Women's realm

Happenings of The Week

Mr. and Mrs. J. A. Likely and Mr. and Mrs. Earle Baker are leaving this morning by car for Florida, where they plan to vacation at Ellinor Village, Daytona Beach.

• • •

Mrs. J. H. Shaw entertained friends at tea Tuesday afternoon. Assisting the hostess were Mrs. David Simons, Mrs. T. M. Gillies and Mrs. Arthur Ballem.

• • •

Mrs. E. K. MacNutt entertained last Saturday evening at a supper party in honour of her sister, Mrs. T. Bruce Ross of Winnipeg, who left Wednesday after a short visit here.

• • •

Mrs. F. A. Bourke entertained Wednesday evening after the wedding rehearsal in honour of her daughter, Miss Elaine Bourke, and Mr. W. Chester S. MacDonald whose marriage takes place this afternoon at the Kirk of S. James, and their attendants.

• • •

Mrs. G. M. Avard is spending a week in Moncton, N. B. with her son and daughter-in-law, Mr. and Mrs. Arthur Avard.

• • •

Mrs. G. E. Hartlen entertained at an informal supper party Monday evening for Mrs. T. Bruce Ross.

• • •

Mrs. G. C. P. McIntyre, who will be the guest speaker at the Monday afternoon session of the meeting of the Woman's Auxiliary, Church of England in Prince Edward Island, is arriving in the City today and will be a guest at the Charlottetown Hotel. Mrs. McIntyre, whose home is in Saint John, N. B. is vice president of the Dominion Board for eastern Canada.

• • •

Mrs. Harry Thomsen and Mrs. Roger Simpson entertained at a shower and bridge party Monday evening in honour of Miss Elaine Bourke.

• • •

Mr. and Mrs. Wendell Barbour and Mrs. A. W. Rogers have arrived home after a motor trip through the eastern United States and holiday at Daytona Beach, Florida.

• • •

Members of the cast and stage crew, and the director and producer of "Summer Day's Dream," a Charlottetown Little Theatre Guild production presented Tuesday evening, were entertained after the play at the home of Mr. and Mrs. B. W. Patterson, North River Road.

• • •

Among those who have entertained at showers in honour of Miss Elaine Bourke were Miss Eleanor Trainor, Mrs. Bert Davison, Miss Marilyn Rupert and, as joint hostesses, Mrs. Bruce McLennan and Mrs. Allison Jewell. Miss Dorothea Stewart entertained at tea for Miss Bourke at her home on Grafton St., and Mrs. Hal Bourke, Mrs. Ronald Smith and Mrs. P. W. MacNevin entertained jointly at a supper party at Mrs. Bourke's home for the bride elect.

• • •

Mr. and Mrs. Leonard Vatcher, formerly of Charlottetown, are visiting friends and relatives in the city. Mr. Vatcher leaves this morning for Halifax, where he is engaged with the National Defence Department, while Mrs. Vatcher will remain here for a few weeks.

• • •

Hostesses at the Charlottetown Curling Club today are Miss Lillian Duchemin, Mrs. Horace Willis, Mrs. Donald Seaman, Miss Marjorie Stewart and Mrs. Randolph Carruthers.

Miss Helen Cox was hostess to Alpha Chapter, Beta Sigma Phi sorority Wednesday evening. Miss Cox and Miss Mary MacKenzie were in charge of an interesting program on speech. The hostess was assisted in serving refreshments by Miss Mildred Cudmore.

• • •

The lunch hostesses at the Summerside Curling Club on Saturday evening were Mrs. Gerald Sheen, Mrs. R. A. Horne and Mrs. Major Inman.

• • •

Miss Janet MacPhee, accompanied by Miss Helen Roach of Charlottetown, spent the week-end in Summerside, guests of the former's parents, Dr. and Mrs. J. A. MacPhee.

• • •

Mr. and Mrs. Silas MacFarlane, accompanied by Mrs. Morley Bell, left Summerside on Monday on an extended visit to California.

