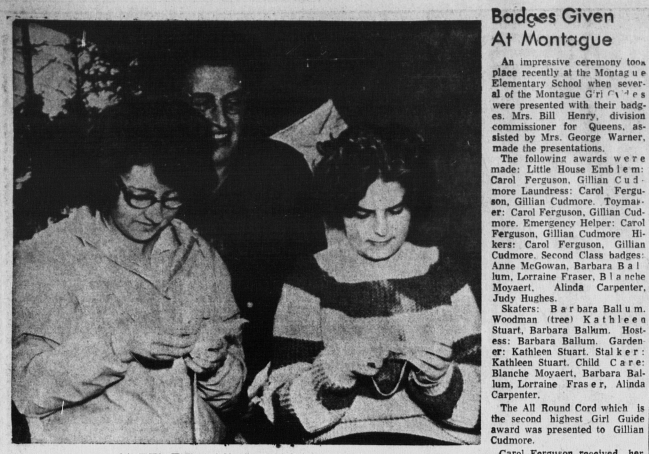


WEEKEND UNDER CANVAS

Montague Girl Guides under the leadership of Mrs. George and Mrs. Jim Cudmore recently spent a weekend under canvas. Shown above working on their Pioneer Badge are Carol Ferguson and Gillian Cudmore, assisted by their leader Mrs. Warner. The other girls attending the camp were Kathleen Stuart, Debbie Sinclair, Barbara Ballem and Blanche Moyaert.

Badges Given At Montague

An impressive ceremony took place recently at the Montague Elementary School when several of the Montague Girl Guides were presented with their badges. Mrs. Bill Henry, division commissioner for Queens, assisted by Mrs. George Warner, made the presentations.

The following awards were made: Little House Emblem: Carol Ferguson, Gillian Cudmore Laundress: Carol Ferguson, Gillian Cudmore, Toymaker: Carol Ferguson, Gillian Cudmore. Emergency Helper: Carol Ferguson, Gillian Cudmore Hikers: Carol Ferguson, Gillian Cudmore. Second Class badges: Anne McGowan, Barbara Ballum, Lorraine Fraser, Blanche Moyaert, Alinda Carpenter, Judy Hughes.

Skaters: Barbara Ballum, Woodman (tree) Kathleen Stuart, Barbara Ballem. Hostess: Barbara Ballum. Gardener: Kathleen Stuart. Stalker: Kathleen Stuart. Child Care: Blanche Moyaert, Barbara Ballum, Lorraine Fraser, Alinda Carpenter.

The All Round Cord which is the second highest Girl Guide award was presented to Gillian Cudmore.

Carol Ferguson received her All Round Cord from Her Majesty, Queen Elizabeth at the Children's Rally, Charlottetown.

Following the ceremony the visiting leaders were entertained by Mrs. Warner at the Hillside Inn.

MARY HAWORTH

Woman Drifts Aimlessly Consumed With Resentment

DEAR MARY HAWORTH: I am a woman, 25, who for the past seven years has drifted aimlessly, unable to pursue a long range goal.

In childhood I was given a difficult program of study by my mother, who allowed me hardly any time to myself and never permitted me to play with other children.

In adolescence, I fell in love with a boy a year older than I, largely because I wanted to escape from home. My parents, who were reluctant to have me date, violently opposed the romance.

By this time I hated mother bitterly but as I was a minor I couldn't escape her. I lived in a state of rebellion and extreme nervous tension for four years. Finally, in exhaustion, I gave up the boy and tried to erase past tensions and get along with my family.

I think perhaps my aimlessness in the years since is due to unwillingness to face the wrongs of my mother. Also, I feel discouraged, anticipating the worst from the rest of the world because of my mother's harsh, untrustworthy, unpredictable treatment of me.

I think my problem is that I don't know how to face the fact that my mother is a selfish neurotic who has been unnecessarily cruel to me. I feel that I should love and respect her but she isn't worthy of respect, and she succeeded in killing my love during my adolescence.

I don't know how to give her the honor that is her due for raising me, and still admit her great transgressions and her personal inferiority. W.T.

Dear W.T.: I would suppose that you are drifting aimlessly, consumed with ambivalent feelings of hunger and hate as regards your mother, largely because you are still fixedly infantile, in the emotional domain of personality.

