

WOMEN

Page 8, The Guardian Friday, Dec. 30, 1955

LET'S EAT

Family Buffet Dinner

By Ida Bailey Allen

"A substantial buffet dinner for the family is the most practical meal for New Year's Eve," I was saying to the Chef.

"Part of the family, or everybody, may be going to a late party, but they need a good dinner to start with. Then too, guests may drop in around dinner time.

"So let's plan a substantial buffet meal that can be kept warm an hour or so in chafing dishes or over an electric plate or candle warmer."

"At parties, later in the evening, rich foods and sweets will be served. Madame," observed the Chef. "So here is my suggestion for a not-too-rich buffet dinner for the family and a few guests."

NEW YEAR'S EVE BUFFET DINNER

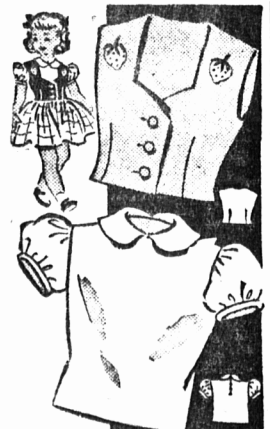
- Consomme Avocado Garnish
- Escalloped Oysters and Celery
- Small Sauces
- Stuffed Green Peppers
- Lettuce-Celery-Pimiento Salad Bowl
- Raspberry Ice Cream Cake
- Coffee

HOUSEHOLD HINT

Take good care of your furniture and it will last longer. Don't "try it" this way and that by pushing and shoving. Such treatment invites strain on the construction and loosening of joints. If you have men in the family, ask them to lift furniture pieces into place. Before moving a bureau around, always remove drawers, to avoid chipping and breaking.

ANNE ADAMS PATTERNS

YOUNG SEPARATES



Ideal for chilly days of winter! Make your youngster this 3-piece separate outfit with its warm, pretty appliqued waist! Sew the waist to mix or match with the whirlaway skirt and puff-sleeve blouse — other separates too!

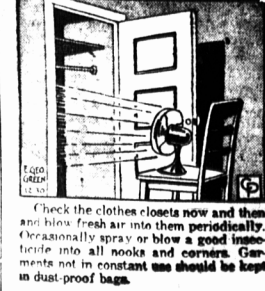
Pattern 4796: Children's Sizes 2, 4, 6, 8, 10. Size 6 blouse takes 1 yard 35-inch fabric; skirt, 1 1/4 yards; waist, 1/2 yard.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Sent **THIRTY-FIVE CENTS** (35 cents in coins (stamps cannot be accepted) for this pattern. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to ANNE ADAMS care of The Charlottetown Guardian, 60 Front Street West, Toronto, Ont.

Wife Preservers



Check the clothes closets now and then and blow fresh air into them periodically. Occasionally spray or blow a good insecticide into all nooks and corners. Germs do not in constant use should be kept in dust-proof bags.



FINE EUROPEAN IMPORT

This handsome scarf will improve any costume and can be worn in a variety of ways. It is an oblong ribbon scarf imported from France with a jacquard pattern etched in deep blue against a pale blue background which emphasizes the new tone-on-tone look. Shows here it is draped high in back to cover bare shoulders, and becomes a satin gilet to fill in the low square neckline of a broad-sleeved coat.

MARY HAWORTH'S MAIL

Married Twenty Years, Man Can't Overlook Past

DEAR MARY HAWORTH: My wife and I have been married for 20 years. Until about six months ago we were very happily married. Then she told me of an affair she had with another boy before we were married. She was about 18 years of age when it happened.

When she and I were engaged she went off to school for about six months and during this time she dated several boys without my knowing it (then). Later when I found this out and asked her about it, she passed it off as unimportant — saying none of them meant anything to her. I accepted that.

However, the recent jolt of finding out about the affair (which happened before we started dating) has caused me to lose faith in her completely.

