

Discovers Help For 5-Year Kidney Trouble

Mrs. Frances Dawson of Brentwood Bay, Van. Isle, B.C., makes this comment: "I recommend Sarnak highly and would not be without it, after suffering with a minor kidney disorder for five years and trying many things, Sarnak brought me quick relief."

Ellen's Diary

Continued from page 2 then from "his choring to ask: "And how are the fat cattle doing, Pat?" And to bring up an intriguing topic which still stands in a state of suspension: "How old is a man? Is he as old as he looks? Or as old as he feels?"

And blue shadows lay along the yards and fields today and in between, gems of diamonds glittered in parking array. From a window after Jamie had come from his school to join his family, here at the time, the grandchildren watched this winter day go to rest. The sunset fired the valley in the presently faded in the dusk when a bright slip of moon climbed in sight above the snowy roofs of the place on the hill. And a silence reigned over the face of the countryside, a lovely stillness that held tree and field and pond in its snowy embrace.

Appreciation

I wish to express sincere thanks from my family and myself to everyone who has been so kind to me since I've been ill, and during this past year to the Doctors and Staff of the Provincial Sanatorium and all kind friends who visited me and remembered me in so many different ways.

If BACKACHE is Holding You Back

It's DODD'S You May Need! When your kidneys set up and backache follows—get and use DODD'S Kidney Pills, the 50-year-old Canadian remedy. DODD'S Kidney Pills quickly and safely help restore your kidneys to normal action—help relieve backache and that "tired-all-the-time" feeling by treating the kidneys. Ask any druggist for DODD'S Kidney Pills, look for the blue box with the red band.

Dodd's Kidney Pills

Monthly Meeting Ladies Auxiliary BIS

The regular monthly meeting of the Ladies' Auxiliary of the Benevolent Irish Society was held in the Whelan Hall, Sunday evening at 8 o'clock. The meeting was presided over by the president, Mrs. Joseph Costello and was attended by a large number of members.

The minutes of the December meeting were read by the secretary, Mrs. Fred Steele, and approved. On the resignation of Mrs. Leo Dowling from the office, Mrs. Aeneas Curley was appointed vice-president. The following correspondence was read: St. Vincent's Orphanage per Sister Mary Henry C. S. M., expressing deep gratitude for donation made by the Auxiliary.

ANGLO RUSTICO SCHOOL CONCERT The pupils of Anglo Rustico held their Christmas Concert in the school on December 20. The school was decorated with pine boughs and a large Christmas tree occupied one corner. The chairman, Mr. Paige Nunn, very capably acted as chairman. He commended the teacher and pupils on their fine concert.

PERSONALS Mr. Sheldon Bowley who recently came home from Toronto to visit his parents, Mr. and Mrs. Hudson Bowley, 228 Fitzroy St., City, during the Christmas season, left on return on Monday.

THE CENTRAL GUARDIAN SEEDS

This column is reserved for news of local interest, but advertising of a newy nature may be inserted at five cents a word, strictly payable in advance. CRASWELL for Photos. HOWARD MacINNIS FOOT-WEAR at 173 Queen Street.

JIMMY'S TAXI—Phone 525. SPECIAL — Ceiling Fixtures \$1.95. Brown Electric. 1 BAKC of coats going at 1-2 price. Kennedy's Ladies' Wear. GIFT ITEMS at special reduced prices during the stock clearance sale at the Abegweit Gift Court.

MEETING OF THE MUSICAL FESTIVAL ASSOCIATION will be held January 23rd, in room 66 of the Prince of Wales College. All members invited to attend. HEAR MARGARET ANN IRELAND, distinguished young Canadian pianist, Prince of Wales College Auditorium, Thursday, January 18th, 8.30 P.M. Tickets at Hughes, 50 cents; students 25 cents.