Hence you are still waiting tensely, starved - infant fashion, for the magic appearance of the positive, immediant maternal love - nurture that your instincts cried for and were deprived of (or so it seemed to you at the time), in your early life relationship to her.

To indicate your present plight, you are an adult - are person, psychologically immobilized by emotional malnutrition and resentment thereof, who is committed to a sort of complusive hunger - strike against life, unless and until bottle fed (or breast - fed), figuratively speaking, by a thoroughly repentant, miraculously transformed - for - the - better mother.

The only real solution of your problem of chronic love-starvation, at this point in your experience, is to get analytic help in breaking the spell of your hypnotic preoccupation with the outrageous past (as recorded in your unconscious), so that you may come alive to the independent, adult-age, remedial choices that are your prerogative in the here-and-now.

It may be that if the background story were brought to light, with the aid of analytic insight, to promote growth of mature awareness in your personality, you would recognize, belatedly, that your mother was a victim (in her formative years) of much the same distortions in upbringing that you were oppressed by, in your turn.

Perhaps her failure to love you adequately, with essential wisdom and understanding, was a painful out-picturing of the Scriptural prophesy that "the sins of the parents shall be visited upon their children unto the third and fourth generations."

It may be, too, that your personality, even at its best, with all wounds healed, would be just naturally antagonistic to hers, at its healthiest. You may need to learn to live with the fact, with large-hearted forgiveness (or acceptance) of her and yourself, for being that way and having that inborn handicap to surmount in your mutual dealings. M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of the Guardian.

HONEYMOON IN U.S.A.

A honeymoon trip to the United States followed the wedding at Freetown United Church of Janet Arlene, eldest daughter of Mr. and Mrs. Alvin Stetson, and Donald Archibald, son of Mr. and Mrs. Wilbur Stavert, North Bedeque. Mrs. Lorne Ramsay was in charge of the wedding music, with Buela Moase as guest soloist. The reception was held in the church hall.

(Photo by Heckbert Studio).

RC Council Has Warning

VATICAN CITY (AP)—The Vatican Ecumenical Council has warned Roman Catholics against abuses in veneration of their saints.

The leaders of the church also made it a point to remind Catholics of church teaching that unrepentent sinners go to hell.

By a vote of 2,067 to 8 the council fathers in St. Peter's Basilica accepted a measure ordering priests to correct "any excesses, defects or abuses (in devotion to saints)."

The measure stated that Roman Catholics should stress internal and not external devotion in veneration of saints. It specifically warned they must not make the error of giving saints the worship reserved only for God.

It was a positive action for Christian unity efforts. Non-Catholic Christian church leaders often have criticized what they consider over-emphasis on external devotion to saints among some Catholics. Among the criticisms have been charges that such practices are paganistic.

The measure was part of a chapter in the schema "de ecclesia" (on the nature of the church). All four measures in the chapter which deals with eschatology, the relationship of the church on earth with the church in heaven—were each accepted.

WORD COINED

The transistor, which has replaced the vacuum tube in many electronic devices, was named for its action in transferring a signal across a resister.

IDA BAILEY ALLEN

Budget Beef Variations On Basic Ragout Recipe

THE MORNING I started to write today's column, I turned a page on my desk calendar and there, instead of the usual dates, I saw a quotation from Ralph Waldo Emerson which read, "This time, like all times, is a very good one if we but know what to do with it."

"Good words, Mr. Emerson," I said aloud "Right now is a good time for me to work out recipe I've had in mind for a basic Beef Ragout that can be used in preparing a choice of any one of 3 different European provincial dishes."

Measurements level; recipes for 6

TASTY BUDGETWISE BEEF RAGOUT

Basic Recipe — Enough for 2 Budgetwise Dinners

2 lb. good - quality lean stewing beef (cut in bit-size pieces)
2 tsp. meat tenderizer
1 envelope broth powder
¼ tsp. garlic powder
2 tbsp. flour
¼ tsp. cinnamon
¼ tsp. crushed dried basil
2 tbsp. cooking oil
2 tsp. instant onion or
2 tbsp. chopped onion
1 qt. boiling water
½ tsp. Tabasco

Tenderize beef following pkg. directions. Mix and rub in broth powder, garlic powder, flour, cinnamon and basil. Lightly brown in cooking oil.