In recent years Nan has become a Christian and a very active church worker. She always has been a good wife and mother to our children and seems to keenly regret this affair. She has asked me to forgive her completely. What am I to do? The shock has made me worried and sleepless until I am almost ill; and I find myself doubting everything she has ever told me about her past. Also I find it hard to forgive the long-time deceit.

I think she should have told me the whole truth before we married. I still love Nan very much and want to stay married to her; but can I ever have peace of mind and be happy again? What is your advice? G.B.

MAN'S ATTITUDE IS UNWHOLE-SOME

DEAR G.B.: Your shock reaction to Nan's confession of adolescent sin is taking a downright morbid turn. Your punitive attitude is morally un-Christian and emotionally unwholesome. And it isn't Nan's long-since-outgrown and now keenly repented transgression that makes you almost wish for hateful suspicion. Your trouble is, mainly, the narrow selfish ignorant cast of your character — which confines you to mean thoughts and feelings and actions when your pride is hurt.

The important truth of the matter is that Nan has been your wife for 20 years and in those years you've known her to be a good wife and mother. And, more recently, a sincere Christian and active church worker — who finally found courage to give you a graveyard look at her buried sin in a short but honest history of steady growth in righteousness and towards doing the decent thing. So now can you be so thankless and stupid as to "turn and rend" her, figuratively, when she has dropped all defenses?

You will still love Nan very much—but in fact you hardly love her at all, if you are talking about adult protective love. You are too self-centered, too ingrown, to care for her constructively.

"TRANSPERANCE" OF GUILT SENSE

You are greatly dependent upon Nan, of course, for devotion, solicitude, encouragement, social leadership, etc. and for such reasons you stay married to her. Because she has been big hearted in relation to you, I gather. And you are desperately upset by news of her early mistake (which can't be called infidelity to you)—largely because you know you can't say saint yourself. You are reading in to her past, nowadays, all the misdeeds, and all the guilt-sense, that attach to your life story.

I doubt that religious counsel would agree that Nan should have told you "the whole truth" before marriage. Rather I think her mistake on that score, has been in exhaling the ancient past at all. You aren't qualified to be her confessor, and she should have had spiritual help from an accredited source (long ago) in turning over a new leaf.

My advice to you is to discuss your anxieties with a first-rate clergyman and/or psychologist; and to read Glenn Clark's book "God's Reach" (Macalaster Park)—to lift your whole being to a higher plane of feeling and understanding.

M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of (Charlottetown Guardian).

MORNING SMILE

Surgeon to attendant: "Get the name of the accident victim so we can tell his mother."

Attendant (three minutes later): "He said his mother knows his name."

Joe was praising his slow-burning grate and its ability to stay alight even on kitchen waste.

"There's only one thing it won't burn," he confessed.

"What's that?" asked his interested companion.

"The stuff the coalman delivers!"

COOK'S CORNER



MAPLE CREAM

Mix dry ingredients together, moisten with thin cream, until the consistency of heavy cream. Boil gently for 15 minutes or until it forms a soft ball in water. Take off heat, and leave for 5 minutes, then beat until thick, add butter and vanilla. Pour over walnuts in buttered pan.

FOX-LINED

LONDON—This British-designed black theatre coat, lined with white fox skins from Canada, was previewed at a fashion show staged in London by Britain's top 12 designers. The Queen was the first to see the coat with its companion cocktail dress of black sub-



Devine-MacEachern Wedding

Mr. and Mrs. Merlin George Devine of Peake's Station are shown above flanked by their attendants, Mr. Earle Devine, best man, and Miss Margaret MacEachern, maid of honour. The bride is the former Mary Eileen MacEachern, R.N., daughter of Mr. and Mrs. Ernest MacEachern, Mount Stewart. The groom is the son of Mrs. Loretta Devine and the late John Devine.

London Deb's Life Is Long Stretch Of Social Functions

LONDON (AP)—Launching a debutante in London is one of the trickiest affairs in the world.