ENGAGEMENT. — Mr. and Mrs. P. L. Coyle, Montague, announce the engagement of their daughter Mary Noelen, to Michael James Connolly, Charlottetown. Marriage to take place February 5th. FUNERAL YESTERDAY — The funeral of Frederick Lamb was held yesterday morning from the A. A. Hennessy Funeral Home to St. Dunstan's Basilica where Requiem High Mass was celebrated by Rev. Frances Corcoran who also conducted services at the grave. Pallbearers were: James Gallant, Joseph Gallant, John Coady and Fred Blatt. Interment took place in the Catholic Cemetery.

CABLED GREETINGS — Wing Commander Ralph Edwards and Mrs. Edwards have sent greetings to their Prince Edward Island friends by cable. During the last war they were stationed at the Charlottetown Airport where he was Squadron Leader and Adjutant. When he was posted to Washington Mrs. Edwards and their two children remained in Charlottetown where she made many friends. They are now at the chief airforce station in Cranwell, England.

PERSONALS Mr. Sheldon Bowley who recently came home from Toronto to visit his parents, Mr. and Mrs. Hudson Bowley, 228 Fitzroy St., City, during the Christmas season, left on return on Monday. Miss Doris Bowley, who has been doing office work in Toronto for the past summer, is spending the winter at her home, 226 Fitzroy St., City.

PERSONALS Hazel Parkman. Song: "Goodnight Irene" by senior pupils with Norma Parkman taking solo part. Dialogue: "Neighbourly Neighbours" by fourteen senior pupils. Solo: "Wedding Bells" by Shirley Craswell. Drill: "Writing to Santa" by Billie and Marie Nunn. Recitation: "Village Gossip" by Shirley Craswell. Duet: "I'm S-A-V-E-D" by Alberta and Sandra Buntain. Monologue: "Aunt Jemima's Courtship" by Alma Craswell. Carol: "It Came Upon the Midnight Clear" by senior girls. Dialogue: "Spelling Lesson." Solo: "My Kitty" by Hazel Parkman. Dialogue: "Party Line" by Errol and Alberta Buntain, Marie Nunn, Marjorie Hooper, Mary Toombs and Alma Craswell. Carol: "Silent Night" by Norma and Hazel Parkman. Recitation: "Santa's Pilot" by Billie Nunn. Duet: "Christmas Song" by Shirley and Alma Craswell. Recitation: "Embarrassing Circumstances" by Lyall Parkman. Chorus: "Christmas All Year Long." Recitation: "Announcing Santa" by Sandra Buntain. God save the King.

Card Of Thanks I wish to thank the Boxholders on Little York R. R. 1 Mail Route, who so kindly remembered me at Christmas. Peter Proud.

HOW TO RELIEVE COLDS... BRONCHITIS Apply warm oil freely to neck and chest. Rub in well. Massage neck. At druggists for 85 cents. DR. THOMAS' ELECTRIC OIL

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Palmer Electric PHONE 1444

SEEDS

WRITE FOR FREE CATALOGUE ARTHUR VESEY YORK, P.E.I. IN MEMORIAM In loving memory of our dear husband and father, J. Richard Stewart, Mt. Albion, who passed away January 16th, 1942.

IN MEMORIAM Those we love go out of sight But never out of mind; For they are cherished in the hearts, Of those they leave behind. Fondly Remembered by Wife and Family.

IN MEMORIAM In memory of the late Hillus Rodd, who passed away January 16th, 1942. There is still an ache in our hearts today. That countless years won't take away. A place in our hearts that nothing can fill, We miss you father, and always will.

Lovingly Remembered by His Wife Violet, Daughter Inez and Sons Bud and Wendal.

The EXCELSIOR INSURANCE LIFE COMPANY A STRONG CANADIAN COMPANY Announces the opening of its Charlottetown office at 144 Richmond Street Telephone 589

Thanks I wish to thank all the Boxholders on my route who so kindly remembered me at the Christmas season, with gifts and money and I wish each and every one a Very Happy New Year. Bert Docherty, Mail Courier, Ch'town R. R. 2.