• • •

Mrs. James A. Hill and Miss Ella Gay were joint hostesses at the apartment of the former in Summerside on Monday evening when bridge was in play.

• • •

Mrs. E. P. Foley and Mrs. L. H. MacFarlane of Summerside, accompanied their husbands, who are attending the Legislative Assembly in Charlottetown.

• • •

Miss Margaret Langille of Sackville, N. B. was the week-end guest of Miss Ruth Croken in Summerside.

• • •

Mrs. B. F. Hunter of Summerside, has as her guest, her aunt, Mrs. Ernest Mill, whose husband is a patient in the Prince County Hospital.

• • •

Mr. and Mrs. Leslie Simmons, Messrs. Walter Simmons and W. D. Profitt left Summerside on Tuesday for Florida.

• • •

Mrs. Angus MacLeod was hostess at bridge last evening at her home in Summerside.

• • •

Miss Effie MacKay was pleasantly surprised at her home in Summerside last Friday evening, when a number of her friends called to extend best wishes on the occasion of her birthday.

• • •

Miss Ruby MacNeill, Supervisor of Home Economics for the schools in the city of Saint John, N. B. spent the week-end with her parents, Dr. and Mrs. J. F. MacNeill in Summerside.

• • •

Mrs. Leslie Eaton has returned to her home in Wolfville, N. S. after visiting in Summerside, the guest of her son-in-law and daughter, Mr. and Mrs. A. S. Hopkins. The latter part of this month she will leave for England where she will spend some time with relatives.

• • •

Mrs. Clarence Harris entertained at bridge at her home in Summerside on Monday evening.

• • •

Mrs. W. P. Callaghan and Mrs. James A. Hill were co-hostesses at the home of Mrs W. A. Currie in Summerside following the monthly meeting of the I. O. D. E.

• • •

Miss Effie MacKay of Summerside, spent the week-end in Charlottetown, guest of Mr. and Mrs. Elmer MacDonald.

• • •

Mrs. Janie Wadman of Borden spent two weeks in Summerside, guest of Mrs. Alfred Simpson.

• • •

Mrs. Cyril Kenny of Summerside, entertained the "Jolly Eight" at her home on Monday evening.

• • •

Mr. and Mrs. E. H. Monkley of Summerside are visiting in Charlottetown, guests of their son-in-law and daughter, Mr. and Mrs. John Clark.

• • •

Mrs. Earl Smith entertained friends at the tea hour on Friday and again on Saturday at her home in Summerside.

• • •

Mr. and Mrs. Clarence Mercer of Summerside, have as their guest the latter's mother, Mrs. V. Ilsley of Wolfville, N. S.

• • •

Mrs. Leigh Donald and children Gregory and Gaelyne, of Charlottetown, have spent the past week visiting relatives in Summerside.

That Body Of Yours

By James W. Barton, M.D.

THE AGING PROBLEM CONCERNS EVERYBODY

It is interesting to watch the processes of aging. Some individuals seem to sit around the home and put on excess weight, while others under the same circumstances actually lose weight.

In an editorial in the Journal of Clinical Nutrition by Dr. Cyril M. Macbryde, we read that the processes of aging are intimately concerned with nutrition. Good nutrition slows and poor nutrition hurries the process of physiologic aging. Physiologists who watch the processes of aging state the above is true.

In starvation, actual aging processes in tissues become apparent. Undernourished or starved persons may rapidly assume the appearance of advancing years. Hair may thin and lose its color, the skin becomes wrinkled and inelastic, sexual functions wane, and bone, muscle and vital glands may develop microscopic and chemical changes — senile degeneration. If this starving process is prolonged — failure of nutrition from any cause whether from not eating enough food, failure to absorb all the nourishment from the food eaten, too much nourishing food passing away from the intestine — these are the usual signs that aging is taking place.

"Much emphasis is at present being placed on the higher death rate attributable to obesity. Equal emphasis should be directed to the evidence that optimum nutrition, but avoiding overweight, prolongs the life span."