Just now ladies who wish to present a budding belle to the Queen are flooding the lord chamberlain's office with letters. The petitions must be in by Dec. 16.

Having an eligible girl of 17 presented at the royal court is relatively easy compared with some of the low jinks, manipulations and high-powered financing that follow.

Presentations come in March. All that the proud parents have to do is to get someone who's been related at court to forward daughter's name to the lord chamberlain.

Complete strangers will sponsor the damsel—for a consideration. This advertisement is typical: "Peers would like to chaperon debutante for the London season. Write box —"

REAL STRUGGLE

Unless the girl has a criminal record or is an active member of the central committee of the Communist party of the Soviet Union, she'll probably be accepted.

Then comes the real struggle. No general has to deploy his forces more adroitly than a matron steering her fledgling through a London social season.

In this costly parade of the 17-year-olds papa can be separated from large wads of money.

A season can cost from £1,000 to just how high you want your daughter to kick that social gong. There have been heavily fortified fathers who forked up £20,000.

For some girls it's a never-to-be-forgotten experience... soft lights and sweet music... handsome young men... boy meets girl... night rides on the Thames... champagne and caviar... long weekends in the countryside on

INJURIES INTERRUPTED

Turning from learning to skiing, Anne, who'll be 17 Jan. 11, said it wasn't easy to get her broken leg back in shape for this winter.

During the summer she spent a lot of time exercising, walking and bicycling. She started using her cross-country skis alongside the fence around Rideau Hall, residence of Governor-General Massey after the capital's first snowfall in November.

hilarious house parties in the still stately homes.

For other girls the season can be a hellish stretch of awful weeks, filled with heartbreak and humiliation at trying to keep up with richer or prettier girls. Some parents employ public relations experts to keep the girls' names before the public.



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Eye Makeup Sales Are Booming In Merry Old England

LONDON (CP)—A shadow has come into the lives of fashion-conscious British women—eye shadow.

Sales of eye makeup are booming. Some beauty advisers estimate that six of every 10 women now use eye shadow and mascara to give a little glamor to the eyes. To go with the new trend, the more audacious lassies are dyeing their eyebrows.

"The eyes have it," says Rosalind Critchlow, beauty adviser to two leading British women's magazines and mistress of ceremonies on a television show. "I think the Queen started the trend. She is sometimes seen wearing toning colors with her dresses at dances and this has encouraged women to follow suit."

blue eyes don't need any emphasis

Mrs. Critchlow—whose sparkling blue eyes don't need any emphasis—thinks that women who wear glasses may have helped spark the new eye-catching technique. "I think they wanted something to emphasize their eyes, and with the advent of technicolor films, which show actresses looking colorful behind glasses, they decided it was a good idea."

SALES DOUBLE

Eleanor Macdonald, cosmetics director for an old-established British firm which holds a royal warrant for supplying goods to royalty, says that since 1952 eye makeup sales have doubled.

She thinks the women-in-shadow trend simply results from the fact that British women, usually conservative, have learned that it is not necessary to look artificial or "done-up" with eye makeup. So they no longer are afraid to do things to their eyes that would have shocked their mothers.

Green is perhaps the most popular color. Blue, grey, violet, silver and gold are also seen, with matching mascara. Miss Macdonald's firm formerly sold a natural eye shadow, a colorless cream which gave the eyelids and lashes a shiny, dewy look. This has been withdrawn because of the demand for color.

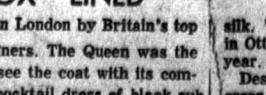
Nell Lincoln, beauty adviser for the magazine Everywoman, believes the present vogue tends to be a bit overdone. "Heavy eye makeup is all right for girls with those dark Italian complexions," she says, "but it shouldn't be exaggerated on the fair, English-rose type of girl."

