

Lenten Meditation

From The Columns of The Times, London

THE CONCEPT OF HOPE

In common speech the word hope usually lacks the 'note of confidence'. Men "hope for the best," though such words are often spoken with an underlying expectation of the worst. In the Bible the word is used in a rather special sense. Phrases such as "the hope of the Gospel," "the hope of Israel," or "the full assurance of hope," suggest a connotation which is both positive and confident.

As the New Testament uses the word, hope does not depend upon a naturally optimistic temperament; it is no easy assumption that all will come right in the end; that there is a silver lining to every cloud, for, in any case, this is not always true to experience. St. Paul goes so far as to say "we are saved by hope," in which he appears to put this virtue on the same level of value as that of faith. And, indeed, faith and hope are inseparably bound together. This hope will not be destroyed by the seeming hopelessness of times, while it will be strengthened by any signs which help to confirm it, it does not rest on any given situation; it is not at the

mercy of the changes and chances of life, yet it will always be related to what is happening in the world, for it is no mere vague unrealistic attitude of aloofness to events, as though it were independent of them. Sometimes, like faith, it can be retained only by a definite act of will; which is doubtless what the French writer, M-risain means, when he speaks of hope as a Christian duty.

At a time like the present, hope for many people, is having a hard struggle to maintain itself, though even in the contemporary situation there are not lacking hopeful signs. In the realm of religion there are, for example, the growing desire for unity, to which expression is given in the World Council of Churches; the more realistic thinking about the nature of man; and a deeper sense of the need for spiritual power, which is not confined to the Churches.

And in the sphere of statesmanship there are the constructive efforts to unite all the nations which value freedom and true peace. It is true that the threat of world war, with all its fearful consequences, hangs heavily over the human scene, but along with this is the determination of many nations to work for the conditions which alone can ensure peace and stability.

Ultimately the Christian's hope rests upon God—what God is and what he does. The Easter season serves to remind men that God is not absent from the world; that he is deeply concerned about man's life, and that his help is ever present to redeem both the individual and society. The Christian Gospel gives the assurance that hope in God will not be in vain.

SPRING FLOWERS

Reasonable Prices
Cut Blooms & Potted Plants
JOHNSON & SON
127 North River Road
Phone 56

From One Cook to Another

by *Mary Blake*
Carnation Home Service Director

HERE'S INSPIRATION FOR MEATLESS MEALS

Every homemaker serves meatless meals—whether because the family observes meatless days... or because fresh meat is hard to get... or just for variety. The more often you want to drop meat out of your meal-planning, the smarter you must be about the substitutes you serve. And over the years, I have found double-rich Carnation Evaporated Milk an invaluable help, in making meatless meals more delicious—and in increasing their content of high-quality protein. Here are two main dishes I depend on often for my meatless meals:

CREAMY SCRAMBLED EGGS

4 eggs
1/2 teaspoon salt
1/2 teaspoon pepper
1 cup undiluted Carnation Milk
Beat eggs with rotary beater. Add salt, pepper, Carnation Milk. Beat again. Melt 1 tablespoon butter in top of double boiler, or in saucepan over low heat. Add egg mixture. Cook in moderate water, or over low heat in saucepan. Stir occasionally after eggs begin to set. Cook until firm, but not hard. Serve at once. 4 servings. Grand additions—fried sliced mushrooms... chopped parsley... or your favorite herbs.

SALMON LOAF

1 lb. can salmon (1-1/2 lb. size)
1/2 cup soft bread crumbs
1/2 teaspoon salt
1/2 teaspoon pepper
2 tablespoons chopped onion
1 egg, slightly beaten
Liquid drained from salmon, plus 1/2 cup Carnation Milk to make 1 cup

Flake salmon with a fork. Add remaining ingredients; combine lightly. Turn into greased loaf pan. Bake in moderate oven (375°) about 40 minutes, until set and lightly browned. Serves 6.

WANT MILK FOR MILK PURPOSES

... and cream for cream uses? Open the Carnation can! Use Carnation undiluted in cream recipes, and on cereals, fruits and desserts—dilute for milk purposes.

LISTEN TO THE DELIGHTFUL SATURDAY RADIO SHOW "HOLLYWOOD"

A complete half-hour play every week—specially written for this entertaining programme. See your newspaper for time and stations.

FREE: Carnation's "Velvet Blend Book" of tested recipes, new and old. Write to Carnation Company Limited, Toronto or Vancouver.

