

## EXPERIMENTAL PROGRAM IN MENTAL HEALTH OUTLINED

This article has been supplied by Miss Mona J. Clay, Guidance Consultant with the Provincial Dept. of Health and Welfare.

An experimental programme in mental hygiene is being carried out in the schools and communities of Prince Edward Island. The programme, in time, will include counselling teams, classes in Human Relations, teacher and parent study groups.

### Counselling Teams

By the time a child shows sufficient deviation in behaviour to warrant the attention of a mental health clinic, the breakdown in living, while perhaps not yet serious, has at least begun. A really preventive approach must begin before the signs of breakdown are sufficient to warrant referral to a clinic. The counselling team is to provide a service which will function somewhere between the classroom teacher and principal on the one hand and the clinic on the other. This is a very informal group made up of the classroom teacher, the principal, the consultant, and from time to time, following consultation with the parents, the psychologist, public health nurse, and school supervisor.

Usually the counselling team follows a conference type of procedure. The classroom teacher presents the problem as it was observed in the school situation; various other members of the team present additional information. Whenever possible, the teachers who have taught the child in previous years are invited to sit in on these conferences in order to add further background material. As a result of the pooling of all known facts and information about the situation or the child it is usually possible to come to a conclusion concerning the appropriate measures to take in the school, in the classroom and in contact with the home. Occasionally the counselling team decides that the situation is beyond it completely and suggests that the problem be referred to the mental health clinic.

These counselling teams meet whenever a teacher or a principal feels that he needs help in deciding on a course to follow in the case of a child who is presenting some difficulty. The service is available to all schools in Prince Edward Island.

### Human Relations Classes

Human Relations Classes will be held in several selected schools on an experimental basis. The idea of these classes is simple enough: free discussion by the children, undirected by the pre-acting teacher, on any subject that is of interest to the children themselves.

The principal aims of these classes are to give a student:

1. An opportunity to say what he thinks and feels about things he is concerned about.
2. An opportunity to hear other viewpoints and problems and thereby:
  - (a) Get to know and better understand others.
  - (b) Realize that others have problems similar to his own.
  - (c) Discover new methods and techniques of handling his own problems.
3. An opportunity to clarify his own thinking and more clearly recognize and accept his own feelings and needs.
4. An opportunity to develop a feeling of friendliness and a sense of belonging to the group.
5. An opportunity for regular and systematic discussion centered on what is problematic to him.

### Study Groups

Study groups will be formed with any group of teachers, parents, or other adults interested in child guidance or mental health in general. The groups could consist of a sharing and comparing of experiences, a discussion of films, books, putting on mental health plays, bringing in outside speakers, or whatever procedure the group might wish to follow.

## Quebec Output Of Gold Down

QUEBEC, (CP) — Quebec gold producers' shipments in March totalled 87,988 ounces compared with 97,307 ounces in the corresponding month last year, the provincial statistics bureau reported today.

Gold shipments for the first three months this year totalled 218,000 ounces compared with 283,728 ounces in the corresponding period in 1953.

There were 427,865 ounces of silver shipped last month, against 456,249 ounces in March, 1953. Total silver shipments for the first three months this year was 947,087 ounces against 1,315,222 ounces in the corresponding period last year.

There were no March shipments of asbestos, copper or zinc.

A total of 34,822 tons of lime, 570,012 barrels of cement and clay products valued at \$738,331 were shipped in March, each showing a slight increase over the previous corresponding month.

## Committed For Murder Of Restaurateur

MONTREAL (CP) — Jonathan Dawn was committed for trial Tuesday for the murder of Montreal restaurateur Burt J. McAbbie after an attractive 33-year-old woman identified him as the person who gained admittance to the restaurant after hours the night McAbbie was fatally beaten.

Margot Drouin, former employer of the Au Latin qui Bouffe restaurant, testified that a man who identified himself as "Dr. Robinson" telephoned after the restaurant

## Strange But True

By F. H. MacArthur

Becoming wiser today is not an unmixed blessing. It makes a person realize what a fool he was yesterday.

Never let success turn your head. It may leave you looking in the wrong direction.

Fears serve quite well for identification purposes, for, like finger prints, no two are exactly alike. Unusually the left ear is a bit lower than the right one. One ear is capable of distinguishing small internal sounds better than a pair of ears, which is why dogs frequently turn one side of their heads towards any unusual sound. And did you know that the nail on your middle finger grows more rapidly than the others while the thumb is the slowest.

In more than one half of the human race the left leg is the stronger.

Here are a few more facts about the human anatomy: The average skull weighs 20 pounds, and that of the opposite sex about 14 pounds; a woman's tongue is smaller and often sharper than that of a man of the same weight and size.

Size is no indication of quantity. Remember the old adage: "Good things are put up in small parcels."

A two-year-old dog owned by Derland Breedlove, of Almond, North Carolina has three rows of upper teeth, and two rows of bottom teeth.

Blond persons have more eye defects than have dark people and country folk suffer less from near-sightedness than do city dwellers.

The one part of the human body that never ceases to grow is the crystalline lens of the eye, but the eyes are out of focus for two out of five persons.

Back in pioneer days in this Island a young woman named Paulette Derong died from complications following a lingering illness. She was 22. At the moment of her passing members of her family were amazed at the strong scent of lilacs in her room, though it was mid-December.

