

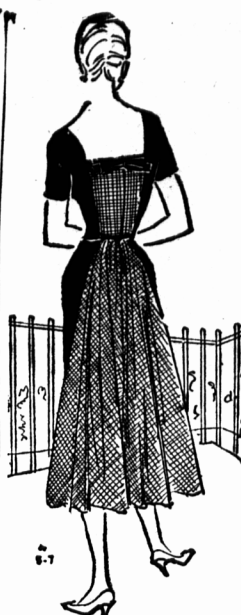
Couple Set Up Housekeeping On 45-ft. Ketch

VICTORIA (CP)—A Vancouver blond couple may have found the answer to the routine of meals, fishes and housecleaning that plagues many housewives. But not everyone can take advantage of the formula employed by Mr. and Mrs. Raith Sykes of Duncan, B.C. They packed their troubles aboard the 45-foot ketch *Tru Hang*, and sailed from Victoria to Honolulu via San Francisco. They made the trip with Brig. Smeeton, owner of the ketch, Mrs. Smeeton and their 15-year-old daughter Clio. Mr. and Mrs. Sykes flew home recently after spending several months cruising about the south Pacific islands.

VARIETY OF DISHES
Mrs. Sykes handled the dinner assignments after lessons for Clio, with Mrs. Smeeton as teacher, were over. Regular lesson hours were kept, using correspondence sources. Mrs. Smeeton handled the breakfast and lunch, and took her turn on watches.

"We had a choice of chicken, venison, beef, various bottled fruits and even meat balls," Mrs. Sykes said. "Mrs. Smeeton had done a lot of canning herself."

"Bread was a big problem," Mr. Sykes said. "Even with special preservative the loaves got harder and harder by the day."



By VERA WINSTON
BACK interest in clothes is gathering momentum and appears to be the most casual of summer fashions. Here it appears in the guise of an inset in back of the bodice breaking away into a gathered flared panel and finished with a bow. The front of this wearable daytime dress is a sheath silhouette and it is fashioned of black line and black and white checked gingham.

BACK INTEREST
By VERA WINSTON
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WOMEN

Thurs. May 17, 1956 The Guardian, Page 9

LET'S EAT

Skillful Southern Cook Prepares A Party Dinner

By Ida Jean Kain

New Orleans Company Dinner: Asparagus - Tomato and cream cheese ring; southern plantains; fried chicken; little biscuits; spinach loaf and stuffed eggplant platter; strawberry whipped cream cake; cafe brule (flaming coffee).

All measurements are level recipes proportioned to serve 4 to 6.

Asparagus-Tomato Cream Cheese Ring: Soften 2 tbs. unflavored gelatin in 1/2 c. water. Dissolve over hot water.

Soften 4 (3 oz.) pkgs. cream cheese. Beat and gradually add 1 (10 1/2 oz.) can tomato soup and 1 c. mayonnaise; blend. Add softened gelatin and mix well. Pour into an 8" ring mold. Refrigerate until firm.

Meanwhile, clean 1 1/2 lbs. fresh asparagus. Break off bottom ends. Cover and cook in 1" boiling salted water over a low heat 12-15 min. or until tender. Drain, chill.

Combine 1 c. mayonnaise and 1/2 c. chopped pimento stuffed green olives.

Unfold the salad ring on a large platter. Fill the center with the olive mixture. Garnish with sliced pimento-stuffed green olives. Surround the mold with crisp lettuce and the asparagus arranged in small bundles and topped with pimento strips. Garnish of dress.

Southern Plantains: Peel 3 plantains; slice 1/4" thick. Slow-fry in butter, then remove.

To the pan, add an extra 2 tbs. butter, 4 tbs. granulated sugar and 2 tbs. hot water. Stir until golden brown. Add the plantains, turn over, and heat.

Serve very hot, preferably as a side dish before the main course.

Strawberry Whipped Cream Cake: Make or buy 2 layers of sponge cake. Thirty minutes before serving time, put them together.

To do this, whip 1 1/2 c. heavy

COOK'S CORNER



BUTTERSCOTCH SAUCE
1/4 pound butter
1 cup brown sugar
1/4 cup cornstarch
1 cup boiling water
1 cup coffee cream

Method: melt and blend butter and sugar in pan until light brown. Add 1/4 cup boiling water and mix well. Blend cornstarch and one-third remaining water and add to first mixture. Add cream slowly mixing well. Serve hot.

Wife Preservers



A specially prepared grout is obtainable for use in filling in the moisture damaged spaces between tile and porcelain around the kitchen sink and elsewhere. It is easily applied and, when dry, is hard and waterproof.

It's easy to WIN A VALUABLE PRIZE in the big SALADA SCRAMBLE CONTEST SEE PAGE 7

HOUSEHOLD HINT

To estimate the amount of paint needed to paint a radiator, measure the front area, then multiply by seven.

DRAWN FROM LIFE
Many parts of "David Copperfield," one of the most popular of all the works of Charles Dickens, are autobiographical.

IF BABY IS CROSS FIND OUT WHY



HEALTHY BABIES are not cross. Your baby should not be cross. If he is, then something in his little system may be "out of order." Probably mild Baby's Own Tablets can promptly "put it right." One Quaker Mother writes: "My little girl was fussy, feverish and sometimes sick at her stomach - what a relief it was, after giving her Baby's Own Tablets, to see how much better she was."

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COOL and inviting as a glass of lemonade is this lemon yellow double-breasted cotton with pearl buttons worn by Miss Eileen Jay at the Centennial Y's Menettes Fashion Show. The large cape collar and long torso lines make this a very practical dress for Milady. Pearl earrings and white kid shoes complete this outfit.

GAURDIAN PHOTO

MANUEL'S

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MAXWELL HOUSE COFFEE, 1 lb. bag \$1.09	
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SUGAR, 10 lbs. 79c	Large Florida ORANGES, doz. 45c
Sliced Meat MAC. & CHEESE, lb. 49c	Large White GRAPEFRUIT, 4 for 29c
Sliced COOKED HAM, lb. 89c	BANANAS, 2 lbs. 39c
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