



LUNCHEON was served at 1 p.m. to the Women's Committee following the annual meeting on Tuesday. With the

sun-filled inner court of Confederation Centre as a backdrop are LEFT TO RIGHT

Mrs. Alfred Hennessey, Mrs. Brian Cudmore and Mrs. Guy Fichaud.

Women's Committee Reports On Projects At Recent Annual Meeting Held At Centre

By AUDREY JENKINS
"Bigger than potatoes" was the optimistic prediction of Mrs. Fichaud, president of Confederation Centre's Women's Committee, of a proposal that a design course be offered next year to Islanders interested in producing superior handicrafts for a rapidly developing tourist market.

"We share a sense of identity as Islanders" said Mrs. Fichaud "but change is inevitable and the economy of the province will have to react to the flood of people that the causeway will bring."

Mrs. Fichaud used as a comparison the Scandinavian countries of Norway, Sweden, Denmark and Holland who, because of their geography, were in danger of (conversely) losing their identity through being ignored. United in purpose, however, these countries have promoted the development of unique designs that are influencing the entire western world.

"Why can't it happen here?" was the challenge offered this week to Women's Committee members. "The knitting, the sewing, the weaving is virtually flawless in this province but a sense of good design is missing."

Mentioned also was the interest already indicated of such organizations as the Women's Institute, Catholic Women's League, Art Society, and the Craft Council. "It might well lead to a P. E. I. Institute of Design," stated Mrs. Fichaud.

Annual reports given at Tuesday's meeting included Mrs. Brian Cudmore's account of the Gallery's gift shop operated by the Committee during the summer months and for 35 days at Christmas. Gross proceeds from the project were close to \$2,000; many articles hand-made by members. Aileen Brophy of Summerside has been employed to operate the shop this year.

The art rental program at the Centre has proved most popular. Mrs. Fred Pritchard advised that 42 gallery members are

regular "rentees" of the more than 50 paintings by Canadian artists. Seven works have been sold by the Committee, adding \$157 in commissions to funds. The last rental night is June 6 when the paintings will be released for a three month period only.

"Knowledge gained during the year was well worth the effort" was Mrs. Pritchard's comment. Mrs. John Abbott will assume responsibility for the service in the fall.

Mrs. Reginald Bell reported for hospitality: Mrs. James Ceryn Gallery membership (up 58 members to 170) and Mrs. Loran MacLellan for workshop activities.

More than 500 packages of silk-screened cards have been produced from the original designs made by Committee members this past winter. These will be sold in the gift shop at \$1.25 for one color cards and \$1.40 for two color.

The distribution of 24 prints (bought by the Committee for the Gallery's permanent collection from Contemporary Canadian artists) for rotation first in the city schools and then to urban areas, was discussed. Mrs. W. Hogg agreed to chair this "Art in the Schools" committee and additional volunteers were sought.

Preparation for the Committee's book of "Islandia" is being carried forward "with sublime faith," announced Mrs. Fichaud. "That means we don't know where the money will come from." The basic format of the book has been established with its content to include anecdotes representative of colonial life, bits of verse, recipes, profile sketches and line drawings. All produced with "wit and style." This small volume will be sold in the gift shop for \$2.00.

The office of corresponding secretary held by Mrs. Barry Buzen who has resigned; was combined with that of the information chairman, Mrs. Alfred Hennessey. Mrs. Eileen MacMillan was elected treasurer.

IDA BAILEY ALLEN

Picnic Season's Opened Now Pack Lunch Box

Be sure the lunch container for the outing is scrupulously clean and aired and does not give off an odor from the last picnic. Line it with textured plastic wrap if it looks dingy.

Put the heaviest foods on the bottom. (Bottled drinks should be in a separate container.) Slip all sandwiches into plastic lock-in sandwich envelopes. These keep out odors from other foods which might cause unappetizing "off" flavors and the sandwiches remain moist and flavorful.

Plastic Containers
Pack all moist foods if possible in covered heavy paper or plastic containers. Wrap sections of fried chicken, sliced meat or sausage, etc., in dry, cooked or stuffed eggs, cheese, relishes, vegetable nibbles, sections of fruit, grapes, etc., in plastic bags.

