent for "treatment" at public expense than to some one of the "hospitals for mental defectives," and as such a charge he is put through the same routine as any insane person. (2) Most of the alcoholics committed to the institution for cure, are there because of the mistaken notion that one drunk, even of wine or beer, wouldn't hurt. (3) There is no "cure" for alcoholism except total abstinence, based upon a deep-formed spiritual or religious motive, in which the individual is released from the clutches of drink by the strength and power of a true Christian character.

Declared a doctor of the institution: "Common sense should indicate to any young person the danger of the first drink. In every case of alcoholism there was this fatal, and oftentimes tragic, start. Once the habit is formed, there remain just two courses for the unfortunate victim: Total wreckage as a human being, or total abstinence. The choice rests with him alone, and upon his faith in a Power much greater than that of any man-conducted hospital."

This is no place to detail the unforgettable and terrible evidences I witnessed of the awful results of drink upon the luckless and deluded creatures who were voluntarily committed by relatives and friends to the asylum. They had reached, many of them, the lowest depths of degradation. A great number, still endowed with thinking minds and a spark of human courage, were made to realize there was no magic formula here, of escape, by which they could escape the terrible habit.

"Go back to your young people and impress upon them the infinite value of Christian character built upon a personal pledge of absolute sobriety," a white-haired physician urged of me on my departure. When I asked him to briefly set down for me what he regarded the essential points, or reasons, for such a pledge, he willingly complied. Here they are:

(1) Alcohol by its nature is a habit-forming drug. Note that line. It is a drug. Not a stimulant merely; certainly not a food in any sense.

(2) Alcohol weakens and ultimately destroys the whole body system, mental and physical. It cannot, even in the first stages of its use, give the smallest measure of added vitality, stamina, or endurance to the one drinking it. On the contrary: It immediately lowers the individual's efficiency, reduces his power to perform any task, and makes, instead of a help, a hindrance, and a danger to his life. This latter fact is amply proved by the tremendous increase of traffic accidents directly attributable to intoxicated drivers.

(3) Alcohol lowers both the morale and the morale of the drinker. Instead of building up his "personality," making a good fellow of him, it leads to his debasement. The notion that it gives wit and a keener edge to the intellect of the drinker is totally fallacious. The drinker loses his sense of spiritual and mental balance, becomes so drugged in conscience that he no longer realizes his own coarseness of manner and conduct.

(4) Alcohol is itself the cause of the curse it brings upon the habit-forming drinker. Therefore, if its deadly results are to be avoided, alcohol must be tabooed by the individual.

(5) Alcoholism can be avoided by only one sure way: Don't drink! To this last emphatic line that silver-haired medico appended the concluding phrase: "The Christian who truly desires to be a follower of the great Teacher will drink no alcohol."

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### New Icebreaker Sails For Big Naval Review

MONTREAL, (CP)—The Canadian government's newest icebreaker — D'Arville — sailed Friday night to participate in the giant Coronation naval display off Spithead June 15.

Capt. Charles Caron said the icebreaker's maiden trip will be in the nature of a "shake down" voyage. She will be given a thorough testing during the 14-day voyage overseas.

Passengers aboard the ship included Transport Minister Ochevri and Mrs. Ochevri and their six children.

Also aboard were two Eskimos—Thomas Anerluk and another who said his name is simply Simonee. They will represent the Canadian Eskimos in some post-Coronation activities.

### U. S. Exports Of Grain Down

WASHINGTON, (AP)—The Agriculture Department reported today that United States exports of grain and grain products are running about 25 per cent below a year ago.

Shipments for the nine-month period ending May 1 totalled 423,503,000 bushels compared with 567,461,000 in the similar period a year ago.

This decline in export sales is one of the factors which Agriculture Secretary Ezra Benson has said, may force him to invoke production controls on next year's United States wheat crop.

### Freetown and Vicinity

Mr. David Scales of Charlottetown spent Sunday, May 17 in the village.

Mr. Ralph C. Burns and Mr. Paul Gallant were recent visitors to Moncton, N. B.

Mr. and Mrs. Austin Scales were in St. Eleanor's on Saturday, May 30, where they attended the funeral of the late Mr. Loman Adams.

Congratulations to Mr. James Holmes who reached the grand old age of 90 on May 30. His friends wish him many happy returns of the day.

Mr. and Mrs. Fenton Simmons and Mrs. Andrew Jardine visited Moncton, N. B., on Monday, June 1st, where they enjoyed a pleasant holiday.

Mrs. Eldon Drummond left Saturday for Halifax, N. S., where she will visit with her daughter Ruby who has been employed in Halifax the past year.

