



The Last, Best Cup of All -- Coffee Starts The Day Right

One last cup of coffee, a glance at the headlines, then he absolutely must leave for work! That last cup is mighty important — it's the one cup that gives him the enthusiasm he needs as he begins a busy day.

Coffee must be made with enthusiasm if it is the kind that really starts the day right. That is, the coffee you serve should be fresh, hot, strong and delicious.

For the sake of brides-to-be and even brides-that-are, here are some simple directions for making the perfect cup. They are guaranteed to win lasting approval from husbands and to refresh your memory of how delicious really good coffee can be.

HOW TO MAKE COFFEE

To make good coffee, its important to start with a clean coffee maker, fresh coffee and fresh cold water. Then comes the all-important measuring and timing. For each serving of average-strength coffee, use this ratio of coffee to water:

- 1 standard coffee measure (or 2 level measuring tablespoons of coffee)
- 1/2 of a measuring cup (6 ounces) of water

For accurate timing, use the following directions for each type of coffee maker:

Percolator—percolate over low heat from 6 to 8 minutes, no longer.

Vacuum—hold brewing coffee in upper bowl no more than 8 minutes.

Drip—pour in boiling water; it should go through the coffee in 4 to 6 minutes; stir before serving.

Here are some additional tips on making the perfect cup of coffee (1) always use at least three-quarters capacity of your coffee maker. If you want fewer cups, use a smaller maker (2) It is best to serve coffee as soon as it is brewed, but if you must hold it, keep it hot over very low heat. Never reheat it. (3) Brewing too long makes coffee bitter. (4) If you want weaker coffee, dilute with hot water after brewing according to above recipe. This way, the coffee will retain its true flavor.

MARY HAWORTH

Secretary Is Very Fond Of Her Bachelor Boss

Dear Mary Haworth: I have been secretary for about five years to a bachelor who has come to mean everything to me. I am happy only when I am at the office. Vacations and weekends mean nothing to me.

This man's moods are a concern of mine. He gets quite depressed at times and I become infected too, because I feel so sorry for him and want so much to help.

After he talks to me he seems to feel better; but these last years I feel worse for days afterward. I never let him know, because I think he has enough trouble battling his own moods.

I am not an extremely gay person, but I've never taken myself too seriously and never used to get depressed. Ed (I'll call him) knows I like him a lot; but he has never admitted to any special admiration for me, except in a subtle way, (if I am not misinterpreting).

SENSE OF HUMOR

He is something of an introvert and likes to read. His taste runs to mystery, tragedy and the occult; and once he remarked that tragedy is beautiful. . . . Strangely he has a wonderful sense of humor and can be quite a charmer with a kindness and gentleness that I don't find in many men. But in affairs of the heart he seems to think it better to have loved and lost, than to love and win.

In some ways I think he confides in me more than others, but at times he tells contradictory tales—I think to confuse me. He has suggested vaguely that his personality wouldn't be good for me. I don't know any of his past history, but imagine it was conservative. I wonder, can you decipher him?

I don't think there is much help for me, as I am lost in his personality. I don't say this desperately, but quite seriously. I would much appreciate your comment, C.D.

STUCK IN THE MIRE

Dear C.D.: You aren't so much lost in this man's personality—or "gone" on his charms—as you are stuck in the mire of your own discouragement, which gets deeper and darker as time goes on.

Another aspect of your difficulty is that you just won't face up to the truth, which you know in your bones to be true, namely, the truth that there's nothing here for you, in this bankrupt engagement with your bachelor boss.

It is your renewed awareness of this unloved, but self-evident fact, that depresses you for days, after a listening session with the boss in one of his moods.

ADULTERY WASTED

As you say, you want so much to help him, in the immemorial feminine way, of investing yourself and your sentiments in a mutually significant, mutually consoling exchange. Whereas he plainly couldn't care less about you as a person; and regards you rather as office equipment, always available as a sounding board, in the event he decides to unbend and talk a bit.

As you are a stranger to the man's past history, we must assume that he doesn't confide in you to any extent; and that you

have wishfully magnified the fragments of thought he has shared with you.

His interest in mystery, tragedy and the occult, as "reading fare," suggests a rather juvenile mixed-up mind, rather than a mature, cultured character.

DUE TO LONELINESS

About help for yourself: Face reality, and work systematically to make your life situation more fruitful, on the score of human interchange and meaningful relationships.

As of now, your life is empty, except for the job; and doubtless the job itself is an automaton sort of routine, wherein you plot in isolation from humankind, for the most part. Thus your perennial round progressively unfits you for making the grade into friendships, loves and marriage—hence, your problem. Your adoration of the boss is a by-product of loneliness; and he isn't worth it.