The night four neighbors were viewing her remains when a pigeon flew in through a partly opened window. The candles flickered and almost went out as the bird passed close to them and settled down on the body of the corpse.

It remained on Paulette's bosom for a split second, then moved up to a position on her forehead, where it began pecking the dead woman's hair. Next the pigeon crossed over to the right shoulder and it was observed by those in the room that this act had created the sign of the cross.

The father of the dead girl tried to shoo the bird from the body but it showed such resentment that he left it alone. But later, one of the neighbors picked up the bird and carried it into the kitchen but the moment it was released the pigeon flew back to the dead woman's coffin and again settled on her head.

Several other persons tried to remove the bird from the death chamber but with no success. The pigeon invariably returned to its perch upon the corpse. Even when the shell was placed in the crude hearse, and during the cortege's slow journey to the cemetery the bird kept its place. Only when the shell of the woman was being lowered into its narrow death cell did the pigeon fly away. But when the last shovelful of earth had been placed, and the people had started to their homes, the bird flew back to the grave where it sat in perfect silence during the rest of the day.

The Boston Red Cross blood center had a contributor named Allen Lent. After him came Bill Easter.

Kay Zaratontis of Welland, Ontario, was to have been married at four p. m. on October 9, 1953. At four p. m. the priest started reciting funeral prayers for the attractive young bride elect. The girl had accidentally shot herself to death that morning while examining a pistol.

As the result of a collision between two automobiles in Melbourne, Australia, Margaret MacDonald won a husband and \$10,000. She sued the man responsible for the collision in which she was severely injured and was awarded \$10,000 damages. Later, she married the man and we hope they lived happily ever after.

If you want something to darken your hair why not try cortisone? Besides the lie detector and what not they now have a gadget that can tell how worried you are. The patient sits in a darkened room and faces a light source which flashes with increasing rapidity. Worried persons are less sensitive to flicker and see a steady light while those who are relaxed see only a flicker.

rant closed the morning of Jan. 19, 1953, and said his wife had left her purse there. He was told to come back and he would be admitted.

She said she saw the man return for the purse and identified him as Dawn. She testified he went to McAbbie's apartment above the restaurant and, after the restaurant owner had returned the purse, said: "This is a holdup."

Miss Drouin, listening from an adjoining room, said she heard three other persons enter the room and there were sounds of a struggle. When they left she found McAbbie seriously beaten and lying on the floor. He died two days later in hospital.

Dawn declined to make a statement and was committed for trial.



### NYLON GOWN

Luxurious but practical are nylon nighties for Mother! Lovely gay shades of red, aqua, sunlight and blossom. Washes perfectly and requires no ironing. Sizes 32 to 46. Priced from

\$6.95 to \$18.95



### GLOVES for Mother ...

Beautiful nylon gloves in white and pastel shades.

\$1.49 to \$2.95

## Just What Mother Wants

... at prices you can afford!

### Nylon Scarves ...

Smart pastel shades for mother. Priced at

\$1.50 ea.

### A New HAT For Mother ...

Have Mother pick out a new hat for herself, to wear on Mother's Day! We have an outstanding selection to choose from. Priced from

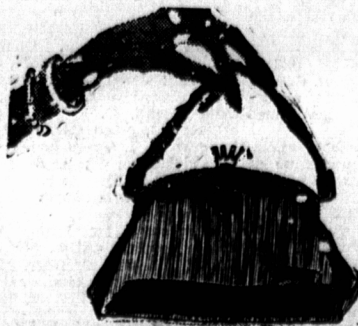
\$3.95 to \$12.95



### Handbags ...

The perfect accessory gift for Mother—various new styles and colors. Priced up to

\$32.00



## A GIFT OF FASHION FROM HER FAVORITE STORE...

On her day . . . pamper her and please her with luxurious lingerie, fashionable accessories or any one of the wonderful surprises from our large selection of Gifts. Especially collected from all through the store, each of these lovelies was chosen with care to delight your mother and please your particular budget. Do plan to choose yours soon . . . Mother's Day is next Sunday.

### SLIPS ...

To brighten up her "underneath" wardrobe that will be a joy for months to come . . . crepe, satin, cotton, nylon and taffeta. Sizes 32 to 50. Priced from

\$2.95 to \$12.95

### HOUSECOATS ...

Gay cotton prints in wrap-around and zipper closing styles. Sizes 12 to 20. Priced at

\$3.95 and \$4.95

Seersucker housecoats for the larger figures in sizes 40 to 48. Priced at

\$7.95

### UMBRELLAS ...

Always practical . . . always appreciated . . . beautiful shades in plaids and stripes . . . regular and folding styles. Priced from

\$3.25 to \$7.95

### Smartly Styled BLOUSES ...

A gift any mother would love to receive . . . smartly styled cottons, alluracels, tissue foilies and nylons—tailored and dressy styles in white and pastel shades. Sizes 12 to 20 and 38 to 44. Priced from

\$3.95 to \$7.95

### Give Mother

A Wardrobe Of NYLON HOSE ...

Flattering spring and summer shades by "Kaiser" — "Orient" and Gotham. Priced from

\$1.35 to \$1.75

Here are many more gift suggestions for mother:

Cosmetics — Jewellery — Linens — Sweaters — Tropicana Dresses — Skirts — Handkerchiefs, etc.

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