Mrs. Arthur C. Gardiner has returned to her home in Freetown after spending several months with her daughter and son-in-law, Mr. and Mrs. John A. Langlands, of British Columbia.

—Mr. and Mrs. Elmer Reeves and family of South Freetown were visitors to New Annan on Sunday, May 17, at the home of Mr. and Mrs. Don Schurman.

Mrs. John Charlton (nee Helen Lewis) and daughter Janet have returned to their home in Saint John, N. B., after spending a week in Freetown as guests of Mrs. Charlton's parents, Mr. and Mrs. John Lewis.

Recent visitors to the village included Mr. and Mrs. Frank DeCosto and son Vaughn, of Watertown, Mass. They visited at the home of Mr. Von MacCaull.

Mr. Earle Handrahan, who spent the holiday week-end at the home of his parents, Mr. and Mrs. Mannie Handrahan, has returned to his home in Saint John, New Brunswick.

Mrs. Lorne Calbeck and daughter Claudette, and Mrs. Douglas Jardine of Charlottetown spent Sunday, May 17 with relatives in Freetown.

—Miss Florrie Drummond of Springfield, who recently returned to her home after spending the winter months with friends in Boston, Mass., was a recent visitor to South Freetown at the home of her sister, Mrs. Fred Stetson.

Gnr. George R. Hill, Mrs. Hill and children spent the past week in Charlottetown as guests of Mr. and Mrs. Elmer Buchanan. Gnr. Hill arrived home a short time ago from Korea, where he had been on duty since March 1952.

Mr. and Mrs. Fenton Simmons have as their guest Mrs. Simmons' sister, Mrs. Robert T. Copeland of Taunton, Mass. Mrs. Copeland arrived in Freetown on Monday, June

### Youth Experiments On Health Problem



Pictured above are pupils of Grade six, West Kent School, engaged in a rat feeding experiment. This is one of many projects sponsored by the Nutrition Division of the Department of Health and Welfare, to encourage children to study and improve their eating habits. From left to right are Kitty Gass, Diane Davies, Winnifred Anne MacMillan, Catherine Campbell, Terry Manning, Ralph Beaton, Donnie Nelson. (Photo by R. D. Donnelly)

### Albany and Vicinity

Mrs. Raymond Woods and Mrs. William Jones motored to Summerside, Thursday, May 7.

Mr. and Mrs. Arthur Thompson of North Tryon were business visitors to Summerside on Wednesday, April 29th.

—The many friends of Mrs. Elizabeth Lang, North Tryon, will be sorry to learn that she is seriously ill at her home. She later was removed to the Prince County Hospital. All look forward to seeing her out and around again at her lovely home here in North Tryon.

What might have been a more serious accident occurred at the home of Mrs. Alfred Woods, Mt. Tryon, when her hand caught in the wringer of a washing machine. Mrs. Woods was taken to the Prince County Hospital for treatment and is resting comfortably.

1st, and during June, she will visit Mrs. Simmons and other relatives in Freetown and vicinity.

Mrs. Alfred Reeves, Lower Freetown, was hostess to South Freetown Red Cross on Monday evening, May 18. Vice-president Mrs. Elmer Gauthier presided. Several visitors were present. After the business period an interesting program was presented. Lunch was served by the hostess assisted by committee.

Friends of Miss Rena Crossman of Freetown regretted to hear she had the misfortune to fall recently and received severe injury to her arm. Miss Crossman is visiting in Summerside at the home of her nephew, Mr. Earl Sudbury. All hope she will soon be completely well, and able to return home before long.

Visitors to Upper Freetown recently were: Mrs. Howard Towle and son Frank, and Mrs. Louis Weeks of Halifax, N. S.; also Mr. and Mrs. Harry Weeks, Fredericton, and Mrs. Arthur Haslam and daughters Norma and Edna of Springfield, who visited at the home of Mr. and Mrs. Andrew Jardine.

—AB—

### Bloomfield Corner and Vicinity

Mr. and Mrs. Spurgeon McNeil, of Charlottetown, are visiting with relatives and friends in O'Leary and Bloomfield. On May 19th, they were the guests of Mr. and Mrs. Albert Saunders.

Mr. Bert Peters, Mr. Arthur Martin and Mr. Urban Pineau were in Miminegash and St. Louis on business, May 21st.

Many local residents took advantage of the T.B. X-rays held at Bloomfield Corner school on May 21st.

Work on the New Legion home is progressing favorably under the management of Mr. Frank Gallant and Mr. Henry Gallant of Howland.

Pte. Leo Peters who has been in a military hospital, Montreal, is at present visiting with his mother, Mrs. Leon Peters.