M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.

STANLEY BRIDGE W.M.S.

Mrs. Gordon Fyfe was hostess to Stanley Bridge W.M.S. members for their Christmas meeting on December 30. Miss Olga Woolner led in "A Christmas service from the hymnary. Roll call was responded to by 12 members and one visitor followed by the reading of the minutes.

Each secretary gave her report and the president remarked on the year's work and expressed her thanks for the help and co-operation she received.

The following are the new slate of officers for 1958: president, Mrs. Eric MacEwen; vice-president, Mrs. A. S. MacEwen; secretary and press secretary, Mrs. Ray Douglas; treasurer, Mrs. L. S. MacEwen; associate secretary, Mrs. Blais MacEwen; literary secretary, Mrs. A. S. MacEwen; missionary monthly and World Friends, Mrs. Frank Bell; christian stewardship secretary, Mrs. Fred MacEwen; supply secretary, Mrs. Eric Bell; friendship secretary, Mrs. Max Ferguson; Baby Band leader, Mrs. Blais MacEwen.

Mrs. L. S. MacEwen was appointed on the official board and Mrs. Eric MacEwen and Mrs. A. S. MacEwen were appointed on the manse committee.

It was moved and seconded that we disband mission band until such time as there were more children of that age to attend.

Mrs. Elmer Fyfe invited members to her home for January meeting. Devotional leader will be Mrs. Gordon Fyfe. Lunch committee, Mrs. A. S. MacEwen, Mrs. Fred MacEwen and Mrs. Gordon Fyfe. Meeting closed with prayer by Mrs. Eric Bell.

NOW IT'S SIR ALEC

LONDON (AP) — The Queen Tuesday knighted actor Alec Guinness. Touching him with her sword, first on his right shoulder and then on his left, the Queen made him a knight bachelor.

Women

Lena Caroline McLure, Women's Editor, Phone 8508
6 The Guardian, Charlottetown, Thur., Feb. 12, 1959

HAPPENINGS

P.E.I. representatives of the North American Life Assurance Company Mr. J. LeRoy Gallant, P.E.I. District Manager, and Vincent J. Gallant both of Summerside, accompanied by their wives; and Mr. Everett Donald of Kensington are in Saint John attending the Annual meeting of New Brunswick-Prince Edward Island Branch of the Company on Thursday and Friday of this week.

Mr. W.W. Murray C.L.U., Superintendent of Agencies for Eastern Canada, and Mr. D.T. Weir, Head of the Company's Underwriting Dept., are representing the Company's Head Office in Toronto at the meeting. Also in attendance will be Mr. John Irven, Regional Group Supervisor of Montreal, and Mr. C. McD. Wood, Assistant Regional Group Supervisor of the Company's Maritime Group office in Moncton.

At the annual Agency dinner this evening at the Admiral Beatty Hotel in Saint John Mr. J. LeRoy Gallant will be presented with the "Founders Trophy" in recognition of production for the week of October 5, 1958. This date commemorates the sale of the first North American Life policy in the agency to a Saint John merchant, Jeremiah Harrison, in 1881. Mr. Gallant will also receive the Nalaco Cup, which is awarded annually to the leader in the Company's Production Club in the N.B.-P.E.I. Branch.

Mr. and Mrs. Lloyd Stevenson, representative for the Company in Charlottetown, will be unable to attend the meeting.

Mrs. Golden graves Boston, Mass., returned to her home by plane, on Tuesday. Mrs. Graves arrived to spend some time with her sister, Mrs. Foster MacPhail and to attend the funeral of the late Mr. Foster MacPhail, which took place recently.

Friday, February 13, 1959, marks the 59th anniversary of the founding of the Imperial Order Daughters of the Empire, (I.O.D.E.). The Order was organized by Mrs. Clark Murray of Montreal in 1900. The first chapter was formed in Fredericton, New Brunswick, fifty-nine years ago today. The I.O.D.E. is a voluntary, patriotic, non-sectarian organization. It has a membership of approximately 32,000 women in 988 chapters, and is affiliated with chapters in Bermuda and the Bahamas, with the Victoria League in England and the daughters of the British Empire in the United States. In peace and war the I.O.D.E. gives aid to men and women of the Services, to dependents of ex-service personnel, and promotes higher citizenship among all citizens. British and foreign born.

The chapters across Canada spend over a quarter of a million dollars a year on grants, scholarships and bursaries for Canadian students and other educational projects. To date, 1218 Canadian students have received scholarships and bursaries or financial assistance. Also, 2267 Canadian schools have been "adopted" and provided with libraries and equipment.