SOMETIMES A SALAD is your choice for main dish of a meatless meal. To round the menu out nutritionally, serve a hot soup first—creamed with Carnation Evaporated Milk. Or for dessert for your meatless salad meal, serve something made with Carnation. Perhaps my Velvet Baked Custard. You never tasted custard so rich and creamy!—and it has an extra share of milk nourishment.

VELVET BAKED CUSTARD

1 1/2 cups Carnation Milk
1/2 cup water
1/2 cup sugar
1/2 teaspoon salt
3 eggs, slightly beaten
1 teaspoon vanilla

Beat together Carnation Milk, water, sugar, salt. Pour slowly into eggs, stirring constantly. Add vanilla. Strain into custard cups, sprinkle with nutmeg or cinnamon. Set in pan of hot water... bake in moderate oven (325°) about 30 minutes, until set. 4 or 5 servings.

Don't discard liquid from canned salmon—it contains valuable minerals. Crush the soft little bones and add them to the flaked salmon.

WE TALK WITH LOTS OF INTERESTING WOMEN

—about Carnation, of course! One of them is Mrs. Harris of Holbrook Avenue, Toronto... who uses no milk but Carnation. A wonderful cook, Mrs. Harris. And she says she hasn't had a dairy driver call at her door for years... because she thinks Carnation makes food taste much richer than bottled milk does. I explained that it is because Carnation is homogenized and heat-treated, that it makes food last so rich... yes, even when diluted for what milk purposes. As for cream recipes, Mrs. Harris says that undiluted Carnation makes them taste just as rich as cream does—and it costs only half as much.



RED ROSE COFFEE

AS GOOD AS

RED ROSE TEA!

THE CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a new way may be inserted at five cents a word, strictly payable in advance.

COOK'S for Perfect Pictures.

FASHION SHOW TICKETS available Hughes Drug Store.

MRS. JOHNSTON'S LADIES' WEAR.—Special sale—25 Shorties, Dresses, etc.

REFRIGERATORS, Ranges, Motors and Washer repairs, Storey Electric. Phone 3007.

CHARTER FLIGHTS to any point in Canada or the United States for passengers or cargo. Phone Maritime Central Airways Limited, 2061 or 540.

SPECIAL MEETINGS continue nightly in the Gospel Hall (Upper Prince Street) at 8 P. M. excepting Saturday, Sunday at 7.30 P. M. conducted by G. A. Ramsay and G. P. Heidman. You are heartily invited to attend.

RECEIVED SAD NEWS.—Mr. Earl Paquette, Grafton Street, has received word of the death of his uncle, A. J. McCormick, which occurred in Vancouver, B. C., on February 27th. Burial took place in Edmonton, Alta.

DIED IN MASS.—The death occurred in Rutland, Mass., on February 18th, of Patrick W. McVarish, formerly of Morell, P. E. I. He leaves to mourn, his wife Nellie and daughter Kathleen; also his brother Lester of Borden and sister Mrs. Harry Mutart of Seven Mile Bay.

Street Urchins Create Serious Korean Problem

SEOUL, Korea, March 5—(CP)—The jeep had barely stopped before a boy with bright black eyes popped up beside it from nowhere. "Want whisky?" he asked with easy familiarity. "Canadian whisky."

His name was Lee Dong Soo, 14. The whisky was \$12 a bottle. Lee said he would get 2,000 won (34 cents) if he sold it.

That proved he was a middleman, not in the business for himself. He was getting his commission in won on a dollar transaction.

Lee knew what soldiers liked and what they usually had to sell. He knew where they could get what they wanted and who would buy what they offered.

Lee dealt in anything from worry-en to army boots, from whisky and beer to chocolate bars and cigarettes.

The United Nations Civilian Assistance Command estimates there are 10,000 youngsters like him in Seoul and 17,000 in the whole of Seoul Province.

Says the C. A. C. Provincial team commander: "They're a terrific problem, caused by the breakdown or disappearance of the home influence and the lack of schooling."

Earnings High

Some, like Lee, are nominally cigarette boys. Others are either shoeshine boys or newsboys. "They get 1,000 won (about 17 cents) a shine. Two a day gives them more than a laborer earns. Some earn as much as 10,000 or 12,000 won a day.

"Every one helps worsen inflation, and some are petty thieves and pickpockets."

The superintendent of Seoul's civilian police said he is trying to work out a licensing system, authorizing boys who help support their families to shine shoes and sell newspapers. The other urchins would be rounded up and put into institutions.

That said a C. A. C. welfare officer, is wishful thinking at this stage.

"For the time being we have all we can handle with the children already in the institutions."

