

# WOMEN

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## LET'S EAT

### Graham Crackers Used In No-Bake Fruit Cake

By Ida Bailey Allen



No-bake fruit cake, prepared now, will be properly aged for

Christmas giving. Wrap it attractively for a decorative and delicious gift.

Last summer, the Chef and I made several of the fabulous new no-bake fruit cakes, wrapped them in aluminum foil, stored them in the food freezer and found the flavor improved with several months' storage.

This easy fruit cake is not at all expensive.

#### GRAHAM CRACKER BASE

The base calls for graham crackers and a homemade marshmallow mixture, made with unflavored gelatin and sugar. The fruits and nuts are blended in completely. As whole Brazil nuts are used when the cake is cut there's a pretty polka dot effect in each slice!

While there is still time left before Christmas for aging the cake, you might make several small loaves for gifts. The following recipe makes 4½ lbs.

**No-Bake Brazil Nut Fruit Cake:** Line a 9¼" x 5¼" x 2½" loaf pan, or 2 loaf pans (7¼" x 3¼" x 2") with 2 strips waxed paper, extending the paper 3" above the rim. Set aside.

Put 3 c. shelled Brazil nuts in a large mixing bowl. Fine-crush ½ lb. graham crackers with a rolling pin; add to the Brazil nuts with ½ c. seedless raisins, ¼ lb. pitted dates, 1 c. (8 oz.) diced mixed glazed fruit and 1 (8 oz.) jar drained maraschino cherries.

Soften 1 envelope unflavored gelatin in 1-3 c. orange juice; place over boiling water; stir until the gelatin is dissolved. Add ½ c. sugar; stir until dissolved.

Pour 2-3 c. unsulphured molasses into the large bowl of an electric mixer; add the gelatin mixture, 1 tsp. vanilla, 1 tsp. grated orange rind and ¼ tsp. each ground cinnamon, nutmeg and clove. Beat on highest speed for 15 min. Press into the prepared pan with a spoon.

If desired, top with a design of additional maraschino cherries and sliced Brazil nuts.

Fold the waxed paper over the cake; press down with the hands. Refrigerate 6 to 8 hrs.

To store, wrap-seal in aluminum foil. Freezer life, up to 6 months.

#### MONDAY DINNER

New England Potato Chowder

Toast

Baked Shoulder Pork Chops

Mixed Vegetables

Tossed Lettuce

Lemon Sponge Pie

Coffee Tea Milk

New England Potato Chowder:

Fry ¼ c. chopped onion in 2 tsp. butter.

Add 4 c. thin sliced potato, 1

tblsp. salt, ½ tsp. monosodium glutamate, ¼ tsp. pepper, 1 tsp. minced

parsley, 3 c. water and 2 bouillon cubes. Simmer 20 min. Add 1

qt. heated milk.

Blend 2 tsp. enriched flour and

3 tsp. milk; stir in. Add 1 tsp.

#### Wife Preservers



Mint has many uses in menu making. Mixed with ordinary vinegar and a little sugar it is nice with hot or cold roast lamb. It is a good addition to salads, to pea soup and chicken stuffing. Sprinkled on new potatoes, it gives them a nice flavor.

## MARY HAWORTH'S MAIL

### Parties For Bosses Irk Wives Who Are Not Invited

DEAR MARY HAWORTH: We, a group of executives' wives, would like your wise counsel on a problem that seems to get worse every year. Our husbands' secretaries have a club (with a whimsical title) and every year the members give a party for their bosses.

The first party started innocently enough. It was a dinner, complete with a speaker. But in the last few years it has turned into a cocktail party, resulting in quite a few marital misunderstandings.

Although the cocktail party is supposedly in the early evening, from 5 to 8 o'clock, too many husbands don't get home until the wee hours of the morning. Other husbands, who leave the party in proper time, are teased unmercifully as being henpecked, sissies, etc.

As it happens, I am an old-fashioned wife and see no reason for these parties where all are drinking on an empty stomach and saying things they wouldn't say ordinarily. Fortunately, my husband's secretary is a lady; and my husband has very high standards and principles. But I have heard by the grapevine that several girls are going to try to "break him down" at the next party, late this month.

Are we wives foolish to be concerned? We would appreciate your views on the subject. T.W.

**NO LADYLIKE**

DEAR T.W.: If your husband's secretary is a lady (as you say) she must be the exception, not the rule, in this club with the whimsical title. My deduction is based on the fact that ladies don't ask married men to be guests of honor at their parties, without asking their wives also.

I've been discussing these parties for bosses, which you describe with a twice-married woman of forthright character. Speaking of husbands who are teased unmercifully as being henpecked, sissies,

c., for leaving the parties early, she says: "They leave early because they are mature-minded men; because they are bored with these silly girls. Being mature, they can take the teasing in stride."

Then she adds: "I suppose some other husbands linger on, despite being bored, because they would be just as bored at home." Speaking for wives, she says she doesn't see much point in domestically dueling with this type of secretarial aggression. She thinks manly men, the only kind who give women a fair deal anyway, don't need wifely instruction in order to cope correctly with such a problem.

#### GOOD WIVES FROWN

Her theory is interesting, but I am not sure that I agree with it wholly. I think good wives have immeasurable influence in setting the tone of married behavior—not by nagging and dueling, certainly; but rather, by confidently endorsing the right as they see it. And when the average well-meaning husband knows that his wife seriously disapproves certain situations or companions, as being worthy of him, he is apt to see less of them than he might otherwise.