In general, the emphasis on eye makeup may be part of growing interest here in feminine appeal. In the past lady had tended to make sparing use of beauty aids, giving rise to the popular conception of the English woman as a rather dowdy person, innocent of makeup and dressed in tweeds and sensible shoes. These days, British women are going in increasingly for better grooming.

NO SAD SALADS

To prevent a vegetable salad from becoming sodden when it has to stand for a few hours, place a saucer upside down on the bottom of the bowl before filling it with salad. The moisture will run underneath and the salad will remain fresh and crisp.

Wife Preservers



Colds

Don't forget that if you tire of cooking rice you can replace them with boiled rice. Rice is delicious with stew, or with fried chicken.

WICKS

Relieve Suffering Fast-Effectively with WICKS VAPOR

KEEP IN TRIM Up To-Date Hospitality

By Ida Jean Kats

UP-TO-DATE

As time turns the page on the New Year, let's take a refreshing new approach to entertainment calories. In the past it was considered almost a breach of hospitality not to keep urging guests to eat heartily.

Fortunately we hear less and less of such remarks as "Oh come now, you've hardly eaten a thing." Or, "I'll think you don't like my cooking." Today an understanding hostess graciously accepts "No thank you" when a guest refuses second servings or even declines to partake of the first helping.

This change has come about gradually as we have become aware of the dangers of overweight. In fact, modern hostesses, alert to the trend, now often make it a point to include food that is lower in calories. This certainly makes it easier for dieters. Also, much of today's entertaining is done buffet style, and guests may take as little or as much as they please without explanation.

Now let's talk about social cal-

Muffs Are High Fashion For Winter Silhouette

By PEGGY MASSIN

PARIS (Reuters)—Fur muffs give a real French accent to the winter's high fashion silhouette. Giant in size and barrel or cylinder in shape, muffs come in all types of precious, semi-precious and plebeian skins, and emerge as the outstanding accessory news in Paris.

The practical usefulness of fur muffs dates back to the late Middle Ages. Under the reign of Louis XII, courtiers and noble ladies are shown with oversized bluffs of sable or marten, decorated with a knot of colored ribbon in the center. Peasants and less wealthy women copied these styles in dog and cat skins, or the still popular grey squirrel. Men then also used muffs made of seal or tiger skin, in preference to wearing gloves.

FUR KENNELS

In Venice at the end of the 16th century, ladies of the court carried muffs with their small pet dog nestled inside. Paintings show that styles of this period tend toward elaborately draped and shirred velvet affairs, ruffled around the ends with sable or ermine. The inside, lined with heavy satin, provided the most luxurious dog kennel of the day.

ALICE BROOKS DESIGNS

JIFFY-KNIT

Jiffy-knit this little cape in a pretty diamond pattern. Have it in two graceful lengths — for daytime and evening fashions!

Pattern 7159: Jiffy-knit cape; sizes Small, Medium and Large included. Use heavy needles, knitting worsted — 5-0-0 easy to do!

Sent **TWENTY-FIVE CENTS** in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front Street, W. Toronto, Ont. Print plainly **NAME, ADDRESS, PATTERN NUMBER.**

Order your ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs — knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Words Of The Wise

No one can get inner peace by bouncing on it, by vigorously willing to have it. Peace is a margin of power around our daily need. Peace is consciousness of springs too deep for earthly droughts to dry up. Peace is an awareness of reserves from beyond ourselves, so that our power is not so much in us as through us.

—(Harry Emerson Fosdick)



WINTER WARMTH AT HAND

Winter gloves, like fur hats. Have undergone a vast transformation. Once they were either a dull woolen glove or a lined leather one, the latter bulky and badly out of style.

Now we have beautifully sleek, slim gloves, smartly lined to furnish toasty warmth. New, washable French glove and tanned leather gloves go to all lengths, are interlined with pastel colored Angora jersey for color and comfort. The pair shown is a rich cream color, delightful finish for a push-up sleeve. Warm and winsome, they're washable, too.