Last year the I.O.D.E. spent half a million dollars (\$503,748) on services at home and abroad; 80 percent of this amount was spent in Canada on local projects such as clinics, libraries, veterans' hospitals, sanatoria, senior citizens, immigrants, summer camps, nurseries, historic sites, Canadian disaster funds and emergency welfare; 20 percent was spent on overseas relief such as warm clothing, bedding, powdered milk, first aid, x-ray equipment and handicraft materials for refugee camps, infants' homes, orphanages and children's T. B. hospitals in British Somaliland, Kenya, Soudan, West Germany, Italy, Austria, Greece and Korea.

Mr. and Mrs. Edward J. Wood of Pownal, returned Sunday from Providence, Rhode Island, where they attended the funeral of Mrs. Wood's aunt, Miss Etta Munroe.

A lovely evening was spent at the home of Mr. and Mrs. Ronald MacCormack when four tables of bridge were in play. A dainty lunch was served by the hostess.

Mr. Murchison MacPhail, Lakeview, Ontario, returned to his home recently, after attending the funeral of his brother, the late Mr. Foster MacPhail of Argyle Shore.

Accompanying Mr. MacPhail back to Ontario were Messrs. Neil Salmon and Daniel Gass of Cornwall who will visit with their daughters in Hamilton and Toronto. They expect to remain there for about two weeks.

Charlie Craig employee of the Charlottetown Guardian and Patriot, Summerside, was a visitor to Charlottetown last weekend.

ELLEN'S DIARY

Granddaddy Recalls When Snow Touched The Wires!

"We'll likely pay for this one of these days by shovelling snow" a visitor predicted today, noting the dappled shadows of sun and shade along the yards and a pleasant mildness over the countryside. "Yes," he nodded "or," he smiled "I miss my guess."

"It would be kind of nice if we'd get a snowstorm like Granddaddy remembers," Mack commented wistfully "where the drifts were away above the stable-doors, and they had to make tunnels to get the horses and cattle out to go to drink at the creek."

"And," James chuckled "we often had to break the path before them to get them there!"

"This winter," we offered "when some of us never saw so much snow in December" a joke of those snowy times came to mind. "Where "we have heard folks talk toward the last of the year with a chuckle "are we going to put next year's snow?"

"There were winters in my schooldays" the visitor recalled, "when, from the drifts below, we could touch the telephone wires out on what is now the Highway."

"Trains would be stalled for days," James remembered.

"And mails from the Mainland had to be hauled by teams from the ice-boats at 'The Capes' to town" we said. "How well the children of those young years of ours respected that sight, regarding from a distance the strange horses and men with more awe than those of the present would accord spacen-janded from a far plane!"

The mail-sacks heaped on the sleighs, that moved in a rare procession toward, His Majesty's Mail, that was: Edward, Mother, Victoria's bearded and twinkling-eyed son. Of course we knew that which came to the Post Office in the village general store was his too. We had seen other teams draw aside from the road to let that mail pass. But somehow, this was different.

"If anyone would so much as touch one of those sacks," one of the older lads of the company watching one morning from one of the quaint end windows of the school commented as the teams passed "he'd never know what happened him. He'd be shot dead in his tracks! Sure they're armed. Supporting a bandit were to hold them up."

Whether or not this was true, we never inquired. But to us small ones, the very thought added something to the thrill of the

Hampton W.I.

Mrs. Clayton Morrison entertained the Hampton W.I. at her home on Monday evening, February 2nd. The President, Mrs. Norman MacLeod, called the meeting to order and opened with the repeating of the Collect in unison.

Minutes were read by Mrs. Edwin Ferguson, pro tem, approved and signed. Roll call was answered by 7 members and three visitors. Were, welcomed. Correspondence was read and 2 thank you letters were read and discussed.

It was agreed to send \$5 for upkeep of Crapaud library. It was also decided to ask for a lady from W.I. office to come and organize a sewing class.

Programme Committee, Mrs. George Dunsford and Mrs. Howard Myers; Lunch Committee, Mrs. Earle Calbeck and Mrs. Gordon Villed.

Next meeting at Mrs. Norman MacLeod's. On motion meeting adjourned and lunch was served by hostess, assisted by Mrs. Murchison MacEachern.

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P.E.I. Drama Ass'n Meet

The executive of the Prince Edward Island Drama Festival Association met at the Rendezvous for the luncheon hour on Saturday, February 7th. The president, Mrs. Leslie Ramsay, Indian River presided.