Add instant onion, boiling water and Tabasco. Cover; simmer 2 hrs. or until fork tender.

Serve over flaky rice. Or divide and refrigerate to use in making a second entree for service later in the week. The cooked meat and broth in tightly closed jars will last a week in the refrigerator at 40 degrees F.

BEEF ENTREES PROVINCIAL; TAKE YOUR CHOICE

Beef Cassoulet: To ½ recipe hot Beef Ragout, add 2 (1 lb.) cans red kidney beans; simmer - heat for 20 min.

Beef Macaroni: To ½ recipe hot Beef Ragout, add ½ lb. cooked elbow or sea shell macaroni, 1 chopped, seeded green pepper and 1 (8 - oz.) can seasoned tomato sauce. Pass grated Parmesan or Romano cheese.

Beef - and - Oyster Pie: Heat ½ recipe of Beef Ragout. Turn into buttered 3-pt baking dish or glass pie-plate that can go to table. Press in ½ pt. drained shucked oysters. Cover with flaky pastry; press down edges. Slash twice for steam-escape. Brush with beaten egg yolk. Bake 30 min. in hot oven 400 degrees F.

TOMORROW'S DINNER

Anchovy - Celery - Pimiento Salad
Cassoulet of Beef and Beans
Buttered Flaky Rice
Taffy Chiffon Coconut Pie or Assorted Grapes and Plums
Coffee, Tea, Milk

TAFFY CHIFFON COCONUT PIE

1 envelope unflavored gelatin
½ c. sugar, divided
1 tsp. salt
2-3 cup water
1-3 c. lemon juice
¼ c. unsulphured molasses
4 eggs, separated
1 tbsp. grated lemon rind
1 c. heavy cream, whipped, divided
1 baked coconut pie shell (see Chef)
⅛ tsp. nutmeg

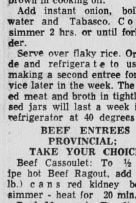
Mix gelatin, ¼ c. sugar and salt in saucepan. Beat together water, lemon juice, molasses and egg yolks; add to gelatin mixture. Stir - cook over medium heat until gelatin dissolves, about 3 min. Remove from heat; stir in lemon rind.

Refriger ate 30 min. Beat egg whites until stiff, gradually adding remaining ¼ c. sugar. Fold in gelatin mixture and ½ c. whipped cream.

Turn filling into baked coconut pie shell; refrigerate 4 hrs., or until firm enough to cut. Garnish: remaining whipped cream and dusting of nutmeg.

THE CHEF'S COCONUT PIE SHELL

Spread 2½ tbsp. room - soft (not melted) butter evenly into 8" glass pie plate or 6 (4") tart pans. Pat in evenly 1¼ c. canned flaked coconut. Bake 10 min in mod. 350 degrees F. oven or until crisp and lightly browned. Cool before filling.



by Alice Brooks

TRANSFORM LAMP

Make elegant decorator shades — it's easy, thrifty! Illustrations, directions.

Lampshade magic! Make an old lamp look new for little money with a smart shade in fabric or paper. Pattern 7125: directions for 6 shades.

Thirty - five cents (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft - Dept. 60 Front St. W. Toronto 1, Ont. Ontario residents add 1 cent sales tax. Print plainly **PATTERN NUMBER, NAME, ADDRESS.**

Women

8 The Guardian, Charlottetown, Thurs. Oct. 22, 1964.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Mr. and Mrs. Clyde C. Rimmer, Hunter River, have returned from a motor trip to New York City and Connecticut area, calling on several relatives and friends. They also visited C.and R. Timmermann Apothecaries in New York where Mr. Rimmer was employed for 20 years, 11 years of which he was manager of one of the two Ethical Prescription Pharmacies which they operated.

They were guests of Mrs. Samuel Ernest Beaton of New Canaan, Connecticut.

The possibility of holding a chicken supper was discussed at the recent meeting of Alberton Sacred Heart CWL held at the home of Mrs. Davis Profit. It was decided to pay the president's expenses to the national convention.