Remember, a lunch box meal consists largely of finger foods. In case they must be eaten where it is impossible to wash the hands, include a few small squares of plastic wrap to hold the finger foods when eating.

REFRIGERATE CONTENTS OF LUNCH BOX BEFORE PACKING.
This may be something new to you—but it is a "must". It is not only possible, but imperative to keep lunch box foods cold. A well-refrigerated lunch can mean the difference between good health and a possible touch of food poisoning.

Plan to wrap all foods for the lunch box and refrigerate them overnight. Pack as many foods in the frozen state as possible. Even as they thaw, they act as natural coolers in the lunch box.

(Indoors or Outdoors)
Chilled V-8 Cocktail
Grilled Beef Bundles with Vegetables
Toasted Split Rolls
Shredded Fresh Pineapple with Sugared Fresh or Half-Thawed Frozen Strawberries
Coffee, Tea, Milk

Measurements level:
recipes for 4
GRILLED BEEF BUNDLES
1 lb fresh green beans, cut in 1 1/2 lengths
1 lb tenderized round steak cut 3/4" thick then in bite-sized pieces
12 peeled small onions or 1 (1 lb) can onions, drained
2 large potatoes, peeled and quartered
2 large tomatoes, skinned and halved or 1 (8 oz.) can tomato sauce
1 1/2 tsp seasoned salt
Tear off 4 (12") sheets of aluminum foil. Onto each, pile a 1/4 portion of beans, a 1/4 cubes, 3 onions, 2 potato quarters and 1/4 a fresh tomato, or 3 tsp tomato sauce. Dust with seasoned salt. Bring edges of foil together; seal with double folds to make air-tight pkgs. Place on grill; cook 50 min to 1 hr., turning occasionally. Serve with toasted split rolls.

THE CHEF PREPARES FRESH PINEAPPLE
Mesdames: First be certain the pineapple is ripe before you buy it. Pull out one of the leaves from the crown (top). If it comes out easily, the pineapple is ripe. Pineapple may be served in many ways. For example:
Pineapple au Naturel: Place the pineapple upright on a cutting board. Hold firmly by the top leaves, and with a 4-tined fork separate it into sections around each "eye" division. It is then easily dissected. Into wedge-shaped pieces.
Make mounds of sifted powdered sugar on individual dessert plates.
To make Pineapple Sugar into a small miniature cup and turn out on the center of a plate. Surround with 5 or 6 pineapple wedges, pointed toward the sugar. Eat out of hand. Just dip the pineapple wedges into the sugar. Et voila!

WORKING TOGETHER... BUILDING TOGETHER A DISTRICT OF OPPORTUNITY
IN AN ISLAND OF OPPORTUNITY
VOTE - - Carr and Compton MAY 30th.
Inserted by 4th Queens P.C. Assoc.

Women

6 The Guardian, Charlottetown, Thur., May 19 1966.

HAPPENINGS

Audrey Jenkins, Women's Editor. Phone 4-5508

Mr. and Mrs. Carl Richards, Murray Harbour, were weekend guests at the home of Mr. and Mrs. Elmer Stewart, Trenton, N. S.

Mrs. Edwin Cram has returned to her home in Mill River after spending the winter in Florida.

Mrs. Charles Collier, Murray Harbour was hostess at a baby shower held in honor of Mrs. Perley Moore, Murray River. The gifts were opened by Mrs. Bruce MacLeod and the verses were read by Ida Collier.

Refreshments were served by Mrs. Murray MacDonald, Mrs. Marshall MacLeod, Mrs. Corette Beck and Mrs. Charles Collier.

Mrs. Austin Murphy has returned to her home in Alberton after spending the winter with

ELLEN'S DIARY

A Fine Day Soon Puts Machines In The Fields

"I like that scent" Peter smiled yesterday, when he caught the fragrance of stirred soil as we transplanted seedlings in the kitchen. "Do you know what it's like? It smells like the summertime" he said. Scent of flowerings after rain, we could fancy that was, when petal and leaf shimmers in the sun's smile, and every blade of grass is clean washed, and the soil beneath is refreshed. Spring scents are ours now—sweet fragrance of the land. Even in the evening one may note this, bound up, ribboned and tied with the echoing notes of the frogs.