Meanwhile boys like Lee live by their wits on the streets. He had completed his first year of technical high school when hostilities began. He worked for a while with

STRATHCONA SCHOOL

Report for the month of February.

Grade VII.—1. Marjorie Garrett; 2. Glenn Taylor.

Grade IV.—1. Roger MacKinnon; 2. Stewart Hunter.

Grade III.—1. Doris Hunter; 2. Ernest MacLeod; 3. Lloyd MacKay.

Grade II. Sr.—1. Raymond MacLeod.

Grade II. Jr.—1. Phyllis MacDonald; 2. Merrill Garrett; 3. Diane Hunter.

Grade I.—1. Charlotte MacLeod; 2. Jean MacKay.

Perfect attendance—Jean MacKay, Lloyd MacKay, Charlotte MacLeod, Raymond MacLeod.

Highest average—Doris Hunter 100%.

Teacher—Wallace MacDonald.

SPECIAL

One 5 x 7 Enlargement FREE with every Roll of Film at

Meyers Studios
128 Richmond Street

PRESCRIPTIONS Filled With Care

PHONE 271

WORTHY'S DRUG STORE

LEIGH SIMPSON, Mgr.

178 Queen St.

Strange But True

By F. H. MacArthur

Mount Everest, the world's tallest peak, is growing taller. Thirty years ago it measured 29,002 feet. Recent measurements make it nearly 300 feet higher or to be exact, 29,200 feet. A series of quakes during the past decade forced the mountain up.

The people of Tibet have a unique calendar which has been doing service for a thousand years. Five elephants are combined with twelve animals to designate the years. Every sixty years there is a complete cycle. The elements are earth, iron, water, food and fire, and each element comes twice, first a male and then as female. First twelve animals—dog, pig, mouse, ox, tiger, hare, dragon, serpent, horse, sheep, monkey and bird—change each year. Thus 1949 was the year of the Earth Bull; 1950 was the year of the Female Tiger; and the past year (1951) the Iron Male Hare year.

The present Lord Kingsale enjoys the hereditary privilege of keeping his dome covered in the presence of the king, a family right dating back to 1692.

Prior to 1743 British Monarchs led their troops personally on the field of battle. King George III was the last English King to do so.

The yak is the most useful animal in the world. It not only serves as a beast of burden but also helps to cultivate the fields and flail the barley. He yields an almost indestructible wood for tents of nomads. Boots are made of yak cloth and yak leather, and strange but true, a suit of yak cloth lasts a lifetime.

The hair from this animal is twisted into a good rope, and the hide furnishes leather for many purposes including the building of skin boats. The horns and bones are utilized in building houses and walls, and yak tails are prized as fly whisks and Santa Claus beads. Finally, and most important of all, this wonderful animal provides milk, butter and meat, which, with tea, are the staples of Tibetan diet.

In certain part of the Himalayas grow wild strawberries which are three times as large as our tame ones and of deep purple color.

There was, many years ago, a Dutch boy on view at Charing Cross, Eng., who had on the iris of one eye these words in tiny letters, Deus Meus; and on the iris of the other, in Hebrew letters, Elohim.

The lad was examined by many doctors who, as usual disagreed, some saying it was natural while others maintained that the words were written after the boy's birth. Anyway, the boy's sight was not impaired.

Plugging a new song number and putting it across is not a modern idea. Street-ballads were plugged and sold in England many, many years ago. These were done in crude woodcut, and decorated with chipped type, or defaced para blocks, which now bring a high price from collectors. The authors of these ballads usually received one shilling per manuscript.

The real salesman of the early English ballad was the singer, who went from town to town, singing the numbers with real feeling.

One of the first acts passed in Queen Victoria's reign was for the abolition of the pillory. This robbed Mr. and Mrs. John Citizen of one occasion for making holiday, though they still had public executions outside Newgate and other prisons, occasionally public floggings and the ducking of purse snatchers. And believe it or not, those that witnessed the frightful spectacles were not the least bit disturbed.

His Holiness, the youthful Dalai Lama of Tibet, has a name that is a real tongue twister Gtson Ngawang Lobsavng Tsenpin Gyapso Sg-unwangyur Tuhungpa Mapal Dhe-nal Sanpoof Or in plain English: "The Holy one, the gentle glory Powerful in Speech, Pure in Mind of Divine Wisdom, Holding the Faith, Ocean wide."

A street-sight peculiar to the first quarter of the century was the saloop—stall. This was to be found at all corners all over London. It was a small kitchen on wheels, with cupboards fitted for dishes, etc. Saloop, which was the cocoa cola of those days, sold at three-halfpence a bowl. Charles Lamb

PRICE IS ONLY ONE PART OF VALUE

We call your attention to this fact because the price you pay for a diamond means nothing... what you get for that price means everything. Your satisfaction is guaranteed here! That means you get full VALUE for your money, regardless of price!