F-S and Mrs. B. J. Hatcher and Brent and Colleen spent a recent weekend with Mrs. Hatcher's parents, Mr. and Mrs. R. A. Poole, Lower Montague.

The Hatchers have been transferred from Seven Islands, Quebec to Chatham, N.B. where they have purchased a home at 16 Park Drive.

Mary Matheson of Lynn, Mass., spent a few days last week with her father, Malcolm Matheson, Heatherdale. On return she was accompanied by her sister Margaret who will visit in Mass.

Mrs. Angus MacLean was hostess to the October meeting of Milo WI. Members answered roll call by paying money according to the size of their shoes. Mrs. Norman and Mrs. Hedley MacLean assisted the hostess in serving lunch.

The next meeting will be held at the home of Mrs. Cecil Gray.

Jean Ann Munroe, Wallaston, Mass. spent the Thanksgiving week-end with her parents, Mr. and Mrs. M. J. Munroe, Whim Road.

Mrs. Jean Downe has returned to Waltham, Mass., after spending a pleasant holiday with her brother Glen McLaren, New Perth.

While in New Perth, Mrs. Downe had as her guest a former classmate, Miss Anne Buffett, Public Health Nurse of Sydney, N.S. Also visiting at New Perth during the Thanksgiving holiday were Mr. and Mrs. Art LeLacheur and family of Sackville, Mr. and Mrs. Vern Clow and family of Murray Harbor North.

Mrs. John Hickox has returned from a three weeks vacation in Boston and vicinity. She accompanied Mr. and Mrs. Richard Hickox, and their little son who are now vacationing in P.E.I

Mrs. Clifford Collicutt, Burton recently left for Boston, Mass., where she will visit relatives and friends.

Norman Clarey, Whim Road, left for Truro, N.S. where he has registered for a course at the Agricultural College. He was accompanied to N.S. by his parents, Mr. and Mrs. George Clarey and John Campbell.

Mr. and Mrs. Jack Spinney, Kittery, Maine, visited relatives in Breadalbane recently, including Mrs Spinney's mother, Mrs. Graham Gamester, and her sister, Mrs. Fred Thomas.

Prior to leaving for Lynn, Mass., Margaret Matheson was honored by her friends at a farewell party in Heatherdale hall. An address accompanied the presentation of a gift by Mrs. Glen Peardon. A sing - song was enjoyed with Mrs. John Mathieson as pianist. Refreshments were served and the remainder of the evening was spent in dancing with music furnished by Alex MacDougall and Stanley Bruce.

Mr. and Mrs. E. C. Moore and son Chris, Kensington, are vacationing at Washington, D.C.

WOMEN'S ORGANIZATIONS

Autumn Projects Planned At St. James UCW Meeting

Wednesday, November 18 was the date set for a chicken supper when members of St. James UCW, Souris, discussed the project at their recent meeting in the church hall.

Mrs. R. MacKenzie presided. The devotional period was conducted by Mrs. G. Leard assisted by Mrs. E. Poole. "Grateful Hearts" was the theme for the evening.

It was announced that functions for October would include catering to the Masonic visitation, a special thankoffering service October 25, and a rummage sale at the church hall on the evening of October 24.

Mrs. E. Poole reported from the friendship committee.

It was announced that the November meeting would be held at the church hall on the first Monday of the month. Mrs. E Poole, Mrs. H. Larter, Mrs. W Fudge, and Mrs. E. Glenn were appointed to the lunch committee.

PRINCETOWN UCW

Malpeque and Baltic units of the Princetown UCW held their recent meeting at the home of Mrs. David Cousins, with the president, Mrs. B. Riley, presiding. Mrs Kenneth Owen assisted by Mrs. Gerald Lockhart and Mrs. Muriel Bryenton led the devotional period. The hostess conducted the program for "The Word and the Way".

Mrs. Riley and Mrs. Lockhart were appointed to the nominating committee, and Mrs. Bryenton to assist in forming a boys club in the church.

Mrs. Ethel Champion and Mrs. W. H. Burns assisted the hostess in serving lunch.

FORTUNE BRIDGE WI

Decisions to supply a layette to the Unitarian Service Committee and make a donation to the Korean orphan fund were made at the October meeting of Fortune Bridge WI held at the home of Mrs. Sterling Burke.