"Not too much done on the land yet," James remarked to a door-to-door salesman, who on his round called by this afternoon. "The summery seasons bring these up the lane at Scampie's inquiring bark. The vendors of this and that item, from the great machines and lesser, down to some small, though more or less important side in her work to the cook. There is, nowadays, it would

seem no end to the byways into which requirements for the farm and the farm-home do reach.

"Not before today" the salesman replied. "But it's amazing how soon a fine day with sunshine, puts machines on the fields. When the weather's on the cool side, there's no life to it. But on a day like this! There's I would say not much grain sowed yet, but the land is being cultivated and, of course, some potatoes have been planted. You wouldn't be wanting any?" he inquired of the cook, indicating an item in the display of wares. "And that reminds me," he commented, "I must see just how much of that I have on hand. Not a great lot, I believe. It's a popular number—that is." "Yes," James smiled. "On a cool day we think the spring has disappointed us. But the sun and a warm wind, the world and the season is good." At a granary door a handsome speckled bantam called to his mate. She, an understand-

ing one, hastened at his bidding to exclaim over and share in the seeds he had found. Or had she the little, modest, knowing one been leading his steps hopefully in that direction in any event unknown by our company. We joined in the happiness the pair expressed. On the roof, there where golden willow branches lean, a black cat eyed the entrance, below, whence the Starlings come and go. "A few nice days should speed up the seeding," the salesman said. "And bring on the grass" James added. We scanned the items in the display case which lay open, nat-

members of her family in Windsor, Ont.

Georgie Kennedy, RN, Truro, who returned recently from a vacation trip to Bermuda, spent the past weekend at her home in Kensington.

Charles Rix of Dartmouth, N. S. was a recent guest at the Rix home at Elmsdale.

Mr. and Mrs. Horace Glover, Kensington returned recently after spending a few days at Cole's Island, N. B., where they were guests of Mr. and Mrs. Stanley Sleep. Enroute they called on Mr. and Mrs. W. C. Dickerson at Moncton, N. B.

Mrs. Frank MacFarlane, Murray Harbour is visiting with her sister, Mrs. Elmer Stewart, Trenton, N. S.

Mrs. R. W. Chandler, formerly of Mt. Allison, now living in

Journal, will be at home to friends on Sunday afternoon and evening, May 22 on the occasion of her 98th birthday.

Albert MacInnis, Elmsdale has returned to his home after spending the winter months on the mainland.

Mrs. William Matthews was hostess recently to 13 members who attended the regular monthly meeting of the United Church Women's group, Elmsdale.

Mary Gosbee, who is one of this year's graduates from PWC is spending a short time with her parents, Mr. and Mrs. John

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FOURTH QUEENS PROGRESSIVE CONSERVATIVE CANDIDATES SCHEDULE

May 21st Saturday Night "Political Party" Guest Speakers, Entertainment, Dance, Lunch Vernon River Hall 7:15 - 7:30—CFCY-TV 7:45 - 8:00—CFCY-Radio

May 25th Friday Night—Guest Speakers—Entertainment and Lunch. Eldon Hall

May 27th Friday Night—Guest Speakers—Entertainment and Lunch. Eldon Hall

GUEST SPEAKERS
Premier Walter R. Shaw
Hon. Angus MacLean, MP
Heath Macquarrie, MP - Mel McQuaid, MP

We are trying to call on every householder in the district and in addition are meeting with poll committees and members. Please keep watch for added details of our meetings.

WORKING TOGETHER... BUILDING TOGETHER A DISTRICT OF OPPORTUNITY
IN AN ISLAND OF OPPORTUNITY
VOTE - - Carr and Compton MAY 30th.
Inserted by 4th Queens P.C. Assoc.



Bennett Carr



Dan J. Compton

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