The editorial states further that elderly persons suffer from undernutrition because of the frequency with which economical, psychological and organic problems naturally occur to them. In the older decades one must be on guard not to accept these changes as natural occurrences of old age. Often generation, growth and repair are still possible, often degeneration can be delayed — by improvement in nutrition.

"One of the greatest advances in modern medicine is the recognition that many changes, which previously were thought to be natural to old age, can really be prevented or postponed."

Gland factors probably will receive more attention in the future as they relate to nutrition and aging, particularly in regard to the thyroid and pituitary glands.

I believe that most individuals have not a great desire to live longer but they all want to keep healthy and strong. It is not so much the length of life that is no important but living out a full life with all the natural or normal faculties unimpaired.

"Nutrition and hormones, closely inter-related, may provide the means for man's further experiments with the benefits of a longer life span."

Recently Wed in Massachusetts

Photographed above is Mrs. Joseph Eldon Hickey, the former Elizabeth Jayne Coyle, daughter of Mrs. Nora Coyle and the late C. Leo Coyle of Lynn, Mass., former residents of Summerside, P.E.I., the groom is the son of Mrs. Eva Hickey and the late J. C. Hickey of Summerside. Her marriage took place February 22 at St. Joseph's Church, Lynn.

• • •

The marriage of Elizabeth Jayne Coyle, daughter of Mrs. Nora Coyle and the late Mr. C. Leo Coyle of Lynn, Mass., and formerly of Summerside, P.E.I., to Joseph Eldon Hickey, son of Mrs. Eva Hickey and the late Mr. J. C. Hickey of Summerside, took place February 22 at 10 a.m. at St. Joseph's Church, Lynn, Mass. Rev. Ambrose Flynn performed the nuptial mass.

Miss Grace Nichols played traditional wedding music for the nuptial mass, while Mrs. Rose Sirois, contralto, sang "Adorati," "Panis Angelicus," Santissima" and "O Lord I am not worthy."

The bride, given in marriage by her uncle, Mr. E. T. Blanchard, chose a floor-length gown of heavy ivory satin with Medici neckline, edged with venetian lace scroll, fitted bodice fashioned with wasp waist and soft fullness to the floor. Her long sleeves were trimmed with French wing cuffs, edged with same lace scroll. She wore an open-crown picture hat of the same lace with a fingertip veil. She carried a white prayer book with trailing frosted ivy and stephanotis centered with purple and white flowers.

Matron of honor was Mrs. Charles Coyle of Peabody, Mass., sister-in-law of the bride. She wore a purple floor-length gown of taffeta, rhinestone studded with net stole. She carried a Marlene crescent spray of yellow jonquils and winter lilac.

Mr. Cyril Hickey of Summerside, brother of the groom, was best man. Two brothers of the bride, Messrs. Charles and Allison Coyle of Peabody and Lynn, Mass., respectively, were ushers.

A breakfast reception was held at the home of Mr. and Mrs. Harold Rafuse for approximately 75 relatives and intimate friends. The room was decorated with sprays of huckleberry and a spring arrangement of purple, yellow and white flowers on the mantle. A three-tier wedding cake was topped with a miniature bridal pair.

For a honeymoon trip to Montreal and Bermuda, the bride's going-away ensemble was a brown suit, topped by pink tweed coat. Her white hat was adorned with lily-of-the valley and rhinestones. Dark brown accessories and a green and brown orchid completed the ensemble.

Guests from Summerside included Mrs. J. C. Hickey, Mr. Cyril Hickey, and Miss Anne Hickey, niece of the groom.

Mr. and Mrs. Hickty will reside in Summerside.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

SUNDAY'S vibrations favor routine schedules, rather than new programs or drastic changes since the latter will probably not work out to your entire satisfaction. Despite a slight tendency toward friction and misunderstanding, you can avoid becoming involved in such unpleasantness by remaining calm, adopting an optimistic outlook and going out of your way to be friendly and understanding in your relationships with others.