\$85

G. H. TAYLOR

Jewellers For Four Generations

5-diamonds, 14K gold mounting.

Predict Peaceful Reign For Queen Elizabeth

By Leslie Haynes

LONDON, March 5—(Reuters)—Queen Elizabeth should enjoy a reign of peace if, in keeping with traditional practice, she decides that her profile on the coins for her reign shall face towards the right.

For hundreds of years, the facial direction of the profile of the sovereign on British coins has been altered from reign to reign. The practice is believed to have been started by Charles II in the 17th century because he could not bear to look in the same direction as Cromwell.

Each succeeding sovereign had adopted the alternate facing—although not for Charles' reason. Numismatists (coin experts) now point out that:

William IV (1830-1837) faced to the right. He had a reign undisturbed by war.

Queen Victoria (1837-1901) faced to the left. She had a prosperous reign but not a peaceful one.

Edward VII (1901-1910) faced to the right. He—known as Edward the Peacemaker—had no wars.

George V (1910-1936) faced to the left. His reign saw the First World War.

Edward VIII (1936) was on the throne for such a short time that no coins bearing his profile were issued.

George VI (1936-52), on the assumption that Edward VIII coins would have showed the sovereign

tells us that it was the favorite drink with the little chimney-sweep boys. The concoction was made up of sassafras, sugar and milk and took the place of tea and coffee which were too expensive for the masses.

We have witnessed in our time the invasion of England, by air and it has been discussed as a modern development. But it is not so, new—at least the idea of it—as people think. They have forgotten, or may not have heard, that in 1803 Napoleon had conceived a plan of transporting an army to the outskirts of London by a thousand balloons.

WINNIPEG, March 5—(CP)—Early advances in the prices of coarse grains futures were erased as today's session advanced on the Winnipeg Grain Exchange.

Upturns in the initial trading were influenced by U.S. gains. When the U.S. market showed hesitation, Winnipeg followed.

Commercial demand was light. There were a few shipping orders in oats and barley. Some processor and seaboard demand also showed in barley. There were a few processing orders in flax and U.S. interests bought some rye.

Demand and offerings were light. Trading was dull.

Reports of export loadings of wheat overnight included: United Kingdom 190,000, Bolivia 170,000, Italy 335,000, South Africa 400,000 and India 350,000 bushels.

Prices for class two wheat were down two cents. Prices of I. W. A. wheat were unchanged.

ROUND THE SPECIALS

We have Specials for every hour of the day, every day of the week and every week of the year. Do your shopping here for complete satisfaction in quality groceries at the right prices.

White SUGAR 10 lbs. 1.15	Brown SUGAR 2 lbs. 23c	T-Bone STEAK lb. 93c
Sliced BACON lb. 49c	Florida ORANGES 2 doz. 65c	Malpeque OYSTERS 1/2 pint 50c
		Fresh SMELTS lb. 35c

FREE DEMONSTRATION

OF THE NEW

KAY CHEDDAR CHEESE

Will be held in this store Thursday, Friday and Saturday of this week. You are cordially invited to come in and sample this smooth, delicious Cheddar Cheese.—A NEW KRAFT PRODUCT.

For Breakfast	For Dinner	For Supper
Large White Grapefruit, 3 for 25c	Pork Hocks, lb. ... 23c	OATMEAL and BLOOD PUDDINGS Lb. 35c
Kellogg's Corn Flakes, 2 for 35c	Butts, lb. 47c	Potted Meat 33c
Talisman Marmalade, jar 43c	Shoulder Pork Chops, lb. 50c	Mock Chicken Loaf, lb. 63c
Grade "A" Large Eggs, doz. ... 45c	Lynn Valley Peas, 2 for .. 29c	Clover Leaf Tuna, tin ... 35c
	Beans, lb. ... 25c	Clark's Beans, 20 oz. tin, 2 for 39c
	Sweet Potatoes, 5 lbs. 19c	
	Fresh Haddock Fillets, lb. ... 45c	
	Fresh Fillet of Sole, lb. 55c	
	Fresh Salmon, lb. ... 59c	

GREAT GEORGE STREET, CHARLOTTETOWN, P.E.I.

PHONE - 224 or 225.

Pierce's CASH and CARRY

ONE STOP TO SHOP FOR ALL YOUR FOOD NEEDS

DELIVERY SERVICE