

# WOMEN

Page 8 The Guardian Monday, October 25, 1954

## Arsenault-Gaudet Wedding



Above are the principals in the Arsenault-Gaudet bridal party. From left to right they are: Mr. Martin Arsenault, best man; Mr. and Mrs. Ernest Arsenault, the groom and bride; Miss Celina Gaudet, bridesmaid. The bride was formerly Rita Gaudet, R.N., daughter of Mr. Arthur Gaudet and the late Mrs. Gaudet of St. Nicholas, and the groom's parents are Mr. and Mrs. Arsenault, 3111, Missonche. The marriage took place at St. John the Baptist Church, Missonche, on September 4, 1954. (Edwin Heckbert Studio).

## Newest Jewelry Rage Is Antique Beads

NEW YORK (AP)—Grandma's jewel box will come in mighty handy this season, with the newest rage in the jewelry world, old-fashioned pearl, beads, brooches, bracelets.

Such predictions came today from dealers showing at the newly-opened New York Antiques Fair.

The trend started as a result of a fashion in long strings of beads. The ladies soon discovered that the antique beads had a lovely polished look not to be found in synthetic

counterparts. Now dealers wonder how the supply can meet the demand.

Every kind of semi-precious stone is being sought. Both long and short strings are popular, longer ones being bought for use as is and the shorter, to be restringed and combined to make longer, wrap-around strings with a variety of beads.

Colors are endless in these old necklaces. Pekang glass made in China is in lovely shades of blue, green, pink, deep rose and white. Some are carved with Chinese designs.

### Morning Smile

"Getting married, I hear?"  
"Yes, old chap. To the very first girl I fell in love with."  
"Well, I congratulate you on your memory."

### Sweet Pickled Crabapples

7 lbs. crabapples.  
4 cups White Vinegar.  
Vinegar.  
8 cups sugar.  
1 cup whole cloves.  
1 cinnamon stick.  
1 tsp. whole ginger.

Wash and remove blossom ends of crabapples. Prick each apple several times. Heat vinegar and sugar to boiling. Add spices tied loosely in a cheesecloth bag. Add crabapples and boil gently until tender but not broken. Remove spice bag. Quickly pack one hot, sterilized jar at a time. Fill to 1/4 from top. Be sure vinegar solution covers the fruit. Seal each jar at once. Yield: 6 pints.

## Anne Adams Patterns



Neat cover-up for kitchen duties! Purchase just ONE yard of 35-inch fabric for this easy-sew apron! Sure to flatter — its pointed midriff-effect, side belt detail! Thrifts! Jiffs-sew — ideal for bazaar gifts! Make yours in so-smart-for-Fall plaid cotton!

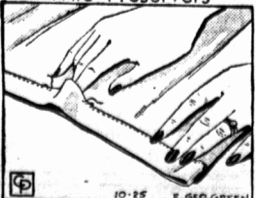
Pattern 4722. Misses' Sizes Small (14-16); Medium (18-20). All given sizes, 1 yard 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-Five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, care The Guardian, 60 Front Street, West, Toronto.

### Wife Preservers



Watch the hems of your skirts to see that they have not become uneven in places. A loose skirt hem may give you a nasty fall if you catch your heel in it when walking downstairs or stepping from car to bus.

### MARY HAWORTH'S MAIL

## Bachelor Shies At Marriage to young Matron

DEAR MARY HAWORTH: A few months ago I met a girl of different nationality, who has been here only a short time. She is married and has two young children; she told me this from the start. She plans on getting a divorce within a year. She has a well bred, pleasant personality, is well educated, and holds a good job in the medical field.

It was a question of the girl alone, I wouldn't hesitate to marry her. She says she loves me, and I feel that we would be good for each other. What bothers me, and leaves me in a state of doubting confusion, is the children. They are well brought-up and intelligent and I have a lot of affection for them, but they are dark-skinned, a Spanish or Indian type.

One of the children has repeatedly made disparaging remarks about me, and that has upset me a great deal. I am blond, fair and conscious of the contrast. I have never been married before.

While I am pondering the situation, trying to figure a way to resolve it, an atmosphere of tension and irritability has developed, that sparks quarrels and temperamental flare-ups. We also have drifted into an affair.

I am very sensitive and take slight things very readily. I am also well aware what many persons would think of such a situation. Yet despite all this, I would like to know if something good can come of it? Or are the social risks and emotional entanglements too great? We are both in our late twenties.

R. J.

**Ill-fated Lovers On Wrong Road**

DEAR R. J.: The only good that might come of this situation is dear-bought wisdom for you and Paula (let's call her). "Experience keeps a dear school," the proverb says, "but fools will learn in no other." But, meantime, while you two are learning at duce pace that you are lost on a wrong road in life, her hapless children are suffering from collective bad influence.