Thus, in my opinion, you wives are foolish to give any sort of countenance to these "triangle" cocktail parties. And in a sense you do countenance them when you don't speak out decisively against their outlandish absurdity and impropriety. To whom should you speak? Well, to your husbands I think—in candid ridicule and condemnation of the whole tasteless proceedings. And also to the secretaries, individually, if opportunity offers.

If your husbands were men of spirit, each would take his wife to the fete in his honor, as a tacit rebuke to the secretaries' oversight, in failing to round out the guest list properly. And if the wives are treated as unwelcome, with chivalrous loyalty, and let the party-purpose expire.

M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.



PAMELA STIRLING Noted English Star's Adjudicator For Drama Festivals

TORONTO — Pamela Stirling, a noted English stage and screen actress who has starred in the French theatre as well, has been named adjudicator of Canada's 13 Regional Drama Festivals starting early in January. It was announced today by D. J. Ongley, President of the Dominion Drama Festival.

As adjudicator for the thirteen regional drama festivals, Miss Stirling will decide which group should get the regional trophies and \$100 cash awards. She will also have a major part in determining which regional plays will be invited to the Dominion Drama Festival's 13 finals for the main Calvert Trophy and a \$1,000 prize. The finals will be held in Sherbrooke, Quebec, May 14-19.

Miss Stirling is the daughter of Edward Sterling and Margaret Vaughan, both well known English stage personalities, and was trained at the Paris Conservatoire under Louis Jouvet. She played in various French companies with such well-known stage stars as Yvonne Printemps, Pierre Fresnay, Dullin, and others.

She was the only English star to play with the comedie Francaise in 1946-47 and in 1947 she formed La Troupe Francaise to present French plays in England. On the screen she has played opposite James Mason and she has also played leading parts on the English stage, in addition to appearing on radio and television for the B.B.C. She will commence her cross-country tour in Vancouver on January 11.

## ELLEN'S DIARY

By An Island Farmer's Wife

We ate for a tasteful dish at supper, "preserved" cod, of the supply gained the other day when our genial fishman paid us his last call of the year. We remember now his parting words, pointed prettily with the liquid dialect of his French ancestry. "I wish you the best!" he said, a bit solemnly. "And may you-all be here, well and happy, when the next spring brings me back again to this road." A nice blessing it was—and the months between how smartly they will pass: with a storm and a calm, and a calm, and a bleak day and one bright with a strengthening sun; with a frosty wind and one balmy from the south, and then a robin's friendly trill.

"It's good!" James said, adding just another drop of vinegar and a dash of pepper to the flakes crisped to his liking in bacon fat after a method used by his mother. "Now" he smiled wistfully, "if only we had some hardtack biscuits, Ellen, like those the old-time cooks used to make! They were of flour and milk and water and soda. I think, and kneaded to a smoothness—their success depended on the kneading, and how white they would be! If we had some of those," he nodded, "what a meal this would be!"

Today we brought the attention of our farmer again to the seasonal needs of this house. As it was we had been fairly comfortable in

emps, Pierre Fresnay, Dullin, and others. She was the only English star to play with the comedie Francaise in 1946-47 and in 1947 she formed La Troupe Francaise to present French plays in England. On the screen she has played opposite James Mason and she has also played leading parts on the English stage, in addition to appearing on radio and television for the B.B.C. She will commence her cross-country tour in Vancouver on January 11.

Until tomorrow—Diary— Good-night.

it, the roof good, and wood in plenty for the fire. Who cared in the face of busy outdoor doings if the screen doors still hung? Or the storm-doors and windows waited in the garage? There would come a day for that.

"But when?" we had pestered James last week with the question. "When, Ellen? Oh, I can't say," he had replied in a disinterested fashion.

"I'll see—there's no great hurry yet for storm windows and doors." Today then—or more rightly, it was in the beautiful afterglow when the farmlands about were spread with last mellow glow, that he came briskly to the chore. His hall brought us smartly from the rocking chair by the window and shrugged us speedily into our outdoor trappings to "fetch the hammer".

"There now" he smiled when at length a last nail was driven home, "that should keep you warm, Ellen!"

"That should keep us warm," we corrected with a chuckle. We doubt if he heard us. He was on his way, to the barns.

What a nice day it was—one of fall's choicest. Blue of sky, very blue, and sunlit. And the breeze sharp and clean. Clean too the footsteps about. "I should have put those windows and doors on before this," James says drawing one shut after him now to mark the close of the day. "But dear me, there was always so much to do. Now, well," he smiles happily, "we have everything, at least 'under control'. It's a comfortable feeling to have."

The moon? Where is it but caught in the topmost branches of the white birch on the lawn? Beautiful! Enchanting is a much better word!

Words Of The Wise  
The silent man is often worth listening to. (—Japanese Proverb)

## COOK'S CORNER



### COCOANUT OATMEAL COOKIES

½ cup shortening  
½ cup butter  
1½ cups brown sugar  
1 egg  
¼ teaspoon baking soda  
2 teaspoons baking powder  
1½ cups oatmeal  
2 cups sifted flour  
1 cup coconut  
Drop on cookie sheet. Press with a fork. Bake at 350 F.

## MORNING SMILE

"What do you miss most—what you're living in the country?" "The last train."

## HOUSEHOLD HINT

Stains from soft drinks can be removed by sponging with cool water and alcohol. Do not use hot water on fresh stains, as it may set the stains.

## Children's Colds

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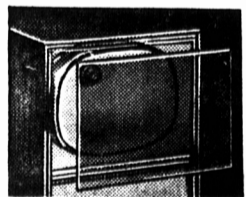
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