Reports of the play "Charlie's Aunt" which was staged in the Queen Charlotte High School two evenings were given. This three act comedy was put on for demonstration purposes and very favorable comments, re the costumes, properties, actors and actresses—were given, and special thanks was extended to those who made it such a success.

Plans were made for the presentation in Souris and later in Kensington. Junior Drama in the schools was also discussed and teachers who are interested, please send entries to Miss Dorothy Cullen, Prince Edward Island Library, Charlottetown. Also a copy of the rules and regula-



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urged to become members of the Association. The meeting adjourned to convene later in the month.

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Molasses	33c qt. Fresh	25c lb.
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Corn	2 lb. tin	3 for
Syrup	33c	Herring 25c
Aylmer	24 oz. bot.	Corned each
Apple Jelly	45c	Mackerel 33c
Dr. Ballard's	3 tins	Baby tin
Dog Food	35c	Clams 29c
CLOVERLEAF FANCY		1/2 LB.
PINK SALMON		29c
GIANT SIZE PKG.		
MINUTE RICE		43c
Supper Club	2 pkgs.	
Paper		
Napkins		35c
Globe	15 oz. tins	2 for
Pears		35c
Apple	48 oz. tin	
Juice		33c
Devon	lb.	
Bacon		55c
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CHARLOTTETOWN BRANCH

Interesting Topic Is The "Race Prejudice Exposed"

The Mary Miller Auxiliary of the W. M. S. of Trinity United Church, Charlottetown, met in the Social Hall Monday evening, February 2, with a good attendance. Mrs. G. A. Cairns was in charge of the devotional period, assisted by Mrs. Stanley Walker. The topic was Race Prejudice Exposed. The service opened with a call to worship, followed by the hymn, "These Things Shall Be." Mrs. Cairns led in prayer, and Mrs. Walker read the Scripture, Ruth 1:1-8 and 14-17.

Mrs. Cairns gave a commentary on the scripture reading. She pointed out that in spite of the bitter prejudice in Israel against alien tribes, Ruth, the "Moorish damsel," became the accepted and beloved wife of a highly respected Jew, and is proved to be the great-grandmother of King David. As an argument against race prejudice it would seem to be the last word.

The offering was received and dedicated, and the service closed with prayer. Mrs. Cairns was also in charge of the study, Our Neighbors in Mexico. She was assisted by Miss Mary Cairns and Miss Beatrice Axworthy. Mexico is a country of contrasts. Most places are teeming with people — some living in huts, some in modern homes, and still others in palatial residences. They seem to be a very happy people, with an amazing zest for living.

Mexico is a majestically beautiful country, with magnificent, breath-taking scenery amidst the mountains, of which the inhabitants are very proud. In contrast to this lovely environment, there is a scarcity of schools, and a crying need for hospitals, due to the lack of initiative of the people. Evangelistic prospects are very good, but much work remains to be done. More good literature and periodicals are needed. The study period closed with prayer.

The president, Mrs. Stanley Thompson, conducted the business meeting. Minutes of the previous meeting were read, and reports were received. After some discussion, it was moved and seconded that a joint Thank-offering service be held with the afternoon auxiliary, early in April. It was agreed to have the business service. Mrs. Arthur Coffin is to represent the Mary Miller Auxiliary at the World Day of Prayer service, Friday, February 13, at the Salvation Army Citadel.

A letter was read from Dr. Florence Murray, asking for bandages. She is now working in

John Martin Is Special Guest Speaker

The regular monthly meeting of the Central Royalty Home and School Association was held in the school on Tuesday, February 3. It was a large and enthusiastic meeting with approximately 60 members in attendance.

President George Ayers presided and reported on the Education Conference recently held at Birchwood High School. A letter was read from Rev. Eric Robin, Chairman of the School, Education Committee of the Provincial Home and School Association. Several resolutions which were presented at the Ottawa Conference on Education are to be discussed in the various groups and the feelings concerning them to be forwarded to Dr. Robin.

It was moved that \$5.00 be voted for a group membership in the P.E.I. Musical Festival Association. The attendance contest was won by Mrs. Acorn's class. A special guest of the meeting was Mr. John Martin of the National Film Board who presented the film "The Teens". Following the showing of the film, the group divided into discussion groups and discussed various ideas shown in the film.

Mr. Martin also introduced Mr. Max Hickey from the N.B. division of the Film Board. Mr. Hickey spoke briefly and suggested several subjects which would make interesting and educational discussion for the group at a future meeting.

At the next meeting, a debate will be held with students taking part. Following the adjournment a delicious lunch was served by the committee in charge.

EAGER SCOUTS

Canada has 33 Boy Scout groups operating with blind, deaf, crippled or mentally-retarded boys