You are greatly upset by the one child's disparaging remarks, mostly because you feel the sting of truth in his attitude; you feel guilty and exposed in the searchlight of his candid inventory. You know it's a fact that, in your unstable way, you are enemy rather than friend—the wolf at the door—in his scheme of things at present.

You aren't interested in Paula's children, as you prey upon her sickness of character. Simply you find them a nuisance, a hindrance to your fully exercised, your own infantile selfishness. Hence the mutual antagonism, as they react clairvoyantly to your ignoble skirmishes. If you sincerely loved the mother, in anything approximating a rational human mature way, the difference between their Latin skin and your Saxon complexion wouldn't bother you at all.

In all probability Paula roped you into the infatuation—since, in general, the married woman is the subtle aggressor in her liaisons with young single men. And you committed yourself to be an easy conquest—the fool following temptation like a dumb ox led to slaughter, as Scripture says—because you aren't manfully disposed to accept householders obligations to a mate.

**Needs Education For Right Living**

You want the emotional solace of a sexual alliance without protector-provide commitments required of you, at your present level of development. And no doubt Paula appealed to you partly because of her maternal status—because, in your infantilism, you crave a mother-type sweetheart. Thus your mind dwells on her children, whom you evaluate as rivals unconsciously—and so you feel that they are the problem!

With intricate unconscious illogic, you then tell yourself that you can't marry Paula because of the children, etc., when actually it is marriage itself that scares you. As for the outbreak of bickering, this is the usual thing when two neurotics wage a blind struggle for satisfaction at each other's expense. You need emotional reeducation for right living, and my advice is to get psychiatrist help along that line.

M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian Publishing Co.

## Problem Solver for Tall Drapery

There's something special about draperies that sweep grandly from the ceiling to the floor. They look luxurious and make windows look tall. Tall, that is, when the draperies are closed. A window that doesn't reach ceiling height may look shorter than ever when the draperies are open, because the strip of wall above it shows.

Here's an idea for stretching draperies upward without creating the problem. Instead of a single rod, use two rods: one at the ceiling, one at the top of the actual window. A top short length of drapery covers the wall and continues to cover it when the draperies are open. The top tier should be more than a valance. It should be of the same fabric as the drapery and hung in the same way, so it is a continuation of the drapery rather than a heading.

**AEROWAX SAVES RE-WAXING!**

The SHINE COMES BACK AGAIN AND AGAIN! WITH EASY BUFFING! Saves 22¢ a Pint!

35¢

## Bridal Party At Port Hill



The Anglican Church, Port Hill, was the scene on Sept. 15 of the wedding of Edith, daughter of Mr. and Mrs. Edward Adams, to Edmund, son of Mr. and Mrs. Percy Birch, Port Hill. Pictured above from left to right are: Mr. Winston Adams, usher; Mr. Henry Birch, usher; Mr. Glen Adams, best man; the groom and bride; Miss Doris Bryant, bridesmaid; Miss Margaret Craig, maid of honor; Miss Betty Ford, flower girl; Miss Edith Birch, flower girl. (Edwin Heckbert Studio).

Herman N. Bundesen, M. D.

## Protect Feet If Bedridden

NO one would deny that the advancements brought about by scientific development have made man's life happier and easier. But these things are not without their drawbacks.

It is true that the life span has increased, but at the same time many physical disabilities in older people often present themselves. Some of these have come from injuries, others are the result of chronic or long-continued disease. But there is a rosy side of the picture, also, because there are ways of preventing permanent disabilities or making them less severe or proper handling.

### Protecting the Ankles

For example, if a person must remain in bed for a long period there are things that can be done to protect the ankles.

When a person lies in bed, there is a tendency for the feet to be bent forward, because of their weight and also because the muscles in the calf of the leg are stronger than the muscles in the front part of the leg. Tight covers will further aggravate the tendency of the feet to bend forward.

If this position of the feet is maintained, there is gradual shortening of the large tendon at the back of the heel. Then when the person is allowed to get up, it will be almost impossible for him to walk and many months may pass before he begins to do so satisfactorily.

### Simple Measures

Simple measures will keep this from happening. The feet can be propped against the bed at the end of the bed, or the feet can be fastened to the board with straps. The patient can also be taught to exercise the toes and feet while he is in bed, which will help keep the large tendon known as the heel tendon, stretched.

Just a few simple exercises are needed. Exercises also will keep the muscles strong and help prevent circulation difficulties.

### QUESTION AND ANSWER

A. R.: Is there any treatment other than surgery for a pilonidal sinus?

Answer: Surgery seems to be the only means of permanently eliminating this disorder.

## Cranberry Ice Cream Pie

(A wonderful frozen pie in just 3 steps.)  
1 1/2 cups ginger snap crumbs  
1/2 cup sugar  
1/4 cup melted butter  
1 quart vanilla ice cream  
1 cup Ocean Spray Whole Cranberry Sauce

Combine ginger snap crumbs, sugar and melted butter in bowl. Mix until thoroughly blended. Cover bottom and sides of a buttered 8-inch pie pan with crumb mixture. Pack down firmly. Chill in refrigerator.

