

Household Scrapbook

By Roberta Lee

Poison Ivy

A remedy for ivy poison is to use equal parts of bicarbonate of soda and calomel. Apply as a dusting powder after scrubbing the affected parts with alcohol.

The Coffee Pot

Too much care cannot be taken in cleaning the coffee pot. If it is not kept scrupulously clean, no matter how much is paid for the coffee, it just doesn't taste right.

Fly Killer

Flies may be killed by placing around the room a dish containing a mixture of e. cam. ground black pepper, and sugar.

Morning Smile

That Should Hold Him

For more than an hour the mild-mannered little man in the witness box had squirmed helplessly under the cold hostile questioning of the opposing counsel.

"You say," prompted the attorney, "that you have crossed the Atlantic seven times?"

"Yes, sir," replied the witness. "And where were you born?"

"He e in New York."

"Then, sir," thundered the lawyer, "if you were born in New York and have crossed the Atlantic seven times, how does it happen that you aren't on the other side at this moment? An answer that!"

"Because sir," replied the witness very quietly, "on my last trip I came home by way of Siberia and the Pacific Ocean."

The Stars Say

By Genevieve Kemble

For Friday, June 9

AN exceptionally productive and pleasant state of affairs may be brought about by some brilliant cup, and inspired idea or keen insight into fundamental factors.

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, gripping cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters' needs is so pleasant to take—acts so gently and normally without disagreeable reactions that even the fussiest child won't object to their use.

Modern Etiquette

By Roberta Lee

Q. What is the correct way to eat corn on the cob?

A. If the whole ear of corn is served, it should be broken in two, using a napkin to protect the hands. Season and eat only two rows of kernels at a time.

Q. If a girl is having only a simple, informal wedding, is it all right for her to write invitations by hand to her close friends, rather than mail engraved ones?

A. Yes; simple, informal notes, written on her personal stationery, are quite all right.

Q. What is the simplest manner of handling an introduction, and one that is always in good taste?

A. Merely, "Mrs. Jones, Mrs. Brown."

Q. Should the bride and bridegroom both reply to a toast that is given to them?

A. No; the bridegroom says a few words of appreciation for both himself and the bride.

How Can I!!!

By Anne Ashley

Q. How can I keep dresser drawers clean?

A. The drawers of the dresser, as well as the kitchen cabinet, can be kept nice and clean as follows: Cut cardboard pieces about one-fourth inch shorter each way than inside measurement of drawer, cover each piece with a strip of oilcloth, tacking it around edges, and use these as false bottoms for the various drawers.

Q. How can I dry-clean a white bear-skin robe?

A. Make a paste of flour and cleaning fluid and rub this well into the hair side. After thoroughly dry, rub off. This is also effective on ribbons and silks.

Q. How can I salt peanuts in the shell?

A. Boil the peanuts in salt liquid and then allow to dry.

precision and sagacious "know how" could bring highlights of success and good fortune. This opportunity must be grasped by united action and sound purpose, quickly, positively, but logically.

For the Birthday

Those whose birthday it is, may plan for quick action perhaps in cooperation of those in high places, for the fulfillment of cherished hopes and wishes, affecting their business, financial and personal standing and prestige. Openings for such happy crises must be grasped with shrewd, intelligent and logical insight, but quickly and practically as to workability and convincing demonstration.

That Body Of Yours

By James W. Barton, M.D.

A NEW TREATMENT FOR VARICOSE ULCERS

One of the most stubborn conditions frequently found in middle-aged and elderly men and women is varicose ulcer.

In former days it was not unusual to find the beds in the wards of many hospitals occupied by many of these cases for months at a time. By removal of varicose veins and strapping or bandaging at frequent intervals, many were cured.

Continued on page 11

Better English

By D. C. Williams

1. What is wrong with this sentence? "During their occupation of the house, they had it redecorated."

2. What is the correct pronunciation of "effete"?

3. Which one of these words is misspelled? Boistrous, lustrous, obstreperous, glaucous.

4. What does the word "medicative" mean?

5. What is a word beginning with the letter "m" influenced by desire for gain or reward?

ANSWERS

Say, "During their occupancy of the house." 2. Pronounce e-let, first e as in bet, second e as in feet, accent second syllable. 3. Lustrous. 4. Possessing curative qualities; healing. 5. Many plants have medicative properties. 5. Mercenary.

Cook's Corner

WELSH CHEESE CAKES

1 egg, beaten
4 tablespoons butter
4 tablespoons sugar
8 tablespoons flour
1/2 teaspoon baking powder
Pinch salt
Grated lemon rind

Mix into cake batter. Cream butter and sugar, add beaten egg, add blend in flour which has been sifted with baking powder and salt. Blend in grated lemon rind.

