

Why Lack Of Iron In The Blood May Be Costing You Money Every Day

Many a Capable Man or Woman Falls Just Short Of Winning Because They Don't Back Up Their Mentality With Physical Strength and Energy

Get some of the money—don't let the other fellow have it all—just because you are too weak, nervous and run-down to go after it with the same vim that gets him what he wants. Make yourself a man of blood and iron—a woman of power and vitality.

"Many a capable man or woman falls just short of winning because they don't back up their mentality with the physical strength and energy which comes from having plenty of iron in the blood," says Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital. "Lack of iron in the blood not only makes a man a physical and mental weakling, nervous, irritable, easily fatigued, but it robs him of that vital force, that stamina."

Sold in this city by Geo. E. Hughes, Apothecaries Hall, E. A. Foster, Central Drugstore, H. J. Mabon, (Montague, drug stores and all other drug-sts.)

Reducing Army Of Occupation

LONDON, Aug. 18.—The reduction of the British Army of Occupation at Cologne is being rapidly accomplished, a whole division at a time returning to the United Kingdom. The military authorities are permitting soldiers to volunteer for harvesting at full rates of pay.

Russian Bolshevism Credited with Treaty

LONDON, Aug. 18.—Russian Bolshevism made possible the Anglo-Persian treaty, one of the most important developments in the near East. The fall of the Russian autocracy ended the Anglo-Russian agreement of 1917 which partitioned Persia and turned all the sympathies of the outbreak of the war. By this new treaty which the French declare established as a protectorate, Great Britain gains an unbroken chain of influence from Egypt to India, from Palestine, Mesopotamia and New Persia from a chain to Baluchistan. Several months of quiet affords the British a feeling of protection they have not enjoyed hitherto. The treaty serves as a blockade for India barring the way of the Russians and of Germany.



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TORONTO CANADA

Big Air Race Toronto to New York

NEW YORK, Aug. 17.—Major-General Charles T. Menoher, Director of the United States Army Air Service, announced that the Government would enter thirty airplanes in the handicap race between New York and Toronto and return which is to commence August 25th.

The machines will include every type of machine of American, British, French and German machines and will be flown by United States army men. The machines will leave New York simultaneously. The Prince of Wales will start the race at Toronto.

CANADIAN COLONEL BECOMES CITIZEN OF THE UNITED STATES

Colonel Guthrie, leader of the famous McLean Klitties of Canada, has given up his Canadian citizenship for that of the United States. After long and distinguished service in France, the New Brunswick lawyer is now practicing his profession in Boston at No. 25 State Street in partnership with James D. Colt. Colonel Guthrie was the first man to enlist in the war from Canada. He wired his enlistment on the day of the declaration of war in 1914 to the minister of militia, then Sir Sam Hughes, and went over and joined the original Black Watch Regiment in the lines. A shrapnel that caused 27 wounds in his body invalidated him to Canada. But they couldn't keep him in a hospital. During the war, after being wounded and coming back, he found it necessary to do some recruiting. He went to Boston and recruited to full strength—some 1,086 men—the McLean Klitties. During the period of recruiting he looked after the interests of the British and Canadian recruiting work for the New England States.

In Canada at the age of 24 he was known as the "boy alderman," for he was an alderman of Fredericton at the age of 24 and a member of the legislature of New Brunswick at 27. In law he was the solicitor for several Canadian railroads, and was attorney for the defense in some of the most sensational murder cases known to Canadian jurisprudence.

CANADIAN NATIONAL RAILWAY PRINCE EDWARD ISLAND

Time Table in Effect, June 2nd, 1919 ATLANTIC STANDARD TIME

Trains Outward			Trains Inward		
Read Down					Read Up
P. M. 4.30	P. M. 12.50	Dep. Charlottetown	A. M. 10.35	P. M. 7.05	P. M. 11.20
6.20	2.17	Dep. Hunter River	9.00	12.42	5.47
7.10	5.06	Dep. Emerald Junction	7.40	12.10	5.05
6.20	4.00	Dep. Borden	6.40		4.15
9.00	4.15	Dep. Emerald Junction	8.35		4.00
10.00	5.15	Dep. Kensington	8.00	12.10	2.55
10.30	5.40	Dep. Summerside	7.15	11.45	2.15
11.00	6.05	Dep. Summerside	6.45	11.20	1.30
P. M. 6.30	A. M. 11.05	Dep. Summerside	A. M. 10.30	P. M. 12.35	
4.30	2.30	Dep. Port Hill	8.55	11.35	
5.20	3.20	Dep. O'Leary	7.35	10.50	
6.10	4.10	Dep. Alberton	7.17	10.04	
7.00	5.00	Dep. Tignish	6.15	9.30	
P. M. 3.05	A. M. 6.50	Dep. Charlottetown	A. M. 10.00	P. M. 5.50	
4.15	8.45	Dep. Mt. Stewart	8.45	4.45	
4.42	9.22	Dep. Morell	8.17	3.17	
5.02	9.52	Dep. St. Peter's	7.52	2.40	
6.05	11.25	Dep. Souris	6.55	1.15	
P. M. 7.20	A. M. 11.05	Dep. Elmira	A. M. 5.35		
P. M. 4.15	A. M. 9.00	Dep. Mt. Stewart	A. M. 8.45	P. M. 3.55	
5.04	10.10	Dep. O'Leary	7.47	2.35	
5.25	10.50	Dep. Montague	7.23	2.10	
6.00	11.30	Dep. Georgetown	6.45	1.00	
Sat. [Daily only (ex. Sat. & Sun.)]			[Daily Sat. only (ex. Sat. & Sun.)]		
P. M. 4.00	A. M. 8.30	Dep. Charlottetown	A. M. 10.40	P. M. 10.05	
5.15	9.15	Dep. Vernon River	8.45	8.51	
6.45	7.25	Dep. Murray Harbor	Dep. 6.45	7.20	

Except as noted all trains run daily, Sunday excepted.
H. H. MELANSON, Passenger Traffic Manager, Toronto, Ont.
W. T. HUGGAN, District Passenger Agent, Charlottetown, P. E. I.