The evening hours favor the quieter forms of relaxation and simple pleasures. Large-scale affairs should be avoided in the interests of health and peace of mind.

For the Birthday

If tomorrow is your birthday, you are now entering upon a cycle which highlights well-paid employment and many opportunities for future advancement. Although you may be obliged to deal with some domestic problems or with financial difficulties during the next two months, determination and a program of steady endeavor to solve them can yield highly satisfactory results. This is not a year, however, in which to engage in

Continued on page 11

Better English

By D. C. Williams

1. What is wrong with this sentence? "Be sure and get all the facts before you take this memoranda."
2. What is the correct pronunciation of "dentifrice"?
3. Which one of these words is misspelled? Sarsaparilla, sapphire, sanatorium, sarcophogus.
4. What does the word "imperiousness" mean?
5. What is a word beginning with sa that means "disposed to be hopeful"?

ANSWERS

1. Say, "Be sure to get all the facts before you take these memoranda." 2. Pronounce den-ti-fris, e as in men, both i's as in it, accent first syllable. 3 Sarcophagus. 4. Arrogance; haughtiness. "The imperiousness of his demeanor made him very unpopular." 5. Sanguine.

ELLEN'S DIARY

By An Island Farmer's Wife

We have entered the season of Lent. Past the busy-ness, the cares and the joys of the months between, this year not long ago new but now slightly worn has returned its days once more to our door. What, think we, shall we do with it? Read a bit carelessly, or hear once more in our Churches the stories of those olden forty days and nights, engaging tales to be sure set down as they are amid lovely but ever over-shadowed scenes? For always behind the characters who move there, stalk the ominous shadows as events long foretold approach now their fruition.

Reading, hearing—even believing indifferently as though it were all so far in the past—far removed from the times and realm of our living as to be, if somewhat poignant, not something which intimately concerns us?

Or shall we not "come apart" to meditate well . . . to walk again with the disciples along Palestine's dusty roads; to witness incredible scenes of healing and very soberly accompany Him along those last days of His eartly life? To be there with the crowds of Palm Sunday, to look in at the Last Supper, to chide the watchers in Gethsemene's garden? And to be always so sorry for man's inhumanity to a Man, though how else was it "written?"

Then shall we the better realize our religious obligations to the Power Who placed us in our especial sphere of usefulness and service, humble or seemingly more important as it may be—to remember perhaps a promise that one day the least shall be greatest. Or maybe to be startled—even quail before the thought: "To whom much is given—of him much shall be required."

• • •

So the Lenten days are here: March days which at length significently turn into April's . . . winter into spring. Out of bleak cheerless times the joys of resurging new life. From the dark of a grave in a garden, Love and Truth . . . from a lowly dark-wrapped earthy bulb the pure white of a snow-drop, the shining gold of a full-blown daffodil.

So then shall we keep Lent, thoughtfully we are sure; and then perhaps a little better pleased with ourselves come to pick up again the small or larger duties of our living to discharge even the most tedious of them with the help of" Him who is able to keep us from falling" all to the glory of Hie name.

"Let me keep Lent,
Let me not kneel and pray
Forego some trifle every day
Pray—and take Sacrament—and then
Lend tongue to slander, hold ancient grudge, deny
The very Lord whom I would glorify.

Let me keep Lent.
Let my heart grow in grace,
Let Thy light shine till my illumined face
Shall be a testament
Ready by all men,
That hate is buried, self-crucified-new-born
That spirit that shall rise on Easter morn."

Until Monday - - - - Diary - - - - Good-night . . . . .

Morning Smile

Having played for the first time for his school rugger fifteen, a boy returned home more than usually elated, particularly as his team had been victorious.

His elation left him when his fond mother, opening the bag that contained his sports kit, withdrew from it his mud-stained jersey and shorts and exclaimed: "Gracious you must have fallen!"

Contract Bridge

By Josephine Culbertson

A BAD START

The declarer's finesse at the first trick in the following hand was an expensive and quite unnecessary gesture.