Line patty tins with rich flaky pastry. Place teaspoon of jam in each tart. Top with shell about 2-3 batter, filling each shell about 2-3 full. Bake in moderate 375° oven for 20 minutes, or until done.

Timely Notes On Nutrition

By Marjorie G. Hill
CEREALS AND BREAD

Many thanks to the bright reader who noted the error made in last week's article on "Vegetables." Vegetables were placed in Group 3 of Canada's Food Rules instead of Group 5, Cereals and Bread.

It has been found that the minimum amounts of Bread and Cereals required daily in our diets are four slices of bread and one serving of whole grain cereal.

Cereals and bread have an important place in our diets. They are an economical source of energy and a fair source of the material needed to build and repair our body tissues. They add bulk to the diet which is necessary for good intestinal hygiene.

Some of our whole grain cereals are: oatmeal; whole wheat; rolled oats; cracked wheat; cornmeal; Red River cereal; shredded wheat; shreddies; brown rice and pot barley.

Cereals have many uses in our diets. They are a good breakfast food. They may be added to soups to give variety and flavor. They are often used as main dishes at lunch—for example, macaroni, noodles, etc.

With summer on its way, we might mention a few tips on the buying and storing of cereals. In hot weather it is wise to buy cereals, particularly whole grains, in small quantities.

To prevent the development of weevils from eggs laid in the raw cereal, heat the cereal in a warm oven, (not over 200 degrees F.), for about an hour.

ELLEN'S DIARY

By An Island Farmer's Wife

"Did you know that 'June came into the world this morning'?" granddaughter inquired with a smile that reflected the enjoyment of the day at hand, when she called at this house, commencing an itinerary that took her many a step since, past breakfast today. There had just been a touching good-bye in the yard between the two, before James set out with the team to cultivate a distant field.

She had much to learn of which you can teach her. Show her the beauty of a dark spire of tre-top against a billowy white cloud—or the rare blue upon which that cloud floats. . . the blue of babes' eyes, you remember: "Where did you get those eyes of blue? Out of the sky that I came through!"

"Now tell me," she said assuming words of her grandfather's

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DOROTHY DIX SAYS -

Hopeless Infatuation

Woman Refuses To Admit Man Doesn't Love Her

DEAR MISS DIX: I am a woman of 37, in love with a man who professes to love me, but frankly tells me that he has no intention of ever marrying. He wants to be my lover, but not my husband.

ALICE: Nothing else on earth is more pathetic than the besotted folly of a woman who is in love with a man who does not love her, for she refuses to use any intelligence in dealing with the catastrophe.

FACTS ARE OBVIOUS

She shuts her eyes to the facts that are so obvious that a blind woman should see them. She refuses to acknowledge defeat, and prolongs her agony by hoping against hope that some miracle is going to happen that will turn a man who is cold and indifferent to her into an ardent lover and make a confirmed bachelor lead her to the altar.

Evidently this man is tired of you, or else you wouldn't have to hound him on the telephone to get him to make dates with you. A man in love is eager for his sweetheart's society and is always planning ways for them to be together.

DEAR MISS DIX: I am 20 years old and have been going with boys for so many years that I am tired of it all and want to settle down and have a husband and home of my own.

MILDRED: My advice is to wait. If you rush a boy into marriage before he is ready for it, you are certainly heading for trouble.

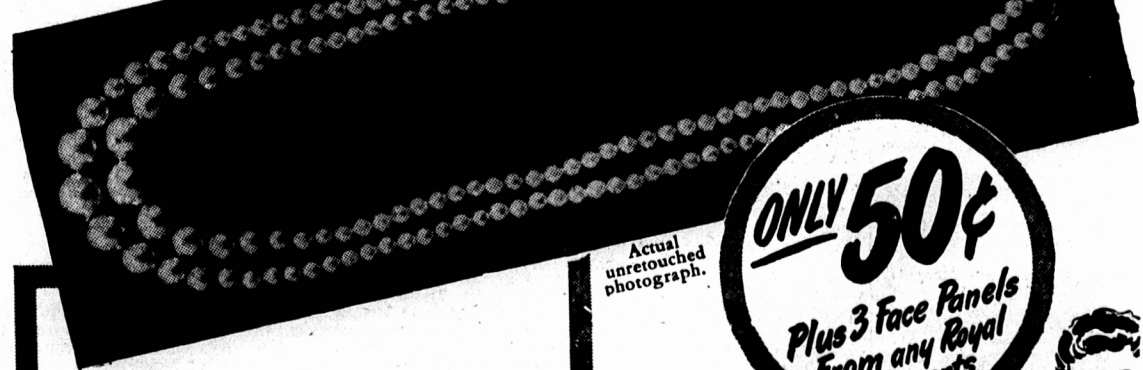
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