Card Of Thanks I wish to thank the Women's Institute and also many Box Holders of New Perth for their nice gifts at Christmas. Signed John E. Shepherd, Mail Man, Cardigan, P. E. I.

Dorothy Dix Says— Continued from page 2 wrong you did and to snap out of the morbid state into which you have gotten. You have washed away the mud on your skirts with your tears. Your repentance will make you a better wife and there is no danger of your ever repeating your offense. So just forget it and be happy and make your husband happy. And don't ever tell him, or your best friend, one word about it.

DEAR MISS DIX: I have a boy friend who is lacking in good manners. When we go out together he always walks ahead of me. When we enter a restaurant or theatre he never holds the door open, but gets there first, grabs the best seat, lets me crawl in as I can. Never thinks of helping me on or off with a coat or into a car. What should I do with him? Or aren't these things really important? A READER

ANSWER: Give him a marked copy of a good book on etiquette, and, if that doesn't change him, give him the air, for I can think of nothing that would get on a woman's nerves more than to be married to a man who was a boor. DOROTHY DIX cannot personally reply to readers, but will answer letters of general interest through her column.

You can cut down your money problems... with Personal Planning Do you run your money, or does it run you? Can you make your money do for you the things you think it should? You can... with Personal Planning. BE MASTER OF YOUR MONEY... With Personal Planning, you can be boss of your budget... you can organize your life to rid yourself of "day-after-pay-day" worries. More than that, besides living within your income, you can make the most of your money with Personal Planning. PERSONAL PLANNING FOR EVERYBODY... Get yourself a copy of our new booklet, "Personal Planning", and you'll see what we mean. Whatever your job in life... whether you're a factory worker or office clerk — stenographer or housewife — farmer, fisherman, miner or businessman... you will find it immensely practical in dealing with personal and family financing. NO MONEY MIRACLES... Personal Planning doesn't deal with money miracles — or show you how to get rich overnight. That's something we know nothing about. But it does deal with money management. As bankers to the Canadian people for 133 years, we do know something about this. HOW TO GET THE MOST OUT OF YOUR MONEY... "Personal Planning" is a cheery little book that tells you — whatever your income — how to get yourself on a sound financial foundation... how to get the most out of your money. Call in at your nearest B of M branch and ask for a copy. There's no obligation... except to yourself.

WHAT IS Personal Planning? Personal Planning is more than mere budgeting... that, by itself, is dull. Personal Planning is a positive financial program for successful individual and family living — a program for progressive and provident people — people who have ideas for their future and want to make them real. That's why Personal Planning is so different. It is a plan that faces the fact that all of us must live on what we have — not on what we wish for. It also faces the fact that a budget-plan should never choke the fun out of life. It shows you how to put yourself on your own payroll, as well as the butcher, the baker and candlestick-maker. It shows you how to build for tomorrow, while you enjoy today. Yes, and it shows you how to get the most out of life with what you earn. In Personal Planning, the important thing is: IT'S NOT HOW MUCH YOUR INCOME IS... IT'S HOW YOU USE IT. WHAT PEOPLE ARE SAYING ABOUT Personal Planning Personal Planning was introduced on a test basis to visitors at the Canadian National Exhibition last autumn. Thousands of people responded to our invitation and asked for copies of "Personal Planning for Successful Home-makers." "Up-to-date and practical for present living conditions," is what one visitor wrote us after reading the booklet. "I needed this advice very badly," wrote another, "and you have already helped to straighten out a quarter of our personal problems." "Excellent pamphlet," said a third. "My budget-plan will be organized within a month." These comments, and many more like them, are in the Bank's files at the Head Office in Montreal.

MY BANK TO A MILLION CANADIANS B of M START Personal Planning TODAY BANK OF MONTREAL Canada's First Bank WORKING WITH CANADIANS IN EVERY WALK OF LIFE SINCE 1817

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