The bidding, at any rate, was good, and the contract was exactly what it should have been

South dealer.
North-South vulnerable.

	♠ A Q ♥ A J 10 ♦ K J 8 7 ♣ J 10 9 8	
♠ 7 6 5 4 ♥ Q 3 2 ♦ 4 3 ♣ Q 7 6 5	N W E S	♠ K J 10 9 8 ♥ 7 6 5 4 ♦ 2 ♣ 4 3 2
	♠ 3 2 ♥ K 9 8 ♦ A Q 10 9 6 5 ♣ A K	

The bidding:

South	West	North	East
1 ♦	Pass	3 N T	Pass
6 ♦	Pass	Pass	Pass

West, reluctant to lead from a queen, and properly disdaining a trump lead, opened a spade, and declarer fell neatly into the trap provided by dummy's A-Q. Doubtless with the thought that either the spade or the heart finesse would bring him home, he put in the spade queen. East gratefully took the trick and returned a club, and declarer eventually had to guess for the queen of hearts, since he could finesse either way. In a sense he was unlucky in guessing wrong and going down, but in a truer sense this was poetic justice, be-

Continued on page 11

Jean MacLeod (left) new editor of "Farm Forum Guide" and Director of research for National Farm Radio Forum, takes over from former editor, Ruth McKenzie, who has accepted a position with the Citizenship Branch, Department of Citizenship and Immigration, Ottawa. Miss MacLeod, who comes from Long River, P.E.I., is a graduate of Dalhousie University Halifax and has done post-graduate work at Queen's University, Kingston.

Grandmother & Young wives Learn to Discover Mineral Wealth

By Pauline Kennedy
Canadian Press Staff Writer

TORONTO, (CP)—Geiger counters in hand, grandmothers and young housewives may soon be tapping Canada's uranium and mineral wealth. They're preparing now with lessons in prospecting.

Prospecting classes, an annual feature of the Ontario department of mines since 1927, have increased attendance this year in all centres where they have been given. More women than ever before seem to be bent on chipping rocks, instructor Dr. W. D. Harding said.

Previously one or to women might stray in for a few lectures in the week-long series, but this year some centres have rgistered up to 10.

In Eight Centres

Intensive courses in practical prospecting have so far been given in eight centres this year, ranging from Toronto to Blind River, Sudbury and Port Arthur.

Toronto had a record of 400 students, 17 of them women. Often as many as 30 women pour into evening classes, on an off-and-on basis, Dr. Harding said.

Provincial geologist Harding said the increased over-all attendance may be due to recent mineral strikes at Manitouwadge in northwestern Ontario.

"Everyone wants to get rich quick," he said.

Toronto women students won't admit to downright fortune hunting.

Investment Angle

A career girl, a tall blonde beauty who preferred to remain anonymous, admitted her interest in the course was purely from the investment angle. She is a Czechoslovakian who has been in Canada for eight years, has a master's degree in economics and works for a Toronto investment firm.

"The first part of investment is the prospecting, so I thought I should learn about it first hand," she said.

She plans a prospecting hunt next summer in northern Ontario.

Mrs. W. H. Higgins a soon-to-be-grandmother, says she has been collecting rock specimens for years. The whole backyard of her home is littered with them. After years of agitation her husband

Continued on page 11

DOROTHY DIX'S COLUMN

Distrusts Baby Sitters

Wife Wants Occasional Evening Out, But Mate Won't Leave Children

DEAR MISS DIX: My husband and I have been married for five years and have two children. My problem is that my husband doesn't want to go anywhere without the boys. I love the youngsters, of course, but after being with them all day I would like an occasional evening out. Family gatherings, such as weddings, house warmings, etc., cannot be attended unless it's possible to take the children. Their father does not trust baby sitters, even if they're relatives. He is willing to stay with the children so I can go to the movies alone, but I don't like this arrangement.