THE AMERICAN SENATE

WASHINGTON, Aug. 16.—Negotiations between the Democratic and Republican senators, looking to ratifications, reached a more definite stage today while President Wilson and the foreign relations committee were getting together on unprecedented measures to give the public all the details of their decision of the treaty next Tuesday at the White House.

Feeling Out Sentiment

Democratic leaders, feeling out sentiment on the Republican side, were told that the treaty never could be ratified without qualifications, but that more than twenty Republicans wanted to see it accepted in the near future.

This information came from members of the group of seven after completion of a poll begun Wednesday on receipt of the first Democratic overtures. The twenty needed by the Democrats to make the necessary ratification majority of sixty-four, had not accepted the proposed reservations programme in exact form, it was asserted, but had given their assent to its general provisions.

President Firm

Afterward Senator Hitchcock, the Democratic leader, went to the White House, and it is understood, laid the whole Senate situation before the president. He made no formal announcement after the conference but indicated that the administration's stand for unreserved ratification remained unchanged. Some of the seven reservation Republicans, however, insist that they have had information assuring Democratic assent to their programme.

A new draft of reservations was shown to several Republicans during the day by Senator Lodge, the Republican leader. It is understood to cover, the four point embraced in the programme agreed on by the seven senators, and to include, also, a provision that the appointment of the

GETTING RETURNED MEN IN TOUCH WITH OPPORTUNITIES

To place returned men in touch with opportunities for employment is one of the functions of the Information and Service Branch of the Department of Soldiers' Civil Re-establishment which is carried out through the 89 employment offices situated in all parts of Canada.

Without waiting to get out of khaki, a brawny specimen of manhood presented himself at the returned soldier employment office.

"Anything for an A1 man?" he asked eagerly. "I got to get a job and get it quick."

"What's your hurry, want to get married?" chaffed another returned man who waited.

"I'm not so slow as that. I have gone and done it," retorted the giant. "I want to get my wife over."

A chat revealed his story. This man had married an English girl some months before, but when the time came for demobilization the bride decided that she would not venture overseas until her husband had secured a permanent position.

"She was wise all right," laughed the employment man.

To insure the selection of a permanent job the applicant was persuaded to wait for a few days. Five days later, Lieut.-Col. Hughes applied for a man as prison warden—salary \$150 per annum, with free board and uniform while on duty—the man must be over 5 feet 8 inches, under 37 years of age, able to read and write, and physically fit. It was exactly the job for this man, and he went off delighted with the prospect of having a permanent position so that he could fetch his wife over from England.

A western man who had been a laborer in pre-war days wanted to change his work and get something, "a bit more easy-like." He was willing to wait a few weeks, he said, but at the end of two weeks the very job turned up—that of night watchman with a good concern.

Some of the requests for men registered at the employment office are off the beaten track and at first sight often puzzle the man in charge as how best to fill them, but in every case of an unusual request, or one that promises a scarcity of supply, an S.O.S. is sent through to every employment office in the country.

At one office a request came in for an anxious and eager man. No such individual had ever presented himself here to ask for a job, but the employer's offer went up on the slate. Two days later, among a group who came in seeking employment, was a French-Canadian.

"Want a job as a surveyor," he said. "Know much about the country?" asked the employment man.

"I know everything."

"Well, how about a canoe?"

"Canoe! I was born in one."

"I have a job for an axe and canoe man. If you take that job you can get either \$3 a day straight or \$1 per day and a dollar a mile for every mile over one."

"I'll take the dollar a day scale," grinned the applicant, proving that he knew something about the job. After the employer had interviewed the man he rang up the office and asked where on earth they discovered such a guide, exclaiming, "He is the exact type of man I have been looking for."

Numerous good positions are found at different times for returned men within the activities of the department itself.

A man was wanted in Toronto to work upon the manufacture of artificial limbs, one with saddlery or leather work experience. A saddler corporal in the army, decided that he could take it but for one drawback. He was in need of some dentistry before commencing. The Department made arrangements with the Medical Branch, however, for the man to receive dental treatment in Toronto, and in addition moved his wife and family down there. He is now holding the job with a chance to rise to as much as one dollar per hour.

The men who come in are very keen on helping others and frequently return to the employment office to report opportunities of employment that will give another chap a chance. One 1st Division man, who was taken back by his own firm as a traveller, has through his own initiative been getting positions for other men in all parts of the country.

A survey firm applied for two men to work on the St. Lawrence. Applicants must have a knowledge of signalling and be able to speak French. The application was put into the Ottawa office who endeavored to fill the bill. Plenty of signallers were found but to get the combination appeared difficult. Later in the same day, however, three French-Canadians of the 22nd Battalion walked in and announced themselves as signallers. All three were sent up to the employer, who was so pleased that he engaged three instead of two.

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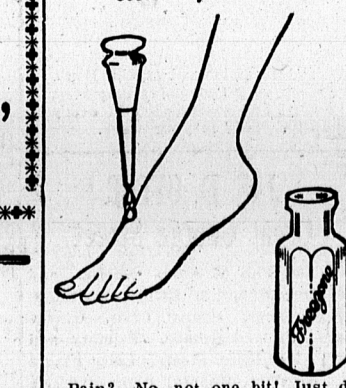
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