The financial report read at the meeting indicated that the branch had a balance on hand of $103.13. It was noted that blinds, books and mats had been purchased for the school and a spray of flowers for a deceased resident of the community.

Lorna Burke, delegate to the Red Cross course at Acadia University in July, reported on the course activities and displayed her log book.

It was decided that roll call for the next meeting would be answered by the donation of a sympathy card to the card committee.

A social hour followed the meeting.

Malpeque Group Hosts Baltic WI

Malpeque Women's Institute entertained Baltic WI when the former group held their monthly meeting recently at the home of the president, Mrs. John MacNutt.

Entertainment included musical selections by Mrs. Elenor MacNutt and several members of the Kensington region Lions Band.

Norma Craig, 4-H member from Malpeque, outlined the tour of Nova Scotia during the summer in the inter - provincial exchange. Mrs. Fred Semple, Kensington, showed movies of that town's centennial celebrations held during the summer.

Each institute held a regular business meeting. Refreshments were served by the Malpeque members. The next meeting of that group will be held at the home of Mrs. Gerald Mill, with roll call to be answered by the donation of an article for a layette. Members of the lunch committee will be Mrs. Wallace Champion and Mrs. William Mill.

by Anne Adams

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SOCIALS SOLICITED

Cooler temperatures and turning leaves indicate that the fall, and another social season is here.

The Guardian - Patriot Women's Editor will be happy to print all your social news free of charge. Call here if your on or daughter is home for a weekend or holiday from school or college, if you are being hostess to your club meeting in the near future, if you are entertaining friends, having visitors, taking a trip or have held a shower, or taken part in any social activity.

The number is 4-8506.

PILGRIMS' SITE

More than 1,000,000 pilgrims visit the Hindu holy city of Benares each year.

ELLEN'S DIARY

Crumpled Horned Cow Delight Of Youngsters

"I don't know too much about dairy cattle" Mack observed in the stable this morning, "but I remember hearing a 4-H instructor say that if you could put two fingers between these ribs and three between those, you had a good milk cow... Now, not bad, not ba-ad" he presently smiled.

Alex smoothed down her attractive jersey coat. Peter tried to draw milk... In an event of much note to these youngsters, we had added to our holdings in a purchase last evening, a comely milk cow.

"It could be, that she is the beginning of a dairy herd" Mack said. "It wouldn't take too many years to build one, would it? With luck on one's side. Just a heifer calf each year — that would do it" he nodded. He increased for a moment the flow in the drinkbowl. She dipped a muzzle and drank...

"I'd say she weighs close to..." James, come by, commented, offering a guess.

"All of it, I'd say" Mack agreed. "We'll weigh her one of these times just to see."

"You could tape her" Alex suggested.

"That's so" Mack said.

"She's pretty" Peter said softly. "And," he smiled, so pleased to have found the like straight out of a story, "she has crumpled horns!"

"Better get her out to the pasture with the others! If we're to get to the mangel field this morning, let's not be standing here wasting time!" James said in a make - believe stern voice.

The bantams were perched in a quiet row on a high pipe. They had excursioned earlier to the barnyard, but now, from some inexplicable whim, had returned to their roost. We glimpsed a nest high against a rafter of loft, one currently empty and forlorn. Where now were the swallows that had selected the site and fashioned the little home so perfectly? Where was the bright - eyed mother who had warmed it? In the words of Marjorie Pickthall's loved "Swallow Song" these summer sojourners had "beat home."

She wrote of them and how pretty the verses:

"Oh Love has touched the fields of wheat
And Love has crowned the corn,
"And we must follow Love's white feet,
Through all the ways of morn.
Through all the silver roads of air,
We pass, and have no care.
The silver roads of Love are wide,
O winds that turn, O stars that guide!!
Sweet are the ways that Love hath trod,
Through the clear skies that reach to God.
But in the cliff - grass, Love builds deep,
A place where wandering ones may sleep.

So they had followed "the silver roads of air" gone as now summer - guests we knew, who like the feathered folks had added a rare delight to our summer, were leaving, even this morning, by car, facing away from Island scenes, where winds had turned cool, to seek the warmth of far southern climes ... But now at Alderlea, an old clock indicates a bedtime come.

Until tomorrow — Diary — Good - night.....

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