When crust is thoroughly chilled, fill with vanilla ice cream. Top with whole cranberry sauce. Place in freezing unit and freeze until serving time.

### LET'S EAT

## Applewiches Help Dieters

By IDA BAILEY ALLEN

"It is good to find that by the newly developed methods of cold storage, apples can be kept fresh and flavorful for use the year round," said the Chef. "For the apple is a hearty fruit, Madame."

"In France, we often serve raw apples, cheese and French bread for dessert. The apple is not only delicious in making fine pastries, cakes, desserts and breads; it is also useful to give a delicate tart flavor to savory dishes."

### A Versatile Ingredient

"For example, I often add grated raw apple to chicken soup, or add a cut-up apple when braising beef. Diced tart apple cooked with red cabbage gives fine flavor. And I like very much to add grated raw apple to pureed winter squash or sweet potato for extra taste."

"By the way, Madame, what is the nutritive value of apples? Are they good for reducers?"

### Nutritive Content

"One question at a time, Chef. Raw apples contain fair quantities of all the major vitamins except D, and they also supply calcium, phosphorus and food iron in moderate amounts. A medium-sized apple, 2 1/2 inches in diameter, contains only 75 calories. So raw apples belong in the reducing diet."

"A mid-morning apple appeases hunger and gives a lift without adding too many calories. And here's a tip I picked up in Hollywood, where keeping slim is often a matter of contract. Eat apple-wiches for lunch."

"You mean sandwiches, Madame?"

"Not exactly, Chef."

### Applewich Recipe

"To make applewiches, wash



When your turn rolls around again to entertain the Women's Institute or your bridge club, everybody will enjoy a piece of this cake recipe sent in from Bideford W. I. It's for—

### MAPLE NUT CAKE

1/2 cup butter  
1 cup brown sugar  
2 eggs (separated)  
1/2 cup milk  
1/2 cup sifted flour  
1/2 tsp. soda  
1/4 tsp. salt  
2 tsp. baking powder  
1 cup chopped nuts  
1 tsp. maple flavoring

Cream butter, add sugar, yolks of eggs and milk. Beat well, add flour, salt, baking soda, baking powder sifted together. Add nuts, fold in beaten egg whites. Cook for 30 minutes.

When making icing use maple as flavoring.

—Mrs. Ralph Miller, Bideford W. I.

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**VEL cuts grease fast**

You'll go a long way before finding anything as **SOFT** as **STRONG** or as **PURE** as



## ELLEN'S DIARY

by an Island Farmer's Wife

Another week—a new day, clean of spot or stain, fresh and unviled was waited to us on the sea of time this morning. In gift it came as so much treasure . . . a spell of lovely hours mellowly gold, to be filled on these farms with an engaging miscellany of items.

To what thought did we waken, with James adumbrating quietly from bed to meet his busy round? Monday? Aye, so it was. And a school-day. There was too the bit of wash awaiting our pleasure. And what about bread? Was there enough to tide the cook over the day? And cake . . . and the full cookie-jars for which in story, grandmothers are famous? "This cupboard," Jamie had commented last night with a kind chuckle, "is something like that of Old Mother Hubbard, I'd say."

So it was back to school this morning for the boys of this place. They had much enjoyed the two weeks' holidays but showed no sign of regret that they now must return to their classes, but rather an eager anticipation over the delights of the pleasant re-unions the coming hours would bring. They collected books and lunches and spoke of the new pencils they must buy. And we saw James assist Gage in fastening his schoolbag to the handles of his bicycle, chatting all the while. It was an interesting conversation.

"And you don't mind going back?" there was curiosity and some sympathy in James' voice.

"No, I like to go to school; it's a good place."

"You wouldn't rather stay home and help bring in wood from the field over there?" he asked nodding in the direction of Alderlea.

"No . . . but I'd like to be with you if this wasn't a school day. We should have been at it when we were on holidays," the youngster offered, adding, "but we were pretty busy as it was, weren't we?" James fastened a buckle of the holding-strap and stood waiting while the lad snapped a clip deftly about a jaanned leg.

"I hope you remember to be good to the smaller boys," he commented. "Don't be a bully—they're no good. No sir! If James' tone was judicious now, "a fellow is forced to try out his muscles the odd time, or feels like it, let it be with some-

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## LAUGHS Even at Teething Time

Baby's Own Tablets have long been a faithful standby—used confidently by mothers for over 50 years. Especially helpful during teething time because they give prompt, dependable, and effective relief from feverishness, restlessness, tummy upsets, and other minor ills that trouble resulting from irregularity at teething time. No "sleepy" stuff—no dulling effect. Help keep your baby happy. Get a package at your druggist—today.

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