The film showing sponsored by the Women's Institute in St. Anthony's Hall on Friday, May 22nd, proved very interesting. Due to the inclement weather the attendance wasn't up to expectation.

Mr. and Mrs. Henry Pineau were guests of Mr. and Mrs. Roy O'Meara, Alberton, on Wednesday, May 20th.

Mr. Tim Pineau is at present managing the farm owned by Emmet McCue, of Montrose.

Mr. Hubert Pineau is spending a few months with his daughters and sons in Boston, U.S.A.

The laying of a cement foundation for the Legion Home started on Monday, May 25th. The boys turned out and each one assisted with the work.

Mr. and Mrs. Gregory Lynch and baby daughter, Juanita, were visitors in Bloomfield on May 25. Guests of Mr. and Mrs. Urban Pineau.

The cold north west wind of Sunday May 24, did considerable damage to leaves which came out earlier than usual. It is hoped blossoms will not suffer similar damage.

### CLYDE RIVER W. I.

The June meeting of the Clyde River Women's Institute met at the home of Mrs. Everett Murray with 13 members answering the roll call with a salad recipe.

The meeting opened by singing "O Canada" followed by Collect in unison. Minutes of last meeting were approved. Mrs. MacNeill reported she had ordered five road signs, and the following were appointed to have the signs placed: Mrs. Dixon (Bannockburn), Mrs. Louis MacLean (Meadow Bank), Mrs. MacNevin (Cornwall), Mrs. Eric MacPhail (New Haven), and Mrs. Daniel MacNeill (West River).

Mrs. Watson Livingstone was asked to request Hampton to put on their variety concert in the hall. It was decided to treat the children at the school with ice cream.

Mrs. Darrach gave a report of the meeting held to make arrangements for the district convention. This year the convention is to be held on June 19 at Afton. Mrs. R. D. Matheson was appointed to give a paper on, "What our Institute can do to improve community life".

Delegates appointed to attend annual convention were Mrs. Daniel MacNeill and Mrs. Harry MacLean; alternatives Mrs. C. D. MacLean and Mrs. Louis MacLean.

Mrs. Daniel MacNeill invited the Institute for the July meeting. Roll call to be answered by "favorite food for a picnic, and how I pack it". Also planned is a round-table discussion on "Healthy Summer Pleasures for Children". Mrs. Louis MacLean will demonstrate arrangement of flowers.

Mrs. Dixon gave an interesting talk on "Our Queen". The meet-

### Queen Honorary Head Of Eight Canadian Units

OTTAWA, (CP)—The Queen has accepted appointment as honorary commanding officer of eight units of the Canadian armed forces. It was announced Sunday night at Ottawa and London. Five of the appointments were held by Queen Elizabeth's father, the late King George VI.

The announcement said royal assent has been given to the eight appointments for the Queen and to three others making the Duke of Edinburgh honorary commander of the three Cadet services of Canada. The posts held by King George and continued by Queen Elizabeth are: Captain General of the Royal Canadian Artillery and Colonel-in-Chief of the Royal Canadian Engineers and of three infantry regiments—the Royal 22nd Regiment

of Quebec City, the Governor-General's Foot Guard of Ottawa and the Canadian Grenadier Guards at Montreal.

The Queen will also become Air Commodore-in-Chief of the Royal Canadian Air Force auxiliary and Colonel-in-Chief of the King's Own Calgary Regiment and the Carleton and York regiment of Fredericton, N.B.

The Duke of Edinburgh will become Admiral of the Royal Canadian Sea Cadets, Colonel-in-Chief of the Royal Canadian Army Cadets and Air Commodore-in-Chief of the Royal Canadian Air Cadets.

ing closed by singing "The Queen". Luncheon was served and a social hour enjoyed by all.

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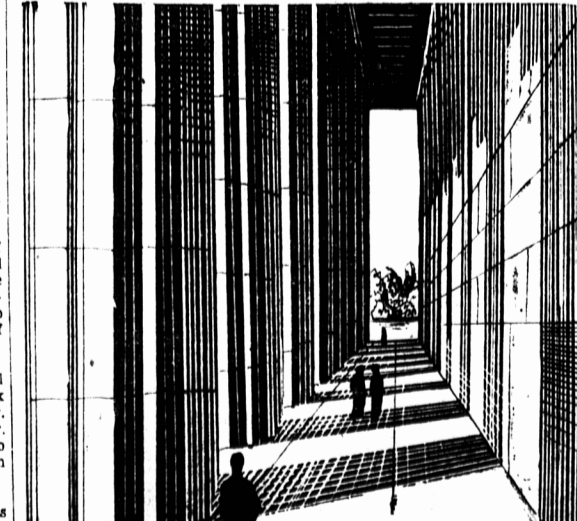
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