Kay

AN ANXIETY COMPLEX

ANSWER: Many fathers, especially young ones, have this same

Continued on page 11

HOLMAN'S
Little Shop - - - Ch'Town
Accessories - - - S'Side
FEATURES
FOUR BEAUTY VALUES BY
COTY
THAT REALLY ADD UP!

"AIRSPUN" FACE POWDER*
Regular $1.40 size in a new range of four *muted* shades.

NEW CREAM POWDER*
A miracle blend of "Air Spun" and sheer cream make-up base in four muted shades.

NEW INDELIBLE TYPE "SUB-DEB" LIPSTICK
Non-irritating, non-drying, stays on longer. Contains vitamins and other protective ingredients. In four Paris-inspired shades.

... and a glamorous new COTY purse-size
"PARISIENNE-VANITY"
Jewel-like vanity with "Cream Powder" and puff, hinged mirror top and Indelible type "Sub-Deb" Lipstick in handle.

Your purchase of "Air Spun" Face Powder brings you this 3.75 value for only 2.50

*In your favorite fragrance
L'AIMANT • L'ORIGAN • EMERAUDE • "PARIS"

Anne Adams Patterns

TWO-PARTS PERFECT!

Mom, be smart — sew this now! This is a jiffy princess dress cut for sun-catching. Plus a cover-up jacket if the day turns cool suddenly. Look closely — no waist seams, no sewing complications. You'll say this is the easiest, jiffiest outfit you ever made.

Pattern 4501: Children's Sizes 2, 4, 6, 8, 10. Size 6 dress 1⅞ yards 35-inch; jacket 1⅛ yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

Household Scrapbook

By Roberta Lee

Shoe Lining

To mend a shoe lining that has worn in places, and which of course wears out the stocking very quickly, paste a strip of adhesive tape over the worn places.

Cleaning Irons

Irons can be cleaned by mixing rottenstone with sweet oil, spreading it on a board and running the iron back and forth until bright and clean.

Grease Spots

When there are grease spots on the floor, wet them with ammonia, then scrub with hot water and soap.

Cook's Corner

Jelly Roll

1 cup sugar
3 eggs
2 tablespoons milk
1 cup flour (sifted)
1½ teaspoons baking powder
½ teaspoon lemon extract
⅛ teaspoon salt

Add beaten whites last. Bake in long tin and while warm turn out on damp cloth. Spread with jelly or jam and roll.

—Mrs. Shaw MacMillan, Alberry Plains W. I.

Modern Etiquette

By Roberta Lee

Q. We have just moved into a new home and it will be quite some time before we have it looking as we want. Is it all right in the meantime to decline to show any of our friends through?

A. It is quite all right to say, "We wish you would wait until our home is presentable."

Q. What should a girl do when a man calls at her home unexpectedly, and she has a previous engagement?

A. Tell him immediately that she is sorry, but that she has an engagement. She may, of course, invite him to call again, if she really wishes.

Q. If your wife is telling a story to a group of friends and has an important fact wrong, is it all right to interrupt and correct her?

A. This is quite often done, but it is extremely rude. It is much better to let it pass.

Alice Brooks Designs

IRON O[illegible] loveliest blossoms in a combination of sunlight yellow, soft pink and delicate green. Make new linens lovelier, old linens like new. Simply iron motifs on curtains, tea-towels, aprons.

No embroidery! Washable. Pattern 7381 has 8 iron-on color motifs: two baskets 3 x 4; two 3¼ x 5¼; two 4½ x 13 and two sprays 1¼ inches x 2½ inches

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

TRANSFER DESIGNS IN 3 COLORS

How Can I!!!

By Anne Ashley

Q. How can I save both time and money when baking?

A. By filling the oven to capacity at baking time. For example, a roast may be baked simultaneously with a loafcake, nut bread, fruit pudding, or an escalloped mixture.

Q. How can I remove spots and dirt from enameled beds?

A. Use a little turpentine on a soft clean cloth. This will leave a nice gloss on the surface.